

Commission

# Sport 2017

Not-for-profit European sport events, Small Collaborative partnerships and Collaborative partnerships in the sport field

# Description of the projects selected for funding

Erasmus+

# TABLE OF CONTENTS BY PROJECT COUNTRY

Austria	AMID	Athletic migration: Dual Career and qualification in sports	22
		590400-EPP-1-2017-1-AT-SPO-SCP	
Austria	EDUPACT	Intercultural Education through Physical Activity, Coaching and Training	24
		590467-EPP-1-2017-1-AT-SPO-SCP	
Austria	NSFA	Naturefriends Sports for All	26
Austria	NOLA	590507-EPP-1-2017-1-AT-SPO-SSCP	20
Belgium	IDEAL	Intellectual Disability, and Equal opportunities for Active and Long-term participation in Sport". = "IDEAL project"	28
Ū		590514-EPP-1-2017-1-BE-SPO-SCP	
Belgium	MindGap	Mind the Gap - Enabling athletes to transition into a post sport career of their choice by creating a robust infrastructure of personal and technical support.	30
		590863-EPP-1-2017-1-BE-SPO-SCP	
Belgium	n/a	BLUEPRINT FOR SKILLS COOPERATION AND EMPLOYMENT IN ACTIVE LEISURE	32
Deigiani	in a	590345-EPP-1-2017-1-BE-SPO-SCP	02
		Let's #BEACTIVE	
Belgium	n/a	590326-EPP-1-2017-1-BE-SPO-SCP	34
		Building healthy communities, changing opportunities	
Bulgaria	BHCO	590548-EPP-1-2017-1-BG-SPO-SSCP	36
	GGS	Good governance in sport	
Bulgaria		590305-EPP-1-2017-1-BG-SPO-SCP	38
		Sailing on Three Seas	
Bulgaria	S3S	590657-EPP-1-2017-1-BG-SPO-SSCP	40
		SMART SPORT	
Bulgaria	SMART S	590457-EPP-1-2017-1-BG-SPO-SCP	42
		Sportupps: sport-based entrepreneurship and startupps	
Bulgaria	SSBES	590698-EPP-1-2017-1-BG-SPO-SSCP	44
		SPORTS TRAINING FOR ALL	
Bulgaria	ST4ALL	590416-EPP-1-2017-1-BG-SPO-SCP	46
		Skills development in and ThRough snooker	
Bulgaria	STROKE	590727-EPP-1-2017-1-BG-SPO-SCP	48
		Teaming up for growing up	
Bulgaria	TUGU	590752-EPP-1-2017-1-BG-SPO-SSCP	50
		Kayaking health benefits- active childhood	
Croatia	1	590697-EPP-1-2017-1-HR-SPO-SSCP	52
		Aurora - Sport. School. Life.	
Croatia	Aurora	590655-EPP-1-2017-1-HR-SPO-SSCP	54

Croatia	Beyond2	Beyond2 - Examining spectrum of Masculinity-Femininity / Hetero-Homo normativity in inclusive competitive practices and accessible spaces of Aquatic sports and Dance	56
		590838-EPP-1-2017-1-HR-SPO-SSCP	
Croatia	FUNBALL	New training Program: "Building solid and healthy FUNdamentals for volleyBALL in early age (6-9) group"	58
oround	I OND/ LE	590816-EPP-1-2017-1-HR-SPO-SCP	
		Healthy European and Physically Active Kid	
Croatia	HEPAKid	590636-EPP-1-2017-1-HR-SPO-SSCP	60
o "	·0 · 1	Investments in Sport	
Croatia	iSport	590449-EPP-1-2017-1-HR-SPO-SCP	62
Questia	MOOT	Mobility of Staff	64
Croatia	MOST	590608-EPP-1-2017-1-HR-SPO-SSCP	64
o	54050	Promoting Active Engagement in Sports	
Croatia	PACES	590699-EPP-1-2017-1-HR-SPO-SSCP	66
		Project for Academy of Sport Support	
Croatia	PASPORT	590868-EPP-1-2017-1-HR-SPO-SCP	68
		Safe in Sport	70
Croatia	SIS	590628-EPP-1-2017-1-HR-SPO-SSCP	
		#WushuElixir	
Croatia	#Wushu	590782-EPP-1-2017-1-HR-SPO-SSCP	72
Cyprus	GReFORM	Good Governance enhancement through e-Learning for Sport Volunteer Board Members	74
		590680-EPP-1-2017-1-CY-SPO-SCP	
	ETPAYS	Effective training and psychological approach to young cross-country skiers	
Czech Republic		590696-EPP-1-2017-1-CZ-SPO-SSCP	76
		Minifootball for increased HEPA	
Czech Republic	MINI4eU	590487-EPP-1-2017-1-CZ-SPO-SNCESE	78
		Together for Adventure Racing in Europe	
Czech Republic	TARE	590778-EPP-1-2017-1-CZ-SPO-SSCP	80
<b>_</b>	"DEE	Bike For Europe	
Denmark	#BFE	590822-EPP-1-2017-1-DK-SPO-SNCESE	82
<b>-</b> .		Grassroots Sports Diplomacy	
Denmark	SPORTDI	590880-EPP-1-2017-1-DK-SPO-SCP	84
		Youth-led Street Sport for All	
Denmark	YSSA	590555-EPP-1-2017-1-DK-SPO-SCP	86
		Towards quality anti-doping education in recreational sports	
Finland	TOQAE	590695-EPP-1-2017-1-FI-SPO-SCP	88
former Yugoslav		Sport for Social Action	
Republic of Macedonia	S4SA	590611-EPP-1-2017-1-MK-SPO-SSCP	90
		Development of Atlantic Watersports Network	
France	D.A.W.N	590691-EPP-1-2017-1-FR-SPO-SSCP	92

		ESCRIME DEFICIENT VISUEL NON ET MAL VOYANT	
France	EDV	590372-EPP-1-2017-1-FR-SPO-SSCP	94
		European Meetings of Company Sport	
France	EMoCS	590471-EPP-1-2017-1-FR-SPO-SCP	96
		FIA European Young Women Programme	
France	EYWP	590568-EPP-1-2017-1-FR-SPO-SCP	98
		Innovative education to enhance the skills of Sport Officials in Europe	
France	ONSIDE	590771-EPP-1-2017-1-FR-SPO-SCP	100
		Promoting Active Cities Throughout Europe	
France	PACTE	590500-EPP-1-2017-1-FR-SPO-SCP	102
_		Physical Activity, RElations & Networking, within families Through Sport	
France	PARENTS	590499-EPP-1-2017-1-FR-SPO-SSCP	104
France	RUGBYSL	RUGBY:du recrutement à la 3 eme mi-temps .Un échange européen de bonnes pratiques	106
		590598-EPP-1-2017-1-FR-SPO-SSCP	
		SPORTO ADAPTITA NATURO NAUTIKA	
France	SANA	590546-EPP-1-2017-1-FR-SPO-SSCP	108
_		Sport for Women in Urban Places	
France	SW-UP	590869-EPP-1-2017-1-FR-SPO-SCP	110
		Basic Motor Competencies in Europe – Assessment and Promotion	112
Germany	BMC-EU	590777-EPP-1-2017-1-DE-SPO-SCP	
0		European Fitness Badge - Dissemination, Evaluation and Improvement	
Germany	EFB II	590350-EPP-1-2017-1-DE-SPO-SCP	114
	05	Scoring for the Future- Increasing youth employability through football	440
Germany	SF	590638-EPP-1-2017-1-DE-SPO-SCP	116
Crosse	A&K	Alive & Kicking	118
Greece	A&K	590461-EPP-1-2017-1-EL-SPO-SCP	118
Grooce		CORPLAY - COunter Radicalization, PLAY sport	120
Greece	CORPLAY	590354-EPP-1-2017-1-EL-SPO-SCP	120
Grooce	0.01	Development of a course for educating Coaches on Sports Integrity	400
Greece	C.S.I.	590595-EPP-1-2017-1-EL-SPO-SCP	122
Croose		EUROPEAN VOLUNTEER EVENTS for THERAPY through SPORTS	404
Greece	EVENTS	590407-EPP-1-2017-1-EL-SPO-SNCESE	124
Crosse	feetADD	Digital technology as a tool for development and promotion in football	400
Greece	footAPP	590726-EPP-1-2017-1-EL-SPO-SSCP	126
Greece	GAME	A serious Game Approach in Mitigating performance Enhancement culture in youth	128
		590613-EPP-1-2017-1-EL-SPO-SCP	120
0	DIC	Reintegration Through Sport	
Greece	R.T.S	590442-EPP-1-2017-1-EL-SPO-SSCP	130
Greece	YRH	YOU'RE HOPE (YRH)	132

		590807-EPP-1-2017-1-EL-SPO-SSCP	
Hungary	BVC	Improving Coaching Techniques in Beach Volleyball through Beach Camps	134
	BVC	590753-EPP-1-2017-1-HU-SPO-SSCP	
Hungary		European School Sport Day - Flagship Event	136
	ESSD	590733-EPP-1-2017-1-HU-SPO-SNCESE	130
		European Physical Activity Label for Schools	400
Hungary	EU-PALS	590780-EPP-1-2017-1-HU-SPO-SCP	138
		Up and down! Four season activity in the mountains: skimo and trail running	
Hungary	UDFSAM	590671-EPP-1-2017-1-HU-SPO-SSCP	140
reland	LIAISE	Project for a Liaison-based Integrated Approach to Improving Supporter Engagement	142
		590614-EPP-1-2017-1-IE-SPO-SCP	
Italy	ACTLIFE	Physical ACTivity: the tool to improve the quality of LIFE in osteoporosis people	144
,		590371-EPP-1-2017-1-IT-SPO-SCP	
		ATHLETICS FOR YOUNG AND TEACHERS ALL OVER EUROPE	
taly	AYTOE	590356-EPP-1-2017-1-IT-SPO-SSCP	146
		Begin an Educative Social Training	
taly	BEST	590729-EPP-1-2017-1-IT-SPO-SSCP	148
		BLACK AND WHITE SPORT: CHESS	150
taly	CHESS	590515-EPP-1-2017-1-IT-SPO-SSCP	
taly	COME IN	Creating Opportunity for sport Members at grassroots level to Enable INclusion	152
		590493-EPP-1-2017-1-IT-SPO-SSCP	
		DUAL CAREERS FOR ALPINE SKI RACERS	
taly	DC4SKI	590525-EPP-1-2017-1-IT-SPO-SSCP	154
taly	DIABCY	Diabetics Runners and Cyclists for more sport for all in Europe - SportGiveChance	- 156
tary	DIADOT	590518-EPP-1-2017-1-IT-SPO-SNCESE	150
Italy	DWH	A EU collaborative partnership for active lifestyles for the prevention and treatment of breast cancer- DANCING WITH HEALTH	158
		590443-EPP-1-2017-1-IT-SPO-SCP	
		Encouraging Girls'Participation in Sports - 2	
Italy	EGPiS2	590763-EPP-1-2017-1-IT-SPO-SCP	160
		EUropean Games of Integrated Fencing	
taly	EU.GIF	590629-EPP-1-2017-1-IT-SPO-SNCESE	162
		EXPOSPORT- International Sport Game	
taly	EXPOSPO	590592-EPP-1-2017-1-IT-SPO-SNCESE	164
		Water GHAims EuroCamp	
taly	GHAims	590643-EPP-1-2017-1-IT-SPO-SSCP	166
		Horsemanship and Disability	
Italy	HEAD	590451-EPP-1-2017-1-IT-SPO-SSCP	168

Italy	K.I.T.	RUGBY Kids in Touch	170
,		590425-EPP-1-2017-1-IT-SPO-SSCP	
Italy	LEPYTER	Let's Play Together	172
		590325-EPP-1-2017-1-IT-SPO-SSCP	
Italy	MEW	Movement Environment Well-being	174
itary		590642-EPP-1-2017-1-IT-SPO-SCP	
léel.		MIXed Ability Rugby	176
Italy	MIXAR	590572-EPP-1-2017-1-IT-SPO-SCP	170
Italy	MULTI-S	Multi-disciplinary modules for a healthy, safe and comprehensive approach to sport (MULTI-SPORT)	178
,		590508-EPP-1-2017-1-IT-SPO-SSCP	
		NAUTILIUS	
Italy	NAUT	590858-EPP-1-2017-1-IT-SPO-SSCP	180
		NETWORK	
Italy	NET	590353-EPP-1-2017-1-IT-SPO-SSCP	182
		No Violence In Sport	
Italy	NOVIS	590827-EPP-1-2017-1-IT-SPO-SCP	184
		Platform for Inclusion, Culture and Sport	
Italy	PICS	590434-EPP-1-2017-1-IT-SPO-SSCP	186
		Single Points of Contact for Sports Integrity	
taly	POINTS	590373-EPP-1-2017-1-IT-SPO-SCP	188
		Positive to health	
taly	Poth	590796-EPP-1-2017-1-IT-SPO-SSCP	190
		Ride to learn in Europe	
Italy	RtL	590597-EPP-1-2017-1-IT-SPO-SSCP	192
Italy	SH	A collaborative partnership to develop, implement and evaluate a model of long-term physical activity and behavioral change in CHD European patients/ SWEATY HEARTS	194
		590538-EPP-1-2017-1-IT-SPO-SCP	
		SPORT IS YOUR HEALTH, SPORT IS YOUR LIFE	
Italy	SHSL	590312-EPP-1-2017-1-IT-SPO-SSCP	196
		Ski for All	
Italy	Ski4All	590734-EPP-1-2017-1-IT-SPO-SSCP	198
		Sport, life and living together	
Italy	SLLT	590308-EPP-1-2017-1-IT-SPO-SSCP	200
		Solidarity Network for sport and young migrants	
Italy	So.Net.	590370-EPP-1-2017-1-IT-SPO-SSCP	202
		Let kids play. Experiences from the road!	
Italy	Splay!	590375-EPP-1-2017-1-IT-SPO-SSCP	204
Italy	SPRINT	Sport Inclusion Tolerance 590645-EPP-1-2017-1-IT-SPO-SSCP	206
Italy	START	START - Sport TrAining to Run Together	208

		590484-EPP-1-2017-1-IT-SPO-SSCP	
		Sport Traditions Educate Players Of New Europe	040
Italy	STEPONE	590818-EPP-1-2017-1-IT-SPO-SSCP	210
		NEIGE POUR TOUS AVEC B.A.S.S. ET TROTTI-SKI	
Italy	SXA	590703-EPP-1-2017-1-IT-SPO-SSCP	212
		We bike together – Training and trail mapping in Europe	
Italy	WBT	590707-EPP-1-2017-1-IT-SPO-SSCP	214
		Medicines for Europe's Ghettos	
Latvia	Ghetto	590605-EPP-1-2017-1-LV-SPO-SCP	216
Latvia	ICY	Involvement of Children and Youth in Sports Schools with Particular Emphasis on Socially Disadvantaged, Low-income and Minority Families from Rural Districts, Simultaneously Educating Their Families	218
		590413-EPP-1-2017-1-LV-SPO-SSCP	
Lithuania	KNOTS	Project for the creation of non-governmental sports organizations network "KNOTS"	220
		590363-EPP-1-2017-1-LT-SPO-SSCP	
		Women's empowerment in sport and physical education industry	
_ithuania	MIRACLE	590688-EPP-1-2017-1-LT-SPO-SSCP	222
		Sport Against Violence and Exclusion	
ithuania	SAVE	590711-EPP-1-2017-1-LT-SPO-SCP	224
•		Success@360º - Bridging Sport, Safety and Health	226
Valta	BSSH360	590692-EPP-1-2017-1-MT-SPO-SSCP	
	ACTIFE	Active Fans Europe	
Netherlands		590736-EPP-1-2017-1-NL-SPO-SCP	228
		European Sport for all Games	
Netherlands	ESFAG	590483-EPP-1-2017-1-NL-SPO-SNCESE	230
		Gender Equality Toolkit for Generation Z	
Netherlands	GETZ	590677-EPP-1-2017-1-NL-SPO-SCP	232
		PROtect Integrity Plus	
Netherlands	PI+	590549-EPP-1-2017-1-NL-SPO-SCP	234
		European Social Inclusion Games 2018	
Netherlands	SIG2018	590547-EPP-1-2017-1-NL-SPO-SNCESE	236
Poland	BBCo	Be a Better Coach - Enhancement the qualifications of coaches through the transfer of good practices.	238
		590627-EPP-1-2017-1-PL-SPO-SSCP	
		Against match fixing - European Research & Education Program	
Poland	EREP	590606-EPP-1-2017-1-PL-SPO-SCP	240
		GOOD GOVERNANCE in YOUTH SPORTS CLUB S (GGinYSC) - promotion e-education in sport as tool of protect youngest athletes	242
Poland	GGinYSC	promotion e-education in sport as tool of protect youngest atmetes	242
Poland	GGinYSC	590455-EPP-1-2017-1-PL-SPO-SSCP	242

		590421-EPP-1-2017-1-PL-SPO-SSCP	
Delevel	0.44	SPORT 4 ALL	0.40
Poland	S4A	590774-EPP-1-2017-1-PL-SPO-SSCP	246
Poland		"Sport for All and the Environment"	
	SforAE	590833-EPP-1-2017-1-PL-SPO-SSCP	248
		"Inclusive & Adapted Sport - Boccia for all"	
Portugal	B4A	590648-EPP-1-2017-1-PT-SPO-SSCP	250
		European Universities Games - 2018	
Portugal	EUG2018	590578-EPP-1-2017-1-PT-SPO-SNCESE	252
		European Union Physical Activity and Sport Monitoring System	
Portugal	EUPASMO	590662-EPP-1-2017-1-PT-SPO-SCP	254
		European Physical Education Observatory	
Portugal	EuPEO	590560-EPP-1-2017-1-PT-SPO-SCP	256
		Sport Inclusion - Full participation in sport by persons with disabilities	
Portugal	InSport	590639-EPP-1-2017-1-PT-SPO-SCP	258
Portugal	INSPORT	IN COMMON SPORTS - INTERGENERATIONAL COMPETITION AS MOTIVATION FOR SPORT AND HEALTHY LIFESTYLE OF SENIOR CITIZENS	260
		590543-EPP-1-2017-1-PT-SPO-SCP	
		Sport4all	
Portugal	S4A	590661-EPP-1-2017-1-PT-SPO-SSCP	262
		Training to Protected Reporting from Professional and Grassroots Sports	
Portugal	T-PREG	590593-EPP-1-2017-1-PT-SPO-SCP	264
<b>-</b> '		Build Opportunities for Nourishments by Doing Sports	
Romania	BONDS	590686-EPP-1-2017-1-RO-SPO-SSCP	266
		Equity through sport for youth development	
Romania	ETS-YD	590751-EPP-1-2017-1-RO-SPO-SSCP	268
<b>_</b>	540	Parenting for Sport	070
Romania	P4S	590393-EPP-1-2017-1-RO-SPO-SSCP	270
<b>.</b> .	50	Paragliding Communities	
Romania	PC	590647-EPP-1-2017-1-RO-SPO-SSCP	272
<b>-</b> '	0715	Sport together, active forever	
Romania	STAF	590526-EPP-1-2017-1-RO-SPO-SSCP	274
<b>.</b>		European University Hockey Association	
Slovakia	EUHA	590761-EPP-1-2017-1-SK-SPO-SCP	276
		Mountain Search and Rescue	
Slovakia	M-SAR	590700-EPP-1-2017-1-SK-SPO-SSCP	278
Slovenia	ACTBUSS	ACTIVE BUSSINESSES, comprehensive practice led survey on health and physical activity promotion in bussinesses	280
		590879-EPP-1-2017-1-SI-SPO-SCP	
Slovenia	Baleria	Baleria - social inclusion programme for educators, school kids and parents	282

		590683-EPP-1-2017-1-SI-SPO-SCP	
Slovenia	EMPATIA	Education Model for Parents of AThletes In Academics	284
		590437-EPP-1-2017-1-SI-SPO-SCP Empowered Nation	
Slovenia	ENAcT	590640-EPP-1-2017-1-SI-SPO-SSCP	286
		FIGHTING FOR EQUAL ACCESS TO SPORTS AND EXERCISE	
Slovenia	FATE	590626-EPP-1-2017-1-SI-SPO-SSCP	288
		ICE RINKS FOR ALL	
Slovenia	IRFA	590624-EPP-1-2017-1-SI-SPO-SCP	290
		More than Sport - My Best Sports Day	
Slovenia	MySport	590320-EPP-1-2017-1-SI-SPO-SSCP	292
		Education through sport – Shaping role models for the future	
Slovenia	SRM	590652-EPP-1-2017-1-SI-SPO-SSCP	294
		Swim to live 2	
Slovenia	SwiLi2	590408-EPP-1-2017-1-SI-SPO-SSCP	296
		ANTIDOPING GREEN SEAL	
Spain	ANGRESE	590430-EPP-1-2017-1-ES-SPO-SCP	298
Spain	B4ALL	Badminton for All - European Network for the Promotion of Inclusive Badminton	300
opani	DAVEL	590603-EPP-1-2017-1-ES-SPO-SCP	
		persons with DISabilities PLAYing competitive sports	
Spain	DISPLAY	590395-EPP-1-2017-1-ES-SPO-SSCP	302
Spain	ELIT-in	Integration of elite athletes into the labour market through the valorization of their transversal competences	304
		590520-EPP-1-2017-1-ES-SPO-SCP	
Spain	EPFPCS	Development of a European Platform for the Protection of Children in Sport (i-Protect)	306
		590490-EPP-1-2017-1-ES-SPO-SCP	
Crain		European Sport Leadership Programme	200
Spain	ESLP	590801-EPP-1-2017-1-ES-SPO-SCP	308
Spain		Outdoor Sports as a Universal Language for Learning	240
Spain	FAN-OUT	590411-EPP-1-2017-1-ES-SPO-SSCP	310
Spain	Fence4u	Fencing for social inclusion, fence for you	312
Spain	r ence4u	590440-EPP-1-2017-1-ES-SPO-SSCP	512
Spain	FUTURE+	Sport and Social Inclusion: Future for Children.	314
opani	TOTORET	590496-EPP-1-2017-1-ES-SPO-SSCP	514
Spain	GESPORT	Corporate governance in sport organizations: a gendered approach	316
opani		590521-EPP-1-2017-1-ES-SPO-SCP	510
Spain	IN4ALL	INclusion4ALL: sport as a tool for community inclusion	318
opani		590565-EPP-1-2017-1-ES-SPO-SSCP	510
Spain	MOVE	European Sports Volunteering for Health Promotion, Social Inclusion and Equality through Sport for all.	320

		590825-EPP-1-2017-1-ES-SPO-SCP	
		THE SPORT FOR ALL BEGINS	
Spain	S4ALL	590385-EPP-1-2017-1-ES-SPO-SSCP	322
Spain	STICK	SPORT AND ACADEMIC TALENT INTEGRATION THROUGH EXCHANGE PROGRAMMES IN HOCKEY	324
0.00	0	590524-EPP-1-2017-1-ES-SPO-SCP	
		SCHOOL TO MOVE - ITS COOL TO MOVE	
Spain	STM	590355-EPP-1-2017-1-ES-SPO-SSCP	326
Spain	WSIalom	Boosting social inclusion of children with motor disabilities through the practice of Wheelchair slalom	328
opun		590433-EPP-1-2017-1-ES-SPO-SCP	010
Turkey	MoveFun	Development of Preschool Physical Activity Program for Strengthening of Grassroots Sports in EU	330
runcy	Mover un	590769-EPP-1-2017-1-TR-SPO-SCP	000
Turkey	SPA/CTA	SPORT AND PHYSICAL ACTIVITY AGAINST CHILDREN'S TECHNOLOGY ADDICTION	332
runcy		590465-EPP-1-2017-1-TR-SPO-SSCP	
		Diverse Identities in Sport	334
Jnited Kingdom	DIIS	590659-EPP-1-2017-1-UK-SPO-SSCP	
United Kingdom	ECO-DC	Ecology of Dual Career - Exploring Dual Career Development Environments across Europe	336
	200 20	590476-EPP-1-2017-1-UK-SPO-SCP	
United Kingdom	GGFA	Promoting and Supporting Good Governance in the European Football Agents Industry	338
onnea rangaonn	00177	590562-EPP-1-2017-1-UK-SPO-SCP	000
		Narrowing the Margins	
United Kingdom	NTM	590847-EPP-1-2017-1-UK-SPO-SSCP	340
		Physical Literacy	
Jnited Kingdom	PHYLIT	590844-EPP-1-2017-1-UK-SPO-SSCP	342
United Kingdom	RESPECT	Research-Embedded Strategic Plan for Anti-Doping Education: Clean Sport Alliance Initiative for Tackling Doping	344
		590824-EPP-1-2017-1-UK-SPO-SCP	574

# TABLE OF CONTENTS BY THEMATIC AREA

# Combat doping, notably in recreational environments

	TOQAE	Towards quality anti-doping education in recreational sports	
Finland		590695-EPP-1-2017-1-FI-SPO-SCP	88
		Development of a course for educating Coaches on Sports Integrity	
Greece	C.S.I.	590595-EPP-1-2017-1-EL-SPO-SCP	122
Greece	GAME	A serious Game Approach in Mitigating performance Enhancement culture in youth	128
		590613-EPP-1-2017-1-EL-SPO-SCP	
	ANGRESE	ANTIDOPING GREEN SEAL	
Spain		590430-EPP-1-2017-1-ES-SPO-SCP	298
United Kingdom	RESPECT	Research-Embedded Strategic Plan for Anti-Doping Education: Clean Sport Alliance Initiative for Tackling Doping	344
		590824-EPP-1-2017-1-UK-SPO-SCP	

# Combat match-fixing

Netherlands		PROtect Integrity Plus	
	PI+	590549-EPP-1-2017-1-NL-SPO-SCP	234
		Against match fixing - European Research & Education Program	240
Poland	EREP	590606-EPP-1-2017-1-PL-SPO-SCP	
Portugal		Training to Protected Reporting from Professional and Grassroots Sports	
	T-PREG	590593-EPP-1-2017-1-PT-SPO-SCP	264

# Combat violence and tackle racism, discrimination and intolerance in sport

	CORPLAY	CORPLAY - COunter Radicalization, PLAY sport	400
Greece		590354-EPP-1-2017-1-EL-SPO-SCP	120
Ireland	LIAISE	Project for a Liaison-based Integrated Approach to Improving Supporter Engagement	142
licialia	E# 10E	590614-EPP-1-2017-1-IE-SPO-SCP	
	NOVIS	No Violence In Sport	
Italy		590827-EPP-1-2017-1-IT-SPO-SCP	184
	SAVE	Sport Against Violence and Exclusion	224
Lithuania		590711-EPP-1-2017-1-LT-SPO-SCP	
Spain	EPFPCS	Development of a European Platform for the Protection of Children in Sport (i-Protect)	306
opani		590490-EPP-1-2017-1-ES-SPO-SCP	

# Encourage participation in sport and physical activity especially by supporting Council Recommendation on HEPA and EU Physical Activity Guidelines

Belgium	n/a	Let's #BEACTIVE	34
20.3.0		590326-EPP-1-2017-1-BE-SPO-SCP	
Croatia	FUNBALL	New training Program: "Building solid and healthy FUNdamentals for volleyBALL in early age (6-9) group"	58
		590816-EPP-1-2017-1-HR-SPO-SCP	
		Minifootball for increased HEPA	
Czech Republic	MINI4eU	590487-EPP-1-2017-1-CZ-SPO-SNCESE	78
		Grassroots Sports Diplomacy	•
Denmark	SPORTDI	590880-EPP-1-2017-1-DK-SPO-SCP	84
		Promoting Active Cities Throughout Europe	
France	PACTE	590500-EPP-1-2017-1-FR-SPO-SCP	102
		Basic Motor Competencies in Europe – Assessment and Promotion	
Germany	BMC-EU	590777-EPP-1-2017-1-DE-SPO-SCP	112
		European Fitness Badge - Dissemination, Evaluation and Improvement	
Germany	EFB II	590350-EPP-1-2017-1-DE-SPO-SCP	114
		European Physical Activity Label for Schools	138
Hungary	EU-PALS	590780-EPP-1-2017-1-HU-SPO-SCP	138
	ACTLIFE	Physical ACTivity: the tool to improve the quality of LIFE in osteoporosis people	144
Italy		590371-EPP-1-2017-1-IT-SPO-SCP	144
Italy	DWH	A EU collaborative partnership for active lifestyles for the prevention and treatment of breast cancer- DANCING WITH HEALTH	158
italy	DWIT	590443-EPP-1-2017-1-IT-SPO-SCP	
		Active Fans Europe	
Netherlands	ACTIFE	590736-EPP-1-2017-1-NL-SPO-SCP	228
		European Universities Games - 2018	
Portugal	EUG2018	590578-EPP-1-2017-1-PT-SPO-SNCESE	252
		European Union Physical Activity and Sport Monitoring System	
Portugal	EUPASMO	590662-EPP-1-2017-1-PT-SPO-SCP	254
		European Physical Education Observatory	
Portugal	EuPEO	590560-EPP-1-2017-1-PT-SPO-SCP	256
Portugal	INSPORT	IN COMMON SPORTS - INTERGENERATIONAL COMPETITION AS MOTIVATION FOR SPORT AND HEALTHY LIFESTYLE OF SENIOR CITIZENS	260
J		590543-EPP-1-2017-1-PT-SPO-SCP	
Slovenia	ACTBUSS	ACTIVE BUSSINESSES, comprehensive practice led survey on health and physical activity promotion in bussinesses	280
Slovenia	ACIDUSS	590879-EPP-1-2017-1-SI-SPO-SCP	200
		ICE RINKS FOR ALL	
Slovenia	IRFA	590624-EPP-1-2017-1-SI-SPO-SCP	290

# Encourage participation in sport and physical activity especially by supporting the European Week of Sport

Denmark		Bike For Europe	82
	#BFE	590822-EPP-1-2017-1-DK-SPO-SNCESE	
		European Meetings of Company Sport	
France	EMoCS	590471-EPP-1-2017-1-FR-SPO-SCP	96
Hungary		European School Sport Day - Flagship Event	
	ESSD	590733-EPP-1-2017-1-HU-SPO-SNCESE	136
Italy	SH	A collaborative partnership to develop, implement and evaluate a model of long-term physical activity and behavioral change in CHD European patients/ SWEATY HEARTS	194
		590538-EPP-1-2017-1-IT-SPO-SCP	

## Encourage social inclusion and equal opportunities in sport

Austria NSFA NSFA Sports for All 590507-EPP-1-2017-1-AT-SPO-SSCP	26
590507-EPP-1-2017-1-AT-SPO-SSCP	
Belgium         IDEAL   Intellectual Disability, and Equal opportunities for Active and Log participation in Sport". = "IDEAL project"	ng-term <b>28</b>
590514-EPP-1-2017-1-BE-SPO-SCP	
Building healthy communities, changing opportunities	
Bulgaria BHCO 590548-EPP-1-2017-1-BG-SPO-SSCP	36
SPORTS TRAINING FOR ALL	40
Bulgaria ST4ALL 590416-EPP-1-2017-1-BG-SPO-SCP	46
Beyond2 - Examining spectrum of Masculinity-Femininity / Heter normativity in inclusive competitive practices and accessible spectrum Aquatic sports and Dance	
590838-EPP-1-2017-1-HR-SPO-SSCP	
Promoting Active Engagement in Sports	
Croatia PACES 590699-EPP-1-2017-1-HR-SPO-SSCP	66
#WushuElixir	
Croatia #Wushu 590782-EPP-1-2017-1-HR-SPO-SSCP	72
Together for Adventure Racing in Europe	
Czech Republic TARE 590778-EPP-1-2017-1-CZ-SPO-SSCP	80
Youth-led Street Sport for All	
Denmark YSSA 590555-EPP-1-2017-1-DK-SPO-SCP	86
former Yugoslav Sport for Social Action	
Republic of S4SA Macedonia 590611-EPP-1-2017-1-MK-SPO-SSCP	90
ESCRIME DEFICIENT VISUEL NON ET MAL VOYANT	
France EDV 590372-EPP-1-2017-1-FR-SPO-SSCP	94
FIA European Young Women Programme	
France EYWP 590568-EPP-1-2017-1-FR-SPO-SCP	98
SPORTO ADAPTITA NATURO NAUTIKA	400
France SANA 590546-EPP-1-2017-1-FR-SPO-SSCP	108
Sport for Women in Urban Places	
France SW-UP 590869-EPP-1-2017-1-FR-SPO-SCP	110

		Alive & Kicking	
Greece	A&K	590461-EPP-1-2017-1-EL-SPO-SCP	118
0		EUROPEAN VOLUNTEER EVENTS for THERAPY through SPORTS	124
Greece	EVENTS	590407-EPP-1-2017-1-EL-SPO-SNCESE	124
0	D.T.O	Reintegration Through Sport	130
Greece	R.T.S	590442-EPP-1-2017-1-EL-SPO-SSCP	150
Crosse	VDU	YOU'RE HOPE (YRH)	132
Greece	YRH	590807-EPP-1-2017-1-EL-SPO-SSCP	152
Itoly	BEST	Begin an Educative Social Training	148
Italy	BEST	590729-EPP-1-2017-1-IT-SPO-SSCP	140
Italy	COME IN	Creating Opportunity for sport Members at grassroots level to Enable INclusion	152
		590493-EPP-1-2017-1-IT-SPO-SSCP	
Italy	DIABCY	Diabetics Runners and Cyclists for more sport for all in Europe - SportGiveChance	156
,		590518-EPP-1-2017-1-IT-SPO-SNCESE	
		Encouraging Girls'Participation in Sports - 2	400
Italy	EGPiS2	590763-EPP-1-2017-1-IT-SPO-SCP	160
		EUropean Games of Integrated Fencing	162
Italy	EU.GIF	590629-EPP-1-2017-1-IT-SPO-SNCESE	102
		EXPOSPORT- International Sport Game	164
Italy	EXPOSPO	590592-EPP-1-2017-1-IT-SPO-SNCESE	
Hele.		Water GHAims EuroCamp	166
Italy	GHAims	590643-EPP-1-2017-1-IT-SPO-SSCP	100
Itali		Horsemanship and Disability	168
Italy	HEAD	590451-EPP-1-2017-1-IT-SPO-SSCP	100
lite ba	K I T	RUGBY Kids in Touch	170
Italy	К.І.Т.	590425-EPP-1-2017-1-IT-SPO-SSCP	170
lt-h.		Let's Play Together	172
Italy	LEPYTER	590325-EPP-1-2017-1-IT-SPO-SSCP	172
ltel.		Movement Environment Well-being	174
Italy	MEW	590642-EPP-1-2017-1-IT-SPO-SCP	1/4
ltalı.		MIXed Ability Rugby	176
Italy	MIXAR	590572-EPP-1-2017-1-IT-SPO-SCP	170
Itoly		NETWORK	182
Italy	NET	590353-EPP-1-2017-1-IT-SPO-SSCP	102
Italy	DICS	Platform for Inclusion, Culture and Sport	186
Italy	PICS	590434-EPP-1-2017-1-IT-SPO-SSCP	001
Italy	Co Net	Solidarity Network for sport and young migrants	202
	So.Net.	590370-EPP-1-2017-1-IT-SPO-SSCP	202
Italy	SPRINT	Sport Inclusion Tolerance	206

	590645-EPP-1-2017-1-IT-SPO-SSCP	
START	START - Sport TrAining to Run Together	208
OTAICI	590484-EPP-1-2017-1-IT-SPO-SSCP	
CYA	NEIGE POUR TOUS AVEC B.A.S.S. ET TROTTI-SKI	212
574	590703-EPP-1-2017-1-IT-SPO-SSCP	
WOT	We bike together – Training and trail mapping in Europe	214
VVBI	590707-EPP-1-2017-1-IT-SPO-SSCP	214
	Medicines for Europe's Ghettos	040
Ghetto	590605-EPP-1-2017-1-LV-SPO-SCP	216
ICY	Involvement of Children and Youth in Sports Schools with Particular Emphasis on Socially Disadvantaged, Low-income and Minority Families from Rural Districts, Simultaneously Educating Their Families	218
	590413-EPP-1-2017-1-LV-SPO-SSCP	
	Women's empowerment in sport and physical education industry	
MIRACLE	590688-EPP-1-2017-1-LT-SPO-SSCP	222
	European Sport for all Games	
ESFAG	590483-EPP-1-2017-1-NL-SPO-SNCESE	230
	Gender Equality Toolkit for Generation Z	
GETZ	590677-EPP-1-2017-1-NL-SPO-SCP	232
SIG2018	European Social Inclusion Games 2018	236
	590547-EPP-1-2017-1-NL-SPO-SNCESE	
	SPORT 4 ALL	
S4A	590774-EPP-1-2017-1-PL-SPO-SSCP	246
	"Inclusive & Adapted Sport - Boccia for all"	
B4A	590648-EPP-1-2017-1-PT-SPO-SSCP	250
	Sport Inclusion - Full participation in sport by persons with disabilities	258
InSport	590639-EPP-1-2017-1-PT-SPO-SCP	
	Sport4all	
S4A		262
BONDS		26
ETS-YD		26
P4S		270
PC		272
Baleria	590683-EPP-1-2017-1-SI-SPO-SCP	282
	Empowered Nation	
	<ul> <li>MIRACLE</li> <li>ESFAG</li> <li>GETZ</li> <li>SIG2018</li> <li>S4A</li> <li>B4A</li> <li>S4A</li> <li>BAA</li> <li>ETS-YD</li> <li>P4S</li> </ul>	START         START - Sport TrAining to Run Together           START         START - Sport TrAining to Run Together           SXA         NEIGE POUR TOUS AVEC B.A.S.S. ET TROTTI-SKI           SXA         S90703-EPP-1-2017-1-IT-SPO-SSCP           WBT         S90707-EPP-1-2017-1-IT-SPO-SSCP           WBT         S90707-EPP-1-2017-1-IT-SPO-SSCP           Medicines for Europe's Ghettos         S90605-EPP-1-2017-1-LV-SPO-SCP           Chetto         S90605-EPP-1-2017-1-LV-SPO-SCP           ICY         Involvement of Children and Youth in Sports Schools with Particular Emphasis on Socially Disadvantaged, Low-income and Minority Families from Rural Districts, Simultaneously Educating Their Families           ICY         Women's empowerment in sport and physical education industry           MIRACLE         S90688-EPP-1-2017-1-LV-SPO-SSCP           ESFAG         Gender Equality Toolkit for Generation Z           GETZ         Gender Equality Toolkit for Generation Z           GETZ         S90677-EPP-1-2017-1-NL-SPO-SNCESE           SIG2018         S905077-EPP-1-2017-1-NL-SPO-SNCESE           SIG2018         S90618-EPP-1-2017-1-NL-SPO-SNCESE           SIG2018         S90648-EPP-1-2017-1-PL-SPO-SSCP           Sport Inclusion - Full participation in sport by persons with disabilities           INSport         Sport Inclusion - Full participation in sport by persons with disabilities<

o		FIGHTING FOR EQUAL ACCESS TO SPORTS AND EXERCISE	288
Slovenia	FATE	590626-EPP-1-2017-1-SI-SPO-SSCP	288
		More than Sport - My Best Sports Day	000
Slovenia	MySport	590320-EPP-1-2017-1-SI-SPO-SSCP	292
Spain	B4ALL	Badminton for All - European Network for the Promotion of Inclusive Badminton	300
opani	DHALL	590603-EPP-1-2017-1-ES-SPO-SCP	
		persons with DISabilities PLAYing competitive sports	
Spain	DISPLAY	590395-EPP-1-2017-1-ES-SPO-SSCP	302
		Fencing for social inclusion, fence for you	
Spain	Fence4u	590440-EPP-1-2017-1-ES-SPO-SSCP	312
		Sport and Social Inclusion: Future for Children.	
Spain	FUTURE+	590496-EPP-1-2017-1-ES-SPO-SSCP	314
	IN4ALL	INclusion4ALL: sport as a tool for community inclusion	
Spain		590565-EPP-1-2017-1-ES-SPO-SSCP	318
		THE SPORT FOR ALL BEGINS	
Spain	S4ALL	590385-EPP-1-2017-1-ES-SPO-SSCP	322
Spain	WSIalom	Boosting social inclusion of children with motor disabilities through the practice of Wheelchair slalom	328
opulli	Weldioli	590433-EPP-1-2017-1-ES-SPO-SCP	
Turkey	SPA/CTA	SPORT AND PHYSICAL ACTIVITY AGAINST CHILDREN'S TECHNOLOGY ADDICTION	332
тикеу	JFA/CTA	590465-EPP-1-2017-1-TR-SPO-SSCP	002
		Diverse Identities in Sport	
United Kingdom	DIIS	590659-EPP-1-2017-1-UK-SPO-SSCP	334
		Narrowing the Margins	
United Kingdom	NTM	590847-EPP-1-2017-1-UK-SPO-SSCP	340

# Improve good governance in sport

	0.00	Good governance in sport	
Bulgaria	GGS	590305-EPP-1-2017-1-BG-SPO-SCP	38
		Investments in Sport	
Croatia	iSport	590449-EPP-1-2017-1-HR-SPO-SCP	62
		Project for Academy of Sport Support	
Croatia	PASPORT	590868-EPP-1-2017-1-HR-SPO-SCP	<ul> <li>38</li> <li>62</li> <li>68</li> <li>74</li> <li>188</li> <li>308</li> <li>316</li> <li>338</li> </ul>
Cyprus	GReFORM	Good Governance enhancement through e-Learning for Sport Volunteer Board Members	74
Cyprus		590680-EPP-1-2017-1-CY-SPO-SCP	
		Single Points of Contact for Sports Integrity	188
Italy	POINTS	590373-EPP-1-2017-1-IT-SPO-SCP	
		European Sport Leadership Programme	
Spain	ESLP	590801-EPP-1-2017-1-ES-SPO-SCP	308
		Corporate governance in sport organizations: a gendered approach	
Spain	GESPORT	590521-EPP-1-2017-1-ES-SPO-SCP	316
United Kingdom	GGFA	Promoting and Supporting Good Governance in the European Football Agents Industry	338
		590562-EPP-1-2017-1-UK-SPO-SCP	68 74 188 308 316

# Promote education in and through sport with special focus on skills development

		Sportupps: sport-based entrepreneurship and startupps	44 50 52	
Bulgaria	SSBES	590698-EPP-1-2017-1-BG-SPO-SSCP	44	
		Teaming up for growing up		
Bulgaria	TUGU	590752-EPP-1-2017-1-BG-SPO-SSCP	50	
		Kayaking health benefits- active childhood		
Croatia	/	590697-EPP-1-2017-1-HR-SPO-SSCP	52	
		Aurora - Sport. School. Life.	_ /	
Croatia	Aurora	590655-EPP-1-2017-1-HR-SPO-SSCP	54	
		Physical Activity, RElations & Networking, within families Through Sport		
France	PARENTS	590499-EPP-1-2017-1-FR-SPO-SSCP	104	
_		Digital technology as a tool for development and promotion in football	126	
Greece	footAPP	590726-EPP-1-2017-1-EL-SPO-SSCP		
		Up and down! Four season activity in the mountains: skimo and trail running		
Hungary	UDFSAM	590671-EPP-1-2017-1-HU-SPO-SSCP	140	
Italy	MULTI-S	Multi-disciplinary modules for a healthy, safe and comprehensive approach to sport (MULTI-SPORT)	178	
Italy		590508-EPP-1-2017-1-IT-SPO-SSCP		
		Ride to learn in Europe		
Italy	RtL	590597-EPP-1-2017-1-IT-SPO-SSCP	192	
		SPORT IS YOUR HEALTH, SPORT IS YOUR LIFE		
Italy	SHSL	590312-EPP-1-2017-1-IT-SPO-SSCP	196	

		Ski for All	400
Italy	Ski4All	590734-EPP-1-2017-1-IT-SPO-SSCP	198
		Sport, life and living together	
Italy	SLLT	590308-EPP-1-2017-1-IT-SPO-SSCP	200
Poland	BBCo	Be a Better Coach - Enhancement the qualifications of coaches through the transfer of good practices.	238
l'oland	BBCC	590627-EPP-1-2017-1-PL-SPO-SSCP	200
Poland	GGinYSC	GOOD GOVERNANCE in YOUTH SPORTS CLUB S (GGinYSC) - promotion e-education in sport as tool of protect youngest athletes	242
	001100	590455-EPP-1-2017-1-PL-SPO-SSCP	
		"Sport for All and the Environment"	248
Poland	SforAE	590833-EPP-1-2017-1-PL-SPO-SSCP	
		Sport together, active forever	
Romania	STAF	590526-EPP-1-2017-1-RO-SPO-SSCP	274
		Education through sport – Shaping role models for the future	
Slovenia	SRM	590652-EPP-1-2017-1-SI-SPO-SSCP	294
		Swim to live 2	
Slovenia	SwiLi2	590408-EPP-1-2017-1-SI-SPO-SSCP	296
		Outdoor Sports as a Universal Language for Learning	
Spain	FAN-OUT	590411-EPP-1-2017-1-ES-SPO-SSCP	310
		SCHOOL TO MOVE - ITS COOL TO MOVE	
Spain	STM	590355-EPP-1-2017-1-ES-SPO-SSCP	326
		Physical Literacy	
United Kingdom	PHYLIT	590844-EPP-1-2017-1-UK-SPO-SSCP	342

### Promote education in and through sport with special focus on skills development, as well support the implementation of the EU guidelines of Dual Careers of Athletes

		Athletic migration: Dual Career and qualification in sports	
Austria	AMID	590400-EPP-1-2017-1-AT-SPO-SCP	22
		Intercultural Education through Physical Activity, Coaching and Training	
Austria	EDUPACT	590467-EPP-1-2017-1-AT-SPO-SCP	24
Belgium	MindGap	Mind the Gap - Enabling athletes to transition into a post sport career of their choice by creating a robust infrastructure of personal and technical support.	30
		590863-EPP-1-2017-1-BE-SPO-SCP	
Belgium	n/a	BLUEPRINT FOR SKILLS COOPERATION AND EMPLOYMENT IN ACTIVE LEISURE	32
20.9.0		590345-EPP-1-2017-1-BE-SPO-SCP	
		SMART SPORT	
Bulgaria	SMART S	590457-EPP-1-2017-1-BG-SPO-SCP	42
		Skills development in and ThRough snooker	
Bulgaria	STROKE	590727-EPP-1-2017-1-BG-SPO-SCP	48
		Innovative education to enhance the skills of Sport Officials in Europe	
France	ONSIDE	590771-EPP-1-2017-1-FR-SPO-SCP	100
		Scoring for the Future- Increasing youth employability through football	
Germany	SF	590638-EPP-1-2017-1-DE-SPO-SCP	116
		European University Hockey Association	
Slovakia	EUHA	590761-EPP-1-2017-1-SK-SPO-SCP	276
		Education Model for Parents of AThletes In Academics	
Slovenia	EMPATIA	590437-EPP-1-2017-1-SI-SPO-SCP	284
Spain	ELIT-in	Integration of elite athletes into the labour market through the valorization of their transversal competences	304
Opain		590520-EPP-1-2017-1-ES-SPO-SCP	004
Spain	STICK	SPORT AND ACADEMIC TALENT INTEGRATION THROUGH EXCHANGE PROGRAMMES IN HOCKEY	324
opain	<b>U</b> HOR	590524-EPP-1-2017-1-ES-SPO-SCP	521
United Kingdom	ECO-DC	Ecology of Dual Career - Exploring Dual Career Development Environments across Europe	336
United Kingdom	200 00	590476-EPP-1-2017-1-UK-SPO-SCP	

# Promote European traditional sports and games

		DUAL CAREERS FOR ALPINE SKI RACERS	
Italy	DC4SKI	590525-EPP-1-2017-1-IT-SPO-SSCP	154
		Sport Traditions Educate Players Of New Europe	
Italy	STEPONE	590818-EPP-1-2017-1-IT-SPO-SSCP	210

# Promote voluntary activity in sport

Spain	MOVE	ain MOVE	European Sports Volunteering for Health Promotion, Social Inclusion and Equality through Sport for all.	320
Opani	MOVE	590825-EPP-1-2017-1-ES-SPO-SCP	020	
Turkey	MoveFun	Development of Preschool Physical Activity Program for Strengthening of Grassroots Sports in EU	330	
Turkey	Mover un	590769-EPP-1-2017-1-TR-SPO-SCP		

## Protect athletes, especially the youngest, from health and safety hazards by improving training and competition conditions

		Safe in Sport	
Croatia	SIS	590628-EPP-1-2017-1-HR-SPO-SSCP	70
		Positive to health	400
Italy	Poth	590796-EPP-1-2017-1-IT-SPO-SSCP	190
		Success@360º - Bridging Sport, Safety and Health	
Malta	BSSH360	590692-EPP-1-2017-1-MT-SPO-SSCP	226

# Support the mobility of volunteers, coaches, managers and staff of non-profit sport organisations

<b>.</b>	000	Sailing on Three Seas	40
Bulgaria	S3S	590657-EPP-1-2017-1-BG-SPO-SSCP	40
Questia		Healthy European and Physically Active Kid	60
Croatia	HEPAKid	590636-EPP-1-2017-1-HR-SPO-SSCP	00
o		Mobility of Staff	64
Croatia	MOST	590608-EPP-1-2017-1-HR-SPO-SSCP	04
		Effective training and psychological approach to young cross-country skiers	76
Czech Republic	ETPAYS	590696-EPP-1-2017-1-CZ-SPO-SSCP	/0
		Development of Atlantic Watersports Network	
France	D.A.W.N	590691-EPP-1-2017-1-FR-SPO-SSCP	92
France	RUGBYSL	RUGBY:du recrutement à la 3 eme mi-temps .Un échange européen de bonnes pratiques	106
i idiloo		590598-EPP-1-2017-1-FR-SPO-SSCP	
		Improving Coaching Techniques in Beach Volleyball through Beach Camps	
Hungary	BVC	590753-EPP-1-2017-1-HU-SPO-SSCP	134
		ATHLETICS FOR YOUNG AND TEACHERS ALL OVER EUROPE	
Italy	AYTOE	590356-EPP-1-2017-1-IT-SPO-SSCP	146
		BLACK AND WHITE SPORT: CHESS	
Italy	CHESS	590515-EPP-1-2017-1-IT-SPO-SSCP	150
		NAUTILIUS	400
Italy	NAUT	590858-EPP-1-2017-1-IT-SPO-SSCP	180
		Let kids play. Experiences from the road!	
Italy	Splay!	590375-EPP-1-2017-1-IT-SPO-SSCP	204
Lithuania	KNOTS	Project for the creation of non-governmental sports organizations network "KNOTS"	220
Litituarila	KNOTS	590363-EPP-1-2017-1-LT-SPO-SSCP	220
Poland	MINS	Sport in the Environment of National Minorities – Between Integration, Assimilation and Linguistic Diversity	244
		590421-EPP-1-2017-1-PL-SPO-SSCP	
		Mountain Search and Rescue	
Slovakia	M-SAR	590700-EPP-1-2017-1-SK-SPO-SSCP	278

### Austria

**Reference:** 590400-EPP-1-2017-1-AT-SPO-SCP

### Project Title: Athletic migration: Dual Career and qualification in sports

Project Acronym: AMID

Eligible Budget (€)	Grant Amount (€)	Co-financing
373.499,00	373.499,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	PARIS-LODRON-U SALZBURG	UNIVERSITAT
	KAPITELGASSE 4-6	
	AT 5020 SALZBU	JRG

Participa	ints		
CON	PARIS-LODRON-UNIVERSITAT SALZBURG	SALZBURG	Austria
PAR	LAPIN AMMATTIKORKEAKOULU OY	ROVANIEMI	Finland
PAR	THE EUROPEAN ATHLETE AS STUDENT	Ghaxaq	Malta
PAR	UNIVERSITA DEGLI STUDI DI CASSINO E DEL LAZIO MERIDIONALE	CASSINO	Italy
PAR	UNIVERSITAET HAMBURG	HAMBURG	Germany
PAR	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia

#### Athletic migration: Dual Career and qualification in sports

Migration across borders in the European Union is a requirement in many elite sports and a crucial challenge for Dual Careers athletes. As well known, policies vary across Europe and the existing support structures are not capable to overcome exchange obstacles. The insufficient support for migrating athletes is a major risk of decreased performances or drop outs in education and sports.

The objectives of the AMID project are a) to raise awareness and knowledge of the phenomenon of Dual Career and athlete migration including the current situation and challenges in the EU, b) to build a network and develop applicable support structures for migrating athletes within the EU including implementation and evaluation of best practices, and c) to provide practical tools to stakeholders and feed good practices into governance.

The partnership of AMID project consists of the European Athlete as Student network (EAS) and complementary academic as well as non-academic organisations (federations, clubs, and Olympic organisations) in Austria, Germany, Finland, Slovenia, and Italy. This network a) collects and exchanges good practices across Europe, b) identifies the opportunities to improve practices and raise governance standards. These practices will be implemented (intervention phase) and systematically tested in the participating organisations including migrating athletes from multiple countries. The evaluation of exchange opportunities and best practices will provide guidelines for key stakeholders to enhance Dual Career and athlete migration across Europe.

AMID aims to expand the network, exchange the identified best practices across European policies, and involve national authorities in all participating organisations. Thus, the project will contribute to the standardisation of European education and sport measures beyond the project's time frame and outside of the participating organisations.

### Austria

Reference: 590467-EPP-1-2017-1-AT-SPO-SCP

Project Title: Intercultural Education through Physical Activity, Coaching and Training

Project Acronym: EDUPACT

Eligible Budget (€)	Grant Amount (€)	Co-financing
484.788,00	400.000,00	82,51 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	UNIVERSITAT WIE	

Participa	nts		
CON	UNIVERSITAT WIEN	WIEN	Austria
PAR	DEUTSCHE SPORTHOCHSCHULE KOLN	KOLN	Germany
PAR	ETHNIKO KAI KAPODISTRIAKO PANEPISTIMIO ATHINON	ATHINA	Greece
PAR	FONDS WIENER INSTITUT FUR INTERNATIONALEN DIALOG UND ZUSAMMENARBEIT	WIEN	Austria
PAR	HELLENIC MINISTRY OF CULTURE AND SPORTS	ATHENS	Greece
PAR	INTERNATIONAL COUNCIL FOR COACHING EXCELLENCE	LEEDS	United Kingdom
PAR	RIGHT TO PLAY DEUTCHLAND GMBH	Munich	Germany
PAR	SYDDANSK UNIVERSITET	ODENSE M	Denmark
PAR	UNIVERSITA DEGLI STUDI DI ROMA FORO ITALICO	ROMA	Italy

#### Intercultural Education through Physical Activity, Coaching and Training

The Project "Intercultural Education through Physical Activity, Coaching and Training" (EDU-PACT) will target a major, current societal problem: The Migrant and Refugee Crisis in Europe. Consistent migrant flow towards Europe is challenging all European societies with new intercultural challenges. Regardless of what is done to handle this situation, it is clear that a great number of people, including children, will need to be integrated and welcomed into our societies. Schools as well as Sport Clubs are an important vehicle to facilitate this integration. However, in schools as well as in Sport Clubs, the integration of migrant and refugee children is a major challenge in most European countries. Teachers and schools are often under-resourced and underfunded to deal with the new challenges posed by this situation. The objective of the project apply to this intercultural challenges and to develop innovative, evidence-based intercultural pedagogy in PE and in Coaching at (Higher) Education Institutions based on the field experience from two international NGOs: Right to Play (RTP) and the Vienna Institute of International Dialogue and Cooperation (VIDC). The EDU-PACT project will develop sustainable approaches in order to prepare (young) Physical Education teachers as well as (young) coaches towards an inclusive intercultural behaviour.

The project consortium consists of 10 partners from 7 countries (Austria, Germany, Denmark, UK, Greece, Italy and Turkey) from three different sectors: Universities, NGOs as well as Government. It is designed into three phases and seven WPs: Preparation and Management (WP1&2), Development & Implementation (WP3, 4 & 5) and Sustainability (WP6 & 7). The implementation of the project management will be delivered and steered by the University of Vienna (Coordinator) and the German Sport University forming the Project Management Group (PMG).

# Austria

Reference: 590507-EPP-1-2017-1-AT-SPO-SSCP

Project Title: Naturefriends Sports for All

Project Acronym: NSFA

	Eligible Budget (€)	Grant Amount (€)	Co-financing	
	36.325,00	36.325,00	100,00 %	
I	Project start:	1/01/18		
I	Project end:	31/12/18		
(	Coordinator:	NATURFREUNDE INTERNATIONAL		
		DIEFENBACHGASS	E 36/9	🔶 📜 📕
		AT 1150 WIEN		



Participa	ints		
CON	NATURFREUNDE INTERNATIONALE	WIEN	Austria
PAR	ARBEIDERSTOERISTENBOND DE NATUURVRIENDEN	ANTWERPEN	Belgium
PAR	ASOCIATIA PRIETENII NATURII TIMISOARA	Timisoara	Romania
PAR	BLINDEN UND SEHBEHINDERTENVERBAND OSTERREICH DACHORGANISATION SELBSTHILFEORGANISATION BLINDER UND SEHBEHINDERTER MENSCHEN KURZ BSVO	Vienna	Austria
PAR	FROS MULTISPORT VLAANDEREN	Berchem	Belgium
PAR	GRUPPO ITALIANO AMICI DELLA NATURA	Lonato del Garda	Italy
PAR	OZIV BUNDESVERBAND, INTERESSENVERTRETUNG FUR MENSCHEN MIT BEHINDERUNGEN	Wien	Austria
PAR	PRATELE PRIRODY ZS	Praha 1	Czech Republic

#### **Naturefriends Sports for All**

People with disabilities still have limited access to sports activities, especially when these activities take place outdoors, where many barriers are encountered. Access to such activities can be facilitated by sports associations such as the Naturefriends, whose local and regional groups organize various sports activities (indoor and outdoor) for members and the general public.

However, the level of awareness and qualification of trainers and guides is often inadequate to address the needs of people with disabilities. Promoting an understanding of accessibility and building capacities based on the needs of people with disabilities are the first steps towards inclusive sports activities for all people. The main objective of the project is to motivate local Naturefriends groups to adapt their existing sports

activities for people with disabilities and/or to design new activities accessible for all people. With the support of disability organisations, training workshops for stakeholders of the participating Naturefriends organisations will be conducted. During the workshops good practice examples and ideas for accessible activities will be discussed and participants will learn how to implement accessible activities such as climbing or hiking for people with disabilities. Moreover, the participating organisations will assess the potential for future accessible sports activities.

The outcomes of the project will be discussed and disseminated at the international Annual Naturefriends Conference. This way, all European Naturefriends organisations will familiarize with the topic. In addition, this will ensure high visibility of the project within and beyond the Naturefriends network.

# Belgium

Reference: 590514-EPP-1-2017-1-BE-SPO-SCP

Project Title:

Intellectual Disability, and Equal opportunities for Active and Long-term participation in Sport". = "IDEAL project"

participation in S

Project Acronym: IDEAL

Eligible Budget (€)	Grant Amount (€)	Co-financing		
400.481,00	400.000,00	99,88 %	*	
Project start:	1/01/18		•	
Project end:	31/12/20			
Coordinator:	KATHOLIEKE UN LEUVEN	IVERSITEIT		
	OUDE MARKT 13			
	BE 3000 LEUVE	N		
	www.kuleuven.be			

# Participant

Particip	ants		
CON	KATHOLIEKE UNIVERSITEIT LEUVEN	LEUVEN	Belgium
PAR	AKADEMIA WYCHOWANIA FIZYCZNEGO JOZEFA PILSUDSKIEGO W WARSZAWIE	WARSZAWA	Poland
PAR	Canterbury Christ Church University	Canterbury	United Kingdom
PAR	HASKOLINN I REYKJAVIK EHF	REYKJAVIK	Iceland
PAR	HOGSKOLAN I GAVLE	GAVLE	Sweden
PAR	INTERNATIONAL PARALYMPIC COMMITTEE	Bonn	Germany
PAR	INTERNATIONAL SPORTS FEDERATION FORPERSONS WITH INTELLECTUAL DISABILITY	Sheffield	United Kingdom
PAR	UNIVERSIDAD POLITECNICA DE MADRID	MADRID	Spain
PAR	UNIVERSITY OF ESSEX	COLCHESTER	United Kingdom

# Intellectual Disability, and Equal opportunities for Active and Long-term participation in Sport". = "IDEAL project"

In an IDEAL world, everyone has the right to participate on an equal basis with others in society. In sport, more and more participation opportunities arise for people with a disability, and unprecedented media interest is generated, particularly by Special Olympics & Paralympic Games. However, the reality in many EU countries is that the majority of young people with an intellectual disability (ID) still find it hard to access sport (European Commission White Paper on Sport, 2010). They have fewer opportunities for full and equal participation, and limited opportunity to specialize/excel in the activity of their choice. Being active is a public health priority focus by the EU, but having an ID is related to lower general activity rates, and a vulnerability factor for poor health. The aim of the IDEAL project is to address these inequalities through increasing the quality of sport interventions and structures, empowering young people with ID and improving their physical and mental health. Six institutions specialized in ID-research across the EU, promoted this collaborative partnership, and established a network with local and global disability sport organizations. They have common experience, respectively with research on the impact of ID on sport, and delivering sport programmes of certified quality. The IDEAL project seeks to translate what is known about ID in relation to sport (benefits, barriers & facilitators) into concrete suggestion for action. The main objectives are to (1) Assess if the currently existing sport programmes & -structures across the EU meet the needs of all people with ID in society, (2) Set-up joint, evidence-based interventions to improve the quantity and quality of initiatives in 4 focus ID-sport areas: athletics, aquatics, teamsports, & wintersports; focusing on coaches, and athlete role models, and (3) Develop EU standards for high quality ID-interventions and make these guidelines easily and widely accessible through online platforms.

## Belgium

Reference: 590863-EPP-1-2017-1-BE-SPO-SCP

Project Title: Mind the Gap - Enabling athletes to transition into a post sport career of their choice by creating a robust infrastructure of personal and technical support.

Project Acronym: MindGap

	-					
Eligible Bu	ldget (€)	Grant Amount (€)	Co-financing			
237.760	0,00	237.760,00	100,00 %			
Project sta	rt:	1/01/18				
Project end	d:	30/06/20			1 . A.	
Coordinato	or:	FEDERATION INTERNATIONAL FOOTBALLEURS PROFESSIONNEI EUROPE				
		Scorpius 161				
		BE Hoofddorp				
		www.fifpro.org				
Participant						
		TION INTERNATION		LLEURS	Hoofddorp	Belgium
	DEELLA FS MED	FORENINGEN SVE FIRMA	NSKA FOTBOLLSS	PELARE	Kungsbacka	Sweden
PAR J	ALKAPA	LLON PELAAJAYHI	DISTYS RY		Turku	Finland
PAR P	ANCYPE	RIOS SYNDESMOS	PODOSFERIST SC	MATEIO	Nicosia	Cyprus
		NIOS SINDESMOS A			Athens	Greece
		FESSIONAL FOOT LIMITED LBG	BALLERS' ASSOCI	ATION OF	Dublin	Ireland
PAR S	PILLERF	ORENINGEN			KØBENHAVN K	Denmark
PAR S	PORTS	AID TRUST			LONDON	United Kingdom

Number of members of sport organisations involved: 25.000

VRIJE UNIVERSITEIT BRUSSEL

PAR

Kingdom

Belgium

BRUSSEL

# Mind the Gap - Enabling athletes to transition into a post sport career of their choice by creating a robust infrastructure of personal and technical support.

The aim of the Mind The Gap project is to 'close the gap' between the end of the professional sporting career and entering the labour market by enabling a transition into a second career of the professional player in transitions' choice which is as relevant and satisfying for the professional player in transition as possible. To achieve this goal, the specific objectives are :

1. To provide quality research findings on professional players and the support services with regards to dual career and the end-of-sporting-career phases. Based on these research findings, the other objectives are: 2. To create a structural environment at national and European level to support and increase the ability of professional players to adapt to a dual career and life after sport;

3. To create a technological environment that supports the dual and post sport career needs of professional players;

4. To build long-term capacity of support services for dual career and transition needs of professional players.

The 10 partners, all of them with experience in career support research and/or practice, have been selected for their ability to contribute knowledge and experience to the project. The project will, amongst others, establish a) quality research findings; b) dual career development programmes for athletes and career support providers; c) greater Union capacity to assist professional players; d) an online tool to help assist professional players; e) the sharing of best practices. Taking into account the experienced and renowned partnership, the objectives and expected results, the Mind The Gap project will have a high impact both on organisational, national and European level.

# Belgium

 Reference:
 590345-EPP-1-2017-1-BE-SPO-SCP

 Project Title:
 BLUEPRINT FOR SKILLS COOPERATION AND EMPLOYMENT IN ACTIVE

Project Acronym: n/a

LEISURE

Eligible Budget (€)	Grant Amount (€)	Co-financing
379.606,00	379.606,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	EUROPEACTIVE HOUSE OF SPORT F 7	KUNSTLAAN 43
	BE 1040 BRUSSI	EL

Participants			
CON	EUROPEACTIVE	BRUSSEL	Belgium
PAR	AKADEMIA WYCHOWANIA FIZYCZNEGO I SPORTU IM JEDRZEJA SNIADECKIEGO W GDANSKU OLIWIE	Gdańsk	Poland
PAR	EUROPEAN CONFEDERATION OF OUTDOOR EMPLOYERS IVZW	HULDENBERG	Belgium
PAR	EUROPEAN NETWORK OF SPORT EDUCATION	Vienna	Austria
PAR	FUNDACION VIDA ACTIVA Y SALUDABLE	Madrid	Spain
PAR	INTERNATIONAL COUNCIL FOR COACHING EXCELLENCE	LEEDS	United Kingdom
PAR	SPORT IRELAND	DUBLIN	Ireland

#### **BLUEPRINT FOR SKILLS COOPERATION AND EMPLOYMENT IN ACTIVE LEISURE**

The active leisure sector (fitness and outdoor sectors) has intensively worked on its own skills agenda in recent years. It recognises the importance of the need for an implementation plan based on the policy recommendations of the Expert Group on Human Resources Development and EU New Skills Agenda. Accordingly the Blueprint for Skills Cooperation and Employment in Active Leisure project focuses on developing new skills for current and future workers, for improving employability of young people, and supporting entrepreneurship and growth across the sector.

The project brings together leading actors from the sector in a formidable partnership of expertise to implement the project, which includes the priorities of:

- a skills survey to identify current skills gaps and shortages, and to provide foresight into future skills needs,

- an update of existing qualifications for key occupations to meet future skills needs,

- an analysis of the obstacles and recognition of skills and qualifications in active leisure,

- promoting the benefits of the learning experience and gaining of qualifications for developing wider skills for employability – including developing transversal skills,

- to develop an enhanced registration/recognition of the competencies of workers to help improve their mobility,

- establishing an awarding organisation which will oversee the quality assurance of the delivery of qualifications,

- to use the ECVET and ECTS systems to improve qualification recognition,

- recognising the value of informal and non-formal learning and training,

- trialling the new qualifications with national qualification frameworks to improve their recognition and visibility at a European level.

The project will especially reflect on the changing roles of fitness and outdoor workers in developing skills to meet new digital technologies, promoting health-enhancing physical activity (sometimes with other healthcare professionals), and working with special population groups.

# Belgium

**Reference:** 590326-EPP-1-2017-1-BE-SPO-SCP

Project Title: Let's #BEACTIVE

Project Acronym: n/a

Eligible Budget (€)	Grant Amount (€)	Co-financing		
360.947,00	360.947,00	100,00 %	and and	
Project start:	1/01/18			
Project end:	31/12/20			
Coordinator:	EUROPEACTIVE			and the second
	HOUSE OF SPORT 7	KUNSTLAAN 43		
	BE 1040 BRUSS	EL		

Participants				
CON	EUROPEACTIVE	BRUSSEL	Belgium	
PAR	AGAP - ASSOCIAÇAO DE EMPRESAS DE GINASIOS E ACADEMIAS DE PORTUGAL	SINTRA	Portugal	
PAR	ANIF - EUROWELLNESS	ROMA	Italy	
PAR	CESKA KOMORA FITNESS OS	Praha	Czech Republic	
PAR	FUNDACION VIDA ACTIVA Y SALUDABLE	Madrid	Spain	
PAR	IRELAND ACTIVE LEISURE MANAGEMENT COMPANY LIMITED BY GUARANTEE	Dublin	Ireland	
PAR	LITHUANIAN ASSOCIATION OF HEALTH AND FITNESS CLUBS	Vilnius	Lithuania	
PAR	SUOMEN KUNTO- JA TERVEYSLIIKUNTAKESKUSTEN YHDISTYS SKY RY	HELSINKI	Finland	
PAR	UKACTIVE	LONDON	United Kingdom	

#### Let's #BEACTIVE

The need for promoting health-enhancing physical activity in the European Union has been an accepted policy for some time, and was strengthened by the Council Recommendation in 2013. Physical inactivity is the 4th largest a leading risk factor for premature mortality and imposes economic costs of €80.4 billion per year to the EU-28 – the equivalent to 6.2% of all European health- spending.

In the 3 years of the Let's #BEACTIVE project it will target up to 60,000 currently inactive adults aged 18-55 in 8 different EU countries, and through nearly 500 fitness centres. It will be based on specially structured 6-week supervised exercise interventions to help motivate the participants into long-term healthy lifestyles. EuropeActive has successfully delivered on two evidence-based physical activity promotion Erasmus+ actions which gives the context and approach in this project. The skilled personal trainers in the centres will provide additional motivational and behavioural change to support the people taking part. They will then be tracked for at least 6 months after the trial sessions, with their daily activity levels being recorded through their personal smart phones.

The research evidence of what happens to change inactive people to become more active and to adopt a healthy lifestyle will be summarised for use in future policy development and actions.

The establishment of a EU-wide campaign to engage citizens in more physical activity in the long term is part of the promotion of the European Week of Sport message, which is also at the heart of the Let's #BEACTIVE project.

# Bulgaria

Reference: 590548-EPP-1-2017-1-BG-SPO-SSCP

#### Project Title: Building healthy communities, changing opportunities

Project Acronym: BHCO

Eligible Budget (€)	Grant Amount (€)	Co-financing
53.185,00	53.185,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	<b>MUNDUS BULGA</b> Raina Kniaginia 2B	RIA
	BG 6000 Stara Za	agora

Participants			
CON	MUNDUS BULGARIA	Stara Zagora	Bulgaria
PAR	ARGONAFTES	Nicosia	Cyprus
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	ASOCIACION MUNDUS - UN MUNDO A TUS PIES	BADALONA	Spain
PAR	MINE VAGANTI NGO	PERFUGAS	Italy
PAR	REGIONALNE CENTRUM WOLONTARIATU	KIELCE	Poland

#### Building healthy communities, changing opportunities

Sport and physical activity are essential for improving health and well being in society and can play a significant role in initiating community changes while used as tools for educational purposes and for work with young people. Through this project, the consortium of partners aims at proposing concrete measures in view of promoting voluntary activities in sports, together with social inclusion, equal opportunities and raising awareness of the importance of healthy lifestyle through increased participation in sport for all within the involved local communities.

The project will organize several local activities with the aim of undertaking concrete actions that will foster the involvement of youth from the partner countries in the exercise of physical and sport activities. The partnership intends also to stimulate local volunteering by engaging youth through motivating workshops, enabling them to become multipliers of such movement, so as to contribute additionally by engaging others at their turn. The organizations that have committed to the partnership will deliver significant work, demonstrating strong civic involvement within the participating communities, and by acting as role models for inspiring volunteer activities and participation in sports among the local youth.

Through this project, the consortium initiates a cross sectorial collaboration between European entities working in the fields of sport, volunteering and youth and in this way brings an added value to the partnership composition. It intends also to improve the dialogue between those structures, in view of enhancing mutual cooperation. Partners believe that in a long term frame, the implementation of the current project could contribute towards the improvement of sport policies as it will facilitate the exchange and cooperation among their organizations, local institutions and possibly policy-makers in the field so to ensure that the potential of sport to promote social changes is fully realized.

# Bulgaria

**Reference:** 590305-EPP-1-2017-1-BG-SPO-SCP

Project Title: Good governance in sport

Project Acronym: GGS

Eligible Budget (€)	Grant Amount (€)	Co-financing	
390.265,00	390.265,00	100,00 %	
Project start:	1/01/18		
Project end:	30/06/20		
Coordinator:	ASOCIACIA ZA R BULGARSKIASPO		
	MLADOST BL 349 2/	44	
	BG 1712 SOFIA		
	www.bulsport.bg		
Participants			

CON	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	A.D.E.L ASSOCIATION FOR DEVELOPMENT, EDUCATION AND LABOUR	STROPKOV	Slovakia
PAR	AETOI THESSALONIKIS	TRIANDRIA	Greece
PAR	MINE VAGANTI NGO	PERFUGAS	Italy
PAR	REMENYT A GYERMEKEKNEK KOZHASZNU EGYESULET	BUDAPEST	Hungary
PAR	STOWARZYSZENIE INSTYTUT NOWYCH TECHNOLOGII	LODZ	Poland
PAR	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

#### Good governance in sport

As sport is about ambition, emotion and inspiration, initiated by the people for the people, the good governance in the field should be based on the personal convictions of decision-makers for integrity, dedication and fairness as well as on the principles of "fair play", team-work, discipline, equal start and non-discrimination. It is more than visible that the importance of highlighting and promoting good governance as the unique solution of the crisis that sport organizations are suffering and insure European citizens, that the accountability and transparency in sport are high priority. Good governance in sport proposal is aiming to find the way of analyzing, collecting and promoting the needed steps in the proper visibility of the decisions taken, decision making stakeholders, transparency of public funding. We believe that the added value of this project and all project outputs - analysis and report of current condition of accountability and transparency, trainings, educational and dissemination events on the topic of good governance, decision - makers meetings and selflearning path in good governance in sport will contribute to the increasing of people, that trust sport organizations and involve themselves more and more in sport and physical activity. Project outputs will be available for sport organizations at local, national and European level, as well to the educational institutions, local authorities, NGO's, national authorities in their daily work. We will implement various activities on local, national and international level; the analysis that will be implemented during the project will be very useful for all sport organizations in Europe, regardless of their capacity and scope of activities. This proposal identifies and adequately addresses clearly specific needs for bringing a new approach of management and administration in the field of sport on national and European level.

# Bulgaria

Reference: 590657-EPP-1-2017-1-BG-SPO-SSCP

Project Title: Sailing on Three Seas

Project Acronym: S3S

Eligible E	Budget (€)	Grant Amount (€)	Co-financing
81.6	25,00	60.000,00	73,51 %
Project s	tart:	1/01/18	
Project e	end:	31/12/18	
Coordina	ator:	YAHT-KLUB KAP G.GEORGIEV-PO	
		108 Devnya Str.	
		BG 9000 Varna	
		www.yachtclubport	varna.com
Participa	ants		
CON	YAHT-KLU	JB KAP G.GEORGI	EV-PORT VARNA

CON	YAHT-KLUB KAP G.GEORGIEV-PORT VARNA	Varna	Bulgaria
PAR	CLUB DEPORTIVO ACTIVIDADES NAUTICASTENERIFE ALEJANDRO CABRERA	Playa san Juan guia de isora	Spain
PAR	NAYTIKOS OMILOS SYROY	Hermoupolis - Syros	Greece

#### Sailing on Three Seas

Our project "Sailing on Three Seas" (S3S) is aiming at the popularization of the sailing sports as outdoor activity for children and youngsters with different social background and equally accessible for both girls and boys. The project is aiming as well to increase the gualification of the coaches and the competitors, representing different sailing schools and traditions trough exchange of knowledge and good practices. To achieve this, we have established transnational collaborative network between provincial sports Clubs, developing marine sports and operating in very different conditions regarding environment, traditions, local policies in the field, climate, etc. We will create liaisons across the European continent which have no other chance to meet and learn from each other. With the help of the current project we expect to grow and strengthen partners cooperation. All partners will host equal number of activities supported by volunteers. The project design foresees 4 training camps for sailing classes for children and youngsters which will include theory, English language, sailing practice, study regattas in different venues (inland Sea sailing and Island sailing - sea and ocean), one measurement clinic for Judges, providing skills and competences needed for organizing and hosting international sport events, according to new requirements of the World Sailing. The standards and the conditions in the clubs and organizations will be compared and equaled. Organizations without European project working experience will acquire skills in this field of European cooperation, financing, management and networking and will become flagman of these practices in their regions. The project will insure the mobility of the participants and help them pass the acquired skills, knowledge and standards to the next generations. The Open days, advertising and media campaigns, facilitated by volunteers will result in promoting to a wider public the sailing as a sport.

## Bulgaria

Reference: 590457-EPP-1-2017-1-BG-SPO-SCP

Project Title: SMART SPORT

Project Acronym: SMART S

Eligible I	Budget (€)	Grant Amount (€)	Co-financing	
399.8	844,00	399.844,00	100,00 %	
Project s	start:	1/01/18		
Project e	end:	31/12/19		
Coordinator:		BULGARSKI OLIN KOMITET	ULGARSKI OLIMPIYSKI OMITET	
		Angel Kunchev 4		
		BG 1000 Sofia		
		www.bgolympic.org		
Participa	ante			
CON		SKI OLIMPIYSKI KON	<b>/</b> ITET	
PAR	EUSA INS	TITUTE		
PAR	MAKEDO	NSKI OLIMPISKI KO	MITET SKOPJE	

PAROTTO-VON-GUERICKE-UNIVERSITAET MAGDEBURGMAGDEBURGGermanyPARUNIVERSITAT WIENWIENAustria

#### SMART SPORT

SMART SPORT supports the implementation of EU Guidelines on Dual Careers (DC) of athletes by setting up a transnational network of stakeholders who will elaborate, implement and test an Innovative Dual Career Program (DCP) as a new educational and training opportunity for athletes and coaches. SMART SPORT will strengthen cooperation between educational institutions and sport organizations at EU level while meeting the hard challenge athletes face today in having to combine education with sports training. Despite the hard efforts of the EC in promoting its policies on DC of athletes only in a few Member States the EU Guidelines on DC (2012) are well implemented. SMART SPORT will contribute to supporting their further implementation and development allowing for flexible online education for talented students - athletes in Project Partner Countries (PPC). The project targets university students-athletes, coaches and sport professionals from each PPC. Modern technologies change the way in which society operates and have a huge impact on the development of sport by giving it a whole new perspective to focus on. The project Innovative DCP will consist of three online educational modules elaborated by project experts in sport technology. The didactic content will be oriented towards a tech-enabled learning and training to facilitate prospective program participants in acquiring new, more advanced and effective skills. SMART SPORT addresses the priority of the Erasmus+ SPORT Program "to promote and support good governance in sport and dual careers of athletes". SMART SPORT will help to improve the competence of university athletes and coaches through education in and through sport, increase the awareness of major stakeholders in sports and education about DC of athletes and elaborate new state of the art DC paths for EU athletes. The project will have a EU added value as it contributes to further developing a common curriculum of educational programs for EU athletes in DC.

## Bulgaria

Reference: 590698-EPP-1-2017-1-BG-SPO-SSCP

Project Title: Sportupps: sport-based entrepreneurship and startupps

Project Acronym: SSBES



i anticipanto						
CON	SDRUZHENIE SPORTEN KLUB IKKEN	Sofia	Bulgaria			
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA EURO KICKBOXING	Chioggia	Italy			
PAR	STICHTING VECHTSPORTORGANISATIE NEDERLAND	AMSTEVEEN	Netherlands			

#### Sportupps: sport-based entrepreneurship and startupps

The project "Sportups: sport-based entrepreneurship and startups" is a small collaborative partnership that allows a group of three organization from Bulgaria, Italy and Ireland to collaborate in the establishment of a transnational consortium aiming to create, test and implement an innovative training module combining sport trainings with entrepreneurial education and skill acquisition for the successful startups in the sport sector. In this context, the specific objectives of the project are the following:

 Obtain more objective data on sport entrepreneurship and sport-based startups in the three countries to identify good practices applied at European level to be transferred in the countries of the consortium.
 Create an innovative training module combining sport training and entrepreneurial education.

- Pilot this new module and test its implementation

- Disseminate, extend, transfer and sustain the use of the new module and tools developed.

The Sportups project takes account and combines some of the best practices in the field of sport entrepreneurship and will complement and to enrich the European policies directed to the development of the societal and economical dimension of sport by bringing innovative approaches for promoting dual career pathways.

## Bulgaria

Reference: 590416-EPP-1-2017-1-BG-SPO-SCP

Project Title: SPORTS TRAINING FOR ALL

Project Acronym: ST4ALL

Eligible Budget (€)	Grant Amount (€)	Co-financing
355.643,00	355.643,00	100,00 %
Project start:	1/01/18	
-		
Project end:	30/06/20	
Coordinator:	PLOVDIVSKI UNIV PAISIY HILENDAF	-
	24 TZAR ASEN	
	BG 4000 PLOVD	IV
	www.uni-plovdiv.bg	1

#### Participants

i antioipa			
CON	PLOVDIVSKI UNIVERSITET PAISIY HILENDARSKI	PLOVDIV	Bulgaria
PAR	EUROPEAN PLATFORM FOR SPORTS AND INNOVATION	Brussels	Belgium
PAR	INONU UNIVERSITESI	Malatya	Turkey
PAR	RIJEKA SPORTS ASSOCIATION FOR PERSONS WITH DISABILITIES	RIJEKA	Croatia
PAR	SDRUZENIJE NA NA RABOTESHTITE S HORA S UVREZHDANIYA	PLOVDIV	Bulgaria
PAR	SU PAISIY HILENDARSKI	PLOVDIV	Bulgaria
PAR	VIENNA ASSOCIATION OF EDUCATION VOLUNTEERS	Wien	Austria
PAR	WERKGROEP INCLUSIEVE TOEGANKELIJKHEID	Poperinge	Belgium

#### SPORTS TRAINING FOR ALL

Growing number of students with disabilities are being included in general education & participate in youth organisations as well, resulting in more & more physical education teachers/trainers being faced with the reality of teaching these youth together with the rest of the children, without having the necessary knowledge how to organise inclusive sports activities. This is at the core of ST4ALL project.

For youth with disabilities integrated sports activities can by a key to community participation. Yet most of the organized sports activities by youth organisations & schools are segregated services or are provided for groups of people who enter community settings but who, as individuals, never become integrated into these settings. Sports participation helps develop a healthy self-concept, builds confidence, & improves the overall quality of life. Sports also provide youth with disabilities with valuable social interactions.

ST4ALL aims to enhance the training skills of sports trainers when working with youth with a spectrum of disabilities. Attention to both physical & psychological aspects of their involvement in sport activities & their therapeutic aspects will be explored. A core aspect will be to accommodate sports training to grassroot sports that support the development, both physically & behaviorally.

During a 30-months duration ST4ALL will develop:

- training courses for sports trainers (aligned with ECVET principles) that focus on grassroots sport activities in SE/inclusive schools/sports & youth organisations (train the trainer) & that will be evaluated/fine-tuned (multilingual) through pilots in partner countries, & useable (read: customised) for a variety of disabilities (a "one for all approach" will not work);

- a multilingual mobile app integrated through online informative community portal for trainers/teachers;

- validate & approbate outcomes in BG, BE, TR, CR & AT with public & private organisations involved in sports & youth.

## Bulgaria

**Reference:** 590727-EPP-1-2017-1-BG-SPO-SCP

Project Title: Skills development in and ThRough snooker

Project Acronym: STROKE

Eligible Bu	dget (€)	Grant Amount (€)	Co-financing			
334.505	5,00	334.505,00	100,00 %			
Project sta	rt:	1/01/18			*	
Project end	l:	31/12/19			1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
Coordinato	or:	SDRUZHENIE BA SNUKAR FEDER				
		186 Slivnitsa Bouleva	ard, Office 1			
		BG 1000 Sofia			-	
		www.bsf.bgsnooke	r.com			
Participant	S					
CON S	DRUZHE	ENIE BALGARSKA S	NUKAR FEDERATS	IYA	Sofia	Bulgaria
PAR C	ONVITT	O NAZIONALE CAN	OPOLENO SASSAR	I	Sassari	Italy
PAR E	UROPE	AN BILLIARDS & SN	IOOKER ASSOCIATI	ON LTD	Blyth	United Kingdor
IN	ISTITUT	O VAZ SERRA SO	CIEDADE DE ENSIN	n	Cernache do	

PAR	INSTITUTO VAZ SERRA, SOCIEDADE DE ENSINO, CULTURA E RECREIO SA	Cernache do Bonjardim	Portugal
PAR	KREFJANDI FELAG UM RANNSOKNA OG NYSKOPUNARSAMSTARF	GARDABAE	Iceland
PAR	SOFIA HIGH SCHOOL OF MATHEMATICS PAISY HILENDARSKI	Sofia	Bulgaria

#### Skills development in and ThRough snooker

STROKE aims at developing innovative training program – Innovative snooker (IS) - for providing educational support to students and students – athletes in formal and in-formal learning environment. In this regard, project will establish a sustainable transnational cross-sectoral network of sport and educational institutions across Europe that will create interdisciplinary school curriculum aimed at building sports related skills along with the skills developed in key school subjects. Thus project will promote values of education in and through sports by encouraging the integration of snooker in the curricula of traditional school subjects – maths, physics and digital skills. The aim is to increase the employability of students by creating a tool for development of constructive skills and competences relevant and applicable to the labor market.

In addition, STROKE addresses the objective of the Erasmus+ SPORT Program "to promote and support good governance in sport and dual careers of athletes". The IS program will be designed to promote and support dual careers pathways of young snooker athletes by providing them opportunity to receive qualitative education in line with their sports training. This will support the efforts needed to keep talented young people in sports and educational systems and make them aware of the benefits of dual careers.

The partnership brings together six institutions and organizations active in the field of sport and education at local, regional and EU level that will make a program applicable to wide range of educational challenges and needs. This will allow the snooker clubs to deliver it to the athletes and thus provide them educational services in addition to the training. It will help to improve the competence of high school students - athletes and coaches, increase the awareness of major stakeholders in sports and education about dual careers of athletes and elaborate new state of the art dual career path for athletes and coaches.

# Bulgaria

Reference: 590752-EPP-1-2017-1-BG-SPO-SSCP

Project Title: Teaming up for growing up

Project Acronym: TUGU

Eligible Budget (€)	Grant Amount (€)	Co-financing
60.300,00	60.000,00	99,50 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:		NTON CLUB
	ISKARSKO SHOSE CENTER EUROPE E	
	BG 1528 SOFIA	

Participants						
CON	VICTORY BADMINTON CLUB	SOFIA	Bulgaria			
PAR	CLUBUL SPORTIV PREVENTIS LOCALITATEA IASI JUDETUL IASI	iasi	Romania			
PAR	OMILOS ANTISFAIRISIS GALINIS ORAIOKASTROU	THESSALONIKI	Greece			

#### Teaming up for growing up

The project is a combination of good practices between three clubs united in the field of badminton. A network partnership established with the intention of supporting the youth sector in national and trans national context. Deliberate efforts are put into modelling a methodology that can assist people from all stages of life into improving their skills, qualifications and possibilities for development on the basis of a sport game.

Reference: 590697-EPP-1-2017-1-HR-SPO-SSCP

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Project Title: Kayaking health benefits- active childhood

Project Acronym:

Eligible I	Budget (€)	Grant Amount (€)	Co-financing
59.8	300,00	47.840,00	80,00 %
Project s	start:	1/01/18	
Project e	end:	30/06/19	
Coordina	ator:	KAJAKASKI SAVI	EZ ZAGREBA
		Savska cesta 193	
		HR 10000 Zagreb	)
		www.kajak-zg.com	
Participa	ants		
CON	KAJAKAS	KI SAVEZ ZAGREBA	4
PAR	KAJAKAR	SKA FEDERACIJA N	NA MAKEDONIJA
PAR	KAJAKAS	KA ZVEZ SLOVENIJ	E

#### Kayaking health benefits- active childhood

The project objective is to promote voluntary activities in sport, together with social inclusion, equal opportunities and awareness of the importance of health-enhancing physical activity. The applicant Zagreb Canoe Association with partners from Slovenia and Macedonia will work on the unique kayak school program. The project team will focus on activities connected with the camps organization where initial, transitive and final measurement of subcutaneous fat tissue in children will be done. When the organizations get the results from measurements, they will prepare the Manual for kinesiology experts thus ensuring the sustainability of this Action. The project goal is to include more children in sport and to popularize kayaking among children. With all planned activities, the project team will raise awareness about the benefits of physical activity and will motivate children to do sports. Children will be healthier and will have a chance to socialize and make new experiences. There will be 3 camps organized in Zagreb and the partners from Slovenia and Macedonia will take children from their clubs to participate on the camps. The Applicant also included one partner country- Bosnia and Herzegovina that will also participate in the activities connected with the above mentioned measurements. It is important to include more children and to get relevant results at the end. The psychologist will conduct survey questionnaire which will be important for the development of the Manual for kinesiology experts. The cooperation between partners is very important on this project and with the exchange of experiences, all stakeholders will benefit from the development of the unique kayak school program. In this way, all participants will have chance to suggest new ideas and to implement them in practice, first during the organized camps and later in their everyday work.

Reference: 590655-EPP-1-2017-1-HR-SPO-SSCP

Project Title: Aurora - Sport. School. Life.

Project Acronym: Aurora

Eligible	Budget (€)	Grant Amount (€)	Co-financing		1947 1947	5
61.2	275,00	60.000,00	97,92 %			
Project	start:	1/01/18				
Project	end:	31/12/19				
Coordin	nator:	RONILACKI KLUE ZAGREB	В КОМЕТ			
		ulica grada Chicaga	28			
		HR 10000 Zagre	b			
		www.FinswimminG	eronimo.com			
Particip	ants					
CON	RONILAC	KI KLUB KOMET ZA	GREB		Zagreb	Croatia
PAR		TEAM BOLOGNA A	SSOCIAZIONE SP	ORTIVA	Bologna	Italy

PAR	DILETTANTISTICA	Bologna	Italy
PAR	SHARKS CLUB	Sollentuna	Sweden
PAR	I RIA II ON KI LIB VELIKA GORICA	VELIKA GORICA	Croatia

#### Aurora - Sport. School. Life.

The project "Aurora - Sport. School. Life." aims to develop and promote a strong culture and ethics based on principles of good governance, and to implement those principles in everyday functioning of sport clubs in Europe. The project focuses on education of athletes in the fields of nutrition, training and management. The project adopts a bottom-up concept in designing the learning process, and a learning-by-doing teaching approach. This innovative aspect translates into 3 main elements: localized introductory workshops, e-learning sessions as a core education activity and a traineeship in a sport organisation. Four sport clubs will take part in Aurora, each of them brings into the project either a success story, a rich history and experience or the sheer enthusiasm of grassroots. There is a strong demand for this kind of projects with small not-professional clubs, due to basic lack of skills among clubs' managers who are usually volunteers without any professional background. The target groups are athletes and other club members, and indirectly other interested sport bodies.

The project objectives include education of athletes and sport club members, development of their skills and knowledge in areas critical for sustainable development of sport clubs. Second objective is promotion of the concept and practices of good governance in sports in Europe, and the third is development of a stronger cooperation among related European sport clubs, in order to support the institutionalized exchange of experiences and knowledge.

At the end of the project, the participants will be able to manage a sport club independently and replicate the results in any future situation. Additionally, the project will produce a web platform that will make available all elearning material, applications, documents and solutions for routine tasks of a non-professional sport club. Aurora is the name of the project, as it recalls the dawn. The dawn of a new culture in sport, school, life.

 Reference:
 590838-EPP-1-2017-1-HR-SPO-SSCP

 Project Title:
 Beyond2 - Examining spectrum of Masculinity-Femininity / Hetero-Homo normativity in inclusive competitive practices and accessible spaces of Aquatic sports and Dance Beyond2

 Project Acronym:
 Beyond2

Eligible Budget	(€) Grant Amount (€)	Co-financing
62.500,00	60.000,00	96,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	DRUSTVO ZA PR QUEER KULTURE SPORT I REKREA	KROZ
	Hektorovićeva 29	
	HR 21000 Split	
	www.qss.hr	
Participants		
('()NI	TVO ZA PROMICANJE T I REKREACIJU	QUEER KULTURE

CON	SPORT I REKREACIJU	Split	Croatia
PAR	LEADERSHIP, EQUALITY AND ACTIVE PARTICIPATION (LEAP) IN SPORTS SCOTLAND	GLASGOW	United Kingdom
PAR	L'ENTORSE	Lille	France
PAR	SEITENWECHSEL - SPORTVEREIN FUR FRAUENLESBENTRANS INTER UND MADCHEN EV	Berlin	Germany
PAR	SPORTNO DRUSTVO OUT IN SLOVENIJA	Ljubljana	Slovenia

#### Beyond2 - Examining spectrum of Masculinity-Femininity / Hetero-Homo normativity in inclusive competitive practices and accessible spaces of Aquatic sports and Dance

Project examines norms and regulations of sports that project a highly limiting binary segregation of male/ female sports, assumes masculine/feminine characteristics and then often projects hetero-normative constructs - like mixed pair duos/pairs as elementary teams. Access to those who identify or act outside of these systems are hard or sometimes non-existent altogether in mainstream sport.

With grassroot LGBTIQ+ community sport competitions and environments there are opportunities to co-own, experiment and develop new more participatory and inclusive relations to sport, based on self-identification, self-regulation, as well as on setups for safe and supportive space. By looking at intersections of discriminations in mainstream sport (that includes also class, age, ability, body type and more) and potential of breaking down the prevailing binary logic - we hope to point to wider spectra of options to achieve more diverse and inclusive sport environments.

Project will collect experiences from exceptional pioneering practices across different contexts in Europe and try to forge an alliance of sport practitioners, organizers and academic researchers to come up with set of recommendations for the inclusive aquatic sport events and environments, that should be prototyped and tested in: Zagreb and Split/Croatia, Glasgow/UK, Paris/France, Ljubljana/Slovenia.

An online multimedia resource will summarize these experiences and support knowledge transfer and dissemination in live events (seminar, workshops or competitions) for diverse and inclusive sport. Partners have various memberships and diverse socio-economic conditions with cultural-histories that influence if and how grass-root sport communities can emerge and sustain their work. Most partners have swimming sections and attend competitions, while some have exceptionally experiences and capacities in other sports. Most identify as LGBTIQ community organisations with strong focus on diversity and inclusion.

Reference: 590816-EPP-1-2017-1-HR-SPO-SCP

Project Title: New training Program: "Building solid and healthy FUNdamentals for volleyBALL in early age (6-9) group"

Project Acronym: FUNBALL



. articipa			
CON	ZAGREBACKI ODBOJKASKI SAVEZ	Zagreb	Croatia
PAR	AVIGNON VOLLEY BALL	AVIGNON	France
PAR	HRVATSKI AKADEMSKI ODBOJKASKI KLUB MLADOST	ZAGREB	Croatia
PAR	ODBOJKARSKO DRUSTVO SEMPETER	Sempeter	Slovenia
PAR	SCUOLA DI PALLAVOLO ANDERLINI SOCIETA COOPERATIVA SOCIALE SPORTIVA DILETTANTISTICA	SASSUOLO (MO)	Italy
PAR	SVEUCILISTE U ZAGREBU KINEZIOLOSKIFAKULTET	ZAGREB	Croatia
PAR	VOLEJBALOVY KLUB EKONOM SLOVENSKEJ POL'NOHOSPODARSKEJ UNIVERZITY V NITRE	Nitra	Slovakia

# New training Program: "Building solid and healthy FUNdamentals for volleyBALL in early age (6-9) group"

The FUNBALL project will address the void of adequate non-specialized program for youngest population (early age (6-9) group) that encompasses volleyball fundamentals in so called "Organized sport sector" in Croatia. Italy, France, Slovenia and the Slovakia. The problem has been identified through research of scientific articles and experience exchange. The main objective of the project is to encourage children's participation in sport and physical activity with focus on affirmation of volleyball within as large as possible group of children; to develop fundamental movement and improvement of general motor skills, and to promote and raise children's awareness of the benefits and importance of daily physical exercise in current, but also for future, healthy and productive life. In order to achieve this objective the project will develop an innovative fundamental training program with basic volleyball elements that will cover the needs of youngest population (early age (6-9) group) (1) and develop and publish OER materials (TtT Handbook and multimedia content catalogue) (2) that will explain new training program, provide guidelines for conducting program and secure sustainability of project results in terms of wide dissemination and usage of project results among volleyball and all other young population's coaches. To deliver these the project partners will: conduct a research on sport's programs (for age 6-9 adequate) that encompass volleyball fundamentals, develop two subprograms (one for age 6-7 group and one for age 8-9 group), develop OER materials (TtT Handbook and multimedia content catalogue), conduct a research on effectiveness of FUNBALL program in age 6-9 on building a solid and healthy sports and volleyball fundamentals and finally organize a Multiplier Sport Events and disseminate FUNBALL project results and intellectual outputs in Croatia, Italy, France, Slovenia and the Slovakia.

Reference: 590636-EPP-1-2017-1-HR-SPO-SSCP

Project Title: Healthy European and Physically Active Kid

Project Acronym: HEPAKid

Eligible I	Budget (€)	Grant Amount (€)	Co-financing	
28.9	00,00	28.900,00	100,00 %	
Project s	start:	1/01/18		
Project e	end:	31/12/18		
Coordina	ator:	DRUSTVO SPORT REKREACIJE SUI	-	
		Glogovecka 36		
		HR 10000 Zagre	b	
		http://www.superkic	l.hr/	
Participa	ants			
CON		) SPORTSKE REKR	EACIJE SUPERK	I
PAR	CENTRO	UNIVERSITARIO SF	PORTIVO PALERI	/
PAR	NA SLUN	CIZS		

#### Healthy European and Physically Active Kid

The EU PA Guidelines recommends that the development of motor skills should be emphasised in early age groups.

The vision of the project is to enhance HEPA for preschool children in Europe by 2020.

HEPAKid is a project that aims to address the Erasmus+ Sport objective to "support the mobility of managers and staff of non-profit sport organisations" especially by "supporting the implementation of EU PA Guidelines." The project's overall objective is to raise awareness about the importance of HEPA for preschool children (3-7 years).

The specific objectives are:

1. To establish a long-term network for promotion and implementation of HEPA for preschool children

- 2. To develop, implement and exchange good practices for HEPA for preschool children
- 3. To enable innovative synergy with national focal points for EU Physical Activity Guidelines
- 4. To successfully manage the project (horizontal/management objective)

The consortium that will implement the project is consisted of 3 local sport organisations: SUPERKID - School of Sport, The University Sports Centre of Palermo – CUS Palermo, Na Slunci, z.s

SUPERKID - School of Sport as a lead in this project has support for implementing this project from Faculty of Kinesiology University of Zagreb, Central State Office for Sport, Education and Teacher Training Agency and Decathlon – international retail for sporting goods.

The main target group are preschool children, mainly from 3 to 7 years while other target groups are Family of preschool children, Project partners, Policymakers and Key stakeholders with a special attention to national focal point for EU PA Guidelines.

The main deliverables are: Partnerships with a) partner countries/organisations, and b) with national focal points for EU PA Guidelines; Three transnational meetings and an evaluation report; Good Practices Guidelines on HEPA for preschool children (age 3-7) based on the implemented HEPAKid programme; Dissemination plan – project's website.

Reference: 590449-EPP-1-2017-1-HR-SPO-SCP

Project Title: Investments in Sport

Project Acronym: iSport

Eligible Budget (€)	Grant Amount (€)	Co-financing
331.480,00	331.480,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	HRVATSKI OLIMF	PIJSKI ODBOR
	Trg Kresimira Cosica	11
	HR 10000 Zagrel	b
	www.hoo.hr	
Participante		

Participa	กธร		
CON	HRVATSKI OLIMPIJSKI ODBOR	Zagreb	Croatia
PAR	COMITE OLIMPICO DE PORTUGAL	LISBOA	Portugal
PAR	CYPRUS SPORT ORGANISATION	LEFKOSIA	Cyprus
PAR	DRZAVNI ZAVOD ZA STATISTIKU	Zagreb	Croatia
PAR	INSTITUTO PORTUGUES DO DESPORTO E JUVENTUDE I.P.	LISBOA	Portugal
PAR	MINISTERE DES SPORTS (SP)	LUXEMBOURG	Luxembourg
PAR	MYKOLO ROMERIO UNIVERSITETAS	VILNIUS	Lithuania
PAR	SHEFFIELD HALLAM UNIVERSITY	SHEFFIELD	United Kingdom
PAR	SPORTSECONAUSTRIA INSTITUT FUR SPORTOKONOMIE	Wien	Austria
PAR	SVEUCILISTE U SPLITU KINEZIOLOSKI FAKULTET	SPLIT	Croatia

#### **Investments in Sport**

The project is going to contribute to the overall goals of the Europe 2020 Strategy by promoting the principles of good governance in policy formulation on all levels in order to increase the quality of policies and to promote making of decisions about investments in sport based on the evidence of the potential of sport to tackle societal and economic challenges which requires a better understanding of the role of sport as a driver for economic growth and employment.

The consortium is going to collect a variety of data that can contribute to policy formulation. Through crosssectoral cooperation between academics, researchers, the sport movement and public authorities, the consortium is going to work on developing guidelines on investments in sport and recommendations to policymakers in order to improve the level of knowledge on investments in sport and to promote a wider understanding of the crucial role of sport as a driver for growth and employment in the context of national and regional policy-making as well as of the Europe 2020 Strategy.

National conferences in participating countries will open the dialogue with key stakeholders which will continue during the transnational conference at the end of the project. Views and opinions of key stakeholders will be heard during the discussions about the guidelines on investments in sport and taken into consideration when developing the recommendations to policy-makers.

Reference: 590608-EPP-1-2017-1-HR-SPO-SSCP

Project Title: Mobility of Staff

Project Acronym: MOST

Eligible Budget (€)	Grant Amount (€)	Co-financing
43.370,00	43.370,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:	ZAJEDNICA SPO UDRUGA GRADA RIJECKI SPORTS	RIJEKE
	VERDIJEVA 11 III	
	HR 51000 RIJEK	ζA

Participa	ants		
CON	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden

#### **Mobility of Staff**

The aim is to encourage the cooperation between the administrative sports bodies at the national and local levels. Additionally educate staffs who perform duties of administrational representatives of sports clubs and associations. Fight for the jobs on a training position "administrator in sports" that belong to competent people with the experience in the sport.

This project aims to encourage the administrative staff of sports organizations in a proactive way. Administrative staff in sports organizations is not only the "administrator", it is much more than that. With the project activities and exchange of the experiences administrative staff will be additionally educated on how to connect the sport with the other industries (e.g. tourism) which may bring the additional benefit to the sport, how to develop marketing activities, what opportunities are provided by the EU through co-financing of various programmes (especially related to the Erasmus + Sport Programme). Special emphasis will be on the education on how to connect the administrative staff with the scientists dealing with the problem of sport. A typical example is a whole range of undergraduate, graduate and doctoral dissertations dealing with different issues in sport, but that remain unused after the scientist published work or dissertation.

PAR

PAR

**Reference:** 590699-EPP-1-2017-1-HR-SPO-SSCP

Project Title: Promoting Active Engagement in Sports

Project Acronym: PACES

Eliaible	Budaet (€)	Grant Amount (€)	Co-financing
	320,00	48.820,00	100,00 %
Project s	start:	1/01/18	
Project e	end:	30/06/19	
Coordina	ator:	HRVATSKI KARA	TE SAVEZ
		Trg Kresimira Cosica	11
		HR 10000 ZAGR	EB
		www.karate.hr	
Participa	ants		
CON	HRVATSK	I KARATE SAVEZ	
PAR	KARATE F	FEDERACIJA NA MA	KEDONIJA SKO
PAR	KARATE F	EDERACIJA SRBIJ	E

Virovitica

Trbovlje

Croatia

Slovenia

Number of members of sport organisations involved: 20

KARATE KLUB VIROVITICA

KARATE ZVEZA SLOVENIJE

#### **Promoting Active Engagement in Sports**

The Promoting Active Engagement in Sports (PACES) project's goal is to contribute in promoting physical activities attractive to everyone and from different social groups. Partners in this project are focused on introducing the traditional karate as a method of exercise with positive health effects to older adults 55+. Traditional karate is a sport activity that can be safely enjoyed by people of all ages as it enables development of transversal skills, such as: patience, balance, coordination, strength, mobility, self-esteem, body protection, and ensures overall physical development. The project objectives are to: a) increase capacities and cooperation among partners and foster synergies; b) raise awareness about positive impact of karate on health; c) develop tools for assessment and support inclusion into karate of older adults. The project partnership consists of five (5) national and international partners that are thematically related and are renown stakeholders in their respective countries.

Reference: 590868-EPP-1-2017-1-HR-SPO-SCP

Project Title: Project for Academy of Sport Support

Project Acronym: PASPORT

Eligible Budget (€)	Grant Amount (€)	Co-financing
358.495,00	358.495,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/20	
Coordinator:	ZAJEDNICA SPOI UDRUGA GRADA RIJECKI SPORTS	RIJEKE
	VERDIJEVA 11 III	
	HR 51000 RIJEK	Ά.

Participants					
CON	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia		
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria		
PAR	FH JOANNEUM GESELLSCHAFT MBH	GRAZ	Austria		
PAR	MINE VAGANTI NGO	PERFUGAS	Italy		
PAR	SPORTNA ZVEZA AJDOVSCINA	AJDOVŠČINA	Slovenia		
PAR	VISOKA POSLOVNA SKOLA PAR	Rijeka	Croatia		

Project for Academy of Sport Support

Dual careers of athletes.

Reference: 590628-EPP-1-2017-1-HR-SPO-SSCP

Project Title: Safe in Sport

Project Acronym: SIS

Grant Amount (€)	Co-financing
46.325,00	100,00 %
1/01/18	
31/12/18	
ZAJEDNICA SPO UDRUGA GRADA RIJECKI SPORTS	RIJEKE
VERDIJEVA 11 III	
HR 51000 RIJEK	(A
	1/01/18 31/12/18 ZAJEDNICA SPOI UDRUGA GRADA RIJECKI SPORTS VERDIJEVA 11 III

Participants					
CON	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia		
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria		
PAR	KARASU GENCLIK, SANAT VE SPOR KULUBU DERNEGI	Karasu	Turkey		

#### Safe in Sport

Protection of integrity of young sports people, young athletes involved in elite sports may put at risk their health because of increasing pressure to achieve results even at the lowest levels of competitions. Increased requirements of the training process in order to achieve better results carry a risk of disorders of vital functions in the body. Ignorance of the basic principles of the training process - the frequency, intensity and duration, combined with inadequate preparedness of athletes and their objective possibilities cause greater number of pathophysiological changes in the body.

The objective of the project is to point out the biological age as an important determinant of motor achievements of children in the age range 10-16 years. In addition, we want to contribute to a better understanding of the ways in which plyometric training changes jumping and sprinting performance in children of different biological age. The selection of children or young athletes based on biological age contributes to the overall sports development, within which the care about health and prevention of injury of young people plays an important role. For this reason, and the fact that at the present time young talented athletes face increasing demands not only for achieving top results, but also for the realization of this goal in the shortest possible time, constant education of sports and sports health professionals is crucial.

Reference: 590782-EPP-1-2017-1-HR-SPO-SSCP

Project Title: #WushuElixir

Project Acronym: #Wushu

Eligible	Budget (€)	Grant Amount (€)	Co-financing
66.4	185,00	60.000,00	90,25 %
Project s	start:	1/01/18	
Project e	end:	31/12/19	
Coordin	ator:	<b>UDRUGA SPAJAL</b> Rudera Boskovica 27	
		HR 21000 Split	
		http://udruga-spajal	ica.eu/
Participa	ants		
CON		SPAJALICA	
PAR	AEQD - A	SOCIACION ESPAN	OLA DE QIGONG

PAR	AEQD - ASOCIACION ESPANOLA DE QIGONG DEPORTIVO	Azuqueca de Henares	Spain
PAR	HRVATSKI WUSHU SAVEZ	zagreb	Croatia
PAR	VLAAMS WUSHU INSTITUUT	Dendermonde	Belgium
PAR	ZVEZA WUSHU-TAIJIQUAN SLOVENIJE	Ljubljana	Slovenia

#### #WushuElixir

Main goal of the project #WushuElixir is to ensure participation in sport and physical activity of elderly people and people with disabilities, including people with conditions such as diabetes. Parkinson's disease, arthritis, multiple sclerosis and cancer. According to various studies and researches, Wushu sport and its disciplines proved as being useful in treating a number of human ailments, which inspired the idea for development of project based on collaborative partnership of organisations across Europe. One of the most suitable disciplines of Wushu for the implementation of the project goal is Taichi. Although originally developed (and still practiced) as a martial arts system. Taichi has been used to keep fit and prevent and cure diseases amongst the Chinese people since the 16th century. Taichi is proven to reduce stress, increase muscle strength, lower blood pressure and improve general fitness, thus minimizing the complications of diabetes and benefiting various conditions, including arthritis, cancer and Parkinson's disease. The trainings are based on non-impact exercises that are good for people of all ages and those with disabilities. They are easy on the joints and can be done standing, sitting or lying down. Project consists of development of pilot programme and motivational activities in associations related to target groups (elderly people, people with related medical conditions), implementation of the programme, monitoring and evaluation of the project activities and dissemination of project results. Study on physical condition of the attendees will be conducted by Expert for Physical condition based on information before, during and after implementation of the project. Project partners will attend 5 transnational transnational meetings (3 in Zagreb, 1 in Spain, 1 in Belgium) during which they will conduct various project related activities.

# Cyprus

 Reference:
 590680-EPP-1-2017-1-CY-SPO-SCP

Project Title: Good Governance enhancement through e-Learning for Sport Volunteer Board Members

Project Acronym: GReFORM

Eligible Budget (€)	Grant Amount (€)	Co-financing
419.128,00	400.000,00	95,44 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	CYPRUS SPORT ORGANISATION	
	MAKARIO ATHLETIO AVENUE	CENTRE
	CY 2400 LEFKO	SIA
	www.cyprussports.	org

# Participants

raiticipa	Participants						
CON	CYPRUS SPORT ORGANISATION	LEFKOSIA	Cyprus				
PAR	CENTER FOR ENTREPRENEURIAL DEVELOPMENT, ALLIANCE AND RESEARCH (CEDAR)LTD	Aradippou	Cyprus				
PAR	CENTRO UNIVERSITARIO SPORTIVO PALERMO	PALERMO	Italy				
PAR	EUROPEAN ASSOCIATION FOR SPORT MANAGEMENT	GRONINGEN	Netherlands				
PAR	EUROPEAN OBSERVATOIRE OF SPORT AND EMPLOYMENT	LYON	France				
PAR	FEDERAZIONE ITALIANA GIUOCO HANDBALL	Roma	Italy				
PAR	KATHOLIEKE UNIVERSITEIT LEUVEN	LEUVEN	Belgium				
PAR	KIPRIAKI ETHNIKI OLYMPIAKI EPITROPI	NICOSIA	Cyprus				
PAR	LIETUVOS SPORTO FEDERACIJU SAJUNGA	VILNIUS	Lithuania				
PAR	MYKOLO ROMERIO UNIVERSITETAS	VILNIUS	Lithuania				
PAR	PANEPISTIMIO PATRON	<b>RIO PATRAS</b>	Greece				
PAR	UNIVERSITA DEGLI STUDI DI PALERMO	PALERMO	Italy				

# Good Governance enhancement through e-Learning for Sport Volunteer Board Members

"Good Governance enhancement through e-Learning for Sport Volunteer Board Members (GReFORM)" aims to increase the capabilities and knowledge of volunteer Board Members in sport organisations by providing online and research-informed education on Good Governance in sport.

The development of an online learning electronic portal will allow board members of sports organisations, especially Volunteer -in their own time- to follow a series of educational modules on Good Governance principles. By providing up-to-date, research-informed and quality oriented educational support to Volunteer Board Members, the good governance of sport organisation will be strengthened. Specific objectives:

• Support, promote and implement important political actions derived from European Sport Policies supporting Good Governance in sport. Dissemination and implementation of the Principles of Good Governance in Sport especially those drafted by the EU Expert Group on Good Governance in sport, through the education especially of Volunteers in sport governing with an online tool.

• Build-on the related outcomes and utilization of knowledge gained from the preparatory actions in the field of sport granted by the EC on Promoting Volunteering in Sport (2009) and Good Governance in Sport (2011 & 2013) as well as from the Erasmus + projects in the field of sport from 2014 – 2016.

• Build on the outputs of the implementation of the two Council Resolutions on EU Work Plans on Sport and take into consideration of the main priorities, key topics and the expected outputs of the new one for the period 2017 – 2020.

• Increase the evidence-base on the educational needs of Volunteer on good governance of sport ogranisations across Europe and collection of good practices.

• Capacity development in sport organisations through learning opportunities by leveraging the tools offered from online education.

• Raise awareness and spread the benefits offered through online education on Good Governance

# **Czech Republic**

PAR

Reference: 590696-EPP-1-2017-1-CZ-SPO-SSCP

Project Title: Effective training and psychological approach to young cross-country skiers

#### Project Acronym: ETPAYS

Eligible E	Budget (€)	Grant Amount (€)	Co-financing
70.8	25,00	60.000,00	84,72 %
Project s	start:	1/01/18	
Project e	end:	31/12/18	
Coordinator:		SPORTOVNI KLUI BRNO ZS	B SKOL
		Příční 2	
		CZ 66444 Ořecho	v
		www.sk-skol.cz	
Participa	ants		
CON		VNI KLUB SKOL BRI	NO ZS
PAR	LANGLAU	JF MURZTAL	
PAR	MEGTOK	Y KLUB LYZIAROV K	

Dresden

Germany

Number of members of sport organisations involved: 100

SKIKLUB DRESDEN-NIEDERSEDLITZ EV

#### Effective training and psychological approach to young cross-country skiers

The main purpose of the project is to increase attractiveness of cross country skiing in urban and sub-urban areas in order to create more opportunities and options for young people to participate in such sport activities and contribute to the overall public objective to allow children and their parents to choose a sport that matches their natural talent.

The project objectives will be achieved through the cross-border mobility of volunteer coaches and good practice exchanges among cross-country ski clubs. By promoting mobility and international networking, the participating clubs will share knowledge, build solutions together and produce results that will be ready to put into practice. The clubs will find inspiration, widen their horizons and raise the capacities of their clubs through increased creativity, innovation and adopting new approaches in the operation of the clubs.

The project will result into a set of guidelines/toolkit in three key project areas, i.e. (1) effective training practices for grassroots cross country ski clubs, including dry-land exercises, (2) psychological approach to young cross country skiers (trainers and parents perspectives) and (3) management and operation of grassroots cross country ski clubs. The Guidelines will contain good practice examples from each participating clubs and will be disseminated to similar like-minded cross country ski clubs in participating countries and beyond.

# Czech Republic

Reference:

Project T	Title:	Minifootball for in	creased HEPA
Project A	Acronym:	MINI4eU	
Eligible	Budget (€)	Grant Amount (€)	Co-financing
597.2	252,00	474.620,00	79,47 %
Project s	start:	1/11/17	
Project e	end:	31/10/18	
Coordina	ator:	EVROPSKA FEDE KOPANE	RACE MALE
		Géza Nagyfejedelem	tér 2
		CZ H-8000 Szék	esfehérvár
		http://www.euromin	ifootball.com/
Participa	ants		
CON	EVROPS	KA FEDERACE MAL	E KOPANE

590487-EPP-1-2017-1-CZ-SPO-SNCESE

#### **Minifootball for increased HEPA**

The overall objective of MINI4eU is to contribute to increased health-enhancing physical activity (HEPA) through sports among people from different age groups and groups with fewer opportunities. The accomplishment of this Objective will be verified through the increased access to physical activity through a

minimum of 10% increase of registered players and teams of minifootball Europe-wide (the participating Programme and Partner Countries), by the end of 2018, as the result of the Non-for-Profit European Sport Event organized by MINI4eU in Budapest, Hungary, in September 2018.

MINI4eU will have a duration of 9 months, from 01.01.2018 until 30.09.2018. The Project will include a preparation and coordination phase, in which the right approach for the gathering and outreaching to the participants from 21 different countries will be analysed and agreed upon. Following this period, the second stage is the educational one and the outreach stage, during which the awareness among citizens from all these countries will be raised, resulting in a minimum of 1000 participants for the event.

The pre-event stage will also include the dissemination, legacy and intensive media activities with the advertisement campaigns, social media, TV and other intensive activities leading up to the event. MAIN EVENT DESCRIPTION:

This 10-day event will include participants from different age-group as well as groups with fewer opportunities. It is foreseen that different minifootball tournaments will be organized in the framework of the MINI4eU minifootball festival with more than 1000 participants, among which:

- The main competition and event of more than 30 teams from 21 countries.

- The women minifootball competition with about 15 different teams.

- Junior minifootball competition with about 20 different teams in different categories.

- Competition of mentally challenged persons- 10 teams.

# **Czech Republic**

Reference: 590778-EPP-1-2017-1-CZ-SPO-SSCP

Project Title: Together for Adventure Racing in Europe

Project Acronym: TARE

-			
Eligible E	Budget (€)	Grant Amount (€)	Co-financing
54.1	75,00	54.175,00	100,00 %
Project s	tart:	1/01/18	
Project e	end:	31/12/18	
Coordina	ator:	MULTISPORT OU SUMPERK OS	TDOOR TEAM
		Revolucni 12B	
		CZ 78701 Sumpe	erk
		czecharteam.palono	c.org
Participa	ants		
CON	MULTISP	ORT OUTDOOR TE	AM SUMPERK OS

		-	Republic
PAR	KARLSTAD MULTISPORT	Karlstad	Sweden
PAR	LAUFGEMEINSCHAFT ULTRALAUF EV	Troisdorf	Germany
PAR	SK PRE RADOST	Nitra	Slovakia

#### **Together for Adventure Racing in Europe**

The core of the project is a series of training camps in partner countries for the sport of adventure racing (AR). Each of the training camp is focused on one of the adventure racing disciplines/skills – running, biking, kayaking and navigation. Training camps are organized by partner clubs, when elite adventure racers (members of the club) share their experience with other participants. Timing, location and focus of the camps is set for the participants to learn to learn as much as possible, to reach maximum impact and to use the funds in most cost-effective way.

Different environments of the camps, different background of the participants, these are factors, the participants have to handle.

The best practices in AR are nowadays isolated among few elite racers. This will change as they are willing to share their experience on these camps and this project will ensure dissemination their knowledge among general public in the EU.

The results include impact on fellow adventure racers, higher rate of involvement of women in the sport, as well as creation of solid european network of adventure racing clubs and creation of systematic methodology for training. The methodology consists of short guide and series of videos covering various aspects of training and competing in AR.

AR is a very demanding sport both physically and mentally, training i sput into context of healthy training, respect for environment and fair-play. Sport of AR is very complex, to succeed requires also skills such as navigation, risk assessment, teamwork, cooperation, decision making under pressure etc. All these skills are beneficial in real life as well. Participants will enjoy development in respects beyond sport such as personal integrity.

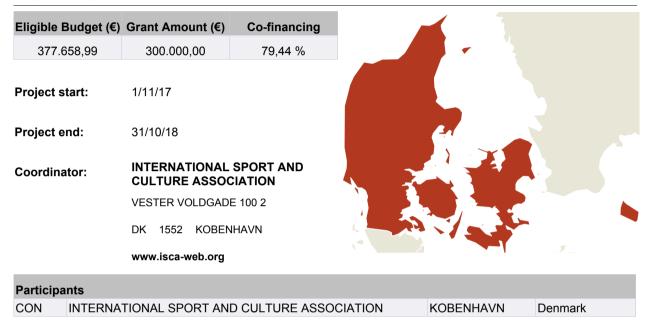
Another result is a web-based platform that would create a central hub with AR-related information. Webplatform, methodology and firm european AR network are still non-existent. Here the methodology will be available for free.

# Denmark

Reference: 590822-EPP-1-2017-1-DK-SPO-SNCESE

Project Title: Bike For Europe

Project Acronym: #BFE



# **Bike For Europe**

The #BikeForEurope cross-border cycling tour's overarching objective is to draw attention to the social inclusion of refugees, immigrants and asylum seekers, and promote the European Week of Sport. It encourages participation in sport and physical activity by inviting people to be part of a pan-European campaign. Two recreational cycling teams will start from different sides of Europe (NED and GRE) to cycle towards Austria for the culmination of a cross-sectoral PR event to mark the Opening of EWoS on September 23, 2018. Passing 11 countries, the tour connects the European Culture of Capital (Leeuwarden) and Green Capital (Nijmeden), the hosting country of EC presidency (Austria), and one of the main landing spots for refugees (Thessaloniki).

The specific objectives are to:

• raise awareness of the benefits of being physically active among European citizens through the events and opportunities offered by the upcoming EWoS,

promote social inclusion of refugees through sports, share the best tools and practices in this field and commit to implementing them,

organise an European-wide community activation, both on and off the route, and supported by the online activation platform,

·establish and strengthen networks and partnerships for the sustainability of the event.

The tour builds upon ISCA's #JourneyOfHope tour from 2016 to organise a new innovative tour in order to show solidarity towards refugees, promote and celebrate the lead up to the EWoS. This would one of the biggest cross-border cycling campaign that directly connects communities on a truly pan-European level. Additional funds will allow for broader-reaching social media and PR campaign featuring an online activation platform with detailed information of the tour and a simple user interface allowing Europeans to support the idea of an inclusive Europe. Everyone will have a chance to contribute either by joining the tour, organising a local activation event or supporting via crowdfunding or donating km-s.

# Denmark

**Reference:** 590880-EPP-1-2017-1-DK-SPO-SCP

Project Title: Grassroots Sports Diplomacy

Project Acronym: SPORTDI

Eligible Budget (€)	Grant Amount (€)	Co-financing
400.043,00	400.000,00	99,99 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	INTERNATIONAL CULTURE ASSOC	
	VESTER VOLDGAD	E 100 2
	DK 1552 KOBEN	IHAVN

Participa	ants		
CON	INTERNATIONAL SPORT AND CULTURE ASSOCIATION	KOBENHAVN	Denmark
PAR	DANMARKS IDRAETSFORBUND	Broendby	Denmark
PAR	EUROPEAN OBSERVATOIRE OF SPORT AND EMPLOYMENT	LYON	France
PAR	FUNDACIO UBAE	BARCELONA	Spain
PAR	INSTITUT DE RELATIONS INTERNATIONALES ET STRATEGIQUES IRIS ASSOCIATION	PARIS 11	France
PAR	INSTITUTO PORTUGUES DO DESPORTO E JUVENTUDE I.P.	LISBOA	Portugal
PAR	NEMZETI DIAK-, HALLGATOI ES SZABADIDOSZOVETSEG SZOVETSEG	BUDAPEST	Hungary
PAR	SERVICO SOCIAL DO COMERCIO-SESC- ADMINISTRACAO REGIONAL NO ESTADO DE SAO PAULO	São Paulo	Brazil
PAR	SPORT ET CITOYENNETE 3S	ANGERS	France
PAR	UNIONE ITALIANA SPORT PER TUTTI	ROMA	Italy

#### **Grassroots Sports Diplomacy**

The overall objective of the project is to develop the necessary foundation for a qualified and systematic role of grassroots sport in international relations, to ultimately enhance grassroots sports participation.

The specific objectives, and their related Intellectual Outputs are

• Objective 1: Analyse the pre-requisites for grassroots sport diplomacy

Intellectual Output 1: A mapping of current resources, strategies and initiatives for grassroots sports in external relations, building on the report of the High-Level Group on Sports Diplomacy, and providing definitions and delineations of the central concepts.

Intellectual Output 2: Drawing upon a systematic consultation of key stakeholders from EU, governments, and civil society as well as third countries, to qualify the mapping exercise and in particular to assess and describe trends and the potential strategies/scenarios going forward.

• Objective 2: Test key concepts of grassroots sport diplomacy, as mapped in objective 1, and draw relevant learnings.

Intellectual Output 3: Facilitation of 7 pilot actions for grassroots sport diplomacy: 5 specific interventions (policy exchanges, new partnership approaches, event-based collaboration, etc) will be designed, assisted and supported for their initial phases, and conclusions will be reported.

• Objective 3: Pave the way for future use of grassroots sport diplomacy

Intellectual Output 4: Recommendations for EU, governments and civil society to use grassroots sport diplomacy

Multiplier sport event 1: A major international conference for key stakeholders at all levels to establish the foundation for future collaboration and strategizing on grassroots sports diplomacy

Intellectual Output 5: A Clearing House for continued information collection, dissemination, exchange and initiatives in the field of grassroots sport diplomacy promotion.

• Objective 4 (horizontal/management objective): To ensure quality in the coordination, monitoring and evaluation of the project

# Denmark

**Reference:** 590555-EPP-1-2017-1-DK-SPO-SCP

Project Title: Youth-led Street Sport for All

Project Acronym: YSSA

Eligible Budget (€)	Grant Amount (€)	Co-financing
373.510,00	373.510,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	GAME	
	Enghavevej 82 D	
	DK 2450 Københ	avn SV
	www.gamedenmark	.org
Participants		

Faiticipe	rancipanto						
CON	GAME	København SV	Denmark				
PAR	ARSIS KOINONIKI ORGANOSI YPOSTIRIXIS NEON	Athens	Greece				
PAR	CESIE	Trappeto	Italy				
PAR	MOVE	Valletta	Malta				
PAR	VSI INTEGRACIJOS CENTRAS	PILVISKIAI	Lithuania				

#### Youth-led Street Sport for All

'Youth-led Street Sport for All' aims to increase participation in sports, strengthen social inclusion and promote voluntary activity amongst disadvantaged children and youth in Italy, Greece, Malta, Lithuania, Lebanon and Denmark.

In communities across Europe young people experience a general lack of opportunities with issues such as poor health, youth unemployment, poverty and social exclusion. At the same time, the world is passing through the biggest refugee crisis since the end of World War II. This has lead to an increased tension which arguably challenges the social cohesion within many European member states.

With the project, six experienced partner organisations have come together and developed a framework to address the lack of opportunities for disadvantaged children and youth through street sports. By supporting this project the EU will allow the organisations to innovate, refine and scale a proven 'Sport for All' concept and deliver three intellectual outputs, which will be tested on the asphalt.

During the project lifetime 600 young role models will be trained to reach out to 5,000 kids participating in their community street sports activities. This will increase the level of physical activity in the target communities and include marginalized and currently not physically active groups in sports. The result will be that a group of marginalized kids increasingly feel more at home in their local community and society at large – a ripple effect that can create a safer, more active and cohesive Europe.

Furthermore the project will deliver a Street Sports Facility Guide that will enable the partners to enter partnerships with local authorities in order to create innovative outdoor and indoor street sports facilities as hubs for urban sports and youth voluntarism.

The project sets out to inspire and create value beyond the team of partners, by freely disseminating all intellectual outputs to other organisations working in the field of 'Sport for All'

# Finland

Reference: 590695-EPP-1-2017-1-FI-SPO-SCP

Project Title: Towards quality anti-doping education in recreational sports

Project Acronym: TOQAE

Eligible	e Budget (€)	Grant Amount (€)	Co-financing		24 1.5	
400	0.000,00	400.000,00	100,00 %			
Project	start:	1/01/18				
Project	end:	31/12/19				
Coordinator:		A-KLINIKKASAAT	10			
		MAISTRAAATINPOR	RTTI 2			
		FI 00530 HELSIN	IKI			
		http://www.a-klinikk	a.fi/			the second
Particip	pants					
CON	A-KLINIK	KASAATIO			HELSINKI	Finland
PAR	ARISTOT	ELIO PANEPISTIMIO	D THESSALONIKIS	3	THESSALONIKI	Greece
					\/##Å	Finland

PAR	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece
PAR	FOLKHALSAN UTBILDNING AB	Vörå	Finland
PAR	LIETUVOS ANTIDOPINGO AGENTURA	Vilnius	Lithuania
PAR	LIVERPOOL JOHN MOORES UNIVERSITY	LIVERPOOL	United Kingdom
PAR	STICHTING MAINLINE GEZONDHEIDS- ENPREVENTIEWERK DRUGGEBRUIKERS	Amsterdam	Netherlands

#### Towards quality anti-doping education in recreational sports

This 24-month international Erasmus+ Sport project (2018 – 2020) is a significant step forward in improving doping prevention strategies in the EU. Prevention evaluation helps to improve the quality and delivery of antidoping programs, and to save money and resources for services that are effective. The proposed project will bring together a diverse team of academics, health care providers and anti-doping workers. The team has a range of skills and expertise that can benefit the project including, but not limited to, a list of contacts involved in public health and doping prevention, a range of methodological skills, and access to relevant user groups. In total a consortium including five partners – Dopinglinkki, A-Clinic Foundation (FI), Lithuanian Anti-Doping Agency (LT), The Mainline Foundation (NL), Public Health Institute at Liverpool John Moores University (UK) and Aristotle University of Thessaloniki (GR) - will evaluate various online doping/performance and image enhancing drug prevention tools to determine their effectiveness in the fight against doping.

 To evaluate the effectiveness of online doping/performance and image enhancing drug prevention programmes and tools focused on amateur and recreational athletes in the EU;
 To enhance the knowledge of various stakeholders (doping researchers, health care providers, anti-doping

2. To enhance the knowledge of various stakeholders (doping researchers, health care providers, anti-doping officials, etc.) in order to improve doping/performance and image enhancing drug prevention strategies within the EU.

This research project directly addresses two of the ERASMUS priorities and plans including to (1) "combat doping at grassroots level, notably in recreational environments such as amateur sport and fitness" and (2) "support the implementation of EU policy documents in the field of sport and other relevant policy areas such as recommendations, guidelines, policy strategies".

# former Yugoslav Republic of Macedonia

Reference: 590611-EPP-1-2017-1-MK-SPO-SSCP

Project Title: Sport for Social Action

Project Acronym: S4SA

Eligible Budget (€)	Grant Amount (€)	Co-financing
31.800,00	31.800,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:	YOUTH ALLIANCI	
	MK 7550 KRUSE	EVO

Particip	ants		
CON	YOUTH ALLIANCE - KRUSEVO	KRUSEVO	former Yugoslav Republic of Macedonia
PAR	ASSOCIATA EURODEMOS	IASI	Romania
PAR	DRUSTVO SPECIALNA OLIMPIADA SLOVENIJE	Ljubljana	Slovenia
PAR	INTER ALIA	ATHINA	Greece
PAR	ZDRUZENIE SPECULANA OLIMPUADA-MAKEDONIJA SKOPJE	Skopje	former Yugoslav Republic of Macedonia

#### **Sport for Social Action**

The project is based on addressing the importance of sport in the process of creating socially inclusive society. The project includes 5 partners representing following countries: Republic of Macedonia, Romania, Greece and Slovenia. The project includes transnational activities in the forms of coordination meetings and round tables and activities at the level of national countries including trainings, developing new innovative practice 'Inclusive Volunteering 1+1' and public awareness raising camping.

Main goal of the project is to raise capacities of involved organizations to promote social inclusion and volunteerism by implementing sport activities and services directly including young people with intellectual disabilities and to use sport as drive force of social inclusion.

By reaching the project goal we aim to break the barriers that people with intellectual disabilities are facing by connecting two key elements of our activities: volunteering and sport. The project activities will focus on several target groups: staff involved in preparation and delivering sport programmes and activities for people with intellectual disabilities, staff of organizations working on developing new practices in the fields of sport and social inclusion, young people (age 18 - 30) looking for new opportunities for self and professional development through voluntary activities including young people with and without intellectual disabilities, young athletes with and without intellectual disabilities, general public.

Reference:

590691-EPP-1-2017-1-FR-SPO-SSCP

Project Title: Development of Atlantic Watersports Network

Project Acronym: D.A.W.N

Eligible Bu	dget (€)	Grant Amount (€)	Co-financing			
56.400	,00	56.400,00	100,00 %			
Project sta	rt:	1/01/18				
Project enc	d:	31/12/18			-	
Coordinato	or:	COMITE REGION OLYMPIQUE ET S PAYS DE LA LOII	SPORTIF DES			
		44 rue Romain Rolla	nd			
		FR 44103 Nante	S			
		http://paysdelaloire	.franceolympique.cor	n		
Participant	s					
(:()N	OMITE F	REGIONAL OLYMPI IRE	QUE ET SPORTIF [	DES PAYS	Nantes	France
PAR C	OMUNIE	DADE INTERMUNIC	IPAL DO MINHO-LI	MA	Viana Do Castelo	Portugal

PAR		San Sebastian de los Reyes	Spain
PAR	THE IRISH SURFING ASSOCIATION COMPANY LIMITED BY GUARANTEE	Easkey	Ireland

#### **Development of Atlantic Watersports Network**

Les sports nautiques, par le grand public, qu'ils touchent toute l'année constitue depuis longtemps un lien important entre l'océan et les populations, qu'elles soient résidentes ou touristique. Les activités nautiques ont en effet fortement tournée leur développement vers la découverte, la protection et la promotion des territoires, ainsi que la professionnalisation des structures d'accueil.

Les centres et les ports de plaisance présentent un fort potentiel pour devenir une vitrine sur l'océan, ouvert à tous, qui, à travers l'éducation, les sports, les loisirs et les grands permettront d'augmenter la prise de conscience et mobiliser le grand public autour des grands enjeux maritimes de nos territoires. Les sports nautiques auront, de fait, un rôle important dans la mobilisation des populations pour concevoir un grand projet stratégique lié à la mer.

Les sports nautiques sur la côte atlantique ne sont pas structurés au niveau de la zone atlantique et ne sont pas officiellement représentés par des organisations comme la Commission Arc Atlantique de la CRPM ou la Conférence des Villes de l'Arc Atlantique.

Ce projet « Development of Atlantic Watersports Network – D.A.W.N. », a pour objectif, de créer au sein de l'Espace Atlantique un réseau d'excellence pour le développement durable des sports nautiques, reconnu à l'échelle internationale, et de mettre en place une structure pertinente et durable pour la coordination des sports nautiques dans la région de l'Atlantique.

Water sports, by the general public, that they touch throughout the year has long been an important link between the ocean and the people, whether they are residents or tourists. The nautical activities have in fact sharply turned their development towards the discovery, protection and promotion of the territories, as well as the professionalization of the structures of reception.

Centers and marinas have a great potential to become a showcase on the ocean, open to all, which through education, sports, leisure and big ones will raise awareness and mobilize The general public about the major maritime issues in our territories. Water sports will, in fact, play an important role in the mobilization of populations to design a major strategic project linked to the sea.

Water sports on the Atlantic coast are not structured at the level of the Atlantic area and are not officially represented by organizations such as the CPMR Atlantic Arc Commission or the Atlantic Arc Cities Conference. This project "Development of Atlantic Watersports Network - D.A.W.N. "Aims to create within the Atlantic Area a network of excellence for the sustainable development of water sports, recognized internationally, and to establish a relevant and sustainable structure for the coordination of sports Nautical activities in the Atlantic region.

Reference: 590372-EPP-1-2017-1-FR-SPO-SSCP

## Project Title: ESCRIME DEFICIENT VISUEL NON ET MAL VOYANT

Project Acronym: EDV

Eligible Budget (€)	Grant Amount (€)	Co-financing				
50.200,00	50.200,00	100,00 %				
Project start:	1/01/18					
Project end:	31/12/18					
Coordinator:	ASSOCIATION SP BOUILLARGUES	-				
	6 IMPASSE DES CC	MBES				
	FR 30129 REDE	SSAN				
	www.asbouillargue	s-escrime.com				
Participants						

Faiticipa			
CON	ASSOCIATION SPORTIVE BOUILLARGUES ESCRIME	REDESSAN	France
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA SCHERMA MODICA	modica	Italy
PAR	CLUB ESCOLA HUNGARESA DE ESGRIMA PONTEVEDRA	PONTEVEDRA	Spain
PAR	FAKTKLUBBEN PRET	Stockholm	Sweden

#### ESCRIME DEFICIENT VISUEL NON ET MAL VOYANT

Blind fencing is a project that draws on the experience of 4 European sports associations.

These associations develop locally fencing handicapped. The objective of this regrouping and to set up training and refresher courses over a 12-month period in the partner countries, coordination meetings to harmonize the rules of blind fencing and sports meetings. In parallel with these organizations, a training program for fencing masters will be developed, and an exchange of best practices will be developed through the development of a database of exercises on DVD. This project is based on leading associations in their respective countries.

Athletes with visual disabilities will be able to gather at the events organized by the partner countries. A wide dissemination of the results at the local press, radio and national level by the communication of the reports to the federations of tutors of each association will be ensured.

Le projet d'escrime pour déficient visuel non et mal voyant est un projet qui s'appuie sur l'expérience de 4 associations sportives européennes. Ces associations développent localement l'escrime handisport. L'objectif de ce regroupement et de mettre en place sur une période de 12 mois dans les pays partenaires, des stages d'initiation et de perfectionnement, des réunions de concertation pour harmoniser les règles d'arbitrage et des rencontres sportives. En parallèle de ces organisations, un programme de formation des maîtres d'armes sera élaboré, un échange des bonnes pratiques verra le jour grâce à l'élaboration d' une base d'exercices sur DVD . Ce projet s'appuie sur des associations leader dans leur pays respectif.

Les sportifs atteints d'un handicap visuel pourront se regrouper lors des manifestations mises en place par les pays partenaires. Une large diffusion des résultats au niveau local article de presse, émission de radio, au niveau national par la communication des rapports aux fédérations de tutelles de chaque association sera assurée.

Reference: 590471-EPP-1-2017-1-FR-SPO-SCP

Project Title: European Meetings of Company Sport

Project Acronym: EMoCS

Eligible Budget (€)	Grant Amount (€)	Co-financing		
290.772,00	290.772,00	100,00 %	2	
Project start:	1/01/18			
Project end:	31/12/19			
Coordinator:	FEDERATION EU DU SPORT D'ENT EFCS	-		
	3 rue Dieudonné Cos	stes		
	FR 75013 Paris			
	www.efcs.org			

Participa	Participants					
CON	FEDERATION EUROPEENNE DU SPORT D'ENTREPRISE - EFCS	Paris	France			
PAR	ASSOSPORT ASSOCIAZIONE NAZIONALE TRA I PRODUTTORI DI ARTICOLI SPORTIVI	Treviso	Italy			
PAR	FEDERATION FRANCAISE DU SPORT ENTREPRISE	Paris	France			
PAR	FEDERATION OF THE EUROPEAN SPORTING GOODS INDUSTRY	BRUSSELS	Belgium			
PAR	FROS MULTISPORT VLAANDEREN	Berchem	Belgium			
PAR	INSTITUTO DE BIOMECANICA DE VALENCIA	VALENCIA	Spain			
PAR	LOUNAIS-SUOMEN LIIKUNTA JA URHEILU RY	Turku	Finland			
PAR	OLIMPIJSKI KOMITE SLOVENIJE ZDRUZENJE SPORTNIH ZVEZ	LJUBLJANA	Slovenia			
PAR	SPORT ET CITOYENNETE 3S	ANGERS	France			

#### **European Meetings of Company Sport**

"European Meetings of Company Sport" (EMoCS) intends to prove the relevance and necessity of a regular sport activity within or around the workplace and provide private and public decision makers tools and support to tackle the high level of physical inactivity in Europe in the field of EWoS.

EMoCS applicant is European Federation for Company Sport (EFCS), official partner of EWoS. Partners associated will be Assosport, FESI, FFSE, FROS, IBV, LIIKU, OCS, S&C who will represent a complementary consortium regarding their size, area, country or level of intervention.

The concept of EMoCS is to associate practicing moments and grassroots sport to specific discussions around benefits and synergies of sport and workplace context.

There will be two major EMoCS events that will take place during EWoS 2018 and 2019:

-EMoCS 2018 will encompass conferences, roundtables, exhibition, sport village and marathon relay with at least 2,000 participants in Roi Baudouin Stadium in Brussels

-EMoCS 2019 will be a workshop in Paris with 50 experts

The dissemination of the project will be ensured by several publications and intellectual outputs such as handbook, guidelines, infographics, digital toolkits, pedagogical notes... Impact will be also strengthened through an engaged and various network gathering companies' decision makers, chambers of commerce, employers and employees trade unions, human resources associations, health organisations and insurances, public executives, media, other sport federations...

One major aspect of EMoCS legacy will concern the foundations of Active Workplace Label (AWL). It is planned during EMoCS 2018 to sign a pledge and a letter of intent with major decision makers and public executives regarding the creation of a label for active companies. During EMoCS 2019 workshop and through Project Steering Committees, expert groups will work on criteria and requirements for certifications in order to produce at the end of EMoCS a AWL Guideline to main authorities.

Reference:

590568-EPP-1-2017-1-FR-SPO-SCP

Project Title: FIA European Young Women Programme

Project Acronym: EYWP

Eligible Budget (€)	Grant Amount (€)	Co-financing	
310.755,00	310.755,00	100,00 %	
Project start:	1/01/18		
Project end:	31/12/19		
Coordinator:	FEDERATION INTERNATIONAL L'AUTOMOBILE	E DE	
	PLACE DE LA CONO	CORDE 8	
	FR 75008 PARIS	3	

Participa	ants		
CON	FEDERATION INTERNATIONALE DE L'AUTOMOBILE	PARIS	France
PAR	AKK-MOTORSPORT RY, AKK-MOTORSPORT RF	Vantaa	Finland
PAR	C.D.E.S PROGESPORT ASSOCIATION	LIMOGES	France
PAR	DMSB - DEUTSCHER MOTOR SPORT BUND	Frankfurt am Main	Germany
PAR	FEDERACAO PORTUGUESA DE AUTOMOBILISMO E KARTING	LISBOA	Portugal
PAR	KNAC NATIONALE AUTOSPORT FEDERATIE	Leiden	Netherlands
PAR	POLSKI ZWIAZEK MOTOROWY	Warsaw	Poland
PAR	ROYAL AUTOMOBILE CLUB DE BELGIQUE -KONINKLIJKE AUTOMOBIEL CLUB VAN BELGIE	Bruxelles	Belgium
PAR	SLOVENSKA ASOCIACIA MOTORISTICKEHO SPORTU	Košice	Slovakia
PAR	SVENSKA BILSPORTFORBUNDET	Sollentuna	Sweden

#### FIA European Young Women Programme

The FIA European Young Women Programme (EYWP) project involves an international partnership of 10 organisations: the FIA (project leader), 8 National Sport Associations (motorsport governing bodies) and one academic partner, the CDES-PROGESPORT (France).

This 2 year collaborative partnership primarily aims to:

- promote gender equality in sport and young women participation at grassroots level

- break stereotypes about driving by stimulating and increasing young women participation;

- better understand social and cultural barriers behind women's low participation rate in motorsport at

grassroots level through a comparative sociological survey

- educate the participants through specific educational programmes

- build a concept that other sports confronted to similar concerns could replicate.

These objectives are reflected in the project key actions and activities, and developed in the subsequent work packages (6), outputs (5) and implemented events (25):

1) Communication: Build a strong and targeted communication campaign including innovative tools (eg. online championship, community management)

2) Sport format: Design a unique tailor-made sport concept only for women between 13-18 years old. A free and accessible programme based around karting slalom: 1: FIA European Young Women Challenge (National selections in 8 countries, minimum of 3'200 participants expected), 2: FIA European Young Women Challenge Final 3: FIA European Young Women Team and Drivers Training Camps

3) Sociological survey: Project evaluation and recommendations for sport stakeholders on how to increase young women participation while combating gender stereotypes through the example of motorsport

4) A complete educational programme: designed for the selected young women

5) Share and spread the project outcome: using the partnership and key events networking channels, notably an European conference of stakeholders in Brussels (European district, minimum 150 guests, European Parliament, Autoworld)

Reference:

PAR

PAR

590771-EPP-1-2017-1-FR-SPO-SCP

Project Title: Innovative education to enhance the skills of Sport Officials in Europe

Project Acronym: ONSIDE

		i				-	
Eligible Bu	udget (€)	Grant Amount (€)	Co-financing			5	
390.97	7,00	390.977,00	100,00 %				
Project sta	art:	1/01/18					
Project en	d:	31/12/20					
Coordinate	or:	EUROPEAN OBSI OF SPORT AND E					
		GRANDE RUE DES	FEUILLANTS 1			2	
		FR 69001 LYON					
		www.eose.org					
Participan	Its						
	EUROPEA EMPLOYN	AN OBSERVATOIRE MENT	OF SPORT AND			LYO	LYON
PAR A	ASSOCIA	TION EUROPEENNI	E D'ATHLETISME			LAU	LAUSANNE
PAR ·	ASSOCIA MULTISP	TION FRANCAISE C ORTS	ORPS ARBITRAL			Paris	Paris
PAR E	EUROPAI	SCHE HANDBALL F	ODERATION			WIEI	WIEN
PAR E	EUROPE	AN TABLE TENNIS U	JNION ASBL			Luxe	Luxembourg
PAR F	EDERAT	IA ROMANA DE FO	TBAL			BUC	BUCARESTI
	GREAT B	RITAIN WHEELCHA TION	IR BASKETBALL			Loug	Loughborough
PAR N	NATSION	ALNA SPORTNA AK	ADEMIYA VASSIL	L	LEVSKI	LEVSKI SOF	LEVSKI SOFIA
PAR		NDS OLYMPISCH (		1	NDSE	NDSE ARN	NDSE ARNHEM

Number of members of sport organisations involved: 600

SPORT FEDERATIE VERENIGING

SPORTS OFFICIALS UK LIMITED

SPORT MALTA

COSPICUA

Sturminster

Marshall

Malta

United

Kingdom

#### Innovative education to enhance the skills of Sport Officials in Europe

IMPORTANCE: The ONSIDE project has a focus on Sport officials (e.g umpires, referees, judges) which are at the heart of sport and involved in competitions/games/contests from grassroots to the elite level. They apply the rules in their sport and their role includes upholding the integrity of sport and offering a fair, impartial, safe and enjoyable environment and sporting experience for participants. The project will benefit the whole sport sector.

RATIONALE: Sport organisations across the EU, including the 13 partners in the project, recognise the need to enhance the image and recognition of sport officials as it is becoming increasingly difficult to recruit and retain them at all levels and to provide them the opportunity to upgrade their skills to respond to the challenging environment in which they operate.

NEEDS: The project meets specific needs of the sector including to fill the identified gap in research into sport officiating, to define the generic skills and competences of sport officials and to promote education in sport through targeted pilot education. By generic skills we mean those such as decision making, fair play, integrity and communication.

EU POLICIES: The project is aligned with EU policies in sport, education and employment and will particularly focus on the new priority: Promote education in and through sport with special focus on skills development.

TRAINING: This innovative project will explore, for the first time at the EU level, the generic competences, skills and knowledge of sport officials – covering all sports and nations. The education component of the project will create a training handbook and will also deliver training through innovative learning methods, including elearning courses.

LEGACY: The project will create impact and legacy both during and after the funded period. It will increase the profile of sport officiating while supporting those responsible for the education of sport officials and delivering piloting training.

Reference: 590500-EPP-1-2017-1-FR-SPO-SCP

Project Title: Promoting Active Cities Throughout Europe

Project Acronym: PACTE

Eligible Budget (€)	Grant Amount (€)	Co-financing		and the second sec
395.077,00	395.077,00	100,00 %	and the	
Project start:	1/01/18			
Project end:	31/12/20			
Coordinator:	SPORT ET CITOY	ENNETE 3S		The second se
	11 RUE ALEXANDR LOT 11 1	E FLEMMING		
	FR 49066 ANGE	RS		

Participants					
CON	SPORT ET CITOYENNETE 3S ANGERS Fra				
PAR	ANCI	Roma	Italy		
PAR	DIE INTERNATIONALE VEREINIGUNG FUR SPORT FUR ALLE EV	FRANKFURT AM MAIN	Germany		
PAR	EUROPEAN CYCLISTS' FEDERATION ASBL	BRUXELLES	Belgium		
PAR	EUROPEAN PHYSICAL EDUCATION ASSOCIATION	GLARUS	Switzerland		
PAR	FEDERATION EUROPEENNE DU SPORT D'ENTREPRISE - EFCS	Paris	France		
PAR	INTERNATIONAL COUNCIL OF SPORT SCIENCE AND PHYSICAL EDUCATION EV	BERLIN	Germany		
PAR	ITAMEREN ALUEEN TERVEET KAUPUNGIT RY	TURKU	Finland		
PAR	LIVERPOOL CITY COUNCIL	LIVERPOOL	United Kingdom		

#### **Promoting Active Cities Throughout Europe**

To date, physical activity policies have tended to focus on the national level.

Physical activity policy at the level of municipalities (local government of town, city or district) has emerged as one area that deserves consideration for developing this work because:

- It has been almost ignored by researchers of physical activity;

- It represents a local level of administration that is much closer to the actual delivery of physical activity policies than the national level

A currently under-utilised resource has been the more local governmental agencies. In light of the evident growth of urbanisation across Europe, it is worth considering the impact of policies at the cities/municipality level. Cities offer numerous opportunities to be physically active, and some have turned their built environment into a space that encourages health and activity for all. Active cities are walkable and cyclable. They are safe and well lit, with good public transport and appropriate management of obstacles and barriers. Extending, structuring and supporting those already active cities seems important to provide an additional mean to tackle the physical inactivity crisis that has taken over Europe.

Through the administration of a policy-audit tool for municipalities, the development of an evaluation system, the creation of ready-to-use resources and the initiation of a European-wide campaign for Active Cities, this project intends to bridge the gap between municipalities and physical activity promotion policies, as well as to bring a new impetus in the fight against sedentary lifestyles.

Reference: 590499-EPP-1-2017-1-FR-SPO-SSCP

Project Title: Physical Activity, RElations & Networking, within families Through Sport

Project Acronym: PARENTS

Eligible Budget (€)	Grant Amount (€)	Co-financing
41.800,00	41.800,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	FAMILLATHLON ORGANISATION	
	14 AV RENE BOYLE	SVES
	FR 75116 PARIS	5
	www.famillathlon.or	g
Participants		

i antoipanto					
CON	FAMILLATHLON ORGANISATION	PARIS	France		
PAR	FUNDACIO GASOL	Barcelona	Spain		
PAR	GEA - SOCIETA COOPERATIVA SOCIALE	Padova	Italy		

#### Physical Activity, RElations & Networking, within families Through Sport

Our project aims to promote Sport, Health, Solidarity for and with families in Europe.

After a preparation step for making appropriate surveys and collecting data, we will organise events at the same time in our 3 countries.

The concept is that families will get together in a dedicate site, accessible to all, where:

• Everyone will try out and enjoy many sports and games, proposed by sports clubs and associations, without cost.

• Families will receive advice and informations on prevention, health, family, solidarity.

• The activities will be offered to all generations, to everybody disabled or not.

• The events will be free and organised by volunteers, without any commercial interest.

Through these specific "sport in family" events, organised during the European Week of Sport , we intend to:

- Enable to all people discovery, initiation, practice of health-enhancing physical activity and family sports,

- Inform and raise awareness in families about health and nutrition, through animations, games, and pedagogical tools

- Propose sports and activities for disabled or not in the same place for everybody ; and enhance sports developing social inclusion. Showing that sports are a tool for child's development, family equilibrium and social integration

- Facilitate the involvement of parents in the choice , the practice and accompaniment of their children sportive activities, making them known sports movement and the diversity of physical activities: this will promote education through sport , involving also schools.

- Enhance and recognize the significant contribution of volunteers in sport and associations.

These events will enable to create a network , share good practice, and to disseminate a new way in physical activity promotion, making the sport a natural part of everybody's life.

Reference: 590598-EPP-1-2017-1-FR-SPO-SSCP

Project Title: RUGBY:du recrutement à la 3 eme mi-temps .Un échange européen de bonnes pratiques

Project Acronym: RUGBYSL

Eligible Budget (€)	Grant Amount	(€) Co-financing	
69.535,00	60.000,00	86,29 %	
Project start:	1/01/18		
Project end:	31/12/19		
Coordinator:	STADE SAINT LIVRADAIS XV RUE DES FRERES TRUSSANT		
	FR 47110 S/	AINTE LIVRADE SUR LOT	



Participants					
CON	STADE SAINT LIVRADAIS XV	SAINTE LIVRADE SUR LOT	France		
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA JUVENILIA	BAGNARIA ARSA	Italy		
PAR	BE YOU - CENTRO DE INICIATIVAS DESPORTIVAS ASSOCIACAO	MORTAGUA	Portugal		

# RUGBY:du recrutement à la 3 eme mi-temps .Un échange européen de bonnes pratiques

« Rugby : Du recrutement à la 3ème mi-temps , un échange de bonnes pratiques » est un projet sur deux années entre trois clubs de Rugby Français , Italien et Portugais situés dans des petits bourgs en milieu rural. Il vise à renforcer un système d'éducation ludique basé sur l'engagement, le combat et la solidarité tout en échangeant des pratiques sportives et d'inclusion et à renforcer la cohésion des bénévoles encadrant et des joueurs par des apports de connaissances extérieures et techniques.

Ce projet est porté par les présidents des Clubs qui ont vu la nécessité d'augmenter les performances de leurs équipes administratives et techniques au vu des demandes de plus en plus pressantes de la société : créer du lien social, aider les jeunes à s'orienter, à s'insérer dans le monde du travail et associatif, fournir aux parents et aux joueurs des pratiques plus saines dans l'alimentation, l'entretien du corps et de l'esprit, la prévention de la violence, du dopage, l'estime de soi et des autres. Ils ont aussi souhaité donner à l'ensemble des participants un sentiment plus fort d'appartenance à l'Europe., Le nécessaire partage d'un langage commun et la découverte d'autres cultures et manières de faire seront des atouts moteurs du projet.

Plusieurs réunions transnationales sont organisées avec des thèmes spécifiques sur les échanges de pratiques confortés par des apports d'experts :organisation et management du projet ,mise en place d'un projet sportif transversal ,accompagnement personnel et professionnel du joueur , prévention et assistance médicale, création d'un ensemble de pratiques partagées et enfin, finalisation et évaluation des valeurs ajoutées grâce au projet .

Les impacts attendus de ce projet sont une meilleure utilisation des compétences des bénévoles des clubs dans leurs pratiques organisationnelles, relationnelles, sportives et interculturelles. Ils seront diffusés au niveau local avec les autres clubs et les Fédérations.

"Rugby: From Recruitment to the 3rd half-time, an exchange of good practices" is a two-year project between three French, Italian, Portuguese Rugby clubs of small villages located in rural areas. It aims first,to strengthen a playful education system based on commitment, struggle and solidarity while exchanging sport and inclusion practices and then,to strengthen the cohesion of mentoring volunteers and players through inputs of external and technical knowledge.

This project is carried out by the 3 Clubs' presidents who have seen the need to increase the performance of their administrative and technical teams who have to face the increasing pressing demands of the society: to create social links, to help young people to orient themselves, To integrate them into the world of work and associations, to provide parents and players with healthier practices in food, body and mind maintenance, the prevention of violence, doping, the self-esteem and others... They also wish to give all participants a stronger sense of belonging to Europe., The necessary sharing of a common language and the discovery of other cultures and ways of doing will be the key assets of the project.

Several transnational meetings are organized with specific themes on exchanges of practices reinforced by contributions from experts: organization and management of the project, setting up of a transversal sports project, personal and professional supports of the player, prevention and medical assistance, creation of a set of shared practices and finally, finalization and evaluation of the values added by the projects.

The expected impacts of this project are a better use of the skills of club volunteers in their organizational, relational, sports and intercultural practices. These impacts will be disseminated and shared at the local level with other clubs and federations.

Reference: 590546-EPP-1-2017-1-FR-SPO-SSCP

# Project Title: SPORTO ADAPTITA NATURO NAUTIKA

Project Acronym: SANA

Eligible Bud	dget (€)	Grant Amount (€)	Co-financing	- 7	
57.250,	,00	57.250,00	100,00 %		-
Project star	t:	1/01/18		-	
Project end	:	31/12/19			
Coordinato	r:		<b>U FINISTERE</b>		
		32 BOULEVARD DU	PLEIX		
		FR 29196 QUIM	PER		
		http://www.finistere	.fr/	· · · ·	
Participants	s				
CON DE	EPARTE	MENT DU FINISTE	RE	QUIMPER	France
٨٥					

CON	DEPARTEMENT DU FINISTERE	QUIMPER	France		
PAR	ASOCIACION GALLEGA DE ACTIVIDADESNAUTICAS- AGANPLUS	Sanxenxo	Spain		
PAR	COMITE DEPARTEMENTAL HANDISPORT FINISTERE	QUIMPER	France		
PAR	COMUNIDADE INTERMUNICIPAL DO MINHO-LIMA	Viana Do Castelo	Portugal		

#### SPORTO ADAPTITA NATURO NAUTIKA

"Sporto Adaptita Naturo nAŭtika" (acronyme:SANA) signifie en Esperanto "Sport Adapté Nature Nautisme", et exprime l'objectif général du projet: Améliorer l'offre de sports de nature (nautisme, vélotourisme, randonnée) pour les personnes en situation de handicap (tous types pris en compte) afin de favoriser leur inclusion sociale. Les partenaires ont constaté des besoins communs à ce sujet:lacunes en termes de visibilité de l'offre de sport adapté/handisport dans le domaine des sports de nature ; inexistence de critères spécifiques et communs de certification des sports adaptés/handisport de pleine nature ; manques en termes de communication sur la thématique du sport adapté/handisport sur le territoire, manque de mixité entre personnes en situation de handicap et personnes n'étant pas en situation de handicap; méconnaissance du rôle du sport pour favoriser l'inclusion sociale et la santé physique et mentale de tous. 5 objectifs spécifiques ont été définis pour répondre à ces besoins: 1/Favoriser la mise en réseau transnationale des acteurs du sport adapté et handisport ; 2/ Encourager l'inclusion sociale par la mixité dans la pratique du sport en promouvant l'égalité d'accès au sport pour tous ; 3/Sensibiliser à l'importance de l'activité physique pour la santé (physique et mentale); 4/ Améliorer les connaissances sur le sport de nature adapté/handisport en développant des actions de sensibilisation transnationales pour les professionnels et bénévoles ; 5/Améliorer la visibilité de l'offre sportive, en l'organisant et en la structurant, favorisant ainsi l'attractivité des territoires pour des publics spécifiques. Ces objectifs seront atteints grâce à la mise en œuvre de 4 modules de travail: MT1-Management et communication du projet ; MT2-Préfiguration d'un label européen sur le handisport/sport adapté ; MT3-Mise en œuvre d'un cycle de sensibilisation : MT4-Réalisation d'un raid pour toutes et tous pendant la Semaine européenne du Sport en 2019.

The title "Sporto Adaptita Naturo nAŭtika" (acronym : SANA) means "Adapted Outdoor and Nautical Sports" in Esperanto, and reflects the general objective of the project: to enhance outdoor sports (nautical sports, biking, trekking) offer for disabled people (includes all kinds of disabilities), in order to encourage their social inclusion. Common needs have been stated: lacks in terms of adapted outdoor sports offer visibility ; absence of common specific criteria for certification of adapted outdoor sports; lacks in terms of communication on adapted outdoor sports; lack of mixity between disabled and non-disabled people in outdoor sports; lacks in terms of knowledge of the paper of sport for social inclusion and for people's physical and mental health. In order to answer these needs, 5 specific objectives have been established:1/ Foster transnational networking of adapted sports actors; 2/ Encourage social inclusion by mixity in sport practice and promote equality in the accessibility of sport; 3/ Raising awareness about the importance of physical activity in physical and mental health; 4/ Develop transnational raising-awareness and informative actions for sport professionals and volunteers about adapted sports and mixity in sport; 5/ Improve the visibility of the outdoor sports offer, by organizing and structuring it, in order to enhance territories' attractivity for specific target-groups. These objectives are concretely translated in four actions: 1/ Project management and communication. 2/Prefiguration of a european label for adapted outdoor sports. 3/Implementation of an awareness-raising cycle. 4/ Organization of a "Sport for all " trail during the European Sports Week in 2019.

### France

**Reference:** 590869-EPP-1-2017-1-FR-SPO-SCP

Project Title: Sport for Women in Urban Places

Project Acronym: SW-UP

Eligible Budget (€)	Grant Amount (€)	Co-financing
284.728,00	284.728,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	ASSOCIATION D	
	PLACE DES ORPHE MAISON DES ASSO	
	FR 67000 STRA	SBOURG

www.alda-europe.eu

	-
Dartic	ipants
Faiuu	inalita

Faiticipa			
CON	ASSOCIATION DES AGENCES DE LA DEMOCRATIE LOCALE	STRASBOURG	France
PAR	AJUNTAMENT DE GRANOLLERS	GRANOLLERS	Spain
PAR	COMUNE DI CORBETTA	Corbetta	Italy
PAR	FONDATSIA SOFIA EVROPEISKA STOLITSA NA SPORTA	SOFIA	Bulgaria
PAR	ISTITUTO PER LA RICERCA SOCIALE SCARL	MILANO	Italy
PAR	LA MARGHERITA BLU ASSOCIAZIOE CULTURALE	Corbetta	Italy
PAR	MUNICIPIO DE GUIMARAES	Guimarães	Portugal
PAR	MUNICIPIUL RAMNICU SARAT	Ramnicu Sarat	Romania
PAR	STICHTING W.J.H. MULIER INSTITUUT, CENTRUM VOOR SOCIAAL-WETENSCHAPPELIJK SPORTONDERZOEK	Utrecht	Netherlands
PAR	TEMPO LIVRE FISICAL - CENTRO COMUNITARIO DE DESPORTO E TEMPOS LIVRES CIPRL	Guimarães	Portugal

#### **Sport for Women in Urban Places**

The "SW-UP" (Sport for Women in Urban Places) project intends to contribute to the following objective of the present call:

• "promote voluntary activities in sport, together with social inclusion, equal opportunities and awareness of the importance of health-enhancing physical activity through increased participation in, and equal access to, sport for all".

The SW-UP project aims to do it through tackling women's barriers to outdoor sports/physical activity in urban spaces and promoting an increased participation of women in outdoor physical activity/sports and their equal access to urban spaces for outdoor sports.

The project has several objective:

1. Create a "SW-UP" Community of practice and platform for the project partners and other stakeholders sharing knowledge, problems and practices to promoting a women friendly environment for outdoor sports/ physical activity in urban spaces;

2. Provide in-depth knowledge on barriers for women to practicing outdoor sports/physical activity, and on those related to the quality of the urban environment, and on good practices of designing women friendly urban environments for outdoor sports and enhancing their participation in such sports/physical activity;

3. Increase in women's awareness and participation in outdoor sports/physical activity and in the design of women friendly urban environments for such sports/physical activity through women targeted Pilot Programmes;

The SW-Up project, therefore, aims to provide knowledge and useful solutions to promote outdoor sports activities for women, starting from clearer information on women's behaviours and perceptions, good practices already developed, and from those that will be promoted by the project partners.

The partnership and the information that will result from the project will enrich the existing tools of the ALDA network, and in particular the Toolkit of good practices on Citizens' Participation.

# Germany

**Reference:** 590777-EPP-1-2017-1-DE-SPO-SCP

Basic Motor Competencies in Europe – Assessment and Promotion **Project Title:** 

Project Acronym: BMC-EU

Eligible Budget (€)	Grant Amount (€)	Co-financing
374.345,00	374.345,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	UNIVERSITAET P AM NEUEN PALAIS	
	DE 14469 POTS	DAM
	www.uni-potsdam.d	e
Participants		

Participa	ants		
CON	UNIVERSITAET POTSDAM	POTSDAM	Germany
PAR	ETHNIKO KAI KAPODISTRIAKO PANEPISTIMIO ATHINON	ATHINA	Greece
PAR	EUROPEAN PHYSICAL EDUCATION ASSOCIATION	GLARUS	Switzerland
PAR	FACULDADE DE MOTRICIDADE HUMANA	CRUZ QUEBRADA LISBOA	Portugal
PAR	HANZEHOGESCHOOL GRONINGEN STICHTING	GRONINGEN	Netherlands
PAR	JOHANN WOLFGANG GOETHE- UNIVERSITATFRANKFURT AM MAIN	FRANKFURT AM MAIN	Germany
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania
PAR	MASARYKOVA UNIVERZITA	BRNO STRED	Czech Republic
PAR	PARIS-LODRON-UNIVERSITAT SALZBURG	SALZBURG	Austria
PAR	TRNAVSKA UNIVERZITA V TRNAVE	TRNAVA	Slovakia
PAR	UNIVERSITA DEGLI STUDI DI FOGGIA	FOGGIA	Italy
PAR	UNIVERSITAT BASEL	BASEL	Switzerland
PAR	UNIVERSITE DE LIEGE	LIEGE	Belgium
PAR	UNIVERSITE DU LUXEMBOURG	LUXEMBOURG- VILLE	Luxembourg

#### **Basic Motor Competencies in Europe – Assessment and Promotion**

A central aim of Physical Education (PE) is the promotion of basic motor competencies. They constitute essential requirements for taking part in the culture of sport and exercise and developing a physically active lifestyle. To promote the basic motor competencies effectively, the teachers have to know what their students are able to perform. For this reason the MOBAK test instruments have been developed. They provide valid and reliable information about the level of students' motor competence. The individual measurement of competencies allows teachers to identify groups with special needs and initiate special support to reduce inequalities. The proposed Collaborative Partnership "Basic Motor Competencies in Europe - Assessment and Promotion (BMC-EU)" consists of three progressive project phases: (1) The assessment of the basic motor competencies in 13 partner countries, (2) the development and implementation of a support-toolkit for teachers and (3) the implementation and dissemination of the project results. Phase 1: The evaluation of the basic motor competencies will take place in twelve European countries. Each project country will assess a sample of at least 300 students in primary school. Thereby, we pursue two central aims: The evaluation of the competence level of the countries (Monitoring) and of the competence level of the students (Screening). The results are reported to the project countries, the schools and the participating teachers. Phase 2: Based on the results of the MOBAK-assessments, we develop together in collaboration with the partner countries a module-based support-toolkit with tailored interventions to promote the basic motor competencies of the students. This enables the physical education teachers to work with their students on their individual motor deficiencies evidence-bases and subsequently more efficiently. Phase 3: For the implementation of the developed supporttoolkit, the project partners will organize workshops.

# Germany

**Reference:** 590350-EPP-1-2017-1-DE-SPO-SCP

Project Title: European Fitness Badge - Dissemination, Evaluation and Improvement

Project Acronym: EFB II

Eligible Budget (€)	Grant Amount (€)	Co-financing
368.408,00	368.408,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	DEUTSCHER TUR EV	RNER-BUND
	OTTO FLECK SCHN	IEISE 8
	DE 60528 FRAN	KFURT AM MAIN

Participa	ints		
CON	DEUTSCHER TURNER-BUND EV	FRANKFURT AM MAIN	Germany
PAR	ARTEVELDEHOGESCHOOL	GENT	Belgium
PAR	BG BYDI AKTIVEN	PLOVDIV	Bulgaria
PAR	DANSKE GYMNASTIK OG IDRAETSFORENINGER	BREDSTEN	Denmark
PAR	FUNDACIO UBAE	BARCELONA	Spain
PAR	INTERNATIONAL SPORT AND CULTURE ASSOCIATION	KOBENHAVN	Denmark
PAR	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia
PAR	SPORTUNION OSTERREICH VEREIN	WIEN	Austria
PAR	VEREIN FUR SPORT- GESUNDHEITSFORDERUNG EV	KARLSRUHE	Germany

#### **European Fitness Badge - Dissemination, Evaluation and Improvement**

The new project is consistent based on the project 2015-2017 having as its overall objective to increase citizen participation in sport and physical activity across Europe via the innovative and motivating instrument "European Fitness Badge". 59% of European citizens never or rarely do sports or are physically active in a regular sense. Despite a strong scientific evidence of the correlation between physical activity and a healthy, independent way of living this sedentary behaviour is unfortunately the case and the result is that a huge number of citizens as well as many societies do not benefit from a physical active lifestyle.

With the new project "Dissemination, Evaluation and Improvement of the European Fitness Badge" we will be able to continue in a sustainable way raising the awareness of the adult population in Europe of the importance of health enhancing physical activity by utilising the motivating elements of a personal fitness test - including a differentiated feedback of the actual fitness status and an individual counselling.

The European Fitness Badge is already developed, proved and tested in general (http://fitness-badge.eu/). But the now planned working period 2018 - 2019 will require a lot more efforts in the dissemination, evaluation and improvement of the EFB so that every interested organisation or club can use it. We will develop supports like best practise models, guidelines concerning the strategically implementation into sport organizations, European Week of Sport, learning and promotion materials.

# Germany

**Reference:** 590638-EPP-1-2017-1-DE-SPO-SCP

Project Title: Scoring for the Future- Increasing youth employability through football

Project Acronym: SF

Eligible Budget (€)	Grant Amount (€)	Co-financing
334.226,00	334.226,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	STREETFOOTBA GGMBH	LLWORLD
	WALDENSERSTRA	SSE 2-4
	DE 10551 BERL	IN



Participa	nts		
CON	STREETFOOTBALLWORLD GGMBH	BERLIN	Germany
PAR	ALBION IN THE COMMUNITY	BRIGHTON	United Kingdom
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA BALON MUNDIAL ONLUS	TORINO	Italy
PAR	ASS SPORT DANS LA VILLE	LYON	France
PAR	CHOG - CHAMPIONS OHNE GRENZEN EV	Berlin	Germany
PAR	FUNDACION RED DEPORTE Y COOPERATION	MADRID ALLOBENDAS	Spain
PAR	FUNDATIA POLICY CENTER FOR ROMA AND MINORITIES - PCRM	Jilava, Ilfov County	Romania
PAR	INEX - SDRUZENI DOBROVOLNYCH AKTIVIT Z S	PRAHA 2	Czech Republic
PAR	KICKEN OHNE GRENZEN VEREIN ZUR FORDERUNG UND INTEGRATION VON GEFLUCHTETEN JUGENDLICHEN	Vienna	Austria
PAR	RHEINFLANKE GGMBH	KOELN	Germany

#### Scoring for the Future- Increasing youth employability through football

"Scoring for the Future – Increasing Youth Employability through Sport" will promote education in and through sport with special focus on skills development. Through the development of youth employability through sport Training-of-Trainer tools, "Scoring for the Future" serves as a profound starting point to transforming the way sport clubs and organisations conceptualise their trainings and reach participants beyond the pitch. By leveraging successful practices from the field of youth work for social inclusion and the Erasmus+ KA2 Strategic Partnerships, the sport sector will benefit greatly from transferring expertise to make social inclusion in and through sport a cross-sectoral approach. The consortium group is made up of 10 partners with decades of experience in promoting youth employability through sport. Made up of sport clubs, organisations and associations the partner organisations come from Germany, Italy, Romania, the United Kingdom, France, the Czech Republic, Austria and Spain. Ultimately, the project will form a systemic approach to disseminating impact proven sport-based youth employability methodologies amongst 160 coaches, trainers and social workers. These actors, in turn, will help to engage 13.000 European sportspeople over the project period in structured sport and non-formal education programmes with the goal of developing and testing the methodology at local, regional, national and European level. Beyond these beneficiaries, the specific toolkit design will enable distance-learning through minimising personal resources needed.

Reference: 590461-EPP-1-2017-1-EL-SPO-SCP

Project Title: Alive & Kicking

Project Acronym: A&K

Eligible Budget (€)	Grant Amount (€)	Co-financing
365.678,00	365.678,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ASTIKI ETAIREIA PSICHOKOINONI MELETON	
	Markou Mpotsari 33	
	EL 18648 Drapet	isona



www.epsyme.gr

# Participants

Participa	ints		
CON	ASTIKI ETAIREIA PSICHOKOINONIKON MELETON	Drapetsona	Greece
PAR	AMFIDROMO CHOROTHEATRO	ENGOMI NICOSIA	Cyprus
PAR	ASSOCIACAO PARA A RECUPERACAO DE CIDADAOS INADAPTADOS DA LOUSA (A.R.C.I.L)	LOUSA	Portugal
PAR	ERGASTIRI EIDIKIS AGOGIS MARGARITA	Nea Pendeli	Greece
PAR	ETHNIKO KAI KAPODISTRIAKO PANEPISTIMIO ATHINON	ATHINA	Greece
PAR	FUNDACION GENERAL DE LA UNIVERSIDAD EUROPEA DE MADRID	VILLAVICIOSA DE ODON	Spain
PAR	PANELLINIOS SYLLOGOS PROSARMOSMENON DRASTIRIOTITON ALMA	PALEO FALIRO	Greece
PAR	UNIVERSITE DE LORRAINE	NANCY CEDEX	France

#### Alive & Kicking

Background:Physical activity in people with mental handicap can improve their health, physical function, selfesteem, and behaviour. Exercise-sports are included in the weekly schedule which E.PSY.ME implements But following problems manifest themselves.

Drop out

Absence of specifically tailored methodological tools,

Absence of a holistic scientific approach.

The above perception is shared by similar organizations in our region

We contacted the Uni of Athens concerning the above problems. University then turned to other European institutions. No solution was provided

Meetings followed between the Uni of Athens and E.PSY.ME and the following came to our attention. According to COM/2011/0012 and ERASMUS+ PROGRAMME IN THE FIELD OF SPORT and the Action of Collaborative Partnerships and in specific objective "Increasing the levels of participation in sport and physical activity", we found fertile grounds for a solution to fore mentioned problems.

Method:Using Self-Determination Theory which indicates that intrinsic motivation, doing something because it is inherently interesting and/or enjoyable, and thus enhances higher quality learning, flourishes in contexts that satisfy human needs for competence, autonomy and relatedness we will achieve participation in sport and exercise and permanently avoid drop out.

Conclusions: Through the proposed activities of the project we tackle the fore mentioned problems and we expect with certainty to elevate intrinsic motivation, generate coherent participant groups and alter cognitions and approach of the participants' everyday life.

The conclusions mentioned above match the expected results of the following Actions' objectives:

Development, transfer and/or implementation of innovative practices at European, national, but also at regional and local levels

Increased capacities to encourage mentally handicapped to participate in sport, in health enhancing physical activity and involvement those who are at risk of social exclusion.

PAR

Reference: 590354-EPP-1-2017-1-EL-SPO-SCP

#### Project Title: CORPLAY - COunter Radicalization, PLAY sport

Project Acronym: CORPLAY

Eligible E	Budget (€)	Grant Amount (€)	Co-financing
393.5	30,00	393.530,00	100,00 %
Project st	tart:	1/01/18	
Project e	nd:	31/12/19	
Coordina	tor:	KYTTARO ENALL ANAZITISEON NE	-
		PATROKLOU 57	
		EL 13122 ILION	
		www.kean.gr	
Participa	nts		
CON	KYTTARC	) ENALLAKTIKON A	NAZITISEON NEAG
PAR	DIMOS EV	<b>VROTAS</b>	
PAR	HACETTE	PE UNIVERSITESI	
PAR		OLIDARIO - ASSOC DLVIMENTO SOCIA	
PAR	SDRUZHE	ENIE SHANS I ZAKF	RILA

Number of members of sport organisations involved: 120

DILETTANTISTICA

UNIONE SPORTIVA MARIA AUSILIATRICE ASSOCIAZIONE

SELVAZZANO

DENTRO

Italy

#### **CORPLAY - COunter Radicalization, PLAY sport**

CORPLAY is a collaborative platform for learning and awareness raise, developed with the scope of enhancing the role of sport in preventing youth radicalization, by developing a sport grassroots innovative approach to tackle intolerance, xenophobia and discrimination leading to extremism, while increasing youth participation in sport.

Aware about the role of sport in facing societal challenges and, considering the gaps existing amid this potential and the actual capacities of grassroots sport organizations to monitor youths at risk, recognising the signs of radicalisation, and take the right measures, CORPLAY offers:

-a new Knowledge and Awareness Framework;

-a set of Learning Models and Tools, including Open Educational Recourses;

- methodological guide;

designed to:

raise awareness and abilities of coaches, sport managers, PA trainers and youth organizations;
 improve coaches and referees abilities to leverage on sport values of fair play and to endorse a more inclusive society based on equality and no discrimination.

By the end, the project provides positive messages and new sport based counter narratives, thus to change and innovate the perception of sport organizations' role in the contemporary society and in one of the most pervasive challenge of our time: radicalization and extremism.

Following what the Common European Dimension in sport, and what the The European Agenda on Security argue, the project advances new models to help grassroots organization to counter those threats. Actually as "shown by a recent report of the EU Fundamental Rights Agency, racism, xenophobia and other forms of intolerance continue to pose problems in European sport, including at amateur level."

The CORPLAY Perspective (COunter Raicalization, PLAY sport!) and Collaborative Learning Platform produce a much more resilient community, where sport and youth organizations, and local stakeholders collaborate to face contemporary societal challenges, through and in sport.

Reference: 590595-EPP-1-2017-1-EL-SPO-SCP

Project Title: Development of a course for educating Coaches on Sports Integrity

Project Acronym: C.S.I.

Eligible Budget (€)	Grant Amount (€)	Co-financing
312.593,00	312.593,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ARISTOTELIO PA THESSALONIKIS	NEPISTIMIO
	UNIVERSITY CAMP ADMINISTRATION E	
	EL 54124 THESS	SALONIKI

Participants						
CON	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece			
PAR	ASTIKI MI KERDOSKOPIKI ETAIRIA ATHLITIKIS DIAFANEIAS KAI PROSTASIAS TIS AKERAIOTITAS TOU ELLINIKOU ATHLITISMOU	ΑΤΗΙΝΑ ΑΤΤΙΚΙ	Greece			
PAR	CONFEDERACAO PORTUGUESA DAS ASSOCIACOES DE TREINADORES	Paço d'Arcos	Portugal			
PAR	INTERNATIONAL COUNCIL FOR COACHING EXCELLENCE	LEEDS	United Kingdom			
PAR	MAGYAR EDZOK TARSASAGA	Budapest	Hungary			
PAR	SHEFFIELD HALLAM UNIVERSITY	SHEFFIELD	United Kingdom			
PAR	SUOMEN AMMATTIVALMENTAJAT SAVAL RY	Helsinki	Finland			
PAR	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI	BUCURESTI	Romania			

#### Development of a course for educating Coaches on Sports Integrity

Contemporary sport coaches are in the middle of new ethical challenges in competitive and grassroots sports Sport events manipulation, sport doping, and similar harmful irregularities in sport, such as sport governance touch every activity of a modern coach. The C.S.I project's vision, is to address the continuing concern about coaches sport's capacity to act on the positive social and ethical values of modern sport. It's mission consists of five core parameters:

1. Educate coaches about the global scale and scope of illegal, corrupt, and anti-social conduct in sport, with an emphasis on doping, match fixing and good governance.

2. Give coaches an ethical framework for interrogating the causes and consequences of these practices, and the harms they impose on both stakeholders and the broader community

3. Give coaches the knowledge, competencies and skills to effectively manage threats to a sport's integrity mainly doping, match-fixing and good governance.

4. Enable coaches to build sporting ethical cultures [credibility, transparency, and integrity]

5. Combine cutting-edge theory with intensive case analysis, best-practice sport management, and give coaches the opportunity to undertake professional-level growth that may lead to latter research studies. Project C.S.I. will develop new innovative and prototype academic curriculum in order to educate and train preservice and in-service coaches in Europe by giving them the opportunity to attend a course that will be suited to a range of coaching obligations.

**Reference:** 590407-EPP-1-2017-1-EL-SPO-SNCESE EUROPEAN VOLUNTEER EVENTS for THERAPY through SPORTS **Project Title:** Project Acronym: **EVENTS** Eligible Budget (€) Grant Amount (€) **Co-financing** 504.573,20 80,00 % 403.658,56 Project start: 1/11/17 Project end: 31/10/18 **KINONIKES SINETERISTIKES Coordinator:** DRASTIRIOTITES EFPATHON OMADON GASTOUNIS AND GOUMENITSIS 14 EL 12131 PERISTERI www.edra-coop.gr Participants KINONIKES SINETERISTIKES DRASTIRIOTITES CON PERISTERI Greece **EFPATHON OMADON** 

#### EUROPEAN VOLUNTEER EVENTS for THERAPY through SPORTS

#### Overall goal

The proposal EUROPEAN VOLUNTEER EVENTS for THERAPY through SPORTS - (EVENTS) aims to develop strong institutional procedures for the specific contribution of sports to the prevention, therapy and rehabilitation of mental health service users at European level.

The connection between the fields of Sports & Mental Health (MH) is not represented by the already established sports procedures that refer either to physical disabilities or to intellectual disabilities (mental retardation).

Given that:

a) mental disorder isn't necessarily a disability, as a mental patient may be fully functional in the broader context of social life,

b) mental disorder is often temporary,

c) prevention plays a significant role in the field of MH,

d) people mentally ill are often stigmatized & discriminated,

e) social constructs are often involved in the treatment of mental health problems, adopting both an institutional or informal role and responsibilities that go beyond the frameworks of humanitarian awareness and solidarity, which in fact are incentives for the aforementioned disabilities,

The proposal involves the organization of a pilot Sport Event directly connected with MH as the first step towards the institutional adaptation of the European Sport Event for MH promotion & therapy.

Within this frame, main objectives of the project are:

- the implementation of a 3-days Sport Event in Greece where 252 participants will be persons with or without mental disorders

- the organization of a training seminal for professionals of both fields (MH/Sports)

- the awareness raising on stigma, and dissemination of the project results.

Participating/Sending organizations are representing 14 countries: Greece, Germany, Italy, UK, France, Spain, Turkey, Lithuania, Slovenia, Croatia, Portugal, Ireland, Bulgaria, Czech Republic, which cover the 72 % of EU population and the 76% of the Programme countries

Total Budget foreseen: 504.573 € Project duration: 12 months

Reference: 590726-EPP-1-2017-1-EL-SPO-SSCP

Project Title: Digital technology as a tool for development and promotion in football

Project Acronym: footAPP



Participants						
CON	MORFOTIKOS ATHLITIKOS SYLLOGOS ARIS PETEINOY	Xanthi	Greece			
PAR	CENTRO UNIVERSITARIO SPORTIVO PALERMO	PALERMO	Italy			
PAR	SDRUZHENIE FUTBOLEN KLUB ARDA 1924-GR KARDZHALI	Kardzhali	Bulgaria			

#### Digital technology as a tool for development and promotion in football

This project (FOOTAPP) supports collaboration between partners, from different countries with similar social, economic, geographic features (Greece, Bulgaria, Italy). The purpose of this intervention is the development of grassroots sport in football.

Through this project the partners will be able to exchange practices and training methods for athletes' skills development and new methods for promotion of young athletes in high-level Football Clubs. It will also enhance the creation of a merit-based management system of athletes. In addition, the project will develop actions linking new technologies in grassroots sport, through the creation of an electronic platform - management application.

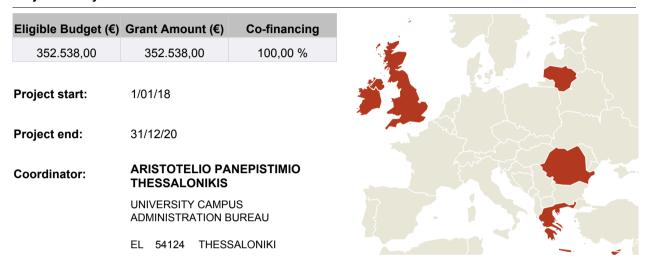
The aim of the project is the formation of sporting culture, adoption of the values of sports and equal opportunities for all athletes. Additionally, the Digital Application as a mean of meritocratic management of athletes, activates new incentives to boost the participation in sports.

The three partners will provide their knowledge and experience to the project. The University from Italy will implement the scientific oriented actions and the two clubs from Greece and Bulgaria will carry out the results. The sustainability of the project will be achieved through the operational support of the partners and will acquire athletes developing methods at European level and an athletes development tool that will dynamically evolve continuously.

 Reference:
 590613-EPP-1-2017-1-EL-SPO-SCP

 Project Title:
 A serious Game Approach in Mitigating performance Enhancement culture in youth

Project Acronym: GAME



Participants					
CON	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece		
PAR	CHRISTIANIKI ADELFOTIS NEON THESSALONIKIS	THESSALONIKI	Greece		
PAR	CYPRUS SPORT ORGANISATION	LEFKOSIA	Cyprus		
PAR	EUROPEAN NETWORK OF ACADEMIC SPORTS SERVICES, ENAS COMPANY LIMITED BY GUARANTEE	Dublin	Ireland		
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania		
PAR	SHEFFIELD HALLAM UNIVERSITY	SHEFFIELD	United Kingdom		
PAR	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI	BUCURESTI	Romania		

# A serious Game Approach in Mitigating performance Enhancement culture in youth

Anti-doping education is currently at an early stage and there are several needs that must be addressed. Firstly, anti-doping education should be based on state-of-art learning pedagogies. Secondly, anti-doping education is concerned with changing mindsets, intentions and behaviours towards doping use by reducing the risk factors and promoting the protective factors against doping. Thirdly, there are no other known anti-doping educational interventions that promote a positive approach to doping prevention, Finally, anti-doping educational interventions should incorporate the learning process in the context of new learning technologies, such as Serious Games. The aims of "The Game" Project are to:

1. Utilize cutting-edge behavioural science research about the risk and protective factors against doping use in amateur and grassroots sports to inform the development of an anti-doping serious game.

2. Use an "open innovation" framework to co-design the anti-doping serious game, through the active collaboration of SG designers and young people engaged in amateur and grassroots sports.

3. Apply and evaluate the effectiveness of the doping prevention SG in changing young people's learning, motivation, beliefs and behaviour towards the use of PAES, and in promoting a more positive mentality about drug-free and health-enhancing physical activity and sports.

4. Train the trainers on how to promote the serious game into several the project's target groups, namely adolescents and young competitive and recreational athletes.

5. Develop research agenda and policy recommendations for the wider application of SG technologies for the prevention of doping and the promotion of health-enhancing physical activity and sports in young people.

Reference: 590442-EPP-1-2017-1-EL-SPO-SSCP

Project Title: Reintegration Through Sport

Project Acronym: R.T.S

Eligible Budget (€)	Grant Amount (€)	Co-financing		
57.780,00	57.780,00	100,00 %	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	
Project start:	1/01/18			
Project end:	30/06/19			
Coordinator:	KENTRO THERAI EXARTIMENON A KETHEA	-		
	24 Sorvolou St.			
	EL 116 36 Athen	s		
	www.kethea.gr			

Participants						
CON	KENTRO THERAPEIAS EXARTIMENON ATOMON - KETHEA	Athens	Greece			
PAR	A-LARM BRUKER OG PARORENDE ORGANISASJON FOR APENHET OM RUS OG BEHANDLING	Kristiansand	Norway			
PAR	EXPERIENTIA	Moncada	Spain			
PAR	KOINONIA ISON EUKAIRION	Athens	Greece			
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece			

#### **Reintegration Through Sport**

The Reintegration Through Sport. (R.T.S) project aims to highlight the benefits of the outdoor sports activities and to contribute to the creation of a secure environment, giving to the ex-drug addict's equal opportunities, by contributing to their treatment and social reintegration. The project's main purpose is to develop and implement an innovative training tool that can contribute to the treatment and reintegration of ex-drug addicts. The project will be supported by a multidisciplinary team (experts in Adventure Therapy and outdoor sport activities, Sport psychologists, social workers, researchers, etc.). Also, the training tool will be accessible to healthcare professionals and physical education teachers working in the addictions field.

The main objectives of the project are:

1. The use of outdoor sport activities as a therapeutic tool for the treatment and social rehabilitation and integration of ex-drug addicts

2. The use of outdoor sport activities as a prevention tool regarding the use of psychoactive substances.
3. To enhance accessibility and equal opportunities for people from vulnerable social groups (ex-drug addicts) The aim of the project is to create a network linking centers, NGOs, institutions, (inter) national organizations and private people working to promote the benefits of outdoor sport activities and their use in the treatment of addictions. A further general objective is to identify the Theoretical background, the scientific approaches and the good practices in order to raise awareness and exchange of knowledge, providing opportunities for dialogue in order to enhance the dissemination of information on sport in the nature and treatment of drug abuse. As a result of the above the project aims to Creating and promoting an innovative training tool to increment awareness, capacitation and training of team leaders, supervisors and health professionals. Finally the project will be evaluated through Social Return On Investment methodology (SROI)

Reference: 590807-EPP-1-2017-1-EL-SPO-SSCP

Project Title: YOU'RE HOPE (YRH)

Project Acronym: YRH



#### Participants

CON	OLYMPIACOS SYNDESMOS FILATHLON PIREOS	Piraeus	Greece		
PAR	AALBORG BOLDSPILKLUB AF 1885	AALBORG OST	Denmark		
PAR	SDRUZHENIE LEVSKI SPORT ZA VSICHKI	SOFIA	Bulgaria		

#### YOU'RE HOPE (YRH)

The Refugee Crisis has been creating new issues related to the integration of those migrants fleeing from their native countries due to wars and persecutions. Being refugees and asylum seekers, they had experienced violence and difficulties, creating conditions for loneliness and sense of non-belonging.

Sport can play a crucial role in helping them to overtake these cultural barriers, and Multisport Clubs, thanks to their values, inclusiveness and multidisciplinary approach, can play a crucial role through common actions at European level. Olympiacos from Athens, together with SC Levski from Sofia, Aab 1885 from Aalborg, and in cooperation with several international stakeholders and experts, aims to organise several Multisport events in different countries, making refugees experience and play different sports disciplines with the local Clubs' coaches, athletes and supporters. This will give them the occasion to participate in activities within Clubs with strong roots in local communities, contributing in building relationships with their host countries in a perspective of better integration.

Indeed, Multisport Clubs can double the speed of the integration process, since Migrants will not only play a sport with a well-known local brand, but also will be able to choose among different disciplines, according to their passions and attitudes.

# Hungary

Reference: 590753-EPP-1-2017-1-HU-SPO-SSCP

Project Title: Improving Coaching Techniques in Beach Volleyball through Beach Camps

Project Acronym: BVC

Eligible I	Budget (€)	Grant Amount (€)	Co-financing
45.5	540,00	45.540,00	100,00 %
Project s	start:	1/01/18	
Project e	end:	31/12/18	
Coordina	ator:	KISPEST SE	
		Ady Endre út 7.	
		HU 1192 Budape	st
		www.kispestse.hu	
Participa	ants		
CON	KISPEST	SE	

PAR	AGRUPACION DEPORTIVA VOLEIBOL RIVAS	Rivas Vaciamadrid	Spain
PAR	ACADEMY OF BEACH SPORTS	CROYDE	United Kingdom
CON	KISPEST SE	Budapest	Hungary

#### Improving Coaching Techniques in Beach Volleyball through Beach Camps

The main scope of the project is the exchange of good practices in the field of beach volleyball (henceforth BV), through supporting the mobility of coaches, coordinators and staff of four international non-profit beach volley organisations located in the UK, Spain, Denmark and Hungary. The collaboration is planned to be realised in the context of international BV camp programs, trainings, seminars and coach courses in order to create synergies in the divergent practices of BV training in the participating European countries. The project would not only improve the methods of popularising the sport and the skills of coaching but would enhance participation and equal access for children not provided at the moment. The main target group of the project and its outcome is the youth (10-20 years old) age group.

In BV, beach camps are the most important forums where practical and theoretical knowledge can be developed and interchanged. Throughout Europe, under different weather conditions and instrumental opportunities, these camps developed different strengths and weaknesses. The project's timeline and the structure of the meetings (eight in total) follow the important milestones of an optimal beach volley season organised in different venues of Europe in order to explore the divergent conditions and characteristics of camps. The objective is to map the training and preparation opportunities during the whole year on the continent, seeking continuity and sustainability through coach development and through building good relations among the partner countries. On the basis of the collected material, the partnership plans to jointly compile a detailed and illustrated handbook in which the practices of different countries are combined together presented also on a related video portal where the practices can be uploaded. The handbook and portal will include all the important thematic topics elaborated on the partner meetings and coach seminars and on the associated blog page.

# Hungary

Reference:	590733-EPP-1-20	17-1-HU-SPO-SNC	ESE		
Project Title:	European School	Sport Day - Flags	nip Event		
Project Acronym:	ESSD				
Eligible Budget (€)	Grant Amount (€)	Co-financing			
297.809,00	238.247,20	80,00 %			
Project start:	1/11/17		-		
Project end:	31/10/18				
Coordinator:	MAGYAR DIAKSF SZOVETSEG	PORT			
	Budapest Munkacsy	Mihaly utca 17			
	HU H-1063 BUD	APEST			
	www.diaksport.eu				
Participants					
CON MAGYAR	DIAKSPORT SZOV	ETSEG		BUDAPEST	Hungar

#### **European School Sport Day - Flagship Event**

The European School Sport Day® (ESSD) is a pan-European initiative with the main objectives to promote sport and health enhancing physical activity at international level and involve as many children and young people, schools and organisations in physical activity programs as possible. ESSD also aims break down cultural barriers and contribute to social inclusion. ESSD has been first organized in 2015 with the support of Erasmus+ Sport. In 2016, organised with the continued support of the Erasmus Plus Program, the inclusive sport event had 1,5 million participants in 20 countries and thus we strongly believe that it has become the biggest event of the European Week of Sport. In 2017, Hungarian School Sport Federation aims to engage even more participants, and for 2018, we plan to establish ESSD as official Flagship Event of European Week of Sport.

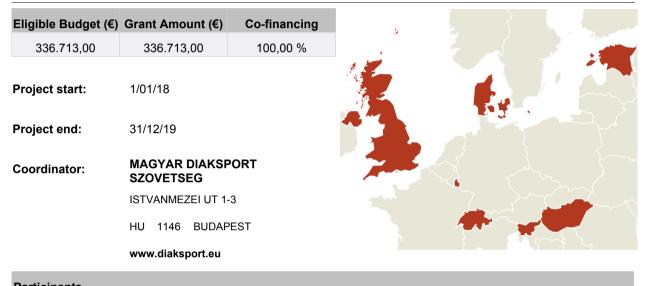
The toolkit developed earlier by partnering organisations also provide schools and pupils relevant methodological and practical information on how they can organise their own physical activity programs. Thus, ESSD is fostering volunteering in sport and more particularly in school sport. The project implements the objectives included in the EU policies on education and sport in a holistic way; interlinking the policy areas defined in the Guidelines: sport, health and education. Also, through the establishment of the Flagship Event, ESSD aims to connect Europe through school sport.

# Hungary

**Reference:** 590780-EPP-1-2017-1-HU-SPO-SCP

Project Title: European Physical Activity Label for Schools

Project Acronym: EU-PALS



Participa	ints		
CON	MAGYAR DIAKSPORT SZOVETSEG	BUDAPEST	Hungary
PAR	EESTI KOOLISPORDI LIIT	Tallinn	Estonia
PAR	EUROPEAN PHYSICAL EDUCATION ASSOCIATION	GLARUS	Switzerland
PAR	INTERNATIONAL SPORT AND CULTURE ASSOCIATION	KOBENHAVN	Denmark
PAR	UNIVERSITE DU LUXEMBOURG	LUXEMBOURG- VILLE	Luxembourg
PAR	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia
PAR	YOUTH SPORT TRUST	LOUGHBOROU GH	United Kingdom

#### **European Physical Activity Label for Schools**

The European Physical Activity Label for Schools (E-PALS) project is aimed at establishing a European physical activity label for schools which would first and foremost ensure schools the opportunity to compare and evaluate their sport and physical activity related programs and practices to other schools' in other EU countries in order to be able to fully utilize possibilities to provide space, time and opportunities for students to be physically active.

With the help of an objective compare and evaluation tool the map of physical activity in European schools will be drawn up. Summarising our vision, by creating and developing a European network under one label we engage schools and children around the continent to be more active. Schools that are seeking for recognition and reward, would be motivated to be awarded during the evaluation in the label system, which would result in better and more sport and physical activity programs. The objective of the project will be reached therefore through the contribution to increased participation of pupils in physical activity programs in European Union member states.

The European physical activity label will focus on three different dimensions and should involve indicators from three neighbouring fields (hereinafter also referred to as "dimensions"):

1. physical education in schools (seen as an educational course and part of the curriculum), from the quality P.E. perspective;

2. extracurricular physical activity programs with focus on health-enhancing physical activity – hereinafter: HEPA - organised in or by the schools or pupils themselves

3. school sport (competitive and non-competitive sport activities and events in or between schools)

During the project, an online self-assessment tool will be developed to be able to measure the above indicators and to guide schools to comply with the label criteria.

In line with the above, the programme aims to raise awareness towars the values and qualities of sport-minded schools.

### Hungary

PAR

**Reference:** 590671-EPP-1-2017-1-HU-SPO-SSCP Up and down! Four season activity in the mountains: skimo and trail running **Project Title:** Project Acronym: UDFSAM Eligible Budget (€) Grant Amount (€) **Co-financing** 47.330,00 47.330,00 100,00 % Project start: 1/01/18 Project end: 30/06/19 **MAGYAR SIALPIN ES TURASI Coordinator:** SPORTEGYESULET Szélesrét dűlő 6953/2. hrsz. HU 2621 Verőce www.sialpin.hu Participants CON MAGYAR SIALPIN ES TURASI SPORTEGYESULET Verőce Hungary PAR **ISLENSKI ALPAKLUBBURINN** Reykjavik Iceland

Ljubljana

Slovenia

Number of members of sport organisations involved: 63

PLANINSKO DRUSTVO LJUBLJANA-MATICA

#### Up and down! Four season activity in the mountains: skimo and trail running

Both ski touring (backcountry skiing, where both uphill and downhill travel is made on skis without the use of any motorized equipment, e.g. without the use of lifts, also called ski alpinism and ski mountaineering or skimo) and trail running have become more and more popular in the recent years all over Europe. However -especially in non-Alpine and small countries- the necessary background knowledge in health and safety is often missing, and while the two sports are highly complementary, yet cheap outdoor activities, and provide an all year round healthy cardio lifestyle, usually they are still not encouraged strongly enough together. Thus the main focus of the current project is to formulate the necessary steps to increase partaking and the number of voluntary activities in these sports, raise health and safety awareness and the knowledge on their health-enhancing effects, and to start developing a network of European organizations focusing on these sports.

## Ireland

PAR

 Reference:
 590614-EPP-1-2017-1-IE-SPO-SCP

 Project Title:
 Project for a Liaison-based Integrated Approach to Improving Supporter Engagement

Project Acronym: LIAISE

Eligible Budg	jet (€)  Grant Amount (€	E) Co-financing			
307.652,0		80,21 %	3		
307.032,0	240.701,00	00,2170			
Project start:	1/01/18				
Project end:	31/12/19				
Coordinator:	EUROPEAN SU ALLIANCE	PPORTERS			
	BISHOPSTOWN T GROUND CURRA				
	IE T12 DE08	CORK			
	www.sdeurope.e	u			
Participants					
CON EUF	ROPEAN SUPPORTERS	S ALLIANCE		CORK	Ireland
PAR ASS	SOCIATION NATIONALE	E DES SUPPORTERS	6	GIVENCHY-EN- GOHELLE	France
PAR BUI	GARISKI FUTBOLEN S	AYUZ		Sofia	Bulgaria
PAR FEE	ERATION FRANCAISE	FOOTBALL		Paris	France
PAR FO	OTBALL SUPPORTERS	EUROPE EV (FSE)		HAMBURG	Germany
PAR FOR	RENINGEN SVENSK EL	ITFOTBOLL		Sundbyberg	Sweden
PAR LIG	OVA FOTBALOVA ASO	CIACE		Praha - Staré Město	Czech Republic
PAR POI	SKI ZWIAZEK PILKI NO	DZNEJ		WARSZAWA	Poland

Number of members of sport organisations involved: 5.203.000

Svenska Fotbollssupporterunionen

STOCKHOLM

Sweden

# Project for a Liaison-based Integrated Approach to Improving Supporter Engagement

The project's aim is to:

Encourage the football authorities and partner agencies to recognise the value of enhanced dialogue and communication between club supporter liaison officers (SLOs) and the football and public authorities through better understanding, awareness and implementation of established SLO good practices.

This project will help football governing bodies, public authorities and national and international supporter organisations to do this by:

The development of a collaborative partnership of national football bodies and supporter organisations in six European countries, a group that can continue to work together beyond the lifetime of this project.
A programme of three training events that all partners and associates will attend, focusing on supporter

liaison, the integrated safety, security and service approach at football matches and other sports events, and supporter engagement.

• Actively encouraging all agencies to develop a partnership with supporters based on dialogue and positive cooperation to identify "solutions to potential problems", one of the stated aims of the new Council of Europe Convention on An Integrated Approach to Safety, Security and Service at Football Matches and Other Sport Events.

• A series of supplementary action-research exchanges between national football bodies, national association and club SLOs, and supporter organisations to see good practices and improvements in action.

• The development of dedicated action plans for each participating country, based on the training events and action-research

# Italy

Reference: 590371-EPP-1-2017-1-IT-SPO-SCP

Project Title: Physical ACTivity: the tool to improve the quality of LIFE in osteoporosis people

Project Acronym: ACTLIFE

Eligible E	Budget (€)	Grant Amount (€)	Co-financing			
493.7	35,00	400.000,00	81,02 %	den fe		
Project s	tart:	1/01/18				
Project e	nd:	31/12/20				
Coordinator:		ALMA MATER STUDIORUM - UNIVERSITA DI BOLOGNA				
		Via Zamboni, 33				
		IT 40126 Bologna	a			
		www.unibo.it				
Participa	nts					
		TER STUDIORUM -	UNIVERSITA DI B	OLOGNA	Bologna	Italy
PAR	COLÁIST	E MHUIRE GAN SM	ÁL		Limerick	Ireland
PAR		CH-ALEXANDER-UN	IVERSITAET ERLA	ANGEN	ERLANGEN	Germany

	NUERNBERG		· · · · · · · · · · · · · · · · · ·
PAR	ISTITUTO ORTOPEDICO RIZZOLI	BOLOGNA	Italy
PAR	LAUREA-AMMATTIKORKEAKOULU OY	VANTAA	Finland
PAR	SDRUDZENIE ZNAM I MOGA	SOFIA	Bulgaria
PAR	UNIVERSITY OF ULSTER	COLERAINE	United Kingdom

### Physical ACTivity: the tool to improve the quality of LIFE in osteoporosis people

ACTLIFE is focused on the development and dissemination across Europe of ACTLIFE protocol aimed to the secondary and tertiary prevention of osteoporosis consequences through physical activities. In particular the project aims to deal with bone mineral density and fear of falling in people with osteoporosis. Specific goals are:

Identification, assessment and sharing of an exercise program, the ACTLIFE protocol for physical activity, based on reviews at European level and declined in terms of dosing in people with established osteoporosis
 Identify proper approach for the involvement of Health decision makers and stakeholders to raise awareness and promote sport and physical activity, implementing the ACTLIFE protocol inside the local and national Healthcare Programs and activating a network for its correct working

- Identify organizational formats to facilitate the participation of people with osteoporosis in physical activity programs, identifying socioeconomic, cultural, and environmental barriers, raising awareness and involving the Health decision makers and concerned stakeholders, to implement and sustain over time the program identified by the first goal;

- Raise awareness and involve the sport community and high education institutions to promote specific courses based on ACTLIFE protocol for people, held by specialists with degrees in physical education, advocating the involvement of policy makers to develop awareness campaigns for healthy life style.

The ACTLIFE results will be disseminated throughout:

The scientific community will be addressed through scientific publications

• The sport and user associations communities will be informed through specific Open Day events

• The policy makers community will be informed through specific advocacy meeting and thanks to institutional participation and representations inside the ACTLIFE consortium.

• The Public health authorities and health care professionals will be informed through specific ECM events

Reference: 590356-EPP-1-2017-1-IT-SPO-SSCP

# Project Title: ATHLETICS FOR YOUNG AND TEACHERS ALL OVER EUROPE

Project Acronym: AYTOE

Eligible Budget (€)	Grant Amount (€)	Co-financing
59.510,00	59.510,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	<b>A.S.D. RUNNING I</b> VIA FRATELLI CERV	
	IT 75100 MATER	A

Participa	Participants							
CON	A.S.D. RUNNING MATERA	MATERA	Italy					
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy					
PAR	FUNDACION UNIVERSITARIA SAN ANTONIO	MURCIA	Spain					
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania					

### ATHLETICS FOR YOUNG AND TEACHERS ALL OVER EUROPE

ATHLETICS FOR YOUNG AND TEACHERS ALL OVER EUROPE

Athletics is one of the most complete physical sport, but not only, it was shown that it is also an important tool to fight children learning dysfunctions.

In this context, the main purpose of the 24-month project is to stimulate children's participation in physical activity improves health and sense of belonging through volunteer activities through increasing attractiveness and quality of athletics.

Powered by two important Italian sports clubs and two European universities with the support of a school (two), the proposal provides for three target groups: 300/400 children and young people aged 8-14 years; 9/12 coaches beginner level; families of children (and their schools).

The specific objective of this proposal is to exploit the potential contribution Athletic welfare children (both individuals and / cognitive level of the brain), giving proof of its impact. The project aims to:

1. Analysis of local needs

2. Collect and share best experiences (through the establishment of working groups)

- 3. Identify a group of control and monitoring of activities
- 4. Design of a manual test of athletic-training version (based on common results)
- 5. Verify that through the implementation of training modules
- 6. Evaluate the results with common indicators and supervised by university researchers
- 7. Collect data on progress achieved

8. Draft a final version of the Athletics Teaching Manual

8. Final event in the European Capital of Culture 2019 (Matera).

Through this process, the project to standardize a high level of athletic teaching method for beginners and more coaches expertise.

The whole project will be encouraged awareness-raising activities on the added value of sport and physical activity on the health of children and specific activities to improve dissemination Athletics framework in sectoral stakeholders.

Reference: 590729-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Begin an Educative Social Training

Project Acronym: BEST

Eligible Budget (€)	Grant Amount (€)	Co-financing
40.050,00	40.050,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ASSOCIAZIONE S	-
	Via Ufente n.20	
	IT 04100 Latina	

Participants						
CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA DFG SPORT	Latina	Italy			
PAR	AYUNTAMIENTO DE VINALESA	Vinalesa	Spain			
PAR	COMUNE DI CECCANO	Ceccano (FR)	Italy			
PAR	FONDATSIA EVROPEISKI CENTER ZA INOVATSII OBRAZOVANIE NAUKA I CULTURA	GABROVO	Bulgaria			

#### **Begin an Educative Social Training**

The main purpose of the project is to turn diversity into positivity, taught the value of respect for helping to break down prejudices and inner barriers, thus promoting a more proactive inclusion in social life.

First, we want to create an active network on the territory. We would like therefore to leverage local stakeholders organizing public seminars focused on social and architectural obstacles. to bring as a priority action the elimination of any barriers that prevent equal access to sport activities, thereby focusing the maximum inclusion.

Second the project aims to achieve its main objective by using sport as a cross-education tool, by importing the experience of the Italian applicant, to create valid future adults who will become decision makers in the near future. The projects have planned to achieve the objectives with a structured set of activities for both abled and disabled students. Will be implemented a didactic phase which consists in awareness days and laboratories in schools and a practical phase where will take place tournaments between schools.

The Italian sport organization has promoted the project with the purpose to spread its valid methodology and experience in using sport to favor student's personal growth and a greater social inclusion. To have a greater impact on its territory will establish an active cooperation with the Municipality of Ceccano. In Bulgaria, the ECIESC, active in skills development of young people and in encouraging the professional development of disadvantaged people, can count on a wide network of schools and on suitable trainers that enrich this project with specific skills. In Spain, the Municipality of Vinalesa, personally involved as a partner, can import this best practice and become a good example as local authorities to transform the removal of architectural and social barriers in a priority of action.

Reference: 590515-EPP-1-2017-1-IT-SPO-SSCP

Project Title: BLACK AND WHITE SPORT: CHESS

Project Acronym: CHESS

Eligible Budget (€)	Grant Amount (€)	Co-financing
50.350,00	50.350,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ASSOCIAZIONE ( SPORTIVA DILET GLAMOUR EVEN	TANTISTICA
	via Sisinnio Monni, 2	5
	IT 07100 sassari	



_			
Pa	rtic	cipa	ants

raiticipa	Fanticipants						
CON	ASSOCIAZIONE CULTURALE SPORTIVA DILETTANTISTICA GLAMOUR EVENTS	sassari	Italy				
PAR	CENTRO SOCIAL E PAROQUIAL SANTOS MARTIRES	Bragança	Portugal				
PAR	FEDERACIO CATALANA D'ESCACS	Barcelona	Spain				
PAR	LATVIJAS SPORTA PEDAGOGIJAS AKADEMIJAS	Rīga	Latvia				

### **BLACK AND WHITE SPORT: CHESS**

In 2012 the European Parliament realised a Declaration on the introduction of the «Chess in schools» programme in the educational systems of the European Union. The Parliament highlighted that chess game: "can help social cohesion and contribute to policy objectives such as social integration, combating discrimination, reducing crime rates and even the fight against various addictions"; it "can improve children's concentration, patience and persistence and can develop the sense of creativity, intuition, memory, and analytic and decision-making skills; it "teaches determination, motivation and sportsmanship". This project will establish a European Network whose mission will be to have the teaching of chess game be included (as compulsory subject) in the curriculum of all EU primary schools (ISCED1). In the initial stage, this project foresees a workshop in order to define: an awareness raising campaign for the spread of chess (with a-few-minute-length video clips in English and in the languages of countries involved; video clips will be realised on social networks); a European study to share national good practices; the conclusive workshop for presenting the project to the general public. This project also foresees: defining a training models with the criteria/ methodologies collected in the first workshop; pilot experimentation in some schools. Following the study on already existing experiences in the EU and the operative experimentation, the final training module will be defined and this will be a project output. The training module will be sent for publication and deeper study to chess journals and pedagogic ones at European level; it will also be transmitted to the European Commission and to EU chess sports federations. In the dissemination phase, a public meeting will be organized in each participating country. The main stakeholders will be invited to participate to the meeting, during which the project outputs will be distributed and video clips will be shown.

PAR

**Reference:** 590493-EPP-1-2017-1-IT-SPO-SSCP

Creating Opportunity for sport Members at grassroots level to Enable INclusion **Project Title:** 

Project Acronym: COME IN

Eligible Bu	udget (€)	Grant Amount (€)	Co-financing			
59.525	5,00	59.525,00	100,00 %	300		
Project sta	ırt:	1/01/18				
Project end	d:	31/12/19				i star
Coordinator:		ORGANIZZAZION L'EDUCAZIONE A				
		Via Salvatore Quasin	nodo, 129			
		IT 00144 Roma				
		www.opesitalia.it				
Participant	ts					
CON O	ORGANIZ	ZAZIONE PER L'ED	UCAZIONE ALLO	SPORT	Roma	Italy
	ASS NALE ETUDIANT SCIENC TECH ACTIVITE PHYS SPORT			PHYS	Paris	France
	UROPE/ DRGANIS	AN NON-GOVERNM ATION	ENTAL SPORTS		STOCKHOLM	Sweden
PAR S	SPARC S	PORT CIC			Redruth	United

Redruth

Kingdom

50 Number of members of sport organisations involved:

SPARC SPORT CIC

#### Creating Opportunity for sport Members at grassroots level to Enable INclusion

With COME IN: Creating Opportunity for sport Members at grassroots level to Enable Inclusion, we want to test and experiment concretely an educative programme and guidelines for sport trainers, mentors and coaches to adapt and create more sport opportunity for young people with disability at grassroots level.

The three partner countries are very concerned regarding the social inclusion through participation in sports for disabled youth and have very diverse experience and regulation in this matter. Through COME IN project we will exclusively focus on grassroots sports including actively people with disability in all steps of the project. We want to change deeply the approach of the sport towards inclusion dimension and we aim for a higher participation in sports at grassroots level. Because of that we will have people with disability included in all the process of the project in order to ensure that our proposal, our actions will really respect all the needs in term of accessibility: from the activity to the material provided.

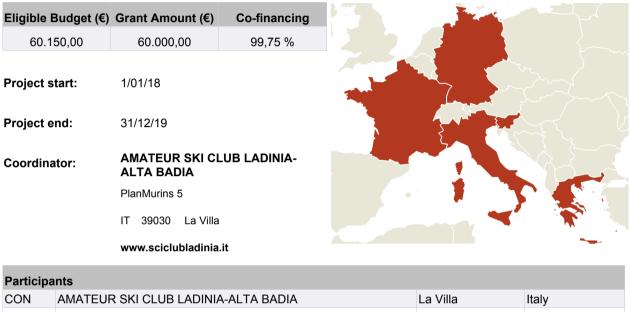
In order to do that, the project partners use existing knowledge and practices to create an accessible educational programme that will be tested through an international training and national pilota activities. Thanks to this testing phase, the partners will collect a comprehensive tool, the COME IN tool, through which people with disability and without disability can find accessible instruction on how to open/offer sport opportunities to people with disability and people with and without disability together.

With this tool it will be possible to create, adapt and/or open all the physical activity/sport programmes towards the different ability present in every community. At the end of the project an on line massive awareness campaign will be realised in order to disseminate and spread the result of the project and educate sport member at grassroots level in becoming more inclusive.

Reference: 590525-EPP-1-2017-1-IT-SPO-SSCP

Project Title: DUAL CAREERS FOR ALPINE SKI RACERS

Project Acronym: DC4SKI



CON	AMATEUR SKI CLUB LADINIA-ALTA BADIA	La Villa	Italy
PAR	ALPSKI SMUCARSKI KLUB KRANJSKA GORA	KRANJSKA GORA	Slovenia
PAR	CHAMBRE DE COMMERCE ITALIENNE DE LYON	LYON	France
PAR	EYROPAIKO INSTITOYTO TOPIKHS ANAPTYKSHS	THESSALONIKI	Greece
PAR	LIBERA UNIVERSITA DI BOLZANO	BOLZANO	Italy
PAR	UNIVERSITA DEGLI STUDI DI GENOVA	GENOVA	Italy
PAR	UNIVERSITAET OSNABRUECK	OSNABRUECK	Germany

### **DUAL CAREERS FOR ALPINE SKI RACERS**

Athletes face multiple challenges in combining their sport with education or employment. For a long time, in skiing – a grassroots sport for mountain areas - the problem of Dual Careers did not exist: it was natural (and often the only way to go) for athletes to transition from racing to teaching skiing or to other ski-related activities. This cycle greatly benefitted the social and economic development of the ski areas. However, in recent years, ski clubs have been experiencing early racing abandonment. Thorn between school obligations, family pressure, training and competing, many talented athletes ultimately decide to abandon competitive. If unresponded, this phenomena will become a real challenge for the European Alpine / mountain economies and societies.

The project aims to: 1. Understand the needs and the challenges faced by athletes, families and educators in ski racing. 2 Research specific transferable talents that ski racers gain. 3. Map the specific long term health benefits that athletes gain for alpine ski racing. 4. Show the link between ski racing and a sustainable economic and social development of the mountain areas. 5. Learn from the experience of top US Ski Academies and collegiate ski racing; 6. Propose European-wide policy solutions to promote Dual Careers in Alpine Ski Racing. In sum, the project aims to show cultural, educational and work environments supporting dual careers in alpine ski racing is not only beneficial for the athletes in many different ways - from long term health benefits, to talents that can be transferred to the education and subsequently professional life -but also for the sustainable economic advocate for the development of European best practices in the field of dual careers for Alpine ski racers like for instance the creation of European Ski Academies and the creation of European collegiate Alpine ski teams and racing.

 Reference:
 590518-EPP-1-2017-1-IT-SPO-SNCESE

 Project Title:
 Diabetics Runners and Cyclists for more sport for all in Europe - SportGiveChance

Project Acronym: DIABCY



### Diabetics Runners and Cyclists for more sport for all in Europe - SportGiveChance

APPLICANT:

Spoleto Municipality ORGANIZATIONS INVOLVED:

-11 Municipalities,

-A network of 8 sports and cultural associations,

-Umbria Region and a umbrella sport bodies.

-31 body from 16 EU Countries.

OBJECTIVE:

organize a European sporting event of run, bike ride and hand-bike, involving diabetics athletes and disables, to raise awareness of sport and physical activity in promoting health, well-being and social inclusion. SPECIFIC OBJECTIVES:

1.Promoting voluntary work in sport associations to spread sport among diabetics and weaker people, 2.Promote contact between sport/tourism/cultural route.

3.Encouraging participation in sporting activities for better social integration and personal development,
 4.Creating a participatory Rural and Urban planning laboratory aimed at developing sports itineraries and

integrated activities suitable for and with the project targets,

5. Creating a Sports Skill Lab aimed, at creating and maintaining a network of specialists and public stakeholders.

ACTIVITIES:

The event include

a week of non-competitive sport activities for diabetics athletes: 320 from 16 European Countries and 700 from Italy,

three laboratories: Rural, Urban and Sports Skill Lab,

medical conferences on the utility of the sport for the prevention of diseases,

think tank with stakeholders in order to promote vertical mainstreaming actions and generate an impact on each local policies for 16 common approach.

LOCATION:

The most beautiful Italian bike trail among Assisi-Spoleto-Norcia.

IMPACTS:

The project will contribute by increasing the capacity of public initiatives and institutional dialogue for the promotion and protection of the rights of people with diabetics disabilities and to enhance the active participation of sport Associations in implementing public policies . OUPUTS:

1)The European Decalogue (Charta) to prevent diabetic diseases,

2)Video tutorial, it collects points of the Decalogue,

3)Acts of the three LABs and Common Guidelines.

PAR

**Reference:** 590443-EPP-1-2017-1-IT-SPO-SCP

**Project Title:** 

A EU collaborative partnership for active lifestyles for the prevention and treatment of breast cancer- DANCING WITH HEALTH

Project Acronym: DWH

Eligible Bu	ıdget (€)	Grant Amount (€)	Co-financing	
345.520	0,00	345.520,00	100,00 %	
Project sta	rt:	1/01/18		
Project end	d:	30/06/20		
Coordinato	or:	UNIVERSITA DEG ROMA FORO ITA		
		PIAZZA LAURO DE	BOSIS 15	
		IT 00135 ROMA		
		www.uniroma4.it		
Participant	ts			
CON U	INIVERS	ITA DEGLI STUDI D	I ROMA FORO ITAL	
PAR A	SOCIAC	IA ZA RAZVITIE NA	BULGARSKIASPO	
PAR IN	NCONTR	ADONNA ONLUS		
		EUROPEO PER LO		
PAR		OS REGIONO MOTE	ERU INFORMACIJO	

MOVEMENTPSYCHOTHERAPY UK LIMITED PAR UNIVERSITAIR MEDISCH CENTRUM UTRECHT UTRECHT

50 Number of members of sport organisations involved:

THE ASSOCIATION FOR DANCE

United

Kingdom

Netherlands

Bath

# A EU collaborative partnership for active lifestyles for the prevention and treatment of breast cancer- DANCING WITH HEALTH

The basic view of DANCE WITH HEALTH is that sport for cancer patients has a double role. The first is connected with physical education, movement and health information, concepts contained in the primary directions of the EU. The other role is connected with learning and education. Through training, patients can be supported by skilled experts who can properly accompany them in their difficult path of treatments and recovery.

Considering this, and in order to support the implementation of the Guidelines, the project wants to promote physical activity in the form of dance to breast cancer survivors and women who are still in treatment aged 30-65 by offering an innovative dance protocol to involve them in a moderate / vigorous physical activity and as a consequence, to make them accept and reconnect with their bodies, build new self-confidence, enhance self-expression, address feelings of isolation, depression, anger and fear and to strengthen personal resources and above all, to do a physical activity necessary for their well being. Thus, the project through the development of its dance protocol aims to promote voluntary activities in sport, together with awareness of the importance of health-enhancing physical activity through increased participation in sport for all. Project activities will be:

- Development of an innovative dance protocol for breast cancer survivors and women who are still in treatment to involve them in a moderate / vigorous physical activity;

- Training (train the trainers) dance teachers and experts in physical education and health to standardize the protocol and make it transferable and replicable also in other contexts and countries.

- Organisation of multipliers events open to the public to inform them about the project and of other topics as the Importance of physical activity for the maintenance of health status; Physical activity in the prevention and treatment of diseases; Dance and its psychological and physiological effects.

Reference: 590763-EPP-1-2017-1-IT-SPO-SCP

Project Title: Encouraging Girls'Participation in Sports - 2

Project Acronym: EGPiS2

Eligible Budget (€)	Grant Amount (€)	Co-financing	
378.990,00	378.990,00	100,00 %	
Project start:	1/01/18		
Project end:	31/12/19		
Coordinator:	ENDAS - ENTE NA DEMOCRATICO E SOCIALE		
	VIA MERULANA 48		
	IT 00185 ROMA		
	www.endas.it		

Participa	Participants						
CON	ENDAS - ENTE NAZIONALE DEMOCRATICO DI AZIONE SOCIALE	ROMA	Italy				
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria				
PAR	CATALCA ILCE MILLI EGITIM MUDURLUGU	ISTANBUL	Turkey				
PAR	HRANICKA ROZVOJOVA AGENTURA ZC	HRANICE I MESTO	Czech Republic				
PAR	LATVIJAS SPORTA FEDERACIJU PADOME	RIGA	Latvia				
PAR	MUNICIPIO DE MIRANDELA	MIRANDELA	Portugal				
PAR	TECHNOLOGIKO PANEPISTIMIO KYPROU	LEMESOS	Cyprus				
PAR	THE ACCESS TO SPORTS PROJECT	LONDON	United Kingdom				
PAR	VARMLANDS IDROTTSFORBUND	Karlstad	Sweden				

#### **Encouraging Girls'Participation in Sports - 2**

The project Encouraging girls' participation in sports - 2, EGPiS2, was born in the wake of the success of the homonymous previous project EGPiS, financed by the European Commission in the framework of ERASMUS+ Programme.

EGPiS2 aims to support girls' participation in sports, and will deepen some crucial aspects that were brought to light from the first project. In detail:

a) EGPiS methodology (gender issues; environment and premises accessibility, sports offer...);

b) how to address and involve social groups (family, peer groups, schools, sport clubs...), with a specific attention to intercultural dialogue;

c) how to introduce these themes in the training of trainers and coaches;

d) how to address the issue of gender policies, in order to promote equal opportunities for girls in sport.

The project will then develop a collaborative research phase in the 9 Countries involved (Italy, UK, Portugal, Czech Republic, Sweden, Bulgaria, Latvia, Turkey and Cyprus), and will produce the following intellectual outputs:

O1 - Research on Social Factors Encouraging Girls' Participation in Sports: an overview on the new themes addressed, best practices and practical examples

O2 - Encouraging Girls' Participation in Sports - Guidelines N. 2: it will include an update on EGPiS

methodology and strategies and tools aimed at addressing social factors and gender policies

O3 - EGPiS2 Tutorials: User-friendly video tutorials aimed to the various components of the intended recipients: girls, families, workers, organizers, decision makers and local administrators

O4 - Encouraging Girls' Participation in Sports - Training Course: a formative teaching module for trainers and coaches, aimed at testing project findings and tools, to be tested in pilot projects in the participating Countries. The results of the pilot phase will be used to assess the Intellectual Outputs produced; they will thus become a shared and common knowledge available for further use and implementation at European level.

Referenc	e:	590629-EPP-1-201	17-1-IT-SPO-SNCE	SE		
Project T	itle:	EUropean Games	of Integrated Fen	cing		
Project A	cronym:	EU.GIF				
Eligible E	Budget (€)	Grant Amount (€)	Co-financing		AN THE REAL	
445.4	16,79	356.333,43	80,00 %			
Project s	tart:	1/11/17				
Project e	nd:	31/10/18		5		
Coordina	tor:	COMUNE DI JESI		F 7		
		Piazza Indipendenza	, 1			
		IT 60035 Jesi				
		www.comune.jesi.a	n.it			
Participa	nts					
CON	COMUNE	DI JESI			Jesi	Italy

#### **EUropean Games of Integrated Fencing**

EUropean Games of Integrated Fencing (EU.GIF) intends to support, enhance and promote the fundamental role that sport can play for young people and people with disabilities with regard to integration, social inclusion, personal development and growth and active citizenship, with the aim of creating more integrated and cohesive societies. Project aims at organizing a major sport event of integrated fencing involving able-bodied and disabled young athletes in the 20-30 age group, coming from 13 European countries: Italy, Portugal, Estonia, Denmark, Sweden Hungary, Latvia, UK, Slovenia, Greece, Germany, France, Bulgaria. The young athletes and the technical staff – around 150 people – will partecipate in various sporting events and educational initiatives (Games, Athletic trainings, Seminars, social events) under the theme of "sport for all", promoting the participation of disabled people and guaranteeing the organization of disability-specific ones, with the strategic purpose of enhancing participation, education, equality and social protection in the field of sport. The project supports the creation of virtuous cooperation among institutions, associations and individuals active in sports and social field to search for the best result through the sporting, recreational and cultural dimension. At the same time, through different communication and dissemination activities and events the project will provide an opportunity for increasing awareness of Citizens of the value of sport and physical activity in promoting health and well-being, on the EU dimension of sport and on existing strategies supporting sport activities and social inclusion through sport. Moreover, the International Fencing Event will be widespread across EU, guaranteeing an effective impact on the target groups in order to share and disseminate information, allowing them to be willing and capable of integrating project results in their day to day operations.

Reference:	590592-EPP-1-20	17-1-IT-SPO-SNCE	SE	
Project Title:	EXPOSPORT- Int	ernational Sport G	ame	
Project Acrony	m: EXPOSPO			
Eligible Budget	t (€) Grant Amount (€)	Co-financing	A AN	
873.300,00	500.000,00	57,25 %		
Project start:	1/11/17			
Project end:	31/10/18			
Coordinator:	COMUNE DI REG PIAZZA PRAMPOLII IT 42100 REGG			
Participants				
CON COMU	JNE DI REGGIO EMILIA		REGGI	D EMILIA Italy

### **EXPOSPORT- International Sport Game**

The International Sport Games (EXPOSPORT) project features young athletes, aged 11-18 from 13 different European Countries (Italy, Poland, Croatia, Spain, Germany, Czech Republic, Slovenia, Greece, Portugal, Malta, Romania, Netherlands, French) accompanied by their coaches, institutional representatives from their cities and some of them by their families, challenging themselves in almost 40 sport disciplines, including traditional/grassroots sports and Paralympic ones (5 disciplines). The project and its sport event builds on the strong and positive experience of previous five editions, whose first was held in 1997 as occasion to celebrate the Bicentenary of the Italian Tricolore flag, born in Reggio Emilia. It will be participated also by organizations from other countries, such as Mozambique, Palestine, Israel, South Africa, Cina, Saharawi Republic, Unites States of America.

EXPOSPORT, targeted especially to younger generations, but also to local authorities and citizens, promotes the use of sport/physical activity, gender equality and social inclusion as a vehicle to foster friendship, solidarity between peoples and knowledge of new cultures and different culture under principles such as social inclusion, sustainability, volunteering and respect of different cultures, human rights and disability.

It aims to demonstrate the positive effects from which people can benefit (making sport/physical activity as part of their everyday lives, spending time with disadvantage people/new citizens) as individual and part of a community. The project intends to disseminate and communicate the positive role of sport for: wellbeing and social inclusion of individual; mean to reinforce the active protagonist at local community; mean to consolidate and enlarge networks with other organizations, stakeholders and citizens active in the sport field at European level; gender equality in daily life; access to sport activities to all; urban renewal of city space using as playground.

Reference: 590643-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Water GHAims EuroCamp

Project Acronym: GHAims

Eligible	Budget (€)	Grant Amount (€)	Co-financing	
58.2	210,00	58.210,00	100,00 %	
Project s	start:	1/01/18		
Project e	end:	30/06/19		
Coordina	ator:	ASSOCIAZIONE S		
		Via Sicilia, 1		
		IT 91016 Erice		
		www.facebook.com	/aquariuserasmuspli	us
Participa	ants			
CON		ZIONE SPORTIVA D	DILETTANTISTICA	AQUA
PAR	FYROPAL	κο ΙΝSTITOΥΤΟ ΤΟ	PIKHS ANAPTYKS	SHS
FAN				

PAR	TECHNOLOGIKO EKPAIDEFTIKO IDRYMA (TEI) DYTIKIS ELLADAS	PATRA	Greece
PAR	WOJSKOWY KLUB SPORTOWY SLASK	Wroclaw	Poland

#### Water GHAims EuroCamp

Water GHaims project aims at overcoming gender inequality, still rooted in both the social fabric and in sports. Aquarius, operates in a social context in which a chauvinist mentality is still predominant, thus aims to initiate a cultural change that can sensibly modify this condition.

Aquarius project team comprises two non-profit sports swimming organizations and two institutes dealing with social wellness and quality of life. In the choice of the first two partners, account was taken of their geographical location (Poland and Sweden), representatives of different cultures, mentalities and practices. For the third and fourth partners (Greece) their dedication and expertise in scientific work and statistical surveys was considered, especially in the field of social welfare and equity, gender equality and quality of life. The project participants are a total of 50 (technical-managerial staff, and athletes aged 14-18). The male and female components of the partners are equally represented. The selected staff of each partner, has many years of experience in education, teaching, training, coaching, promotion of gender equality and social inclusion.

The project implements several activities that meet the requirements of E+ but also innovative aspects in sport. The methodology will be that of cultural and scientific approach, with the application of a GEO (Gender Equity Oriented) pilot system. Mobility to Italy is planned for a ten-days sport campus, with practice and water games, intercultural E+ spirit, entertainment, and cultural activities. All aimed at the promotion of gender equality.

A multifaceted impact is expected on both the partners and the various stakeholders involved in the project, with a cascading effect on their communities: on a local, regional, national and international level.

Activating favorable synergies between the field of sport and those of education, health, nutrition, social inclusion, the project allows a systemic approach to the issues,

Reference: 590451-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Horsemanship and Disability

Project Acronym: HEAD

Eligible Budget (€)	Grant Amount (€)	Co-financing
39.400,00	39.400,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	ASD ASSOCIAZIO RECUPERO SOC EQUESTRE SPOR MANDRIA	IALE E
	via Vittaria Era EO	

via Vittorio Era, 50

IT 07100 Li Punti (Sassari)



Participa	ints		
CON	ASD ASSOCIAZIONE ITALIANA RECUPERO SOCIALE E EQUESTRE SPORTIVA SA MANDRIA	Li Punti (Sassari)	Italy
PAR	AKADEMIA WYCHOWANIA FIZYCZNEGO JOZEFA PILSUDSKIEGO W WARSZAWIE	WARSZAWA	Poland
PAR	JEZDECKY KLUB FANY HOSTENICE	Hostěnice	Czech Republic
PAR	TODOS A GALOPE ASSOCIACAO EQUESTRE	LISBOA	Portugal

#### Horsemanship and Disability

The EU Commission's communication "European Disability Strategy 2010-2020: A Renewed Commitment to a Barrier-Free Europe" highlights the importance that disabled people fully take part in society and economy. "Full economic and social participation of people with disabilities is essential if the EU's Europe 2020 strategy is to succeed in creating smart, sustainable and inclusive growth". In line with the strategy, this project means to establish a small network of associations in order to promote the social inclusion of disabled people through sports riding. We want to involve local communities of partner organizations by means of an awareness raising campaign through posters and an Internet site. Also, we want to map out all associations which run horse sports activities with disabled people in the countries of the project. After a workshop in order to share good practices, in each country the project will be presented to the local community and the campaign will be aunched. This project foresees a EU horse sports event with the participation of partner organizations and of the representatives of the associations running horse sports with disabled people. During the event, which will be open to public, there will be demonstrations of horse sports activities. The event will be the occasion for organizations to share their good practices and it will also be an opportunity to involve families and health and welfare bodies which deal with disabled people. A photo book will be published with pictures of the event and the good practices shared by the organizations. This project also foresees a closing seminar in Sassari (Italy) in order to present the project results and in order to set up the European Horse-Riding Network. After the closing seminar, all material realized by the project will be sent to EU associations in order to disseminate the project results and to promote good practices in horse-riding activities with disabled people.

PAR

**Reference:** 590425-EPP-1-2017-1-IT-SPO-SSCP

**RUGBY Kids in Touch Project Title:** 

Project Acronym: K.I.T.

Eligible Bu	udget (€)	Grant Amount (€)	Co-financing			
53.200	0,00	53.200,00	100,00 %			
Project sta	art:	1/01/18				
Project en	d:	30/06/19				
Coordinate	or:	ISTITUTO COMPR	RENSIVO		4	- 13
		VIA MONTESECCO	33			
		IT 65010 SPOLT	ORE			
		http://icspoltore.vd1	l.it			
Participan	ts					
CON	STITUTO	COMPRENSIVO SI	POLTORE		SPOLTORE	Italy
	BE YOU - ASSOCIA	CENTRO DE INICIA CAO	TIVAS DESPORTIV	/AS	PENACOVA	Portugal
PAR (			BONNE-ESPERAN	CE	VELLEREILLE-	Belgium

Belgium

Italy

LES-BRAYEUX

Montesilvano

PESCARA RUGBY ASSOCIAZIONE PAR SPORTIVADILETTANTISTICA

100 Number of members of sport organisations involved:

COLLEGE NOTRE DAME DE BONNE-ESPERANCE

### **RUGBY Kids in Touch**

RUGBY K.I.T. aims to promote voluntary activities together with social inclusion, equal opportunities and equal access to sport. The project wants to overcome the experience of Paralympic Games where disabled people compete among them, by creating integrated Touch Rugby Teams for young players between 6 and 14 years old. In the there will be place for able-body children, children with mental or relational problems and no difference between boys and girls. The variant of Touch will allow to open the participation even to more disadvantaged categories of people: an interdisciplinary staff made by trainers, teachers, psychologist will gather all the experiences in a handbook of good practices: all the material will be available in a dedicated web site.

International tournaments will allow pupils to know each other and meetings among staff partners will help to build a open, reusable tool. A great final event with international conference will spread out the outcomes, using also media materials, publications, logo and banners on the social network as Facebook, Twitter, Youtube

Reference: 590325-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Let's Play Together

Project Acronym: LEPYTER

Eligible Bud	lget (€)	Grant Amount (€)	Co-financing
44.950,0	00	44.950,00	100,00 %
Project start	t:	1/01/18	
Project end:	:	30/06/19	
Coordinator	:	PLAYMORE! SOC SPORTIVA DILET SRL	
		Via Volta 19	
		IT 20121 Milan	
		www.playmore.it	
Participants	;		
		RE! SOCIETA' SPOR	TIVA DILETTANTI

CON	PLAYMORE! SOCIETA' SPORTIVA DILETTANTISTICA SRL	Milan	Italy
PAR	ASOCIACION DE JUGADORES DE FUTBOL SALA	MADRID	Spain
PAR	SCL SPORTCLUB LEBENSHILFE BERLIN EV	Berlin	Germany
PAR	SPORT AND THOUGHT, FOOTBALL AS THERAPY	London	United Kingdom

#### Let's Play Together

The project will deal with the topic of sport and social inclusion of young people from different socio-economic, cultural conditions (especially from disadvantaged groups or with disabilities) living in most deprived areas of Milan, Madrid, London, Berlin, and who have lower possibilities of access to sport.

The objective of the project "Let's play together" is to encourage equal access and active participation of young people (5-17 years old) in sports and to promote social inclusion through sport.

The partnership consists of 4 sport organizations from 4 EU States (Italy, UK, Spain, Germany), operating in sport and with relevant experiences in sport projects for promotion of social inclusion in urban areas.

In the project each partner will run a specific annual program in their Municipality where youngsters will have the opportunity to access for free to a combination of weekly sport courses and other sport activities, with a wider personal development program of social integration.

The project will pay particular attention to networking activities for sharing of best practices among partners, through 5 transnational partners' meetings and study visits in partners Countries; it will also contribute to the EWOS 2018 with different sport events and initiatives linked to the project and organized by partners in their Cities in September 2018.

The communication and dissemination plan will assure the maximum visibility at European and local level of the project, also beyond the end of the project.

The project methodology builds on previous projects run by partners and is mainly based on practical tasks and actions that can ensure active engagement and participation of young people.

The project will have direct impact on young participants and will create the right environment for promotion of the positive values of sport (respect, fair play, responsibility, team work) and for promotion of equity, social inclusion and integration among youngsters in urban areas.

**Reference:** 590642-EPP-1-2017-1-IT-SPO-SCP

Project Title:

Movement Environment Well-being

Project Acronym: MEW

Eligible Budget (€)	Grant Amount (€)	Co-financing
398.419,00	398.419,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	CENTRO SPORTI EDUCATIVO NAZ VIA LUIGI BODIO 57	IONALE

IT 00191 ROMA



Participa	ints		
CON	CENTRO SPORTIVO EDUCATIVO NAZIONALE	ROMA	Italy
PAR	AZIENDA UNITA SANITARIA LOCALE ROMAD	ROMA	Italy
PAR	BALTIC YOUTH WAY	RIGA	Latvia
PAR	CLUBUL DE TURISM VENITI CU NOI	Bacau	Romania
PAR	INSTITUTE OF TECHNOLOGY TRALEE	TRALEE	Ireland
PAR	INSTITUTO POLITECNICO DA GUARDA	GUARDA	Portugal
PAR	INTERNATIONAL COUNCIL FOR COACHING EXCELLENCE	LEEDS	United Kingdom
PAR	INTERNATIONAL COUNCIL OF SPORT SCIENCE AND PHYSICAL EDUCATION EV	Berlin	Germany
PAR	INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION EUROPE	VEENENDAAL	Netherlands
PAR	UNIVERSITA DEGLI STUDI DI ROMA FORO ITALICO	ROMA	Italy
PAR	VOLKSHOCHSCHULE IM LANDKREIS CHAM EV	CHAM	Germany

#### **Movement Environment Well-being**

The MEW project aims at the constitution of the "European Network for Health" which will promote the "Model of Action" (MA) elaborated by project in order to counter sedentariness and to demonstrate the money savings and individual and social well being which are generated by active behaviours in daily life. Project includes the publication of a book to convey the value of the MA.

The project starts with a research of international scientific material and then defines a "protocol of activities" – motor and sanitary – for 200 beneficiaries from several EU countries. The protocol is defined by a multidisciplinary group of European experts who will also monitor the management phases with meetings and conference calls. Project foresees involving beneficiaries in group activity to support their efforts and favour motivation and social relationships. At the same time there will be 10 multiplier sport events to discover urban and extra-urban areas, trekking and/or biking. An operative staff, with digital equipment, will ensure monitoring and support to participants and will be able to verify participation levels and the results achieved by each individual. Final results will be assessed and, together with interviews, will be used to work out the "Model of Action". Project outputs will be available in paper and online and distributed in an international meeting and in local meetings. At the international meeting, the foundation of the "European Network for Health" will be subscribed and the "volunteers of sport" nominated, in order to face the social emergencies caused by sedentariness, to promote motor activities and, as consequence, sanitary saving. The book published will be sent to the European Commission as well as to competent National Ministers in order to share the research data gathered and the analyses carried out by authors.

Reference: 590572-EPP-1-2017-1-IT-SPO-SCP

Project Title: MIXed Ability Rugby

Project Acronym: MIXAR

Eligible B	udget (€)	Grant Amount (€)	Co-financing
187.5	26,00	187.526,00	100,00 %
Project st	art:	1/01/18	
Project er	nd:	31/12/19	
Coordina	tor:	FEDERAZIONE IT RUGBY	ALIANA
		Stadio Olimpico Curv	a Nord
		IT 00135 Roma	
		www.federugby.it	
Participa	nts		
CON	FEDERAZ	IONE ITALIANA RU	GBY
PAR	FEDERAC	CION ESPANOLA DE	- RUGBY

CON	FEDERAZIONE ITALIANA RUGBY	Roma	Italy
PAR	FEDERACION ESPANOLA DE RUGBY	Madrid	Spain
PAR	INTERNATIONAL MIXED ABILITY SPORTS CIC	Bingley	United Kingdom
PAR	PER FORMARE SOCIETA A RESPONSABILITA LIMITATA - IMPRESA SOCIALE	Rome	Italy
PAR	RUGBY VLAANDEREN VZW	Berchem	Belgium
PAR	UNIVERSIDAD DE SALAMANCA	SALAMANCA	Spain

#### **MIXed Ability Rugby**

MIXAR is aiming to transfer, trial and implement an innovative and proven approach to social inclusion through rugby into 5 European countries. The model championed by IMAS promotes the interaction of disabled and non-disabled players in the same mainstream, non-adapted, full-contact rugby union game, increasing health, equity, equal membership and social cohesion, challenging incorrect assumptions, segregation and stereotypes about disability, as well as fostering wider lifelong education and personal development for all participants. Rugby is an increasingly popular sport whose core values of teamwork, integrity, respect, solidarity and passion align with the vision of a fully inclusive society. The project gathers together 7 partners with varied and complementary skills, experience and expertise, who already embed a strong commitment to social inclusion in their work. Along with IMAS, partners will include 2European rugby National Governing Bodies (FIR and FER), a regional federation (Rugby Vlandeeren), a grassroots club who have already adopted the mixed ability model (Sundays Well Rebels) and two research groups from the internationally renowned University of Salamanca and the Italian agency Per Formare. MIXAR partners will collaboratively put in place a training programme and related co-produced accessible resources to educate partners and their representatives about MA Rugby, promote and trial the model in a variety of contexts, share knowledge and best practice, as well as identify ways to maximise reach and sustainability of the expected positive impacts of the project both at the individual and community level. The parthership also seeks to activate disabled and non-disabled volunteers in every phase of the project, and to create a Transferability Toolkit which can represent a platform for the adoption and further implementation of the model from potential stakeholders interested in promoting fully inclusive sport initiatives in any context across Europe.

Reference: 590508-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Multi-disciplinary modules for a healthy, safe and comprehensive approach to sport (MULTI-SPORT)

Project Acronym: MULTI-S



Participants						
CON	COMUNE DI CASTELNOVO NE' MONTI	CASTELNOVO NE' MONTI	Italy			
PAR	ASD LG COMPETITION CASTELNOVO NE MONTI	Castelnovo ne' Monti	Italy			
PAR	MUNICIPALITY OF AMPELOKIPI - MENEMENI	THESSALONIKI	Greece			
PAR	NORTHERN GREECE PHYSICAL EDUCATION TEACHERS ASSOCIATION	THESSALONIKI	Greece			
PAR	POLISPORTIVA QUADRIFOGLIO ASSOCIAZIONE SPORTIVA DILETTANTISTICA	CASTELNOVO NE MONTI	Italy			
PAR	RIJEKA SPORTS ASSOCIATION FOR PERSONS WITH DISABILITIES	RIJEKA	Croatia			

# Multi-disciplinary modules for a healthy, safe and comprehensive approach to sport (MULTI-SPORT)

The MULTI-SPORT project aims to promote volunteering, social inclusion, equal opportunities and awareness of the importance of HEPA through increased participation in sport.

In particular, it will develop a public-private networking strategy acting at local and European level that enhances motor skills development to encourage education in and through sport and skills development and encourage preventive actions to promote health and safety.

The project will involve 3 territories: Castelnovo ne' Monti (IT), Thessaloniki (GR) and Rijeka (HR). Each will create a local Focus Group to analyze local needs and practices for a healthy, safe and comprehensive sport initiation of 5-7-years-old children.

Each territory will develop/integrate a local practice that will be then presented during the Kick-Off Conference in June 2018. This event will provide also the opportunity to discuss the main project topics (public-private cooperation; link between sport, health, education, social inclusion; the role of volunteering; motor skills development through multi-purpose and pre-specialized games) with qualified experts.

Then project partner will make 3 Study-Visits to develop relations and networking, further improving their local practices through confrontation and exchange.

Finally, they will develop a MULTI-SPORT Report, describing these practices and the positive impact of European public-private synergies, and a set of Policy Recommendations to stimulate policy-makers. The main project beneficiaries will be local sport associations and public entities that will improve knowledge, capacities and practices to be implemented. Strengthening their relations and collaboration, they will further reinforce their role at local level and will become more effective.

The positive impact on local systems will also be extended at regional level, especially with mainstreaming activities to improve sport policies and their synergies with other sectors (health, social inclusion and education).

Reference: 590858-EPP-1-2017-1-IT-SPO-SSCP

Project Title: NAUTILIUS

Project Acronym: NAUT

Eligible Budget (€)	Grant Amount (€)	Co-financing
57.850,00	57.850,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ASSOCIAZIONE POLISPPORTIVA DILETTANTISTIC/ NUOTO MURGAN	
	contrada San Giovan	nello
	IT 94100 ENNA	
	marinelladamo@gm	ail.com

Participants						
CON	ASSOCIAZIONE POLISPPORTIVA DILETTANTISTICA ENNA NUOTO MURGANO	ENNA	Italy			
PAR	DIEYTHINSI DEFTEROVATHMIAS EKPAIDEFSIS N PIERIAS	Katerini	Greece			
PAR	EDIRNE GENCLIK VE ENGELLILERI DESTEKLEME DERNEGI	Edirne	Turkey			
PAR	ESSENIA UETP (UNIVERSITY AND ENTERPR UNIVERSITY AND ENTERPRISE TRAINING PARTNERSHIP)	Salerno	Italy			
PAR	KOLYMVITIKOS ATHLITIKOS OMILOS ASTERIAS	Katerini	Greece			

#### NAUTILIUS

The partnership of the project is composed by 5 Organization from Italy, Greece and Turkey, operating in the field of sport, education, disability.

The objective of the project is toexchange good practices, confront ideas and methods in different areas relating to sport and physical activity and its relevance for the inclusion of disabled people in the society. Target Group of the project: Teachers, trainers, volunteers, coaches, managers and staff of non-profit sport organisations, Schools and Education Authorities, associations.

Activities foreseen: Exchange of good practices in the field of disability and social inclusion through sport, in particular swimming, through the realization of 3 transnational workhops focused on different topics: Workshop n.1: Social Inclusion of Disabled people through sport;

Workshop n.2 Mental and physical wellbeing through swimming.

Workshop n.3 Sport at school: the role of education in promoting swimming as a mean of inclusion of disabled learners.

After each workshop held at European level, each partner organization will realize one local seminar to spread the good practice learned from the European partners also at the local public and stakeholders.

The good practices, results and recommendations emerged during the workshops will be gathered and will be the starting material for the elaboration of a Guide of good practices on the value of the sport, namely swimming, for the social inclusion of disabled peopleThe Guide will constitute the main product of the project and it will be uploaded on the project website as free OER. It will be designed by Essenia UETP (Italy), that will gather the material from each partner, will melt it and will structure the guide of good practices. Then, each partner will translate the Guide in its own language.

Reference: 590353-EPP-1-2017-1-IT-SPO-SSCP

Project Title: NETWORK

Project Acronym: NET

Eligible Budget (€)	Grant Amount (€)	Co-financing
38.750,00	38.750,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:	COMITATO ZONA AVELLINO	LE ANSPI
	VIA FONTANATETT	4
	IT 83100 AVELLI	NO

Participants					
CON	COMITATO ZONALE ANSPI AVELLINO	AVELLINO	Italy		
PAR	SDRUZHENIE VELO KLUB TRYAVNA	Tryavna	Bulgaria		
PAR	SOLIDARIDAD SIN FRONTERAS	Madrid	Spain		

### **NETWORK**

The project "Network" is a project promoted and developed by "ANSPI COMITATO ZONALE AVELLINO" in collaboration with the stakeholders present on the territory. It is addressed to students of primary and secondary schools of first and second degree residing in the city of Avellino aimed to promote and facilitate the interaction and the processes of social inclusion and intercultural.

The project promote the social inclusion and integration of young people with a migrant background and it is aimed at fighting discrimination in access to sport, as well as intolerance, violence and the difficult problem of doping.

The project has the intention to create a network, in fact, sports associations in the area, local institutions, schools and parishes to encourage end a real integration process. The project would be the first step to realize and develop in the future other similar actions aimed at improving issues related to the integration phenomenon and issues relating to sport, first of violence and doping.

Reference: 590827-EPP-1-2017-1-IT-SPO-SCP

Project Title: No Violence In Sport

Project Acronym: NOVIS

Eligible Budget (€)	Grant Amount (€)	Co-financing
395.745,00	395.745,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/20	
Coordinator:	CENTRO GIOVAN FORMAZIONE SP ASSOCIAZIONE S DILETTANTISTICA	ORTIVA SPORTIVA
	via Pomeria,90	
	IT 59100 Prato	
	www.cgfs.it	
Participants		

Fanticipants					
CON	CENTRO GIOVANILE DI FORMAZIONE SPORTIVA ASSOCIAZIONE SPORTIVA DILETTANTISTICA	Prato	Italy		
PAR	ASSOCIAZIONE COMUNITA NUOVA ONLUS	MILANO	Italy		
PAR	ASTERI SOMATEIO GIA THN EYAISTHITOPOIISI GIA TA SPOR TIN EKPAIDEYSI TO PERIVALON THN ENERGEIA KAI TO DIADIKTIO	Thessaloniki	Greece		
PAR	CLUB BASQUET GRANOLLERS	GRANOLLERS	Spain		
PAR	COMITATO OLIMPICO NAZIONALE ITALIANO	ROMA	Italy		
PAR	CZESTOCHOWSKIE STOWARZYSZENIE ROZWOJU MALEJ PRZEDSIEBIORCZOSCI	Czestochowa	Poland		
PAR	FONDATSIYA STEFAN NOIKOV	SOFIA	Bulgaria		
PAR	Institutul National de Cercetare pentru Sport	BUCURESTI	Romania		
PAR	REGIONE TOSCANA	FIRENZE	Italy		
PAR	STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK	BREDA	Netherlands		

#### **No Violence In Sport**

The NOVISPORT project will deal with the cross-borders issues of violence, racism and all forms of intolerance and discrimination in sport. The real problem of violence in sports and numerous and recent examples of violence underline that there is a need to educate young people and students at early age, in particular in EU Countries where incidents of violence has risen the last years and with bigger problem. The current project proposal is mainly based on the results and outputs of the ELYS project and the approach "lo tifo positivo"/"I support pro", which has been developed by the partner Comunità Nuova for more than 10 years in Italy. The specific aim of the project is to further develop the previous European project (ELYS) as well as sharing the lessons learnt with new partners organizations and partners from other EU Members States. Furthermore, the project aims to develop a pilot affiliation programme for sport organizations, clubs and associations in order to develop and test an innovative approach for promoting the true values of sport (respect, fair play, no to racism and xenophobia, etc.) and combating any form of violence and discrimination in sport.

The project core activities will be the Sport Educational Camps for young people in all partners Countries: Sport e-camps consist of a mix of activities such as lessons and workshops on sport, non-formal education, creative working groups, games, and sporting activities, participation in sporting events and workshops with experts and testimonials. More than 3.900 young girls and boys will be directly involved in the project activities; and more than 100 sport clubs, grassroot sport associations and schools will be involved in the sport educational camps. Testing of e-camps at an european level will make possible to provide and to share to a wide public a Teachers Methodological Guide and a public database of Open Educational Resources

**Reference:** 590434-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Platform for Inclusion, Culture and Sport

Project Acronym: PICS

Eligible Budget (€)	Grant Amount (€)	Co-financing
51.725,00	51.725,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	ASD KRAP	
	VIA VENEZIA 129	
	IT 36015 SCHIO	
	www.krap.it	

Participants					
CON	ASD KRAP	SCHIO	Italy		
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria		
PAR	ASOCIATIA LIBER LA EDUCATIE, CULTURA SI SPORT	Bucharest	Romania		
PAR	HAYAT BOYU OGRENIMI DESTEKLEME DERNEGI	DÜZCE	Turkey		
PAR	SPORT VIV	Samobor	Croatia		

#### **Platform for Inclusion, Culture and Sport**

In the last years, European and international organizations have been deeply worked to describe the capabilities of sport as a tool to promote social changes and to encourage its use to achieve social developments. Yet, many improvements still need to be done. The main objective of the project consists in promoting voluntary activities in sport, together with social inclusion, equal opportunities and awareness of the importance of health-enhancing physical activity through increased participation in, and equal access to, sport for all. In particular, the project aspires to achieve the following objectives:

• to increase the knowledge of participants about the concept of sport as a means to bring social developments;

· to encourage the exchange of good practices among the organizations involved;

· to raise awareness of the benefits of sport practice and physical activity;

· to teach participants how requalifying abandoned spaces;

· to improve the cooperation and partnership among organizations and institutions involved in the project.

Four main activities (a kick off meeting, two training courses and a conclusive ceremony) will be organized to achieve the above mentioned objectives.

The innovative aspects of the following project consist in the decision to offer participants the most comprehensive vision of the concept of sport. Besides, in this project, the EU added value will be created by promoting best practices in all participating Member States, by the free movement of persons involved in the project and by networking.

Dissemination plan and measures will see the use of different instruments, in particular through internet and social networks, because that instruments give a lot of possibilities to arrive to the biggest audience.

Reference: 590373-EPP-1-2017-1-IT-SPO-SCP

Project Title: Single Points of Contact for Sports Integrity

Project Acronym: POINTS

# Participants

Particip	pants		
CON	COMITATI OLIMPICI EUROPEI	Brussels	Belgium
PAR	ASSOCIATION EUROPEENNE D'ATHLETISME	LAUSANNE	Switzerland
PAR	CESKY OLYMPIJSKY VYBOR	PRAHA	Czech Republic
PAR	COMITATO OLIMPICO NAZIONALE ITALIANO	ROMA	Italy
PAR	COMITE NATIONAL OLYMPIQUE ET SPORTIF FRANCAIS	PARIS	France
PAR	COMITE OLIMPICO DE PORTUGAL	LISBOA	Portugal
PAR	COMITE OLYMPIQUE ET INTERFEDERAL BELGE ASBL	BRUXELLES	Belgium
PAR	CONFEDERATION EUROPEENNE DE VOLLEY-BALL	Luxembourg	Luxembourg
PAR	DANMARKS IDRAETSFORBUND	Broendby	Denmark
PAR	DEUTSCHER OLYMPISCHER SPORTBUND (DOSB)	FRANKFURT	Germany
PAR	EUROPEAN OBSERVATOIRE OF SPORT AND EMPLOYMENT	Lyon	France
PAR	FIBA-EUROPE EV	MUNCHEN	Germany
PAR	HRVATSKI OLIMPIJSKI ODBOR	ZAGREB	Croatia
PAR	NEDERLANDS OLYMPISCH COMITE-NEDERLANDSE SPORT FEDERATIE VERENIGING	ARNHEM	Netherlands
PAR	NORGES IDRETTSFORBUND OG OLYMPISKEOG PARALYMPISKE KOMITE	Oslo	Norway
PAR	OLIMPIJSKI KOMITE SLOVENIJE ZDRUZENJE SPORTNIH ZVEZ	LJUBLJANA	Slovenia
PAR	SPORT AND RECREATION ALLIANCE	London	United Kingdom
PAR	THE INTERNATIONAL CRIMINAL POLICE ORGANIZATION	LYON	France

#### Single Points of Contact for Sports Integrity

The "Single Points of Contact for sports Integrity" (POINTS) project aims to help National Olympic Committees (NOCs), European Federations (EFs) and national sport federations to strengthen their governance and to safeguard the integrity of their sport(s) and its competitions. Thereby building on the achievements of the "Support the Implementation of Good Governance in Sport" (SIGGS) Project.

In order to contribute to these objectives, the POINTS Project wants to further activities already taken in the field of good governance and integrity within the Olympic Movement. The idea would be to apply a holistic approach to governance and integrity, encompassing integrity issues such as anti-corruption, personal integrity and integrity of sports competitions (including fight against match-fixing) as well as good governance.

The project's activities will be related to the development of the concept of 'Single Points of Contact for integrity', a concept already initiated at the international level by the International Olympic Committee in the fight against match-fixing. The project will seek to transfer the concept to NOCs and European Federations and to expand it to a holistic approach to integrity. Aiming at reinforcing the capacity of these organisations in the areas of integrity and good governance, an educational programme for Single Points of Contact will be developed and deliver to representatives of 11 NOCs and 3 EFs. Education is only one part of the project design, as tailor-made national Strategic Workshops on integrity and good governance will be organised for national sport federations.

To implement the various activities, the SIGGS Project can rely on a strong partnership of 18 partners including 11 European NOCs, 3 EFs (CEV, FIBA and EAA), the IOC, INTERPOL, Sport and Recreation Alliance, EOSE and the EOC EU Office (as project manager).

Reference: 590796-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Positive to health

Project Acronym: Poth

Eligible Budget (€)	Grant Amount (€)	Co-financing
47.500,00	47.500,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ASSOCIAZIONE S DILETTANTISTIC KARATE PYROS	-
	C.da Pedali 16	
	IT 84070 San Gio	ovanni a Piro

Participa	Participants						
CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA DOJO KARATE PYROS	San Giovanni a Piro	Italy				
PAR	ASSOCIAZIONE DELLA CROCE ROSSA ITALIANA	Sapri	Italy				
PAR	ASSOCIAZIONE POLISPORTIVA DILETTANTISTICA OLYMPIC PLANET	Mercato San Severino	Italy				
PAR	FEDERACIO CATALANA D'ESGRIMA	Barcelona	Spain				
PAR	ITALIA - SPORT INSIEME	Montpellier	France				

#### Positive to health

Questo progetto mira, contemporaneamente, ad attuare azioni di sensibilizzazione sulla tematica del doping, a predisporre un piano di formazione per i tecnici sportivi (spesso responsabili dell'uso di dederminate sostanze nello sport dilettantistico) e ad individuare quale sia il sistema più efficace per combattere questo problema, sia in ambito sportivo che nella società civile.

This project seeks simultaneously to implement awareness-raising actions on the issue of doping, to prepare a training program for sports coaches (often responsible for use of dederminate substances in recreational sport) and to identify what is the most effective system to fight this problem, both in sports and in civil society.

Reference: 590597-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Ride to learn in Europe

Project Acronym: RtL

Eligible Budget (€)	Grant Amount (€)	Co-financing
59.350,00	59.350,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	COMUNE DI FAEM	NZA
	Piazza del Popolo 31	
	IT 48018 Faenza	
	www.comune.faenz	a.ra.it
Participants		

Participants					
CON	COMUNE DI FAENZA	Faenza	Italy		
PAR	FEDERATION FRANCAISE DES CLUBS VOITURES A PEDALES	Réville	France		
PAR	SOCIETA CICLISTICA FAENTINA ASSOCIAZIONE SPORTIVA DILETTANTISTICA	Faenza	Italy		
PAR	STREDNI SKOLA AUTOMOBILNI HOLICE	HOLICE	Czech Republic		
PAR	TURKIYE HERKES ICIN SPOR FEDERASYONU	ANKARA	Turkey		

#### Ride to learn in Europe

The Ride to Learn in Europe project aims at enhancing the events linked to the pedal cars, giving them a European dimension and especially trying to promote the potentialities of this sport activity, in terms of sport, education and social inclusion.

Partners have identified some problems and necessities as starting point for the project development: difficulties in planning and organising the event, with a consequent inadequate involvement of stakeholders and people;

lack of networking, both at local and transnational level

differences in the race rules among different Countries and Cities;

not effective communication and promotion of the events.

The project includes 5 partners from 4 Countries, representing different types of organizations and foresees both transnational and local activities aiming at the followng specific objectives:

promote the awareness of citizens, local schools and association within the theme of pedal cars, promoting not only the events but also the sports activity itself, with a consequent benefit for the health of youngsters and adults;

promote the social aspects of the pedal cars, like creativity, work in team, social inclusion and integration, promotion of sports as tool for fighting bullying in the schools;

encourage more opportunities of exchanges and transnational relations for youngsters, and also for teachers, adults and representative of the participating organizations;

stimulate the continuity of the transnational relations, improving the capacities of networking of teachers and referents of the participating towns and cities.

The relation between this kind of event and the schools, as described in the project represents a concrete opportunity to promote the education through the sport and vice versa. The promotion of pedal cars events through the project encourages therefore the link between sport and education.

**Reference:** 590538-EPP-1-2017-1-IT-SPO-SCP

Project Title:A collaborative partnership to develop, implement and evaluate a model of long-<br/>term physical activity and behavioral change in CHD European patients/ SWEATY<br/>HEARTS<br/>SHProject Acronym:SH

Eligible Budget (€)	Grant Amount (€)	Co-financing
398.000,00	398.000,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	CONI SERVIZI SPA LARGO LAURO DE E	
	IT 00194 ROMA F	RM
	IT 00194 ROMA F	RM

Participants						
CON	CONI SERVIZI SPA	ROMA RM	Italy			
PAR	ALLAMI SZIVKORHAZ BALATONFURED	Balatonfüred	Hungary			
PAR	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece			
PAR	DEKUT DEBRECENI KUTATASFEJLESZTESINONPROFIT KORLATOLT FELELOSSEGU TARSASAG	DEBRECEN	Hungary			
PAR	GEMEINNUTZIGE SALZBURGER LANDESKLINIKEN BETRIEBSGESELLSCHAFT	SALZBURG	Austria			
PAR	ISTITUTO EUROPEO PER LO SVILUPPO SOCIO ECONOMICO ASSOCIAZIONE	VALENZA	Italy			
PAR	VZW JESSA ZIEKENHUIS	HASSELT	Belgium			

### A collaborative partnership to develop, implement and evaluate a model of longterm physical activity and behavioral change in CHD European patients/ SWEATY HEARTS

According to the ERASMUS+ SPORT programme, "SWEATY HEARTS" project will promote voluntary activities in sport, together with social inclusion and awareness of the importance of health-enhancing physical activity through increased participation in, and equal access to, sport for all in particular for cardiac patients. Coronary Heart Disease (CHD) is the single most common cause of death in Europe: accounting for 1.7 million deaths in Europe each year. However, the huge development and resulting investment in high-technology diagnostic and therapeutic procedures in recent decades ensures increased survival. As a consequence, a greater number of men and women now survive acute events but inherit heavier burden of chronic conditions and clinical need, this constituting a larger pool of patients eligible to benefit from cardiac rehabilitation (CR). CR can be divided in four different phases. The last phase, the maintenance of an healthy lifestyle, is considered as a life-long responsibility of every patient but CR programs are frequently unavailable and underutilized resources. So, effective and practical interventions to encourage individuals to remain active in phase IV are needed: the intervention that could be incorporated into existing cardiac rehabilitation services should be the involvement, in a multidisciplinary staff, of HCPs and personnel able to prescribe physical activity, with communication skills and expertise in behaviour changes.

Considering this situation, the project objectives are: to design programs where patients, organized in groups, follow active sessions of physical activity and educational sessions about healthy lifestyles.; to organise training of personnel involved in the integrated approach sessions (physicians, psychologists, nurses, physiotherapists, trainers, etc.) and make them able to prescribe physical activity, with communication skills and expertise in behaviour changes; to organise dedicated events to disseminate the project.

**Reference:** 590312-EPP-1-2017-1-IT-SPO-SSCP

### Project Title: SPORT IS YOUR HEALTH, SPORT IS YOUR LIFE

Project Acronym: SHSL

Eligible I	Budget (€)	Grant Amount (€)	Co-financing	
40.1	150,00	40.150,00	100,00 %	
Project s	start:	1/01/18		
Project e	end:	30/06/19		
Coordina	ator:	AVIS COMUNALE GIUNGANO	DI	
		VIA SAN GIUSEPPE	N.16	
		IT 84050 GIUNG	ANO	
		http://www.avisgiun	igano.it/	
Participa	ants			
CON	AVIS CON	/UNALE DI GIUNGA	NO	

CON	AVIS COMUNALE DI GIUNGANO	GIUNGANO	Italy
PAR	SDRUZHENIE PROMYANATA E V TEB	TRYAVNA	Bulgaria
PAR	SYLLOGOS PARAPLIGIKON TETRAPLIGIKONKAI ATOMON ME KINITIKES ANAPIRIES NOMOY KAVALAS	KAVALA	Greece

### SPORT IS YOUR HEALTH, SPORT IS YOUR LIFE

The project pursues the objectives of European policy in matter of sport. It aims at promoting and developing education and the transversal skills through sport, as integral part of the key competences of European citizenship, highlighting the importance of learning of the programmes for the prevention of diseases and promotion of health. Furthermore, the project aims at developing the competence of "learning to communicate", "learning to be together with other people", in particular, with people who find difficult to integrate themselves into society. This objective can be achieved if the public authority becomes aware that it is important to practise sports, independently from the performance ("sport for all"), thus facilitating, social inclusion and equal opportunities in sport for people who risk exclusion and enhancing the importance of voluntary work in the field of sport and health. The project also chases the objectives of the Olympic Charter; in fact it underlines that sport is a right for everyone and any discrimination of nationality, race, religion, political orientation or any other form of exclusion are intolerable and incompatible with a responsible sport practice. Sport must give its contribution so that these aspects can finally receive attention by young and mature people, individuals, families and other social units. The goal is to bring people together through sport activities. Grouping is a means to prevent youth disadvantage and to promote a better quality of life. Due to these reasons, the project involves various public and private stakeholders, in order to support the growth and the development of competences, not only for the participants to activities, but also for the sport associations to prevent diseases and promote health, so that they can work out convenient quality plans based on voluntary work both in health and sport fields.

Reference:	590734-EPP-1-2017-1-IT-SPO-SSCP
IVELEI EILEE.	3307 3 <del>4</del> -LIT - 1-2017 - 1-11-01 0-0001

Project Title: Ski for All

Project Acronym: Ski4All

Eligible Budget (€)	Grant Amount (€)	Co-financing
49.775,00	49.775,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ASSOCIAZIONE S	SPINA BIFIDA
	Centro Spina Bifida C Maggiore- Via Grams	
	IT 43100 Parma	
	www.spinabifidaital	lia.it

CON	ASSOCIAZIONE SPINA BIFIDA ITALIA	Parma	Italy				
PAR	FEDERAZIONE ASSOCIAZIONI ITALIANE PARATETRAPLEGICI	Roma	Italy				
PAR	FREERIDER SPORT EVENTS ASSOCIAZIONE SPORTIVA DILETTANTISTICA	VARESE	Italy				
PAR	HANDY CLUB OSTRAVA ZAPSANY SPOLEK	Ostrava	Czech Republic				
PAR	INTERNATIONALE VERENIGING VOOR HYDROCEPHALUS EN SPINA BIFIDA	Brussels	Belgium				

### Ski for All

SKI FOR ALL promotes the inclusion of children with disabilities through sport, strengthening school teachers and ski coaches competences and creating winter sport camps as extra curricular activity.

Leaded by ASBI, National Associationsthe partnership composed by a sport club, Freerider, a national network-FAIP, a international network of NPOs- IFSBH, a Czech NPO- Handy Club and a Polish NPO- Active Therapy will develop:

- Guidelines for ski coaches who train children with disabilities (physical ones- wheelchair), containing best practices, suggestions, practical examples and tutorials

- Specific training module in each Country addressed to Ski coaches

- Awareness campaign at school in each Country and at European Level

The model will be tested on a pilot experience inside a Winter Sports Camp, implemented in 3 countries. Based on the learnings, every Ccountry will implement the methodology on schools, at least 3 schools will collaborate in a way that around 30 young with disabilities will benefit. On parallel, good experiences and practices will be collected in order to set the parameters to replicate the guidelines at a European level, thanks to the international network of IFSBH. Each partner has the task to involve at least 10 SKI coaches and 3 high schools where is possible to implement any sport camps. All the results will be spread through a final event in It will finish with an event in Bruxelles, addressed to replicate the model and the guidelines in other EU countries.

Reference: 590308-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Sport, life and living together

Project Acronym: SLLT

Eligible Budget (€)	Grant Amount (€)	Co-financing
36.100,00	36.100,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:	ORATORIO SAN L ANSPI	ORENZO
	VIA F. MANCUSI	
	IT 84015 GIFFON	NI VALLE PIANA

Participants					
CON	ORATORIO SAN LORENZO ANSPI	GIFFONI VALLE PIANA	Italy		
PAR	ATHLITIKOS SYLLOGOS ATOMON ME KINITIKES IDIAGGEROTITES KAVALAS	Kavala	Greece		
PAR	FONDATSIA EVROPEISKI CENTER ZA INOVATSII OBRAZOVANIE NAUKA I CULTURA	GABROVO	Bulgaria		

#### Sport, life and living together

The project aims to bridge the gap between the involved people, by promoting education through sport practice and physical practice as a means of socialization, but also a way to achieve specific competences. The project mainly foresees activities for the development of the involved people and their relation to other ones. In fact, in each of the partner countries, some whole days will be devoted to outdoor sport and to various workshops, in order to develop the above mentioned competences. Seminars held by experts will focus on sport and health and virtual mobility will be fostered.

The project aims at:

1) Promoting and developing education to sport and through it and the transversal skills through sport, as integral part of the key competences of European citizenship, highlighting the importance of learning of the programmes for the prevention of diseases and promotion of health;

2) Developing the competence of "learning to communicate", "learning to be together with other people", in particular, with people who find difficult to integrate themselves into society. This objective can be achieved if the public authority becomes aware that it is important to practise sports, independently from the performance ("sport for all"), thus facilitating, social inclusion and equal opportunities in sport for people who risk exclusion and enhancing the importance of voluntary work in the field of sport and health. The project also chases the objectives of the Olympic Charter; in fact it underlines that sport is a right for everyone and any discrimination of nationality, race, religion, political orientation or any other form of exclusion are intolerable and incompatible with a responsible sport practice. The goal is to bring people together through sport activities. Grouping is a means to prevent youth disadvantage and to promote a better quality of life. Due to these reasons, the project involves various public and private stakeholders, in order to support the growth and

PAR

**Reference:** 590370-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Solidarity Network for sport and young migrants

Project Acronym: So.Net.

Eligible I	Budget (€)	Grant Amount (€)	Co-financing
34.1	90,00	34.190,00	100,00 %
Project s	start:	1/01/18	
Project e	end:	30/06/19	
Coordina	ator:	ASSOCIAZIONE S VERGA	PORTIVA G
		Via Imperatore Feder	ico n° 49
		IT 90100 Palermo	)
		www.vergapalermol	oasket.it
Participa	ants		
CON	ASSOCIA	ZIONE SPORTIVA G	S VERGA
PAR	EUROME	D CARREFOUR SIC	ILIA
PAR	JAVNI ZA	VOD CENTER ZA M	LADE RUSE

VOLOS

Greece

Number of members of sport organisations involved: 9

PANEPISTIMIO THESSALIAS

#### Solidarity Network for sport and young migrants

"So.Net – Solidarity Network for sport and young migrants" is a project aiming to create an easy access to sport for migrant minors (with family and unaccompanied), involving sport clubs and organization in joining local and European networks, to find common ways to involve migrant minors in their activities with special programmes, special or free costs. The project involves 4 partners: A.S.D. Verga , the applicant organization, is a women basketball club in Palermo (Italy); Euromed Carrefour Sicilia is a non- profit organization expert in educational project with students and organization of public events (Italy); University of Thessaly, Department of Physical Education and Sport Science, expert in sport and research; Cezam centre for youth Ruše, expert in sport activities to youngsters. To achieve our objectives we planned the following kind of activities: a survey to migrant minors to know their desires about sport, problems and obstacles; creation of a network of sport clubs available to start new strategies to involve migrant minors in their activities finding solution to problems concerning culture, society and economic condition. A website will promote the network in order to make visible and accessible the sport organisations members to migrant minors and their families. We planned three transnational meetings in February 2018 in Greece, October 2018 in Slovenia, in May 2019 in Italy. The total duration of the project is 18 months, from 01/01/2018 to 30/06/2019.

Reference: 590375-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Let kids play. Experiences from the road!

Project Acronym: Splay!

Eligible Budget (€)	Grant Amount (€)	Co-financing
63.195,00	60.000,00	94,94 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	APS ASD SPORT ASSOCIAZIONE D PROMOZIONE SC SPORTIVADILET	DI DCIALE
	Via Umbria 6	
	IT 58022 Follonic	a

Participants					
CON	APS ASD SPORTING CLUB 06 - ASSOCIAZIONE DI PROMOZIONE SOCIALE SPORTIVADILETTANTISTICA	Follonica	Italy		
PAR	ASOCIATION PADEL 4 SMILES	San Lorenzo de El Escorial	Spain		
PAR	ASSOCIAÇÃO DESPORTIVA RACKETSPRO	lisboa	Portugal		
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA TOSCANA PRO HOCKEY LAB	Grosseto	Italy		

#### Let kids play. Experiences from the road!

Let kids play! Experiences from the road is a project aiming at improving sport environment, quality of teaching and proactive involvement of many stakeholders with the final objective of increasing children participation in health-enhancing physical activities. The project puts together: kids' greater participation in sport and coaches/ managers' competencies improvement while: 1. organizing children oriented training modules and social activities to be implemented in parallel in the three partnering contexts ; 2. building of a bottom-up collective teaching method (able to produce teaching guidelines and a code od points to be divulgated internationally); 3. supporting children well-being and improvements.

In this context, the project main scope is to stimulate children participation in health-enhancing physical activities hand in hand with promoting fun and the community and social aspects of sport while improving coaches capacities and increasing the attention towards a minor sport –PADEL- that is notably increasing. The premise is that improving sport environment means improving teaching techniques and approach to be adopted with kids and athletes in general. The field of action is threefold: 1. more fun and well-being oriented sport for kids; 2. better and harmoniser teaching techniques; 3. better inputs for top sport stakeholders. Also project target is threefold: KIDS aged 6-12 years old / COACHES AND OTHER STAFF (part of them, athletes in the end-of-sporting-career phase) / FAMILIES and other RELEVANT SPORT STAKEHOLDERS.

Reference: 590645-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Sport Inclusion Tolerance

Project Acronym: SPRINT

Eligible	Budget (€)	Grant Amount (€)	Co-financing
55.3	368,00	55.368,00	100,00 %
Project	start:	1/01/18	
Project	end:	30/06/19	
Coordinator:		UISP TERRITORIA SETTIMO-CHIVAS	
		via Matteotti 16	
		IT 10073 CIRIE'	
		www.uispsettimocir	ie.it
Particip	ants		
CON	UISP TER	RITORIALE CIRIE-S	SETTIMO-CHIVAS
	ASOCIAT	IA JUDETEANA SPO	ORTUL PENTRU T

PAR	ASOCIATIA JUDETEANA SPORTUL PENTRU TOTI SUCEAVA	SUCEAVA	Romania
PAR	FONDATSIYA KURAZH	Plovdiv	Bulgaria
PAR	VOLT ALLAMI GONDOZOTTAK ORSZAGOS EGYESULETE	Tiszadob	Hungary

#### **Sport Inclusion Tolerance**

The SPRINT project will unite the affords of four partner organisations from Italy, Bulgaria, Hungary and Romania to encourage and promote participation in sport of children and young people of disadvantaged backgrounds: children in residential care and handicapped children.

Partners will design and implement a study that will allow to collect data and to strengthen a network of cooperation, so that members and associations in each region may take advantage of the synergies and exchanges produced. The study will describe in detail the current situation of sports among target groups; will help to understand the issues associated with the promotion of sport that are perceived as obstacles or incentives for the practice of sport among target groups. Partners will propose specific actions to improve the shortcomings which have been identified; will identify good practices; will produce video material and a manual with description of good practices in each partner country.

Four project meetings wil be organised to allow collaboration and coordination of the delivery of project outputs. The first meeting will be in Suceava, Romania, the second in Plovdiv, Bulgaria. In Plovdiv a Sport Meeting will be organised to involve a larger scale of stakeholdes: volunteers, managers in sport non profit organisations, representatives of public authorities, educators from social service centers, primary and secondary schools. The third meeting in Hungary will be a milestone to present survey results and video outputs. The final fourth meeting in Turin will be enlarged as an European seminar for debate and dissemination of project results.

All material, documents and studies produced throughout the project will be disseminated to stakeholders and policy makers working with the target groups through a wide digital platform including project web site, social media and youtube channel. Local and regional media in partner countries will reflect project activities and results.

Reference: 590484-EPP-1-2017-1-IT-SPO-SSCP

Project Title: START - Sport TrAining to Run Together

Project Acronym: START

Eligible Budget (€)	Grant Amount (€)	Co-financing
59.704,00	59.704,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ASSOCIAZIONE S DILETTANTISTICA ATLETICO POLIS CASTELBUONES	A GRUPPO PORTIVO
	VIA UMBERTO I - N.	36
	IT 90013 Castelb	ouono (PA)
	www.girodicastelbu	iono.com

Participants						
CON	ASSOCIAZIONE SPORTIVA DILETTANTISTICA GRUPPO ATLETICO POLISPORTIVO CASTELBUONESE	Castelbuono (PA)	Italy			
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria			
PAR	BIRZU LENGVOSIOS ATLETIKOS SPORTO KLUBAS	Birzai	Lithuania			
PAR	HELSINGIN NUORTEN MIESTEN KRISTILLINEN YHDISTYS RY	Helsinki	Finland			
PAR	UNIAO DAS FREGUESIAS DE GONDOMAR (SCOSME) VALBOM E JOVIM	GONDOMAR	Portugal			

#### START - Sport TrAining to Run Together

START – Sport TrAining to Run Together aims at sharing and strengthening the vision of sport as tool to promote integration, socio-cultural inclusion and equal opportunities.

The main activities will be: 1) Transnational Training in Sofia for 5 coaches, trainers, instructors in sport activities, managers/staff members of Partners. They will acquire methodologies to use sport as instrument for social inclusion of vulnerable groups and share good practices. 2) Training Days in the Countries involved for local coaches, trainers, instructors in sport activities, managers/staff members of non-profit org. aimed at transferring practices and methods learned during the training carried out abroad. 3) START Sport Days in the Countries involved, organized by each partner in specific sports disciplines (e.g. Amateur racewalking, basketball game, ...). The events will be realized with the support of operators that attended the TDay and will be addressed to local community, in particular to the project's primary target, vulnerable groups as immigrants, women, NEET young people and adolescents.

The objectives of START are to:

- Promote the networking among Partners, sharing best practices;

- Promote an innovative approach in the sports sector, to strengthen the specialization of coaches, trainers, managers/staff of non-profit org., in the management of vulnerable groups;

- Transfer to the participants skills and abilities necessary to use sport as educative tool, in order to promote and strengthen: 1) the socio-cultural inclusion of immigrants, adolescents, young people and adults; 2) participation in sporting activities of NEET young people and adolescents; 3) equal opportunities between men and women in sport.

- Strengthen the participation in local sports activities of the primary target group.

The Project will also involve the local people, schools, youth and sport associations, public sector and stakeholders interested to the outputs created with the project, Handbook/video

Reference:

tce: 590818-EPP-1-2017-1-IT-SPO-SSCP

Project Title: Sport Traditions Educate Players Of New Europe

Project Acronym: STEPONE

Eligible E	Budget (€)	Grant Amount (€)	Co-financing
71.42	25,00	60.000,00	84,00 %
Project s	tart:	1/01/18	
	_		
Project e	nd:	31/12/19	
Coordina	ator:	UISP COMITATO	
e e e e a a a		TERRITORIALE T	ERNI
		Via Brodolini 10/a	
		IT 05100 Terni (T	R)
		www.uisp.it/terni	
Participa	nts		
CON		ITATO TERRITORI	AI E TERNI
			· · · <b>_</b> · • • •

CON	UISP COMITATO TERRITORIALE TERNI	Terni (TR)	Italy
PAR	DERYNEIA MUNICIPALITY	Deryneia	Cyprus
PAR	GRUPPO SBANDIERATORI 7 CONTRADE DIORTE	Orte (VT)	Italy
PAR	HORTAE PEDILUDIUM 2014 D.P.F.C.	Orte (VT)	Italy
PAR	INSTYTUT ROZWOJU SPORTU I EDUKACJI	WARSZAWA	Poland
PAR	MUNICIPALITY OF NAFPLIO	NAFPLIO	Greece
PAR	VARKAPITANY LOVAGI TORNA EGYESULET	VESPREM	Hungary

#### Sport Traditions Educate Players Of New Europe

STEP ONE–Sport Traditions Educate Players Of New Europe wants to create opportunities for the sharing of best practices at European level to favour the cross-fertilisation and internationalisation of the activities and internal organisation of small recreational football clubs and traditional sports' associations, to promote participation and intergenerational cooperation in recreational and traditional sports and the participation to the European Week of Sport 2018

The project will take place from 1/1/2018 to 31/12/2019 and will give the opportunity to7Local Coordinators and 21between athletes and trainers from 5European Countries(IT,CY,HU,PL,GR)to take part in actions aimed to: promote voluntary activities in sport, social inclusion, equal opportunities, awareness of the importance of health-enhancing physical activity, participation and equal access to sport for all

share best practices for the cross-fertilisation between recreational and traditional sports to reduce the level of competitiveness and to promote conflict management and problem solving

create deeper synergies with the education and youth sector, promoting the participantion of sport clubs in community education and the transgenerational trasmission of know-how and competencies.

promote european traditional sports

The project foresees the following activities:

2Transnational Meetings for the Project Team

3Transnational Meetings for the mobility of athletes and trainers

5Open Days for the sensibilisation of local communities

Local meetings for the involvement of stakeholders, policy makers and civils society organisations

Dissemination plan for the promotion and diffusion of Project's result and achievements

Events for the promotion and celebration of the European Week of Sport in Terni (IT)

The Project wants to result in an effective resilience of small sport clubs against conflicts and high

competitiveness, to preserve voluntary activities in sport and the transgenerational trasmission of knowledge.

Reference: 590703-EPP-1-2017-1-IT-SPO-SSCP

### Project Title: NEIGE POUR TOUS AVEC B.A.S.S. ET TROTTI-SKI

Project Acronym: SXA

Eligible Budget (€)	Grant Amount (€)	Co-financing
60.000,00	60.000,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	MENS@CORPOR COOPERATIVA S	
	VIA MONT CHETIF, I DOLONNE 10	FRANZ.
	IT 11013 COURN	<b>IAYEUR</b>

Participants						
CON	MENS@CORPORE SOCIETA COOPERATIVA SOCIALE	COURMAYEUR	Italy			
PAR	ANTENNE HANDICAP VALLE D'AOSTA	Courmayeur	Italy			
PAR	ASSOCIATION ANTENNE HANDICAP	Aime La Plagne	France			
PAR	ASSOCIAZIONE POLISPORTIVA DILETTANTISTICA ECOLE DU SPORT	Courmayeur	Italy			
PAR	LABEL ANIMATION	SAINT MARTIN D'HERES	France			
PAR	PLAY AND TRAIN JUGAR Y ENTRENAR	ESCADARCS GIRONA	Spain			
PAR	SDRUZHENIE BALGARSKO SKI UCHILISHTE	Sofia	Bulgaria			

### NEIGE POUR TOUS AVEC B.A.S.S. ET TROTTI-SKI

L'ideazione del B.A.S.S. (Borney Adapted Snowboard System), un ausilio che consente la pratica dello snowboard alle persone con disabilità mentale e fisica anche grave, apre una nuova opportunità di avvicinamento alla neve, anche dalla valenza terapeutica, per queste persone, complementare e sinergico al Troti-Ski, l'ausilio che consente invece la pratica dello sci alpino.

Il Collegio regionale della Valle d'Aosta dei maestri di sci, a seguito della realizzazione di questo ausilio, è stato il primo in Italia ad effettuare un corso di formazione rivolto ai maestri di snowboard per l'insegnamento di questa disciplina alle persone con disabilità, seguito poi da altri collegi regionali.Questi due ausili incontrano però difficoltà a diffondersi nell'arco alpino per le elevate competenze e quindi esigenze formative che richiedono e per i costi di acquisto, difficilmente ammortizzabili da una scuola di sci che decide di aprirsi alla disabilità.

Il progetto, attraverso dei corsi di specializzazione rivolti ai maestri di sci e di snowboard e la messa a disposizione di ausili per le realtà coinvolte, vuole diffondere questa nuova opportunità di avvicinamento allo sport in Europa.

La prima fase progettuale riguarda la definizione di un protocollo formativo standard, con aspetti medici, metodologici e psicologici riguardanti la conoscenza delle principali tipologie di disabilità, la presa in carico, la gestione della lezione ed aspetti tecnici sull'utilizzo dei due ausili, teorici e pratici; contempla, inoltre, la realizzazione dei manuali metodologici e didattici.

La seconda fase riguarda la promozione del progetto nei territori a cura dei partner e la selezione dei corsisti, che diventeranno i formatori nazionali della disciplina.

Segue l'attivazione dei percorsi formativi e la consegna di un B.A.S.S. e un Trotti-Ski per ogni realtà coinvolta. Il progetto contempla infine un momento finale congressuale di restituzione dei risultati ottenuti con il coinvolgimento dei partner.

The conception of the B.A.S.S. (Borney Adapted Snowboard System), an aid for people with mental and physical disabilities including severe, to snowboard, opens a new opportunity to approach the snow, also with a therapeutic value, for these people, complementary and synergistic to Troti-Ski, the aid which instead allows the practice of alpine skiing.

The Regional Association of Aosta Valley ski instructors, following the creation of this aid, was the first in Italy to carry out a training course for snowboard instructors to teach this sport to people with disabilities, followed by two other regional associations. It has not been easy, however, to spread the use of these two aids in the Alps, for the high level skill and therefore training that is needed and due to the cost of buying them, which would be difficult to be depreciated by a ski school that decides to open up to disability.

The project, through specialisation courses for ski and snowboard instructors and the provision of aids to those involved, wants to spread this new opportunity of approaching the sport in Europe.

The first project phase regards the definition of a standard training protocol, with medical, methodological and psychological aspects concerning the knowledge of the main types of disabilities, taking charge, the

management of the lesson and the technical aspects of using the two aids, theoretical and practical; including, the realization of methodological and didactic manuals.

The second stage concerns the promotion of the project in the territories of the partners and the selection of students, who will become national trainers of the discipline.

Then the activation of training courses and delivery of a B.A.S.S. and a Trotti-ski for those involved.

The project also includes a final congressional moment to give out the results obtained with the involvement of our partners.

PAR

Reference: 590707-EPP-1-2017-1-IT-SPO-SSCP

Project Title: We bike together – Training and trail mapping in Europe

Project Acronym: WBT

Eligible	Budget (€)	Grant Amount (€)	Co-financing
50.6	600,00	50.600,00	100,00 %
Project s	start:	1/01/18	
Project e	end:	31/12/19	
Coordinator:		FONDAZIONE PE SILVIA RINALDI C	
		Via Tolmezzo 5/1	
		IT 20132 Milano	
		www.fondazioneper	losport.com
Participa	ants		
Participa CON		ONE PER LO SPOR	T SILVIA RINALDI
	FONDAZI	ONE PER LO SPOR O DE AGUEDA	T SILVIA RINALDI

ESCADARCS

GIRONA

Spain

Number of members of sport organisations involved: 180

PLAY AND TRAIN JUGAR Y ENTRENAR

#### We bike together – Training and trail mapping in Europe

The project "We bike together – training and trail mapping in Europe" aims at promoting inclusive sport among disable and able-bodied bike lovers.

Handbike is a new sport in the Paralympic context that allows disabled people to practice this sport together with able-bodied people, even at avocational level. Sport is often really difficult to be practiced by disabled, because of the lack of specific equipment, trainers and moreover a reliable informative infrastructure. Nowadays it is really difficult to find directions about trails for disabled bikers and people that would like to accompany disabled during handbike trips are not well trained.

"We bike together" wants to:

- MAP handbike-practicable off-road trails/routes in the European countries involved in the partnership;

- TRAIN volunteers and create guidelines (in OERs resources) on how to accompany disabled people while practicing handbike;

- PROMOTE SPORT among physical and sensorial disabled people, during a final international event for avocational handbikers and bikers.

The project consortium includes 4 partners: an Italian sport non-governmental organisation in Bologna active at regional level, a Bulgarian national sport academy, a Spanish regional sport club in Girona, a Portuguese municipality in the Aveiro district, attracting cycling-related businesses, networks and activities.

This project wants to make the sport practice easier in the field of off-road cycling, involving disabled people together with able-bodied people (e.g. friends, relatives, young people...) and it wants to reach both social and health benefits:

- allowing people to meet and spend time together, reducing the risk for social exclusion and difficulties related to social relationships;

 - increasing chances for disabled people to practice sport and take advantage from its benefits on health, while the use of special/proper equipment, together with trained accompanying volunteers, can facilitate the practice of off-road activities.

### Latvia

**Reference:** 590605-EPP-1-2017-1-LV-SPO-SCP

Project Title: Medicines for Europe's Ghettos

Project Acronym: Ghetto

198.299,00 198.299,00 100,00 %
Project start: 1/01/18
<b>Project end:</b> 31/12/19
Coordinator: STREETBASKET Starta 1
LV 1026 Riga
www.ghettogames.lv

raiticipanto					
CON	STREETBASKET	Riga	Latvia		
PAR	DANSKE GYMNASTIK OG IDRAETSFORENINGER	BREDSTEN	Denmark		
PAR	MALTA BMX ASSOCIATION	Pembroke	Malta		
PAR	MITTETULUNDUSUHING EESTI TANAVASPORDI FODERATSIOON	Tallinn	Estonia		
PAR	STIFTELSEN FRYSHUSET	STOCKHOLM	Sweden		

#### **Medicines for Europe's Ghettos**

Project "Medicines for Europe's Ghettos" is a grassroots sports and healthy lifestyle activities promoting program, that aims to reach out for young people in disregarded areas in different urban and slum areas in cities, where are high criminal rates - so called "ghetto's". Target auditorium - young people between 13 and 25 years old. Planned project target group to be reached - 2.2 million young people in Europe.

Project partners are sports organizations that promotes various voluntary sports activities throughout a year. These organizations represent different grassroots sports (street sports) disciplines, that are one of the most massive and popular ones among young people: streetball, street football, BMX freestyle, street workout, extreme sports. Most of the grassroots sports disciplines - especially, street sports, are democratic and easily accessible (not acquiring specific, expensive inventory on a basic level). Nowadays street sports have become more as a lifestyle important value - it's not about gaining best results, it is about community, being together, expressing yourself and building identity, that is very crucial in their adolescence.

With this project, all involved project partners will promote grassroots sports (street sports) as a tool for work with young people in order to reduce social inequality among young people and promote volunteer work in sports.

Main project activities:

1. Web platform, uniting all street sports, alternative and extreme sports movements and organizations in Europe, that work with young people through these sports.

2. Developing a tool kit for how to work with young people through grassroots sports (street sports).

3. One international street sports and alternative sports conference in Latvia for experience exchange.

4. International alternative and extreme sports festival.

### Latvia

Reference:590413-EPP-1-2017-1-LV-SPO-SSCPProject Title:Involvement of Children and Youth in Sports Schools with Particular Emphasis on<br/>Socially Disadvantaged, Low-income and Minority Families from Rural Districts,<br/>Simultaneously Educating Their FamiliesProject Acronym:ICY

Eligible Budget (€)	Grant Amount (€)	Co-financing
51.366,00	50.428,00	98,17 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	LATVIJAS SPORT IZGLITIBAS IEST/ DIREKTORU PAD	AZU
	Parka street 36	
	LV LV 4001 Limb	bazi
	www.sportaskolas.l	v

Participants				
CON	LATVIJAS SPORTA IZGLITIBAS IESTAZU DIREKTORU PADOME	Limbazi	Latvia	
PAR	AS AUDENTES	Tallinn	Estonia	
PAR	LIETUVOS BAIDARIU IR KANOJU IRKLAVIMO FEDERACIJA	Vilnius	Lithuania	
PAR	LIMBAZU VARPA	Limbazi	Latvia	

### Involvement of Children and Youth in Sports Schools with Particular Emphasis on Socially Disadvantaged, Low-income and Minority Families from Rural Districts, Simultaneously Educating Their Families

The main aim of the project is to integrate more children and youth to local sports schools, sports clubs with an emphasis on socially disadvantaged, low-income and minority families from rural districts, simultaneously educating their families. The project develops both theoretical and practical parts. Theoretical part is designed for administration of a sports school, sports club, its coaches and trainees' family members. The practical part is designed for the trainees' being integrated in the sports school. It involves regular physical activities and practices in the selected sports – canoe and kayak, as well as sports camps in the application organisation's location – Limbazi, Latvia. The project partners help developing the project activities by their experience in their fields: Audentes Sports Gymnasium helps creating successful relationships among all involved parties in children coaching – their secondary schools, family members, a sports facility and children themselves. Lithuania Canoeing Federation helps achieve higher athletic results in canoe and kayak. The sports club Limbazu varpa shares its experience in practicing canoe and kayak in Limbazi as well as provides the sports school with transport.

The project cycle is planned for 24 months. Project activities are intended to start on January 2018 and end on the December 2019.

## Lithuania

 Reference:
 590363-EPP-1-2017-1-LT-SPO-SSCP

 Project Title:
 Project for the creation of non-governmental sports organizations network "KNOTS"

Project Acronym: KNOTS

Eligible Bu	udget (€)	Grant Amount (€)	Co-financing
50.486	3,00	50.486,00	100,00 %
Project sta	art:	1/01/18	
Project en	d:	30/06/19	
Coordinate	or:	SPORTO KLUBAS	S OSTMARINA
		Bangu 6-19	
		LT Klaipeda	
		www.ostmarina.info	,
Participant	ts		
-		KLUBAS OSTMARIN	NA
PAR E	ESTI NO	ORTE PURJEOPPE	SELTS STA EST
PAR L	ATVIJAS	BURASANAS MAC	IBU ASOCIACIJA
PAR T	RAMES	ONLUS	
	(O-YO A ` DDYSSEY	YOUTH ORGANISA <sup>:</sup> YS	TION FOR YOUTH

#### Project for the creation of non-governmental sports organizations network "KNOTS"

"KNOTS" – tai ilgalaikis projektas, kurio metu bus sukurtas tarptautinis nevyriausybinių organizacijų (NVO) tinklas. Jam priklausys šešios skirtingos buriavimo ir vandens sporto nevyriausybinės organizacijos ir su sporto veikla susijusios nevyriausybinės organizacijos, veikiančios fizinio aktyvumo skatinimo ir tarptautinio bendradarbinimo veikloje – lietuvių sporto klubas "Osttarina", Latvijos buriavimo asociacija "STA Latvia",

Estijos buriavimo asociacija "STA Estonia", Italijos "EU Trames", Lenkijos buriavimo asociacija "STA Poland" ir Danijos jaunimo organizacija jauniesiems odisėjams "YO-YO".

Skirtinga partnerių patirtis, jų narių gebėjimai sporto NVO valdymo veikloje papildys ir praplės kiekvienos organizacijos narių žinias, stiprins pačias organizacijas, padės pagrindus atsirasti naujiems tarptautiniams bendradarbiavimo projektams.

Tai organizacijų narių mobilumo ir glaudesnio bendradarbiavimo projektas. Tinklas "KNOTS" sudarys galimybę organizacijoms apsikeisti savo nariais, skatins gerosios patirties keitimąsi. Tai leis efektyviau valdyti organizacijas, rengti bendrus tarptautinius projektus, organizuoti bendrus sporto renginius. "KNOTS" tinklo nariai taip pat skatins į organizacijų veiklą įsitraukti kuo daugiau savanorių, spręs jaunimo fizinio aktyvumo ir užimtumo didinimo problemą.

Projekto tikslas – sukurti tarptautinį nevyriausybinių organizacijų tinklą ir taip stiprinti NVO megėjiško sporto organizacijas.

Projektas "KNOTS" prasidės 2018 m. sausio 1 d. ir truks 14 mėn. – iki 2019 m. birželio 30 d.

The international project KNOTS is a long-term project for non-governmental sailing and similar water sport organizations.

The aim of this project: to create a network of non-governmental sailing and similar water sport organizations. This network should improve their management, encourage interaction between them, exchange different experiences, sharing of good ideas and practices, improvement of competences of sports organization managers and staff mobility. The network would also be useful for further cooperation projects.

Contents. During the project partners exchange staff and members for a short time (3-7 days). A small group (2-4 persons) from one organization will visit other organization, participate in their activities – to learn about organization management, exchange best practices and ideas. So, it is basically like exchange of organization members. All partners should be able to invite a group from another organization and involve them in their activities – events, races, training, volunteering, joint to their boat crew, preparation for the navigation season and so one.

At the end of project, the main 3-days event in Klaipėda will follow. A seminar on non-governmental sports organization management will be held, with a workshop on professional sports organization management for participants related to the topic. All partners could summarize their experience of sports organization management, share ideas, discuss what they have learnt from each other and so one. On the second day, a sailing race will be organised for participants.

Target group: members, administrative staff of non-governmental sailing and similar water sport organizations, especially young members (18–29-years-old) and the potential managers of organizations. Time. The project would start in January 2018 and finish in June 2019.

## Lithuania

**Reference:** 

ce: 590688-EPP-1-2017-1-LT-SPO-SSCP

Project Title: Women's empowerment in sport and physical education industry

Project Acronym: MIRACLE

Participants					
CON	LIETUVOS SPORTO FEDERACIJU SAJUNGA	VILNIUS	Lithuania		
PAR	COMITATO OLIMPICO NAZIONALE ITALIANO	ROMA	Italy		
PAR	KAUNO DZIUDO KLUBAS RYTO SAULE	Kaunas	Lithuania		
PAR	LATVIJAS SPORTA FEDERACIJU PADOME	RIGA	Latvia		
PAR	LIETUVOS TAUTINIS OLIMPINIS KOMITETAS	VILNIUS	Lithuania		

#### Women's empowerment in sport and physical education industry

According the data from the Euro barometer on Sport and Physical Activity 2014 it is highlighted that the participation of girls and women in Europe in general is still not at the same levels of participation as boys and men. Data from the report on women in power and decision-making, prepared by the European Institute for Gender Equality (EIGE) shows that at European level, on average, women make up 14 % of decision-making positions in the continental confederations of Olympic sports in Europe. In addition, research has shown that the number of women in leadership positions in sport governing bodies in Europe is still very low (average of 10%) with exceptions in some EU Member States and at local level.

Sports management curricula that assure women and girls active board membership in leading positions, equity, financial means, participation in decision-making and strategic planning are likely to be more successful in producing lasting change in the self-perception and self-confidence of female participants in such programs. Therefore, new perception and hands-on courses would help to build confidence and promote stronger social integration, involving women and girls in sport management activities alongside man, which could help overcome prejudice that often contributes to social vulnerability of women and girls.

Therefore, with the help of Erasmus + Small Collaborative Partnerships program is desired to empower women by adopting already existing sport administration program for the sport managers and shift it for women handson sport management course to shows women how strategically use their strengths and abilities while mastering their competitive mindset, as well as become more confident in a competitive, male-dominated industry. Likewise, to set a network of women leaders in sport which would work on voluntary basis to support and counsel young peers - sport managers in sport industry.

## Lithuania

**Reference:** 590711-EPP-1-2017-1-LT-SPO-SCP

Project Title: Sport Against Violence and Exclusion

Project Acronym: SAVE

Eligible Budget (€)	Grant Amount (€)	Co-financing
365.600,00	365.600,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/20	
Coordinator:	LIETUVOS SPOR <sup>-</sup> UNIVERSITETAS	то
	SPORTO G 6	
	LT 44221 KAUN/	AS
	www.lsu.lt	

Faiticipa	1113		
CON	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania
PAR	CESIE	Palermo	Italy
PAR	FORMACION PARA EL DESARROLLO E INSERCION, SOCIEDAD LIMITADA	Málaga	Spain
PAR	LIETUVOS SPORTO FEDERACIJU SAJUNGA	VILNIUS	Lithuania
PAR	SVEUCILISTE U SPLITU KINEZIOLOSKI FAKULTET	SPLIT	Croatia
PAR	UNIVERSITA DEGLI STUDI DI PALERMO	PALERMO	Italy
PAR	UNIVERZITET U NOVOM SADU	NOVI SAD	Serbia
PAR	UNIVERZITET U SARAJEVU	SARAJEVO	Bosnia and Herzegovina
PAR	WORLD UNIVERSITY SERVICE-OSTERREICHISCHES KOMITEE VEREIN	GRAZ	Austria

#### Sport Against Violence and Exclusion

The project will focus on supporting the implementation of the EU policy regarding the strengthening of the prevention and fight against racism and violence among youth in sport clubs, specifically aiming towards grass root sports, amateur and recreational sport in respect to a number of EU policies, guidelines and recommendations such as White Paper on Sport.

The project aims at:

• Defining competencies needed to predict, avoid and cease violence, exclusion and intolerance through sport, using sport as conflict resolution tool.

• Conflict resolution as a part of future curricula at the Universities and lifelong learning programmes;

• building capacity of sport educational institutions to effectively manage the use of conflict resolution tool;

• Testing of the curricula in cooperation with stakeholders. Adaptation of a new study - program along with new Sport educational programs and studies according to the needs of society and in the line with the EQF and EQF sector at the sport educational institution;

• To facilitate an active dialogue between society, sport association and sport educational institutions.

Specific objectives of the project are:

• Recognize and increase the acquisition of skills and competencies such as discipline, team-work and perseverance through informal learning activities in sport

• Provide a suitable measure in which determined competencies will ensure better understanding in basic and general concepts of proper social conduct

· Enable youth to practice sport collectively and in organised structure

• Support sport clubs which practice grass-root sport in order to increase their services and engage young people in sport

• Promote dialogue and exchange of best practices by integrating sport competencies in everyday practice

· Support sport contribution to social cohesion and integrated societies

• Support inter-cultural dialogue, sense of belonging and participation through key sport competencies

### Malta

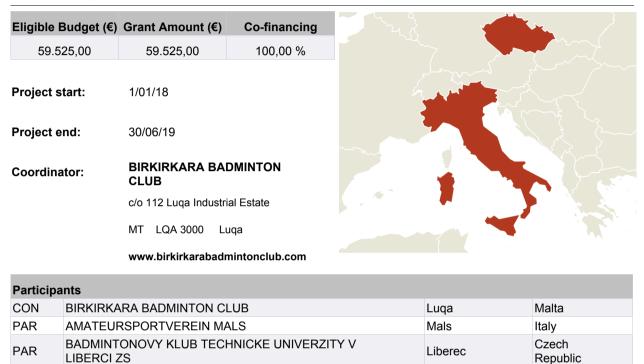
PAR

**Reference:** 

590692-EPP-1-2017-1-MT-SPO-SSCP

Success@360º - Bridging Sport, Safety and Health **Project Title:** 

**Project Acronym:** BSSH360



Czech

Republic

Liberec 25

500 Number of members of sport organisations involved:

TELOVYCHOVNA JEDNOTA SLOVAN VESEC

#### Success@360° - Bridging Sport, Safety and Health

This project focuses on a number of activities that shall seek to increase awareness and exchange knowledge on how to protect athletes, especially the youngest, from health and safety hazards by improving training and competition conditions. The main objectives of this project shall be to:

- review current practices within the clubs on health and safety hazards that hamper the athletes' development

 discuss ways on how the clubs may develop synergies and improve their training and competition conditions
 raise awareness amongst members and local sport clubs of preventing health and safety hazards in badminton

This project fits in line with the main objectives of the Erasmus+ Small Collaborative Partnerships since it will seek to explore tailor made solutions for our clubs using the guidelines included in the EU Dual Careers Guidelines on the safety and welfare of athletes as a backdrop and reference point during our meetings, discussions and knowledge sharing activities

This project will adopt a two pronged approach. The first approach is to focus on the organisational level by ensuring adequate reflection, discussion and sharing of ideas amongst the participating organisations on the various aspects of health and safety, risk prevention and promotion of hazard-free environment both at the training and competition level. It will unite the partners involved in this sport to exchange best practices between countries and institutions, to improve conditions for athletes and promote synergies between sport, health, education and training and improve training and competitive conditions which are ultimately to the benefit of our members. The second approach will focus and include directly the participation of athletes, stakeholders, school children, parents/guardians and policy makers. This will make sure that the project tackles this thematic area from a multi disciplinary perspective and can result in tangible and concrete results which may be sustained over time.

## Netherlands

Reference: 590736-EPP-1-2017-1-NL-SPO-SCP

Project Title: Active Fans Europe

Project Acronym: ACTIFE

Eligible Budget (€)	Grant Amount (€)	Co-financing	
399.165,00	399.165,00	100,00 %	
Project start:	1/01/18		
Project end:	30/06/20		\$
Coordinator:	STICHTING EURO FOOTBALL FOR DEVELOPMENT		
	TAKKEBIJSTERS 9	A	
	NL 4817 BL BRE	EDA	

www.efdn.org



Particip	Participants					
CON	STICHTING EUROPEAN FOOTBALL FOR DEVELOPMENT NETWORK	BREDA	Netherlands			
PAR	BAYER 04 LEVERKUSEN SPORTFORDERUNGGGMBH	Leverkusen	Germany			
PAR	FERENCVAROSI TORNA CLUB	BUDAPEST	Hungary			
PAR	FULHAM FOOTBALL CLUB FOUNDATION	NEW MALDEN	United Kingdom			
PAR	RANGERS CHARITY FOUNDATION	Glasgow	United Kingdom			
PAR	STICHTING FEYENOORD FOUNDATION	ROTTERDAM	Netherlands			
PAR	STICHTING NEC DOELBEWUST	NIJMEGEN	Netherlands			
PAR	STICHTING VITESSE BETROKKEN	ARNHEM	Netherlands			
PAR	VALERENGA FOTBALL	OSLO	Norway			
PAR	VZW VOETBAL IN DE STAD	GENT	Belgium			

#### **Active Fans Europe**

The Active Fans Europe project brings together practitioners from 6 European countries who all deliver health programmes for different targetgroups. They all use different methodologies and through this project they want to develop the European Healthy Football League; a programme that addresses health issues and weight management of men and women that are 35 years and older.

The Healthy Football League is the ultimate clash of European football clubs as fans compete for bragging rights in a series of physical activity challenges, and through use of a digital platform encourage their rivals to keep up. Turning the inherent rivalry between football fans into healthy competition, the programme gets men and women aged 35+ moving more through weekly physical activities, fan challenges in the community and health messaging at participating clubs' grounds.

## Netherlands

Reference: 590483-EPP-1-2017-1-NL-SPO-SNCESE

Project Title: European Sport for all Games

Project Acronym: ESFAG

Eligible Budget (€)	Grant Amount (€)	Co-financing
715.367,51	470.704,77	65,80 %
Project start:	1/11/17	
Project end:	31/10/18	
Coordinator:	NEDERLANDS OI COMITE-NEDERL SPORT FEDERAT VERENIGING	ANDSE
	PAPENDALLAAN 60	
	NL 6816VD ARN	IHEM

Participa	ints		
CON	NEDERLANDS OLYMPISCH COMITE-NEDERLANDSE SPORT FEDERATIE VERENIGING	ARNHEM	Netherlands

#### **European Sport for all Games**

#### European Sport for All Games

#### Unique moment

In 2018 Leeuwarden-Fryslân is cultural capital of Europe (LWF2018). One of the important cultural aspects of Leeuwarden – Fryslân is sport. Fryslân has her very own traditional sports like: skutsjesilen, keatsen, fierljeppen, Frisian horses, Frysk draft. But also the "normal" sports culture of inhabitants is very characteristic for the livability of this region like football and speedskating.

NOC NSF wants to use the moment Leeuwarden-Fryslân being the Cultural Capital 2018 to create a strong impulse in the important role sport has for society in the Netherlands and as a legacy for Europe. Grassroot sport, including traditional Sports and Games, are contributing to the solution of many social and (future) health problems. These sports unite people all over Europe. Especially regarding the cultural problems and integration of refugees being a vulnerable group in European societies.

Therefore NOC NSF organizes in partnership with TAFISA and Fryslân the first European Sport for All Games in Fryslân in the beginning of August 2018. In the beginning of August the cultural sports of Fryslân; skutjsesilen, sailing, Keatsen, Fierljeppen and Fryslan draft are played. To give this cultural sports a special international 2018 edition and to invite in this same period other countries with their (cultural)sports a big United Cultural Sport Festival will happen; the European sport for All Games. Several locally initiated sport- and cultural events will join and be part of these Games The participants will stay over with Frisian Families so they will really get to know each others culture.

#### The Games

The European Sport for All Games are characterized by fun, hospitality, open, inspiration, inclusion and connecting and unite people. Participants and spectators will, when they are back home, experience the open local community of Fryslân. These games will also illustrate how local communities can be very strong and important for sport and

## Netherlands

**Reference:** 590677-EPP-1-2017-1-NL-SPO-SCP

Project Title: Gender Equality Toolkit for Generation Z

Project Acronym: GETZ

Eligible Budget (	€) Grant Amount (€)	Co-financing	<b>K</b> ►		and the second
456.245,00	400.000,00	87,67 %			
Project start:	1/01/18			Å	
Project end:	31/12/20				
Coordinator:	STICHTING HOGESCHOOL VAN AMSTERDAM				ί <del>s</del> phy
	Wibauthuis, Wibautst	raat 3b,			
	NL 1091 GH Am	sterdam			
	www.hva.nl				
Participants					
CON STICHT	ING HOGESCHOOL V	AN AMSTERDAM		Amsterdam	Netherlands
PAR EUSA I	NSTITUTE			Ljubljana	Slovenia
PAR HOGS	OLEN I MOLDE			MOLDE	Norway
PAR HRVAT	SKI OLIMPIJSKI ODBO	OR		ZAGREB	Croatia

FAR	HRVATSKI OLIMFIJSKI ODBOR	ZAGRED	Ciualia
PAR	UNIVERSITY OF WORCESTER	Worcester	United Kingdom
PAR	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden
PAR	VRIJE UNIVERSITEIT BRUSSEL	BRUSSEL	Belgium

#### **Gender Equality Toolkit for Generation Z**

The objective of the "Gender Equality Toolkit for generation Z (GETZ)" project is to develop, deliver and evaluate an innovative educational resource specifically designed to educate Generation Z on the issues relating to gender equality and equal opportunities in sport. Generation Z are individuals born in the mid-1990s to early 2000s. A significant aspect of Generation Z is the widespread usage of the Internet from a young age and their familiarity with technology. With this in mind GETZ will be delivered via a Massive Open Online Course (MOOC) to facilitate broad dissemination of the project's intellectual outputs and results. The initiative for the GETZ project comes from the continued prevalence of gender inequality in sport and the need to look at this issue from the perspective of the next generation.

The seven GETZ partners have recognized the presence of gender inequality in sport in their own countries and each are independently working on gender related projects. Working collaboratively on GETZ will facilitate a consistent approach to educating future sport leaders on the issue of gender inequality.

This is a 3 year project which will result in the creation of the GETZ MOOC and a gender equality research study. A clear management structure, quality control, risk management measures and budget have been designed to ensure that the GETZ project is properly planned, organized and controlled.

GETZ will be delivered to 200 students via the partner universities and it will be available to 840 regional sports clubs in Sweden. The GETZ project will result in numerous intellectual outputs such as six GETZ units and the results of the research study. All of which will be disseminated to a wide audience including European Universities, Sports Federations and Sports Club outside of the GETZ partnership, via the 5 multiplier sports events. The partners are committed to maintaining the GETZ MOOC on completion of the project as part of the legacy strategy.

## Netherlands

Reference: 590549-EPP-1-2017-1-NL-SPO-SCP

Project Title: PROtect Integrity Plus

Project Acronym: PI+

Eligible Budget (€)	Grant Amount (€)	Co-financing	
204.656,00	204.656,00	100,00 %	
Project start:	1/01/18		
Project end:	31/12/19		
Coordinator:	EUROPEAN ELIT	E ATHLETES	
	WATTBAAN 31 49		
	NL 3439 ML NIE	UWEGEIN	

Participa	ints		
CON	EUROPEAN ELITE ATHLETES ASSOCIATION	NIEUWEGEIN	Netherlands
PAR	ASOCIACION DE JUGADORES DE FUTBOL SALA	MADRID	Spain
PAR	GIOCATORI ITALIANI BASKET ASSOCIATI	BOLOGNA	Italy
PAR	Håndbold Spiller Foreningen	Copenhagen K	Denmark
PAR	HELLENIC PROFESSIONAL VOLLEY BALL PLAYERS SOMATEIO	PEIRAIAS	Greece
PAR	IRUPA EVENTS LIMITED	DUBLIN	Ireland
PAR	JALKAPALLON PELAAJAYHDISTYS RY	Turku	Finland
PAR	THE RUGBY PLAYERS ASSOCIATION	TWICKENHAM MIDDLESEX	United Kingdom
PAR	THE UNIVERSITY OF LIVERPOOL	LIVERPOOL	United Kingdom
PAR	UNION DES JOUEURS RUGBY PROFESSIONNELS	TOULOUSE	France

#### **PROtect Integrity Plus**

The project will combat the cross-border match-fixing threat to European sport by providing the first European wide, athlete led reporting system for professional athletes to report suspicious approaches. In the first stage, over 3,000 (3,050) professional athletes in seven countries and five different sports will be provided with a dedicated, safe and confidential on-line reporting mechanism to enable and encourage them to report any suspicions on match fixing.

The proven "Red Button" app (Online mobile application for phones and tablets) developed by the Professional Footballers Association of Finland (JPY) will be used as the baseline reporting system. This will be expanded and tailored to different sports taking part in the project. Training for the Player Associations will be provided by INTERPOL and the App developers. The Player Associations will then deliver the App direct to their players whilst also educating them about the requirements to report anything suspicious. This will create a powerful tool in the fight against match fixing in European professional sport.

## Netherlands

Reference:	590547-EPP-1-2017-1-NL-SPO-SNCESE

Project Title: European Social Inclusion Games 2018

Project Acronym: SIG2018

Eligible Budget (€)	Grant Amount (€)	Co-financing
623.178,10	481.198,55	77,22 %
Project start:	1/11/17	
Project end:	31/10/18	
Coordinator:	STICHTING SOCI INCLUSION GAMI NETHERLANDS	
	Bevrijderslaantje 2	
	NL 7550 BC Hen	igelo

Participa	ants		
CON	STICHTING SOCIAL INCLUSION GAMES NETHERLANDS	Hengelo	Netherlands

#### **European Social Inclusion Games 2018**

In the summer of 2018, more than 1500 socially marginalized people from more than 15 European countries will come to The Netherlands to participate in the European Social Inclusion Games. During a 7-days event, several sports activities are organised for socially marginalized people. In addition, various workshops and cultural events are also held in which both volunteers/social inclusion professionals will learn about the power of sports for social inclusion.

Linking sports and a European-wide sports event to the rehabilitation, re-integration and empowerment of socially marginalized people will undoubtedly contribute to the visibility, awareness and better understanding of the importance to address the special needs of the target group and to better assure social inclusion across Europe.

Impact is reached through:

- The Participants: by participating in the SIG2018, the socially marginalized people will be introduced to sports as a mean for rehabilitation/re-integration and empowerment. Sports will help them to foster health, enhance mental health and physical well-being; enhance self-esteem/confidence and will foster empathy, tolerance, cooperation, social skills and team work.

- The volunteers/Social Inclusion Professionals: thanks to the ample side-events, they will be able to apply the good practices in their own settings, contributing to a wider implementation of sport games and activities in social integration programmes across Europe;

- Future organisers of international sport events: learn from the SIG2018 organisation by taking into account the lessons learnt at this event (related to e.g. volunteer management, specificities related to the target group, equal opportunities for all etc.).

- European policy- and decision-makers: use the outcomes to evaluate and improve European policies, programmes and activities in the area of social inclusion and the role of sports therein.

## Poland

Reference: 590627-EPP-1-2017-1-PL-SPO-SSCP

Project Title: Be a Better Coach - Enhancement the qualifications of coaches through the transfer of good practices.

Project Acronym: BBCo

CON	KLUB SPORTOWY PRADNICZANKA	KRAKÓW	Poland
PAR	FK GASCONTROL HAVIROV ZS	Havířov - Město	Czech Republic
PAR	ORAVAN ORAVSKA JASENICA	Oravská Jasenica	Slovakia
PAR	UCZNIOWSKI KLUB SPORTOWY JEDYNKA PRZY GIMNAZJUM W KRZESZOWICACH	Krzeszowice	Poland

## Be a Better Coach - Enhancement the qualifications of coaches through the transfer of good practices.

Sport has an international character and attracts a wide and diverse range of people. Physical activity, health and quality of life are closely interconnected. Sport plays important role in the lives of many EU citizens and holds an important place and strong societal role with a mighty potential for social inclusion and education in and through sport, meaning that participation in sport or in physical activity in many different ways contributes to inclusion into society, gender equality and elevation of gualifications. In order to achieve the above-mentioned values, it is necessary that the representatives of the sports environment present the highest standards and qualifications. It is required to take care of the level of education and qualifications of coaches, especially those working with young people. Improving the qualifications of adults working in sport is a multi-faceted activity allowing for fulfilling EU policy objective. The European institutions recognize the need for better-gualified staff in the sport sector. The high level of professionalism and diversity of professions in sport, combined with increasing mobility within the EU brings opportunity of successful implementation of social values such as gender equality and social inclusion by means of health-enhancing physical activity. Responding to the needs expressed by the European institutions, the project addresses its goals: education in sport, enhancement of a good governance, capabilities and gualifications of sports clubs' staff engaged in trainings of women's football teams in countries participating in the project, through transfer of good practices and know-how by means of the network created for international cooperation.

## Poland

**Reference:** 590606-EPP-1-2017-1-PL-SPO-SCP

Project Title: Against match fixing - European Research & Education Program

Project Acronym: EREP

Eligible Budget (€	) Grant Amount (€)	Co-financing
399.895,00	399.895,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	FUNDACJA EKST ul. WYBRZEZE GDY	
	PL 01-531 Warsz	zawa

Participa	ints		
CON	FUNDACJA EKSTRAKLASY	Warszawa	Poland
PAR	CENTRO UNIVERSITARIO SPORTIVO PALERMO	PALERMO	Italy
PAR	DEUTSCHE SPORTHOCHSCHULE KOLN	KOLN	Germany
PAR	EUROPEAN INSTITUTE OF INTERDISCIPLINARY RESEARCH	PARIS	France
PAR	EUROPEAN SPORT SECURITY ASSOCIATION	BRUXELLES	Belgium
PAR	NATSIONALNA SPORTNA AKADEMIYA VASSIL LEVSKI	SOFIA	Bulgaria
PAR	VEREIN ZUR WAHRUNG DER INTEGRITAT IM SPORT (VWIS)	WIEN	Austria
PAR	ZDRUZHENIE-CENTAR ZA ISTRAZHUVACHKONOVINARSTVO SKUP-MAKEDONIJA SKOPJE	Skopje	former Yugoslav Republic of Macedonia

#### Against match fixing - European Research & Education Program

In the project "Against match fixing - European Research & Education Program" international cooperation is foreseen of 8 organisations involved in sport and counteracting match-fixing, in order to prepare, on the basis of materials collected, conducted analyses and research, an innovative training programme. The expected result of the trainingis to increase, among 80% of the participants the knowledge of fixing methods and skills connected with the assertive responses to such situations.

The project provides for the work of the four working groups:

1. Legal Team - conducting an analysis of legal solutions related to the counteracting corruption in sport, taking into account national legislation, rules of league games, as well as bilateral agreements (club-player) in selected countries of EU, Asia and South America.

2. Study Team - selecting and analysing fixing methods. Examples of fixing activities of the different countries will be described in the form of case studies.

3. Research Team - organising and conducting a study to determine the scale of the problem, motivation and the degree of exposure to the fixing activities in sport.

4. Education Team - responsible for developing educational materials to mobile application and e-learning courses, and for on-line trainings.

An educational platform will be created on which all the results of the project will be shared, including e-learning courses and reports. Moreover, the results will also be placed in the mobile application.

We expect the organisation of 2 conferences, which will be attended by 160 people, the involvement of 33 professionals who will organise 14 working meetings, conducting research involving approx. 1,500 respondents, development of 5 reports and recommendations, creation of an educational platform from which 50,000 recipients will benefit, implementation of on-line training for 300 groups of participants, providing 3 elearning courses, which will be completed by 1000 people.

## Poland

PAR

PAR

Reference: 590455-EPP-1-2017-1-PL-SPO-SSCP

Project Title: GOOD GOVERNANCE in YOUTH SPORTS CLUB S (GGinYSC) - promotion eeducation in sport as tool of protect youngest athletes

Project Acronym: GGinYSC

Eligible Budge	t (€) Grant Amount (€)	Co-financing			
46.600,00	46.600,00	100,00 %			
Project start:	1/01/18				
Project end:	31/12/19		-		
Coordinator:	STOWARZYSZEN MLODZIEZY KAR			•	2
	Garncarska 5				
	PL 70-377 Szcze	ecin			
	www.stowarzyszen	iekarol.pl			
Participants					
CON STOV	VARZYSZENIE DZIECI I	MLODZIEZY KAROI	-	Szczecin	Poland

Torino

GETXO

Italy

Spain

Number of members of sport organisations involved: 50

ENGIM PIEMONTE ASSOCIAZIONE

GETXO KIROLAK

### GOOD GOVERNANCE in YOUTH SPORTS CLUB S (GGinYSC) - promotion eeducation in sport as tool of protect youngest athletes

GOOD GOVERNANCE in YOUTH SPORTS CLUBS (GGinYSC) - promotion e-education in sport as tool of protect youngest athletes is proposal accurate to European policies in the field of sport.

Project objectives: good governance in youth sports clubs, recognize toolkits of good governance to youngest athletes protection, e-learning training as one of tools is in GGinYSC clearly stated and can be achieved taking into account the nature and experience of the partnership.

Proposal identifies and adequately addresses clearly specified target group needs.

a. Direct beneficiaries: managers of YSC (youth sports clubs), local sports animators, schools trainers, representatives of local authorities active in field of sport (municipal sport entity). E-learning training give those people a toolkits of good governance to protect young athletes in own YSC (managers) and give opportunity of others actors high up knowlage about hazards and risk.s Local authorieties and sport animators should supporting YSC in development and implementation of new model of good governance.

b. Indirect beneficiaries: young people in age 13-18 years, young athletes (YA) involved in YSC (youth sports club including school sports clubs and other amateur – nonformal – sports clubs). Results of proposal has been influenced on this groups.

GGinYSC promote the creation and development of transnational networks in the field of sport. The EU can thereby provide opportunities for strengthened cooperation among stakeholders, which would not have existed without EU action. Proposal foster synergy with, and between, local, regional, national and international policies to promote sport and physical activity and to address sport-related challenges.

## Poland

Reference: 590421-EPP-1-2017-1-PL-SPO-SSCP

Project Title: Sport in the Environment of National Minorities – Between Integration, Assimilation and Linguistic Diversity

Project Acronym: MINS

Eligible Budget (€	) Grant Amount (€)	Co-financing
67.280,00	60.000,00	89,18 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	NIEMIECKIE TOW OSWIATOWE	ARZYSTWO
	M. Konopnickiej 6	
	PL 45-004 Opole	
	www.dbg.vdg.pl	
Participants		
CON NIEMIEC	KIE TOWARZYSTWO	O OSWIATOWE

CON	NIEMIECKIE TOWARZYSTWO OSWIATOWE	Opole	Poland
PAR	ASOCIATIA PENTRU TINERET SI SPORT -ERDELY- IFJUSAGI ES SPORT EGYESULET	Cluj-Napoca	Romania
PAR	MAKKABI JUDISCHER TURN- UND SPORTVERBAND IN DEUTSCHLAND	Frankfurt am Main	Germany
PAR	UNIVERSIDAD DEL PAIS VASCO/ EUSKAL HERRIKO UNIBERTSITATEA	LEIOA	Spain
PAR	VILNIAUS SPORTO KLUBAS POLONIA	Vilnius	Lithuania

# Sport in the Environment of National Minorities – Between Integration, Assimilation and Linguistic Diversity

The aim of the project is to create the collaborative partnerships between sports clubs, which are active in the social environment of different national and ethnic minorities.

Networking has its beginning with the several transnational project meetings (meeting of each partner organized). Participants will not only be engaged in the realization of the project people, but also people who work in those sports clubs that are active in the field of national minorities in other European countries. Each meeting will last 3 days and there are about 12 people attend.

To strengthen the cooperation, a internet contact platform will be develop. The target group of this web-side will be all national and ethnic minorities from all Europe.

As a summary of the project we plan an international children's sport meeting. During the event many teams from various national minorities can meet, children will play sports and coaches and staff tie networks and share experiences.

As a product with a guide "Best Practice" is being developed, where all partners present its pattern projects.

## Poland

Reference: 590774-EPP-1-2017-1-PL-SPO-SSCP

Project Title: SPORT 4 ALL

Project Acronym: S4A



raiticipants				
CON	KASZUBSKIE TOWARZYSTWO SPORTOWO - KULTURALNE	Luzino	Poland	
PAR	ASOCIATIA CLUBUL SPORTIV EXPERIENTAMULTISPORT	ARAD	Romania	
PAR	ATHLITIKI ENOSI LEMESOU AEL	LIMASSOL	Cyprus	
PAR	NILUFER BELEDIYE BASKANLIGI	BURSA	Turkey	
PAR	UNIVERZITET U BEOGRADU	BEOGRAD	Serbia	

#### **SPORT 4 ALL**

The project will be devoted to creating an innovative sport programme directed to youth aged 13-25, that's promote sport activity and help with social inclusion in local communities.

"SPORT 4 ALL" focuses on problems of sport social integration through sport and promoting sport. In project of Small Collaborative Partnership will be involved 5 partner organizations from Poland, Romania, Cyprus, Turkey and Serbia.

General goal of the project is the promotion of sport among the youth and action against social exclusion through sport.

Particular goals are:

-development of knowledge about sport

- finding the role of sport in society

- reducing the limits, barriers of sport, including social exclusion

- developing team-play skills

- encouraging to activities promoting sport on a local level, encouraging appropriate social attitudes to help fighting with social exclusion

- to establish intercultural dialog between participants, organizations, networking

- breaking down barriers in intercultural dialogue,

- developing innovative sport programme.

The aforementioned goals will be achieved by planned methods of work, that include: multimedia

presentations, discussions, workshops, fieldwork, working on publication, recording videos.

As a result of project there will be created innovative programme that could be use by afiliated institutions and other sports organizations from Europe.

The main activities of the project will take place in headquarter of applicant- Kashubian Sport and Cultural Association, in Poland, and in headquater of FC Olymiakos Nikosia in Cypru. Between transnational meetings working groups will work in their headquoters.

Results of the project will be presented on partners' websites and project's online platform. The information about created programme will be send to sports organizations ,authorities, schools, available in open license. This will ensure the sustainability of the project, will allow to reach wider target group.

## Poland

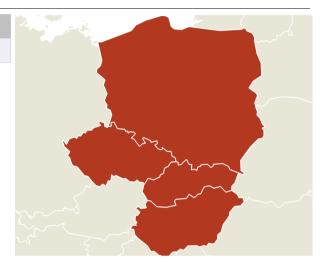
Reference: 590833-EPP-1-2017-1-PL-SPO-SSCP

Project Title: "Sport for All and the Environment"

Project Acronym: SforAE

Eligible Budget (€)	Grant Amount (€)	Co-financing		
63.450,00	60.000,00	94,56 %		
Project start:	1/01/18			
Project end:	30/06/19			
Coordinator:	FUNDACJA NA RZECZ ODZYSKU OPAKOWAN ALUMINIOWYCH RECAL			
	Mariensztat 8			
	PL 00-302 Wars	szawa		





Participants					
CON	FUNDACJA NA RZECZ ODZYSKU OPAKOWAN ALUMINIOWYCH RECAL	Warszawa	Poland		
PAR	ASOCIACIA SPORTU PRE VSETKYCH SLOVENSKEJ REPUBLIKY	Bratislava	Slovakia		
PAR	CESKA ASOCIACE SPORT PRO VSECHNY ZS	Prague	Czech Republic		
PAR	MAGYAR SZABADIDOSPORT SZOVETSEG	BUDAPEST	Hungary		
PAR	STOWARZYSZENIE SIEMACHA	Krakow	Poland		

#### "Sport for All and the Environment"

The idea of "Sport for All and the Environment" (SforAE) Project is raising an awareness about the benefits from ecological behaviours in sport for all. Its aim is an environmental education through sport and sport promotion in safe and clean environment.

The principal is to share the massage that physical activity keeps mankind in a good and healthy shape and extends the individuals lives, when saving the natural resources is key to keep the environment beautiful and in a good condition for the next generations. This parallelism is the base for the SforAE Project.

The SforAE Project includes 5 partners from 4 Central and Eastern Europe countries (Czech Republic, Hungary, Poland and Slovakia). Apart from education the aim is to establish strong cooperation between partners to create a synergic effect for them. The project involves the exchange of experiences and the joint development of guidelines for ecologically sustainable sports events. It also includes organization of 4 flagship events (one in each Project country) and support with promotional materials in a form of free of charge canned isotonic drinks for about 100 different sport events. The events must be organized sustainable for environment, including collection and recycling of empty cans.

Another part of the SforAE Project is to collect best practices in sport events to be published in a brochure. The best practices promoting active lifestyles and compliant with green events and the recommendations for sport events' organizers and sport clubs. There will be about 8 - 10 examples of sport events (min. 2 from each country) to show possible actions, not only in the organization of recycling, but also on reducing the environmental impact of organized sport events.

The publication will be available into all Partners' languages and English. The brochure will be a substantial effect of the Project and will help all sport event organizers to include sustainability issues into their events.

## Portugal

Reference: 590648-EPP-1-2017-1-PT-SPO-SSCP

Project Title: "Inclusive & Adapted Sport - Boccia for all"

Project Acronym: B4A

Eligible Budget (€)	Grant Amount (€)	Co-financing	
22.970,00	22.970,00	100,00 %	
Project start: 1/01/18			
Project end:	31/12/18		
Coordinator:	Nordinator: ASSOCIAO MEDESTU RUA DA ESCOLA NORMAL 80 4 PISO		
	PT 4000 199 PC	RTO	



Participants					
CON	ASSOCIAO MEDESTU	PORTO	Portugal		
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy		
PAR	CENTRO UNIVERSITARIO SPORTIVO PALERMO	PALERMO	Italy		
PAR	EYROPAIKO INSTITOYTO TOPIKHS ANAPTYKSHS	THESSALONIKI	Greece		
PAR	ZAVOD APGA	MISLINJA	Slovenia		

#### "Inclusive & Adapted Sport - Boccia for all"

The project will take place in Portugal and partner countries from 01/01/2018. This project "Inclusive & Adapted Sport - Boccia for all" addresses the objective above and the European policies in the field of sport, because we believe that boccia is the best example of good practice in what social inclusion applied to sports is concerned: it's a highly inclusive sport, since men and women of any age, and with any disability and even high degree of incapacity can practice it, and therefore enhance their health physical activity, fits perfectly in the definition of sport for all. At the same time, we believe that there are no better "ambassadors" of boccia, then the actual practitioners, who would pass the word on boccia through voluntary actions next to young people. This project is based on the following objectives: 1. Encourage social inclusion and equal opportunities in sport, especially by supporting the implementation of EU strategies, notably the EU Gender Equality Strategy and the EU Disability Strategy, by recognising boccia a good practice; 2. Support the mobility of volunteers, trainers and staff of non-profit sport organisations; 3. Support the empowerment of volunteers through training first and voluntary actions, especially the ones who are fewer opportunities (disability); and 4. Promote synergies with and among stakeholders at local, regional, national and international levels, focused on promoting sport and physical activity and tackling the sport-related challenges. This project proposal is the product of national and international stakeholders, who invest their own (human) resources and know-how, which extends the project's visibility and strengthens its impact, in proportion. Their exchange of ideas and experiences and the distribution of tasks and deliveries accordingly bring complementarity to this project, since their areas of expertise are vast: non formal education and learning, volunteering, disability, Boccia.

## Portugal

Referenc	e:	590578-EPP-1-2017-1-PT-SPO-SNCESE					
Project T	itle:	European Universities Games - 2018					
Project A	cronym:	EUG2018					
Eligible E	Budget (€)	Grant Amount (€)	Co-financing				
623.9	33,51	499.146,80	80,00 %				
Project s	tart:	1/11/17				ł	
Project e	nd:	31/10/18		_			
Coordina	tor:	UNIVERSIDADE I PACO DAS ESCOLA PT 3001 451 CC www.uc.pt			~		
		www.uc.pt					
Participa	nts						
CON	UNIVERS	DADE DE COIMBRA			COIMBRA	Portugal	

#### **European Universities Games - 2018**

This proposal object is the preparation, implementation, monitoring, evaluation and dissemination of the European Universities Games edition in 2018 (EUG2018), a not-for-profit European Sport Event that will take place in Coimbra from 15th to 28st July 2018 and will host over 4000 participants, which are students of more than 300 universities from over 30 European countries.

The European Universities Games is a multisport event involving athletes from universities of Europe, held every two years, since 2012, in different European Universities cities. This event is organised under the umbrella of the European University Sports Associations and Coimbra was selected to host the edition of 2018. The goals of the European Universities Games 2018 are:

- to encourage university sport, by increasing the number of students and other members of the academic community involved in the practice of sport;

- to raise awareness to the importance of sport and physical activity as motors of healthy living

- to promote the values inherent to sport practice, such as fair play, unit, tolerance, social inclusion, equal opportunities and accesses, teamwork and value of practice, These 'values' are not goals or forms of behaviour, but a search for meaning; they offer frameworks to be built so as to organize social attitudes and raise the level of investment of each in public life;

- promoting friendly competition through multi-sport events;

- facilitating friendship and companionship between students and universities;

- promote enriching and innovative experiences for students during their academic and educational period

- linking the sports competitions to educational programs.

## Portugal

Reference:

ce: 590662-EPP-1-2017-1-PT-SPO-SCP

Project Title: European Union Physical Activity and Sport Monitoring System

Project Acronym: EUPASMO

Eligible Budget (€)	Grant Amount (€)	Co-financing	
399.573,00	399.573,00	100,00 %	
Project start:	1/01/18		
Project end:	31/12/19		
Coordinator:	INSTITUTO PORT DESPORTO E JU		
	RUA RODRIGO DA I	FONSECA 55	
	PT 1250 190 LIS	BOA	

Participa	Participants					
CON	INSTITUTO PORTUGUES DO DESPORTO E JUVENTUDE I.P.	LISBOA	Portugal			
PAR	CYPRUS SPORT ORGANISATION	LEFKOSIA	Cyprus			
PAR	FOLKHALSOMYNDIGHETEN	SOLNA	Sweden			
PAR	LATVIJAS SPORTA PEDAGOGIJAS AKADEMIJAS	Rīga	Latvia			
PAR	MAGYAR SZABADIDOSPORT SZOVETSEG	BUDAPEST	Hungary			
PAR	MOVIMENTO SPORTIVO POPOLARE ITALIA	Roma	Italy			
PAR	RIJKSINSTITUUT VOOR VOLKSGEZONDHEID EN MILIEU	BILTHOVEN	Netherlands			
PAR	UNIVERSITE CLERMONT AUVERGNE	CLERMONT- FERRAND	France			
PAR	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia			

#### **European Union Physical Activity and Sport Monitoring System**

This project aims to implement an EU Physical Activity and Sport Monitoring System, through the development of an integrated and shared methodological process that will provide comparable, valid and reliable sedentary behaviour patterns, physical activity and sport participation data across EU Member States. This will support the EC, MS, WHO and other relevant organisations in the design, promotion, implementation and surveillance of effective and adjusted HEPA policies and strategies across Europe and governance levels. The main objectives are:

I - Establish a monitoring framework to assess sedentary behavior patterns, PA and sport participation in EU MS.

II - To compare commonly used questionnaires for PA surveillance (e.g. Global Physical Activity Questionnaire - GPAQ, International Physical Activity Questionnaire - IPAQ, European Health Interview Survey Physical Activity Questionnaire - EHIS-PAQ, Eurobarometer, and nationally-specific PA questionnaires) with each other and with objective accelerometer data (and other similar devices) in a validation study that will use representative samples from EU partner countries.

III – To analyse and compare sedentary behaviour patterns and PA and sport participation prevalence rates across European MS based on the results obtained with the validation study.

IV – To develop a toolkit to build and reinforce MS capacity to monitor, analyse, compare sedentary behaviour patterns, PA and sport participation prevalence data. It will help MS to implement and develop the PA and sport monitoring framework in their countries.

V - To support the development of the PA section of the iNCD database, aligning it with the EU HEPA monitoring framework. Sedentary behaviour patterns will also be included in this database.

A group of 9 EU MS cooperate with each other, along with several other relevant organisations from sport, health and education sector to develop an EU PA and sport monitoring framework.

## Portugal

Reference:

590560-EPP-1-2017-1-PT-SPO-SCP

Project Title: European Physical Education Observatory

Project Acronym: EuPEO

Eligible Budget (€)	Grant Amount (€)	Co-financing
376.559,00	376.559,00	100,00 %
Project start:	1/01/18	

**Project end:** 31/12/20

Coordinator: FACULDADE DE MOTRICIDADE HUMANA ESTRADA DA COSTA

PT 1495-688 CRUZ QUEBRADA LISBOA



Participants					
CON	FACULDADE DE MOTRICIDADE HUMANA	CRUZ QUEBRADA LISBOA	Portugal		
PAR	BUNDESAMT FUR SPORT (BASPO)	Macolin	Switzerland		
PAR	DEUTSCHER SPORTLEHRERVERBAND DSLV	Krefeld	Germany		
PAR	EUROPEAN PHYSICAL EDUCATION ASSOCIATION	GLARUS	Switzerland		
PAR	MAGYAR DIAKSPORT SZOVETSEG	Budapest	Hungary		
PAR	SCHWEIZERISCHER VERBAND FUR SPORT IN DER SCHULE	6463 Bürglen	Switzerland		
PAR	SOCIEDADE PORTUGUESA EDUCACAO FISICA	Lisboa	Portugal		
PAR	SYNDICAT NATIONAL DE L'EDUCATION PHYSIQUE DE L'ENSEIGNEMENT PUBLIC	paris	France		
PAR	UNIVERSITY COLLEGE CORK - NATIONAL UNIVERSITY OF IRELAND, CORK	CORK	Ireland		
PAR	UNIVERZA V LJUBLJANI	Ljubljana	Slovenia		
PAR	UNIVERZITA PALACKEHO V OLOMOUCI	OLOMOUC	Czech Republic		
PAR	WILLIBALD GEBHARDT INSTITUT FORSCHUNGSINSTITUT FUR SPORT UND GESELLSCHAFT EV	Münster	Germany		

#### **European Physical Education Observatory**

Research and advocacy from sport and educational organizations as EU-HEPA report evidence for design and development of a manual and a toolkit to monitor the quality of Physical Education (PE) and HEPA in schools.

EUPEA identified the diversity of PE and School Sport (SS) conditions within Europe and the importance of implementing a systematic monitoring for PE and HEPA as the European observatory.

To build this monitoring solution based on the collaborative work between the professional and researchers' stakeholders, 12 partners developed the present proposal. This partnership covers eight countries, including PE teachers associations and universities or research centres and 22 researchers.

The EuPEO project aims to convert former monitoring and evaluation experiences of PE and HEPA into a comprehensive but applicable system by developing the EuPEO webpage, a manual for external monitoring (MEA), and a toolkit to prepare and provide internal self-monitoring (TIM) of quality PE and SS.

During a three years study, the partners will be involved on the construction and validation of these instruments. The MEA will be developed as an open access methodological e-book to be integrated in the platform supported by the EuPEO webpage to guide the data collection process to feed the observatory database. Moreover, the MEA will be important to the advocacy and to capacitating Europe to monitoring the HEPA recommendations. TIM will capacitate schools to monitor HEPA recommendations directly. Eight national multiplier sport events will disseminate this platform in each partner country, and one European multiplier sport event (EUPEA 2020 Forum) to discuss the platform with other potential international institutions to become part of the project.

By this, each country will be able to decentralize the control of the HEPA conditions. Furthermore, each country will be able to identify good examples, disseminate them and motivate other schools implement similar conditions.

## Portugal

Reference: 590639

590639-EPP-1-2017-1-PT-SPO-SCP

Project Title: Sport Inclusion - Full participation in sport by persons with disabilities

Project Acronym: InSport

Eligible Budg	get (€)	Grant Amount (€)	Co-financing			
286.630,0	00	286.630,00	100,00 %			
Project start: Project end:		1/01/18 30/06/20				
Coordinator:		APCAS ASSOCIA PARALISIA CERE ALMADA SEIXAL	BRAL DE		ł	
		Largo dos Restaurad	ores			
		PT 2840-482 Se	ixal			
		www.paralisiacereb	ral.pt			
Participants						
(:()N		SSOCIACAO DE PA SEIXAL	RALISIA CEREBRA	L DE	Seixal	Portugal
PAR		RNATIONALE VERE	INIGUNG FUR SPC	ORT FUR	FRANKFURT AM MAIN	Germany

PAR	ALLE EV	AM MAIN	Germany
PAR	EUROPEAN PARALYMPIC COMMITTEE VEREIN	WIEN	Austria
PAR	INSTITUTE OF TECHNOLOGY TRALEE	TRALEE	Ireland
PAR	INSTITUTO PORTUGUES DO DESPORTO E JUVENTUDE I.P.	LISBOA	Portugal
PAR	STICHTING KENNISCENTRUM SPORT NEDERLAND	EDE GLD	Netherlands

#### Sport Inclusion - Full participation in sport by persons with disabilities

The Erasmus + Program highlights the importance of working in the inclusion and valorisation of people with disabilities and other minorities as one of its objectives. These project directly addresses these policies and areas of concern by not only assessing the best practices and barriers to inclusion in sport of people with disabilities, but by creating an easily accessible Europe-wide model for member states and enabling monitoring of Inclusion and participation moving forward.

The project Sport Inclusion-Full Participation in Sport by Persons with Disabilities-InSport-aims to:Develop a European model for the inclusion in sport of people with disabilities based on a survey of existing best national practices and The greatest barriers to inclusion in European Union (EU) member states; Create a web-based platform which is publicly accessible and widely applicable to the knowledge and resource center for all EU member states; To enable monitoring of the rate of inclusion in sport of people with disabilities across the EU. Our proposal is based on a progressive and methodic process, with divided phases, that support the continuous background for activating the final tools, to work and evaluate the final objective: the full participation in sport by persons with disabilities in the EU. For this purpose we intend to produce 6 outputs, which include: Guide with the analysis of good practices of national social inclusion in sport for people with disabilities;Guide (s) with steps for the development of inclusion in sport; Intervention Support Material Guide (s);Course (s) Curriculum; Web site;Teaching Guide with description of actions to accompany and promote the participation of people with disabilities in sport.

Thus, InSport aligns with the stated objectives of the EU and the current Erasmus + program, including equal opportunities and equal access, social inclusion, volunteerism, sports and the promotion of physical activity, and active participation of minorities.

## Portugal

PAR

PAR

Reference:

590543-EPP-1-2017-1-PT-SPO-SCP

Project Title: IN COMMON SPORTS - INTERGENERATIONAL COMPETITION AS MOTIVATION FOR SPORT AND HEALTHY LIFESTYLE OF SENIOR CITIZENS

Project Acronym: INSPORT

Eligible Budget (€)	Grant Amount (€)	Co-financing
316.986,00	316.986,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	MUNICIPIO DE VI CERVEIRA	LA NOVA DE
	PRACA DO MUNICI	PIO 1
	PT 4920 284 VIL	A NOVA DE CERVEI
	www.cm-vncerveira	ı.pt
Participants		
CON MUNICIP	IO DE VILA NOVA D	E CERVEIRA
PAR COMUNE	DI CESENA	

Viana do Castelo

TRIKALA

Portugal

Greece

PAR	OBSHTINA AKSAKOVO	AKSAKOVO	Bulgaria
PAR	ZOLDPONT EGYESULET ES SZERKESZTOSEG	Nagymaros	Hungary

Number of members of sport organisations involved: 200

INSTITUTO POLITECNICO DE VIANA DE CASTELO

MUNICIPALITY OF TRIKALA

# IN COMMON SPORTS - INTERGENERATIONAL COMPETITION AS MOTIVATION FOR SPORT AND HEALTHY LIFESTYLE OF SENIOR CITIZENS

The IN COMMON SPORTS project is based on the results evidenced by the 2015 Intergenerational Olympics Project promoted by the Municipality of Vila Nova de Cerveira and financed by the ERASMUS + Sport program within the framework of the European Sports Week 2015. The impact of the initiative on the participants was evaluated in April 2016, and showed that about 30% of the senior participants increased their physical exercise. The promotion of this initiative also led to the 2nd edition of the Olympics in November 2016, demonstrating the multiplier effect of the project and sustainability of the initiative after it ended(more information at www.olympics4all.eu).Based on these results and their ageing challenges, the consortium of partners, which includes the municipality of Vila Nova de Cerveira (PT), the Polytechnic Institute of Viana do Castelo (PT).), the municipality of Cesena (IT), the municipality of Trikala (EL), the municipality of Aksakovo (BG), and the association Zöldpont (HU) present the current project which aims, among other objectives to deepen the knowledge of the motivational factors for the continuous practice of physical exercise in the elderly population and the impact of the "Intergenerational Olympics" on the physical and mental fitness of the elderly. Through the collaboration of a transnational partnership comprised of 6 partners covering 5 countries, the project will conceive and develop the study involving 375 participants, with 60 years or over, from all countries involved in this consortium, and the implementation of 12 competitions - "Intergenerational Olympics" targeting, at least, 500 older participants Additionally, the project has been designed to ensure the participation and impact in complementary organisations in different fields, such as social, volunteering, young and sport local associations, guaranteeing, at least, the engagement of 80 local organisations, and planning besides the study, to create two open educational resources.

## Portugal

Reference: 590661-EPP-1-2017-1-PT-SPO-SSCP

Project Title: Sport4all

Project Acronym: S4A

Eligible Budge	et (€) Grant Amount (€)	Co-financing
49.875,00	49.875,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	CASA DE JUVEN GUIMARAES	TUDE DE
	Rua do Sobreiro Nº 7	79 R/C Esq
	PT 4800-072 Gu	imarães
	http://casajuventud	eguimaraes.org
Participants		
CON CAS		

Participa	Participants					
CON	CASA DE JUVENTUDE DE GUIMARAES	Guimarães	Portugal			
PAR	ASSOCIAZIONE CULTURALE VOLERE VOLARE	Belmonte Mezzagno	Italy			
PAR	PEHLIVAN DOGUKAN CAGRI	Berlin	Germany			

#### Sport4all

This project carried out by the Youth House of Guimarães and its partners aims mainly to encourage and support the sport of young people with fewer opportunities, combating extreme exclusion and enabling inclusion and full social integration.

Taking advantage of the new form of sports that are available and accessible to the community, this project aims to take advantage of the resources that are available to the community, but they often are distant or in poor condition. On the other hand, to reclassify these same means as maintenance of parks, sports centers, green areas, rides and walkways, common areas, spaces abandoned social housing and even vandalized and give them a new life, a protection and use that to now it has been lacking. Furthermore, the aim of this project take and use resources and abandoned and degraded means for the communities.

Thus, we intend to in an integrated manner with the community, to pick up these abandoned spaces and requalify much waste that it produces in support of production tools that can be used to promote the general welfare and the promotion of habits and styles healthy life. At the same time we clean and requalificamos degraded areas, we are reusing material that will be used in the creation of maintenance of parks and sports. This space will be the face of this project, since degraded and abandoned spaces become spaces for the common good of the community services that help ensure the proper space, and with our help, will be the stage for sporting activities such as the practice of traditional games, the practice of inclusive sport in general. There will also be training for the neighborhood communities, making them many of the young people who until now were seen with problematic because they are not inserted or in educational establishments, in any training and unemployed, we will help them with technical expertise to contruírem their sports and physical fitness parks.

## Portugal

Reference:

590593-EPP-1-2017-1-PT-SPO-SCP

Project Title: Training to Protected Reporting from Professional and Grassroots Sports

Project Acronym: T-PREG

Eligible Budget (€)	Grant Amount (€)	Co-financing
384.205,00	384.205,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/20	
Coordinator:	INSTITUTO UNIVE LISBOA	ERSITARIO DE
	AVENIDA DAS FOR	CAS ARMADAS
	PT 1649 026 LIS	BOA

## Participant

Participa	nts		
CON	INSTITUTO UNIVERSITARIO DE LISBOA	LISBOA	Portugal
PAR	COMITE OLIMPICO DE PORTUGAL	LISBOA	Portugal
PAR	CONI SERVIZI SPA	ROMA RM	Italy
PAR	EUROPEAN ASSOCIATION FOR THE STUDY OF GAMBLING STICHTING	Amsterdam	Netherlands
PAR	EUROPEAN SPORT SECURITY ASSOCIATION	BRUXELLES	Belgium
PAR	INSTITUTO PORTUGUES DO DESPORTO E JUVENTUDE I.P.	LISBOA	Portugal
PAR	KATHOLIEKE UNIVERSITEIT LEUVEN	LEUVEN	Belgium
PAR	PRESIDENZA DEL CONSIGLIO DEI MINISTRI.	ROMA	Italy
PAR	TRANSPARENCY INTERNATIONAL SLOVENIA - DRUSTVO INTEGRITETA	LJUBLJANA	Slovenia
PAR	UNIVERSIDAD AUTONOMA DE MADRID	MADRID	Spain
PAR	UNIVERSITA CATTOLICA DEL SACRO CUORE	MILANO	Italy

#### **Training to Protected Reporting from Professional and Grassroots Sports**

Rationale of this proposal is to strengthen significantly the effectiveness of ongoing private/public policies against match-fixing through a strong focus on training/information sharing on proper competent and tailored implementation of different protected reporting systems, which are very relevant in disrupting the omerta/ conspiracy of silence (the main obstacle to contrasting match-fixing) with a very good cost-benefit ratio. The diffusion of these tools applied to sports is unfortunately still very limited in Europe despite the growing recommendations to use/protect whistleblowers (also Macolin CoE Convention art. 7.2.c). The Italian Government has conceived and designed an advanced platform for protected reporting in sports which will be piloted since upcoming May 2017. On this solid experimentation base the project will pursue: a) Better understanding, through a solid data-setting; b) Strong tailoring of blended (traditional+e-learning) training models. Double target: 1. top decision makers in primary sport bodies (NOCs, National federations, top Sport Clubs); 2. managers of grassroots clubs where the cultivation of behavior/misbehavior takes place and where match-fixing practices are unfortunately emerging at youth level. The training model will be pilot-implemented in five European countries (Portugal, Italy, Slovenia, Belgium, Spain) to tackle the difficulty of professional and grassroots sports world, unable so far to build autonomously appropriate policies to fight match-fixing which include efficient tailored protected reported systems. It will build a capacity to this regard. The project is based on a very strong cooperation among many relevant actors with special reference to two National Governments and two National Olympic Committees, for the first time involved in such a cooperative process in this topic. The expertise of the partners involved (Universities, private networks ESSA, EASG, NGOs) is outstanding also thanks to previous EU projects.

## Romania

Reference: 590686-EPP-1-2017-1-RO-SPO-SSCP

#### Project Title: Build Opportunities for Nourishments by Doing Sports

Project Acronym: BONDS

Eligible Budget (€)	Grant Amount (€)	Co-financing
29.756,00	29.756,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:	ASOCIATIA SE PO	DATE
	Sat. Dudu, Str. Rezei 2, Tarla 76/1, Parcela 1	
	RO 077040 Chia	jna
	www.asociatiasepo	ate.ro
Participants		

CON	ASOCIATIA SE POATE	Chiajna	Romania
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania
PAR	TREND-PRIMA, ZAVOD ZA RAZISKAVE INRAZVOJ ZNANJA, MARIBOR	MARIBOR	Slovenia

#### **Build Opportunities for Nourishments by Doing Sports**

The project entitled Building Nourishments of Doing Sports aims to foster active citizenship together with social inclusion and equality through sport and physical activities for creating a healthy lifestyle in according to European Strategic document. To achieve these general objectives of the project the created partnership between ROMANIA, ITALY, SLOVEN IA AND LITHUANIA will generate several sport and physical activity events along with sport coaching during the 12 months of the implementation of the project. The target group considered as directly beneficiary of the project represent the persons interested in daily physical activity also improving their knowledge on health and culture. A part of them will be vulnerable or unprivileged group of young people. The improvement registered by each participant in the project will be emphatic in a final report based on the two questionnaires created for accessing the knowledge and behavior towards sports and physical activity. Moreover our project will generate an European online tool regarding the promotion of active citizenship, social inclusion end equality through sport and physical activity: en e-learning platform

## Romania

Reference: 590751-EPP-1-2017-1-RO-SPO-SSCP

Project Title: Equity through sport for youth development

Project Acronym: ETS-YD

Eligible Budget (€)	) Grant Amount (€)	Co-financing
40.285,00	40.285,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	ASOCIATIA D.G.T	
	STR. INTRE GARDU JUDETUL ILFOV	RI NR 3
	RO 077065 COR	BEANCA
	www.dgtassociatior	1.ro
Participants		
CON ASOCIAT	TIA D.G.T	

CON	ASOCIATIA D.G.T	CORBEANCA	Romania
PAR	ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT	SOFIA	Bulgaria
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PAR	HELSINGIN ICEHEARTS RY	Helsinki	Finland
PAR	ORAMA NEON - YOUTHORAMA	PANORAMA N. THESSALONIKI S	Greece

#### Equity through sport for youth development

The project aims to improve social inclusion, equality, tolerance, fair-play, the reduction of educational difficulties and the lifestyles related to health thorough promoting and enhancing voluntary activities in sport for the young people aging 7-19 years old from 6 the most underprivileged schools from Bucharest, sector 3, Romania. The project will be implemented during 18 months and its title is: Equity through sport for youth development (ETSYD). The European and the national strategic documents on the issues presented previously in the objective of the project indicate the utility of sport and physical activities as well as their urgent need in tackling socio-economic problems for a sustainable development of EU. The target group are both the sport teachers from 6 Romanian underpriviledged schools from Bucharest, sector 3, and the youngsters studying in these education institutions, as several are vulnerable persons or/and register educational difficulties. Our main expected results is a study on the evaluation of the sport techniques for establishing the one which generates the best outcomes. By creating the opportunities of good practice exchanges for Romanian sport teachers, the sustainability of the project is achieved, as these will act as ambasadors for promoting social inclusion, equality and educational difficulties reduction through traditional European sport and games.

## Romania

Reference: 590393-EPP-1-2017-1-RO-SPO-SSCP

Project Title: Parenting for Sport

Project Acronym: P4S

Eligible Budget (€)	Grant Amount (€)	Co-financing			
50.050,00	50.050,00	100,00 %			
Project start:	1/01/18				
Project end:	31/12/18			<b>1</b>	
Coordinator:	ASOCIATIA SPOR CORPORATE GA		-		
	Nicolae Beldiceanu r	ır.10		A star	
	RO 010597 Buch	narest			
	www.corporate-gan	nes.ro			
Participants					
CON ASOCIAT	IA SPORTIVA CORF	PORATE GAMES		Bucharest	Romania

	· · · · · · · · · · · · · · · · · · ·				
CON	ASOCIATIA SPORTIVA CORPORATE GAMES	Bucharest	Romania		
PAR	EDINBURGH NAPIER UNIVERSITY	EDINBURGH	United Kingdom		
PAR	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden		

#### **Parenting for Sport**

The project aims to promote equity and social inclusion through various sports and games initiatives for children with a low social, cultural and economical background. The Parenting for Sport-P4S project is also expected to be an efficient mean to convey EU sport values, for encourage participation in physical activity, despite differences between individuals, and through promoting volunteering in sport. The participation of children in the project will be gender balanced. The expected number of children involved in different sports and physical activities will reach, in our preliminary estimation, over 1200.

The project is thought to be also a exceptional opportunity for many Romanian and international business companies which will be involved in project's activities, realizing a mission of social responsibility (CSR-Corporate Social Responsibility) through sustaining the efforts of the project partners.

The PARENTING IN SPORT VISION of the project is to establish a strong and durable link between the people behind the corporations frame and the children in deprived environment, to encourage the first ones to volunteer for a noble cause and the second ones to feel included in a new world, the one of sports, as equal participants. The foreseen number of sport volunteers to be trained and implicated in this project is over 120. The project approach will be mainly based on practical activities that will consist in: educational and informative flyers and brochures for children (how sport can be an opportunity), initiation in various sports (football, basketball, dragon boat, wrestling, running, judo, field hockey and more), structured and continuous training for skills development, intensive training session with external specialists, outdoor activities and sport events. At the same time, side-activities will be realized, related to promote the importance of using sport as a tool of social integration, the implications and positive effects of volunteering in sport.

## Romania

Reference: 590647-EPP-1-2017-1-RO-SPO-SSCP

Project Title: Paragliding Communities

Project Acronym: PC

Eligible	Budget (€)	Grant Amount (€)	Co-financing
55.3	368,00	55.368,00	100,00 %
Project	start:	1/01/18	
Project e	end:	31/12/19	
Coordin	ator:	ASOCIATIA YOUN SOCIETY	IG EUROPE
		Comuna Bilbor, Sat E	ilbor, nr. 367/A
		RO 537020 Bilbo	r
		www.yes-eu.ro	
Participa	ants		
CON		IA YOUNG EUROPE	SOCIETY
PAR		IA CLUBUL SPORTI	

PAR	AEROCLUBULTURBULENCIA	CIUC	Romania
PAR	FOUR LINKS Z.S.	Brno	Czech Republic
PAR	IFJUSAGI NOMAD KLUB NONPROFIT KFT	Budapest	Hungary
PAR	OBCIANSKY SPOLOK	Lucenec	Slovakia

#### **Paragliding Communities**

Context:

This project sprung from the common need of five sport organisations to increase the number of people interested in paragliding in the four regions, thusly increasing the number of pupils in the five partner paragliding schools.

Therefore, a vital aspect in attracting more people to paragliding is to provide correct information for the potential public interested to learn paragliding and to promote paragliding as an active leisure sport. There is a numerous public for outdoor activities in the four regions and paragliding is an activity that has the capacity to connect people with nature.

The cost-analysis benefit indicates that by involving in this two-year project with the support of the EU we will have the capacity to correctly inform the local population in the five regions about the benefits of practicing paragliding as an active leisure sport and we will increase at least 2 times the number of pupils in paragliding schools.

Main objective:

Raise awareness in the four regions of our 5 partners about the opportunities offered by practicing paragliding to at least 450 people and encourage the local population to find out more about performance in paragliding, altitude records, amazing cross-country flights, possibilities of connecting people with nature and how paragliding provides social inclusion in communities, until the end of the project.

Main results of the project:

I. Video promoting paragliding as an active leisure activity;

II. Brochure of paragliding as an active leisure activity;

III. Structure and content for Three Presentations on paragliding as an active leisure activity;

IV. Website of the project promoting paragliding as an active leisure activity.

Project team:

5 project management responsibles with broad experience in Erasmus+ programme.

5 Paragliding promotion responsibles with extensive experience and extraordinary results in paragliding.

## Romania

Reference: 590526-EPP-1-2017-1-RO-SPO-SSCP

Project Title: Sport together, active forever

Project Acronym: STAF

Eligible Budget (€)	Grant Amount (€)	Co-financing	
59.885,00	59.885,00	100,00 %	
Project start:	1/01/18		
Project end:	31/12/19		
Coordinator:	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI		
	CONSTANTIN NOIC SECTOR 6	A STREET 140	

RO 060057 BUCURESTI



Participants					
CON	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI	BUCURESTI	Romania		
PAR	ASOCIATIA DOWN PLUS BUCURESTI	Bucuresti	Romania		
PAR	CLUB ESPORTIU ALBA	Tàrrega	Spain		
PAR	SPECIALAIS SPORTA CENTRS	Kuldiga	Latvia		

#### Sport together, active forever

Nowadays the sedentary, obesity, diabetes and other health disorders have affected more and more persons. At the same time, the people are very busy with their jobs and they spend their spare time in an inactive way. More, challenged persons are excluded and have less access to social life together with the non-disabled people. Therefore, the practicing of the physical exercises and sport activities together have become a priority at the level of European Union which has mentioned that in its paper. The project has in view to inform the challenge and non-challenge persons (trainers, social workers, volunteers) about the bocce game and rules and give to them to practice together. All of these will be done so that disabled and non-disabled persons to spend in their free time in a pleasant manner with direct effects on their life and health. In these conditions, the project offers the opportunity of the mental disabled persons and their volunteers to promote equal and social inclusion, to respect the rights of all the people and to allow them to develop their personal and professional competences. Besides, the project tries to change mentalities about a disadvantaged group of the persons and to underline and promote their abilities not their disabilities. Objective:

- To develop new skills and competences about a sport discipline both disabled persons and non-disabled persons;

- To determine the mental disabled persons to attend physical exercises and sport activities because they have a positive impact on their health condition and lives and promote beneficial effects of the physical exercises and sport activity for the disadvantage category of the persons at the local, national and international level. Activities - meetings, a work-shop, a seminar, trainings for the challenged persons, evaluations, local and international competitions.

The entire Project team shall perform dissemination activities an outcomes at organization, local, national and international level.

### Slovakia

**Reference:** 590761-EPP-1-2017-1-SK-SPO-SCP

Project Title: European University Hockey Association

Project Acronym: EUHA

Eligible Budget (€)	Grant Amount (€)	Co-financing
314.660,00	314.660,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	EUROPSKA UNIV HOKEJOVA ASO	
	Bavlnarska 9/A	
	SK 911 01 Trenč	ín
	www.euhl.eu	



Particip	Participants					
CON	EUROPSKA UNIVERZITNA HOKEJOVA ASOCIACIA	Trenčín	Slovakia			
PAR	AKADEMICI PLZEN ZS	Pilsen	Czech Republic			
PAR	CAVALIERS BRNO ZS	Brno	Czech Republic			
PAR	KLUB ABSOLVENTOV	Bratislava	Slovakia			
PAR	KUNGLIGA TEKNISKA HOGSKOLANS ISHOCKEYFORENING	Stockholm	Sweden			
PAR	MITTETULUNDUSUHING BALTIC SELECTS ESTONIA	Saku	Estonia			
PAR	UNIVERZITA KARLOVA	PRAHA 1	Czech Republic			
PAR	UNIVERZITA MATEJA BELA V BANSKEJ BYSTRICI	BANSKA BYSTRICA	Slovakia			
PAR	VSK CVUT PRAHA ZS	Praha 6	Czech Republic			
PAR	WYZSZA SZKOLA BIZNESU - NATIONAL-LOUIS UNIVERSITY W NOWYM SACZU	NOWY SACZ	Poland			

#### **European University Hockey Association**

Sport and Education together in Europe - change of status quo!

Majority of European universities are very indifferent to organized and systematic sport activities under their own authority. There is a very small amount of sport culture in Europe because of the open underestimation from the side of academics! In order to start fulfilling a very bright and intelligent idea of Dual career of talented athletes. We need to change mindset of our universities which, many of them, have stayed mentally in the first half of the 20th century. It was during that ear when many young athletes were very often told: "You have to choose between competitive sport and tertiary education! ... but you can't do both!" European universities very often cannot see the positive aspect of bringing regular, good quality competitive sport activities into their everyday life and support the students, representing the universities through their university teams, in their studies by offering flexible curricula. Here we can see a big difference between the European and US approaches towards University and College sport support. This project shows the good and sustainable example of promoting dual careers at the European universities in 21st century and tries to shift this know-how to as many universities as possible. This good practice is called European University Hockey League - EUHL, the first ever Pan European fully amateur sport league, and has been operating for the last 4 seasons in 4 countries and around 25 universities. And of course it is applicable to any competitive university sport. For most of the ice-hockey players and globally for all athletes at this age further education at university pathways is not an option but decision: "continue playing or drop out of their the sport?" Right now in European Union are over 120.000 athletes and only 2% of them will became professionals.

## Slovakia

Reference: 590700-EPP-1-2017-1-SK-SPO-SSCP

Project Title: Mountain Search and Rescue

Project Acronym: M-SAR

Eligible Budget (€)	Grant Amount (€)	Co-financing			
75.000,00	60.000,00	80,00 %			
Project start:	1/01/18		1		
Project end:	30/06/19				
Coordinator:	TATRANSKA HOF SLUZBA - DOBRO ZBOR	-			
	Dom HZS, Starý Smo	okovec 23			
	SK 062 01 Vysok	e Tatry			
	www.ths-dz.sk				
Participants					
CON TATRAN	SKA HORSKA SLUZE	BA - DOBROVOLN	Y ZBOR	Vysoke Tatry	Slovakia

Participants					
CON	TATRANSKA HORSKA SLUZBA - DOBROVOLNY ZBOR	Vysoke Tatry	Slovakia		
PAR	COMUNIDAD DE MADRID	LAS ROZAS DE MADRID	Spain		
PAR	HRVATSKA GORSKA SLUZBA SPASAVANJA	Zagreb	Croatia		

#### **Mountain Search and Rescue**

The aim of international Cooperation and Small Collaborative Partnership of Croatian, Slovak and Spanish Mountain Search and Rescue volunteer organizations, with a duration of 18 months, is to share and compare the approach and methods of Mountain Search and Rescue (M-SAR) activities, in order to gain new, updated, innovative skills and competences for the life saving. It is also to enhance public to practice safe physical activity and training them to gain the basic M-SAR skills and to join the M- SAR SPORT competitions. One of the objectives, aims of our Mountain Search and Rescue (M-SAR) project is to encourage the public to practice different sport activities in the mountains, especially beneficial for their health - to encourage sport for all, to encourage all people to practice healthy activities and to ensure multiplication of awareness and importance of health-enhancing physical activities - in a safe way! Our M-SAR project, as the International project also support the mobility of volunteers (M-SAR trainers and managers) of non-profit sport (physical activity supporting) organizations. Disciplines of mountain rescue Sport can be practiced and developed only under guidance of well prepared trainers. That is why our second aim is to provide international training in mountain SAR skills and methodical work for professionals and volunteers of Mountain Rescue organizations. The project meets several objectives of EU polices in the field of sports as well as other polices. It is innovative as for the physical activity dedicated to Mountain Search and Rescue(M-SAR) - combining mountains sports(iceclimbing, skiing, hill running,...) and meaningful life-saving activity. The 3 partners international cooperation is unique and brings EU added values.

#### Planned Activities:

- 1. Analysis reports good / bad practice
- 2. Preparatory management meetings
- 3. M-SAR weeks, incl. int. mobility
- 4. Awareness rising activities
- 5. Monitoring and Evaluation
- 6. Dissemination

## Slovenia

**Reference:** 590879-EPP-1-2017-1-SI-SPO-SCP

Project Title: ACTIVE BUSSINESSES, comprehensive practice led survey on health and physical activity promotion in bussinesses

Project Acronym: ACTBUSS

Eligible Budget (€)	Grant Amount (€)	Co-financing
482.144,00	400.000,00	82,96 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	<b>ZAVOD APGA</b> MALA MISLINJA 11	
	SI 2382 MISLINJ	Ą

Participants				
CON	ZAVOD APGA	MISLINJA	Slovenia	
PAR	CESIE	TRAPPETO	Italy	
PAR	EUROPA COMMUNITY LIMITED	PLYMOUTH	United Kingdom	
PAR	LYKIA IZCILIK VE DOGA SPORLARI KULUBU DERNEGI	ANTALYA	Turkey	
PAR	STOWARZYSZENIE INSTYTUT NOWYCH TECHNOLOGII	LODZ	Poland	

## ACTIVE BUSSINESSES, comprehensive practice led survey on health and physical activity promotion in bussinesses

The prevalence and impact of physical inactivity is one of the biggest problems of public healthcare and economy in Europe and worldwide. The recommendations of EU consider the working environment as basic and most appropriate environment for the support and promotion of the physically active and healthy lifestyle. There are great differences between European countries. While western and northern countries give due attention to the issue and take effective solutions, southern and eastern countries of the EU mostly don't. The relation of management towards the employees on this topic mostly does not follow recommendations of the experts and does not show the necessary care for the health and well-being of the employees. The project aims to create a comprehensive based approach to tackle the issue of health and physical activity (HEPA), using worksite as the most promising venue of delivery. To create a comprehensive program, the problem must address the various aspects and influences affecting the problem, which also means a complex approach and consideration of various stakeholders. The project is based on practice led approach. The primary focus of the project is to advance knowledge about practice and to advance knowledge within practice. Analytical research will be based on contemporary evidence and on the practical experience and knowledge gained through the implementation of the project in practice. The combination of theory and practice should provide the best results and offer new solutions, new findings and knowledge. New knowledge and solutions gained through the project have that added value that will lead to positive solutions and changes in the various environments of the EU offering tools for tackling the problem of physical inactivity and related health problems using working environment as the most appropriate environment for the realization. The ultimate goal of project is to influence permanent inclusion of programmes of physical activity and healt

## Slovenia

**Reference:** 

590683-EPP-1-2017-1-SI-SPO-SCP

Baleria - social inclusion programme for educators, school kids and parents Project Title:

Project Acronym: Baleria

Eligible Budget (€)	Grant Amount (€)	Co-financing
299.382,00	299.382,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	SPORTNO DRUS <sup>-</sup> SPORT	TVO MEDIA
	SLOVENCEVA ULIC	A 23
	SI 1000 LJUBLJA	ANA

Participants					
CON	SPORTNO DRUSTVO MEDIA SPORT	LJUBLJANA	Slovenia		
PAR	DEUTSCHE SPORTHOCHSCHULE KOLN	KOLN	Germany		
PAR	IEBA CENTRO DE INICIATIVAS EMPRESARIAIS E SOCIAIS	Mortágua	Portugal		
PAR	ISTITUTO DI SOCIOLOGIA INTERNAZIONALE DI GORIZIA ISIG	GORIZIA	Italy		
PAR	SDRUZHENIE PRIYATEL NA DETETO	Sofia	Bulgaria		
PAR	SILLOGOS PROSARMOSMENIS ASKISIS KAI ANAPSIXIS KINITIKO ERGASTIRI	Athens	Greece		

#### Baleria - social inclusion programme for educators, school kids and parents

Baleria develops pan-European innovative programme for social inclusion and equality on school football fields to stimulate active life of children and youngsters. A comprehensive Baleria approach will: (1) train 64 trainers and (2) stimulate volunteering of 60 teachers to (3) implement and promote social inclusion through active sport engagement of 300 kids, and encourage their solidarity together with 600 parents and schools to gather waste paper in exchange for financial support to economically deprived children. Baleria directly includes 1.060 trainers, teacher, kids, parents and stakeholders in 6+ European countries: Slovenia, Germany, Italy, Portugal, Greece and Bulgaria. The project builds on 10 FIFA fair-play golden rules, which will be practically assessed in 4+1 Baleria pillars in cooperation of relevant experts from all 6 project countries, forming practical exercises for kids (3-16 years), teachers (18 - 60 years) and parents (all ages). The pillars will be transferred to trainers through highly transferrable online Baleria Programme and User Tutorial. Pillars will be prototyped in all 6 partner countries through Baleria Campus Multiplier Events on teachers-volunteers, children and their parents. Baleria commercial model will be build and presented to at least 30 local uthorities (mayors and other representatives of municipalities/regional authorities/sport unions) in all 6 partner countries, aiming to sustain the project results by signing Baleria Sustainability Declaration on participation in further years and stimulating them to present Baleria to their twin cities and partners in other countries. 6 stakeholders from non-Baleria partner countries will spread Baleria over it's current borders and thus amount to minimum 36 local/regional/ national authorities actively included in Baleria.

## Slovenia

Reference:

: 590437-EPP-1-2017-1-SI-SPO-SCP

#### Project Title: Education Model for Parents of AThletes In Academics

Project Acronym: EMPATIA

Eligible Budget	(€) Grant Amount (€)	Co-financing
399.947,00	399.947,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	<b>UNIVERZA V LJU</b> KONGRESNI TRG	
	SI 1000 LJUBLJ/	ANA



Participa	Participants				
CON	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia		
PAR	COMITATO OLIMPICO NAZIONALE ITALIANO	ROMA	Italy		
PAR	EUSA INSTITUTE	Ljubljana	Slovenia		
PAR	GINASIO CLUBE FIGUEIRENSE	Figueira da Foz	Portugal		
PAR	INSTITUT NATIONAL DU SPORT DE L EXPERTISE ET DE LA PERFORMANCE	PARIS	France		
PAR	SPORT IRELAND	DUBLIN	Ireland		
PAR	THE EUROPEAN ATHLETE AS STUDENT	Ghaxaq	Malta		
PAR	UNIVERSIDADE DE COIMBRA	COIMBRA	Portugal		
PAR	UNIVERSITA DEGLI STUDI DI ROMA FORO ITALICO	ROMA	Italy		
PAR	UNIVERSITY OF LIMERICK	LIMERICK	Ireland		

#### **Education Model for Parents of AThletes In Academics**

The project EMPATIA intends to promote dual careers of athletes by empowering their parents. Despite parents play a crucial role in ensuring the long-term development of athletes, they are often unprepared to help their sons and daughters preventing, coping, and resolving challenges at sport and academic levels. Thus, the primary aim of the EMPATIA project is to structure an evidence-based e-learning multi-lingual educational programme specifically tailored for dual career parenting needs.

Moving from an analysis of the state-of-the-art and the parents' opinions of their needs and experiences, a conceptual framework of dual career parenting will be developed to provide a sound theoretical basis for a knowledge-base dual career parenting education programme. The developed online multilingual dual career parenting education programme will be tested at the level of the participating countries before making it available in and beyond Europe. In attending this dual career parenting education programme parents will increase the awareness of their role, will improve their knowledge of dual career issues, and will enhance their capability to establish a more effective dialogue with their athletic progeny, as well as with academic and sport staff.

The project EMPATIA will profit from the combined experience of academic and sport experts from 6 Member States (France, Ireland, Italy, Malta, Portugal and Slovenia) representing diverse European geographic areas and the highest range of dual career policies in place. Partners of the projects are 4 universities (Limerick, Rome Foro Italico, Coimbra, Ljubljana), 2 dual career service providers (INSEP, Sport Ireland Institute), 1 National Olympic Committee (CONI), 1 European University Sport organization (EUSA Institute), 1 Sport Club (Ginasio Clube Figueirense) and the European dual career network (EAS), which intends to maintain this valuable educational resource to develop, beyond the project lifetime.

## Slovenia

Reference: 590640-EPP-1-2017-1-SI-SPO-SSCP

Project Title: Empowered Nation

Project Acronym: ENAcT

Eligible	Budget (€)	Grant Amount (€)	Co-financing
41.4	460,00	41.460,00	100,00 %
Project s	start:	1/01/18	
Project e	end:	31/12/19	
Coordina	ator:	EUSA INSTITUTE	
		Tomsiceva ulica 4	
		SI 1000 Ljubljana	
		http://www.eusa.eu	
Participa	ants		
CON	EUSA INS	STITUTE	

CON	EUSA INSTITUTE	Ljubljana	Slovenia
PAR	FEDERACAO ACADEMICA DO DESPORTO UNIVERSITARIO	Lisboa	Portugal
PAR	ULUDAG UNIVERSITESI	BURSA	Turkey

#### **Empowered Nation**

Based on a previously completed gender equality survey's results in 2011 and 2016 by EUSA members, national university sport bodies, a goal to strengthen women participation in the field of university sport was set. EUSA wishes to continue with raising awareness for equal opportunities and fight against youth unemployability.

Target groups of the project are: decision-makers in sport, athletes, volunteers, sport officials, event organizers.

Project goals

• Search for long term and sustainable strategic plans to enforce a gender balanced sport society at all levels, starting to work now with current EUSA athletes and volunteers

• Supporting women through non-formal education and engaging them to the European sport sector

• Foster international cooperation and sharing good practices in university sport at different sport organization levels for gender balanced leadership

• Fighting against the lack of access and opportunities at higher levels in sport for women

Activities set to meet the goals:

1. Kick-off meeting and site visit at the European Universities Games 2018 in Coimbra to examine the volunteer program and to organize a non-formal educational day using sport as a tool.

2. Online surveys about the gender situation of EUSA sport events with special attention of the volunteers and women involvement at all levels.

3. Create a voluntary pledge board to support gender equality in sport and leadership at all levels.

4. 2-days midterm meeting focusing on establishing sustainable ideas and future cooperation between target groups and creating concrete actions.

5. Building up a sustainable, gender balanced sport event from the point of view of athletes and volunteers for the European Universities Games 2020 Belgrade.

6. Closing event of the project during the EUSA Convention. The developed concrete actions in the projects are expected to be implemented in EUG 2020 and at other EUSA events.

## Slovenia

Reference: 590626-EPP-1-2017-1-SI-SPO-SSCP

#### Project Title: FIGHTING FOR EQUAL ACCESS TO SPORTS AND EXERCISE

Project Acronym: FATE

Eligible Budget (€)	Grant Amount (€)	Co-financing
60.775,00	60.000,00	98,72 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:	OBCINA TREBNJE	E
	Goliev trg 5	
	SI 8210 Trebnje	
	www.trebnje.si	

Participants				
CON	OBCINA TREBNJE	Trebnje	Slovenia	
PAR	DIAMOND GYM	Trieste	Italy	
PAR	ELITE FIGHT PROMOTION	Trenčín	Slovakia	
PAR	KLUB BORILNIH VESCIN FEARLESS FIGHTERS	Dobrnič	Slovenia	
PAR	KLUB TAJLANDSKOG BOKSA VICTORY	Novi Sad	Serbia	

### FIGHTING FOR EQUAL ACCESS TO SPORTS AND EXERCISE

People engage in different sports activities every day all over the world. But what about those who can't? Project FATE brought together a group of partners, who believe that in a world of differences achieving equality is possible. The main objective of the project FATE – Fighting for equal access to sports and exercise is to use competitive sport, i.e. kickboxing, for social inclusion of people with disabilities. We will organise four international kickboxing events with the aim of raising funds for additional sports and exercise programmes for persons with disabilities.

The day-care centres that enable social inclusion of the disabled in all aspects of life normally finance their services through national budget. The additional activities for enhancing the quality of life of the service' users mostly depend on additionally acquired funds and are only carried out to such an extent that can be realised through these funds. This is where we step in! The proposed small collaborative partnership will organise four charity FATE events in four different countries and cities: FATE event Trieste - Italy, FATE event Trebnje – Slovenia, FATE event Trenčín – Slovakia and FATE event Novi Sad – Serbia.

Next to the main objectives, priority will also be given to enhancing the mobility of coaches and other members of non-profit martial arts clubs in order to exchange their experiences in the field of promoting kickboxing, not only as a competitive but also as a recreational sport. The partners will debate on the positive aspects of kickboxing as a recreational sport and narrow down the positive effects that this kind of exercise has on people's health. The project will thus not only target members of martial arts clubs and disabled people, but also a wide variety of people that are looking for new ways to exercise.

Kickboxing is not about being strong and fast, it is about learning to channel your energy from the inside! Let us channel our energy in doing GOOD!

### Slovenia

Reference: 590624-EPP-1-2017-1-SI-SPO-SCP

Project Title: ICE RINKS FOR ALL

Project Acronym: IRFA

Eligible Budget (€)	Grant Amount (€)	Co-financing
164.964,00	164.964,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	HOKEJSKO DRSA MARIBOR	ALNKI KLUB
	Koresova 7	
	SI 2000 Maribor	
	www.lisjaki.net	

i urticipu			
CON	HOKEJSKO DRSALNKI KLUB MARIBOR	Maribor	Slovenia
PAR	DANMARKS ISHOCKEY UNION	BRØNDBY	Denmark
PAR	EIROPAS AMATIERU UN VETERANU HOKEJAASOCIACIJA	Riga	Latvia
PAR	EUROPEAN FEDERATION OF SPORTS MEDICINES	Lausanne	Switzerland
PAR	HOCKEY MINISTRIES INTERNATIONAL - SLOVAKIA	Trnava	Slovakia
PAR	ISHOCKEYKLUBBEN STAVANGER IHK	Harfsfjord	Norway
PAR	SPORTEN KLUB PO LEDENI SPORTOVE VARNA	varna	Bulgaria
PAR	SPORTNO TURISTICNO DRUSTVO - AKADEMIJA RUDI HITI	Brezje	Slovenia

### **ICE RINKS FOR ALL**

In the project ICE RINKS FOR ALL, international expert group will develop a high-quality model – supported with monitoring and evaluation – for training on ice for physically inactive people aged between 10 and 65 years. Through play, the training on ice model will enable a leisure-time physical activity on ice, which will be inclusive, and will thus serve to realize the slogan SPORT FOR ALL!

For the purposes of developing the training on ice model, to ensure the quality of implementation and an effective dissemination process, we will – during the project – establish cross-sectorial cooperation between the health, sport and recreational sectors – synergies between the field of health and sport. In the implementation phase of the model, we will include into the project the following group - physically inactive persons (600 from from 6 different cities, 3 different countries – Bulgaria, Slovakia, Slovenia) aged between 10 and 65 years and enable them 10 free training terms on each of the 6 locations. Prior to the implementation of the model, we will educate 18 mentors from the mentioned 3 countries on the course and effects of the model for training on ice.

In the dissemination phase of the project we will use partners networks and educate additional 30 mentors from 15 different countries - Spain, Croatia, France, Austria, Belgium, Poland, Hungary, Germany, Norway, Sweden, Latvia, Italy, Slovakia, Bulgaria, Slovenia who will receive a certificate confirming that they have the appropriate knowledge of the model, and will thus be able to correctly monitor and disseminate the model's practical training in their own environments.

### Slovenia

Reference: 590320-EPP-1-2017-1-SI-SPO-SSCP

Project Title: More than Sport - My Best Sports Day

Project Acronym: MySport

Eligible Budget (€)	Grant Amount (€)	Co-financing		
53.274,00	53.274,00	100,00 %	4	
Project start:	1/01/18			
Project end:	30/06/19			7.
Coordinator:	TREND-PRIMA, Z RAZISKAVE INRA ZNANJA, MARIBO	ZVOJ		
	BAROVA VAS 1			
	SI 2000 MARIBO	R		
	http://www.trend-pr	ima.com/		

CON	TREND-PRIMA, ZAVOD ZA RAZISKAVE INRAZVOJ ZNANJA, MARIBOR	MARIBOR	Slovenia
PAR	ASSOCIAZIONE SPORTIVA DILETTANTISTICA MARGHERITA SPORT E VITA	MARGHERITA DI SAVOIA	Italy
PAR	ISTANBUL AVRUPA ARASTIRMALARI DERNEGI	Istanbul	Turkey
PAR	VALORIZA-TE COOPERATIVA CRL	EVORA	Portugal
PAR	VASTERBOTTENS IDROTTSFORBUND	UMEA	Sweden

### More than Sport - My Best Sports Day

The project idea is increase the level of physical activities of children with special needs in primary schools and inspire them with traditional European sports & games. The proportion of pupils with special needs in special elementary schools in relation to a whole generation of school pupils in European countries varies between 2,7–11,9 % (www.Eurydice.si, 2012). Children with special needs often could not engage in many sports due to physical limitations. Professional experts in project partner s countries (Slovenia, Portugal, Italy, Sweden and Turkey) will identify and collect existing good practices and concepts on the field of innovative approaches at motivation children with special needs in sport and raise their inclusion in sport activities. The project ensures the promotion and exchange of European traditional national sports & games between the project partners and enable them to be able to engage children with special needs. Existing facilities in local environments will used for implementation of traditional sports & games (playgrounds, sports halls, etc.). We will intensively promoted Sport event "My Best Sports Day", organised in each partner s countries, on the project website, leaflets, and social media. Children with special needs from primary schools participated on that event which will become traditional. For this purpose, we will establish national Committees, which will incorporated by representatives of sports and educational organizations as well as local, regional, and community representatives at the national level.

Thus, children with special needs, as well as all other citizens, will attend and try out the national sports & games from their own and other EU countries and become their ambassadors. Moreover, we will promote our traditional national sports & games, take care to preserve them, and spread them to other EU countries. That is how we will increase interest in sports activities of children with special needs in Europe.

### Slovenia

PAR

PAR

PAR

Reference: 590652-EPP-1-2017-1-SI-SPO-SSCP

Project Title: Education through sport – Shaping role models for the future

Project Acronym: SRM

Eligible I	Budget (€)	Grant Amount (€)	Co-financing
37.4	30,00	37.430,00	100,00 %
Project s	start:	1/01/18	
Project e	end:	30/06/19	
Coordina	ator:	OLIMPIJSKI KOM SLOVENIJE ZDRU SPORTNIH ZVEZ	
		CELOVSKA CESTA	25
		SI 1000 LJUBLJA	NA
		www.olympic.si	
Participa	ants		
CON		KI KOMITE SLOVEN	NIJE ZDRUZENJE S

LISBOA

Zagreb

LJUBLJANA

Portugal

Croatia

Slovenia

Number of members of sport organisations involved: 200

COMITE OLIMPICO DE PORTUGAL

UNIVERZA V LJUBLJANI

HRVATSKA OLIMPIJSKA AKADEMIJA

### Education through sport – Shaping role models for the future

The integrated development of athletes is a long-term process which has to begin very early. The formal knowledge which the athletes obtain during the process of official education is important, as are the knowledge and skills which they obtain whilst participating in sports activities. The project partners have affiliated in order to carry out special training covering financial literacy. This field is very important because athletes may be subjected to numerous influences, irregularities and later problems arising from poor knowledge and lack of information. Consequently, they are subjected of abuses concerning match-fixing, the use of doping and other irregularities in sport. All of these can lead to serious consequences and irregularities, but they can be counteracted with knowledge and developed skills. Thus suitably informed, aware and educated athletes will correctly respond to irregularities and their susceptibility to financial problems will be lower. Only those athletes who are successful in sport and who act in accordance with the values of integrity, transparency, autonomy and ethics, can later become our role models and contribute to the recognisability of sports and values in sport. During the project, the project partners are going to prepare a training programme covering the financial literacy of athletes. We are going to carry out educational workshops for young athletes and after implementation of workshops, we are going to developed mobile app for easy learning and self-evaluation (as training tool). The topics covered will be financial literacy, integrity and values in sport. We are going to help the young athletes develop these skills to benefit their development. Partners of the project are sport and educational organizations and institutions who will share their experience and have capacity to prepare adequate program for young athletes.

### Slovenia

Reference:	590408-EPP-1-2017-1-SI-SPO-SSCP
Reference:	390400-EPP-1-2017-1-3I-3PO-336P

Project Title: Swim to live 2

Project Acronym: SwiLi2



Participa	ints		
CON	SPORTNO DRUSTVO RIBA	LJUBLJANA	Slovenia
PAR	ASOCIATIA BABILON TRAVEL	CLUJ NAPOCA	Romania
PAR	FOLTZER SOCIETA SPORTIVA DILETTANTISTICA A RESPONSABILITA LIMITATA	GENOVA	Italy

### Swim to live 2

With this project we want to continue expanding sport activities, mainly swimming but our aim is higher, we plan to motivate young people to change their lifestyle to a more active one and to teach them basic mindfulness so their change is even bigger. We have knowledge and experience with motivating people to join organized workouts and learn how to swim, we have experienced mindfulness teachers in our team and we plan to spread this to other European countries. Our plan is to implement mindfulness in regular exercise. According to new studies, physical exercise is a good way for improving mental health. With mindfulness we teach youngsters that it is OK to notice that the feelings are there, but it's not OK to take that emotion with you, to react upon it. We plan to engage professionals from the field of swimming, mindfulness training and sport psychology, so instructors will become even better teachers and motivators.

We will measure the physical progress of the participants based on various tests during the timeline of the project, we will also measure their well being, how they develop through mindfulness practice. We will make possible for underprivileged youngsters in local communities of partner organizations to join their

swimming community with offering them 2 free weekly swimming lesson for up to 6 months. We will also host weekly group mindfulness sittings and ask our partners to do the same.

The goal is that they will get so enthusiastic about swimming that they will want to continue training and practice mindfulness after the end of 6 months and will promote their love of swimming to other people in their lives.

Reference: 590430-EPP-1-2017-1-ES-SPO-SCP

Project Title: ANTIDOPING GREEN SEAL

Project Acronym: ANGRESE

Eligible Budget (€)	Grant Amount (€)	Co-financing
315.710,00	315.710,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	AGENCIA ESPAN PROTECCION DE EN EL DEPORTE	
	PLAZA VALPARAIS	O 4

ES 28016 MADRID



Participa	ints		
CON	AGENCIA ESPANOLA DE PROTECCION DE LA SALUD EN EL DEPORTE	MADRID	Spain
PAR	FONDAZIONE GIOVANNI PAOLO II PER LO SPORT - JOHN PAUL II SPORT FOUNDATION	Roma	Italy
PAR	INSTITUT DE HAUTE FORMATION AUX POLITIQUES COMMUNAUTAIRES	BRUXELLES	Belgium
PAR	INSTYTUT ROZWOJU SPORTU I EDUKACJI	WARSZAWA	Poland
PAR	PARENT COMMUNITY SPORTS TRUST	Glasgow	United Kingdom
PAR	ZAJEDNICA SPORTSKIH UDRUGA GRADA RIJEKE RIJECKI SPORTSKI SAVEZ	RIJEKA	Croatia

### ANTIDOPING GREEN SEAL

The lasted studies in EU on recreational sport stresses the positive effects for personal development,selfesteem and healthy lifestyle in people young. Historically, anti-doping efforts have focused on the detection and deterrence of doping in competitive sport. However, there is a growing concern that doping is occurring outside the organised sporting system; giving rise to the belief that the misuse of doping agents in recreational sport has become a societal problem and a public health issue that must be addressed.

The main objectives of the Project ANTIDOPING GREEN SEAL are to define a consistent and agreed understanding of which doping substances are used in the context of recreational sport, establish an evidence-based asse ssment of the problem and and develop the comprehensive preventive programme to conduct a raising-awareness campaign in six EU countries (Spain, Poland, Belgium, United Kingdom, Italy and Croatia).

In order to meet the project aims, the Ethical Code regarding doping in recreational sports will be developed, which will be supported, but not made obligatory by the participating organisation in their environments and to provide the Green Seal to all recreational sports settings and centres committed to following the rules and standards established in the Ethical Code. Also, the project will be aimed at raising awareness campaigns of the problem of doping among youngsters in the recreational environments, the harmful effects of doping and the advantages that provide practicing recreational sports.

The project will contribute to the development of information and campaigns and other preventive measures regarding doping in recreational sport and related issues that could be apllied by sports movements, fitness sector, education system and health sector. Also, the project will promote cooperation between public authorities, private entities, the sport movement and fitness sector in the fight against doping in recreational sport.

Reference:

e: 590603-EPP-1-2017-1-ES-SPO-SCP

Project Title: Badminton for All - European Network for the Promotion of Inclusive Badminton

Project Acronym: B4ALL

Eligible Budget (€)	Grant Amount (€)	Co-financing		
379.485,00	379.485,00	100,00 %	2.4	
Project start:	1/01/18			
Project end:	31/12/20			
Coordinator:	FEDERACION ES BADMINTON	PANOLA DE		
	CALLE FERRAZ 16	5 IZDA		
	ES 28008 MADR	lD		AR

Participa	nts		
CON	FEDERACION ESPANOLA DE BADMINTON	MADRID	Spain
PAR	BADMINTON EUROPE CONFEDERATION	Brøndby	Denmark
PAR	CLUB DEPORTIVO BADMINTON CHAMARTIN	MADRID	Spain
PAR	COMITE PARALIMPICO ESPANOL	Madrid	Spain
PAR	CONSEJO SUPERIOR DE DEPORTES	MADRID	Spain
PAR	FEDERATION FRANCAISE DE BADMINTON	ST-OUEN	France
PAR	FEDERAZIONE ITALIANA BADMINTON	Rome	Italy
PAR	SUOMEN SULKAPALLOLIITTO RY FINLANDSBADMINTONFORBUND RF	Helsinki	Finland
PAR	UNIVERSIDAD POLITECNICA DE MADRID	MADRID	Spain
PAR	UNIVERSITY OF KENT	CANTERBURY, KENT	United Kingdom

### Badminton for All - European Network for the Promotion of Inclusive Badminton

The collaborative partnership project that the Spanish Badminton Federation, as applicant organisation, is presenting: Badminton For All – B4ALL – European Network for the Promotion of Inclusive Badminton, responds to the initiative and existing efforts of several European Federations and Badminton Clubs to achieve a widespread inclusion for persons with disabilities in the practice of Badminton over the coming years, encouraging the active participation of new clubs and federations, thus reinforcing this framework and ensuring continuity by means of directives and recommendations from all parties involved in European Badminton, including at a political level.

This is a project for inclusive Badminton practice from root-level through to high competition level as Para-Badminton has recently been included in the programme of the Tokyo 2020 Paralympic Games. Over its 3-year duration, it will involve several European countries in the pilot project which will then be extended throughout the EU with the active participation and close monitoring of the Badminton European Confederation, partner in the project and who will organise a seminar when the project has finished. The co-ordinating entity will benefit from the support and institutional collaboration of the Spanish High Council for Sport, the Spanish Paralympic Committee and a university, all of which have the necessary experience and

know-how to engage in this project. The budget estimate for the B4ALL project is to reach a total of 427,265 €, of which, 400,000 € correspond to the requested EU funding and 27,265 € to contributions from the participating entities

Reference:

e: 590395-EPP-1-2017-1-ES-SPO-SSCP

### Project Title: persons with DISabilities PLAYing competitive sports

Project Acronym: DISPLAY

Eligible Budget (€)	Grant Amount (€)	Co-financing
58.975,00	58.975,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	CLUB DEPORTIVO	
	Avenida Jose Garcia	Bernardo 708
	ES 33203 GIJÓN	I

Participa	ints		
CON	CLUB DEPORTIVO BASICO SANATORIO MARITIMO	GIJÓN	Spain
PAR	FONDATION SAINT JEAN DE DIEU	Paris	France
PAR	INSTITUTO DAS IRMAS HOSPITALEIRAS DO SAGRADO CORACAO DE JESUS	Lisboa	Portugal
PAR	LEBENSWELTEN DER BARMHERZIGEN BRUDER - STEIERMARK	Kainbach bei Graz	Austria
PAR	UNIVERSIDAD POLITECNICA DE MADRID	MADRID	Spain

### persons with DISabilities PLAYing competitive sports

"Persons with DISabilities PLAYing competitive sports" (DISPLAY) is a EU project involving 5 organizations from 4 EU Countries (Spain, Austria, France and Portugal).

The goal of the partnership is the creation of a network and sharing of good practices to transfer innovative skills and techniques for coaches and sport staff of persons with disabilities, particularly focusing on the following sports: swimming, basketball, tennis and athletics. The activities are designed to set up durable synergies between 3 partners - already experienced in training and accompanying persons with disabilities in competitive sport events – and 2 partners that provide people with disabilities with special physical activity programmes, and aim for approaching their users to the upper field of competitive sport practice.

The sharing of good practices and transfer of knowledge envisaged in DISPLAY project will benefit sport staff and persons with disability to play sport at competitive level, also as a way of improving their social inclusion. Additionally, a regular physical activity through competitive sport practice will improve their health and wellbeing.

A cycle of 3 transnational meetings will involve dozens of coaches, managers, sport staff and athletes with disabilities from the participating organizations. Each meeting will focus on a thematic topic related to the four target sports, and will be chaired by staff, athletes and trainers of the 3 experienced partners. Other outputs of DISPLAY are 3 follow-up action plans and 1 handbook, which includes a Charter of

competitive sport for persons with disabilities.

Main Impacts:

- increased skills of the involved staff on organizing inclusive sport competitions;

- enhanced international profiles and reinforced international cooperation of the partners, also through establishment of an informal network;

- increased social inclusion of persons with disabilities thanks to improved access to sport activities and competitions.

**Reference:** 590520-EPP-1-2017-1-ES-SPO-SCP

Integration of elite athletes into the labour market through the valorization of their **Project Title:** transversal competences

Project Acronym: ELIT-in

Eligible Budget (€)	Grant Amount (€)	Co-financing
395.443,00	395.443,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	FEDERACION AN	IDALUZA DE
	Benidorm, 5	
	ES 41001 Sevilla	3



Participa	nts
CON	FEDERACION ANDALUZA D
PAR	CENTRO SPORTIVO ITALIAI

www.fan.es

CON	FEDERACION ANDALUZA DE NATACION	Sevilla	Spain
PAR	CENTRO SPORTIVO ITALIANO	ROMA	Italy
PAR	FEDERACAO PORTUGUESA DE NATACAO	Cruz-Quebrada	Portugal
PAR	FUNDAÇAO DO DESPORTO	ALGES	Portugal
PAR	FUNDACION DEL CENTENARIO DEL SEVILLA FC	SEVILLA	Spain
PAR	GREATER MANCHESTER COMMUNITY BASKETBALL AND SPORTS ASSOCIATION LIMITED	Manchester	United Kingdom
PAR	ICSS INSIGHT	LONDON	United Kingdom
PAR	LIETUVOS SPORTO FEDERACIJU SAJUNGA	VILNIUS	Lithuania
PAR	SPORT ET CITOYENNETE 3S	ANGERS	France
PAR	UDREZENJE GRADANA OLIMPIJSKI KOMITET BOSNE I HERCEGOVINE SARAJEVO	SARAJEVO	Bosnia and Herzegovina
PAR	UNIVERSITAT DE LES ILLES BALEARS	PALMA DE MALLORCA	Spain
PAR	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia

# Integration of elite athletes into the labour market through the valorization of their transversal competences

ELIT-in project starts off from the acknowledgment of a fact that affects very negatively to most of the elite athletes at international level, which is that, due to their exclusive dedication to this task and the early abandonment of formal education, once they have finished their sports career they realize that it is very difficult to find a job with the education received and accredited.

Thus, from one day to another, they face a difficult scenario, competing for accessing a job with other more qualified and experienced candidates, except in the case of those privileged who are "placed" in their club, federation or even in some company, but more by recognition to the services rendered than by their professional suitability.

However, in order to achieve high performance, these athletes have acquired, trained and improved throughout their careers a series of personal skills and abilities that, undoubtedly, are essential for reaching optimal professional performance and which are highly valued by the labour market. These are known as "transversal competences", "soft skills" or even "life skills", acquired through an informal learning process. We speak about skills such as teamwork, culture of effort, motivation to achieve goals, effective communication, frustration tolerance, dealing with success and failure, decision making, emotional control, self-esteem, adaptive capacity, flexibility, initiative, control and reduction of stress or time/stress management, among others.

In this way, ELIT-in project will be framed in the specific objective of the promotion of dual careers of athletes, being its main aim to work, through an innovative approach, for the recognition of transversal competences acquired by high performance athletes throughout their careers and to put them in value as a differential factor for accessing to the labour market with full guarantees once they retire.

 Reference:
 590490-EPP-1-2017-1-ES-SPO-SCP

 Project Title:
 Development of a European Platform for the Protection of Children in Sport (i-Protect)

Project Acronym: EPFPCS

Eligible Bu	ıdget (€)	Grant Amount (€)	Co-financing
498.29	0,00	400.000,00	80,27 %
Project sta	rt:	1/01/18	
Project end	d:	30/06/20	
Coordinato	or:	FUNDACION DEP	ORTE JOVEN
		CALLE MARTÍN FIE	RRO, 5 - CSD
		ES 28040 MADR	RID
		www.deportejoven.	es
Participant	te		
-			
CON F	UNDACI	ON DEPORTE JOVI	EN
C		INTERNAZIONALE	

CON	FUNDACION DEPORTE JOVEN	MADRID	Spain
PAR	CENTRO INTERNAZIONALE PER LA PROMOZIONE DELL'EDUCAZIONE E LO SVILUPPO ASSOCIAZIONE	Palermo	Italy
PAR	CONSEJO SUPERIOR DE DEPORTES	MADRID	Spain
PAR	MINISTERE DE LA VILLE, DE LA JEUNESSE ET DES SPORTS	PARIS	France
PAR	MINISTERE DES SPORTS (SP)	LUXEMBOURG	Luxembourg
PAR	SAFE SPORT INTERNATIONAL LTD	London	United Kingdom
PAR	THOMAS MORE MECHELEN-ANTWERPEN	MECHELEN	Belgium

### Development of a European Platform for the Protection of Children in Sport (i-Protect)

The i-Protect collaborative partnership involving three European Sport Governing Bodies from Spain, France and Luxemburg; two Sport Organizations from the United Kingdom and Italy, one University College from Belgium and a group of European experts in the field aims at tackling cross-border threats to the integrity of sport through the development of a technological Platform for the Protection of Children in Sport. This innovative i-Protect Platform is targeted at grassroots organizations that will participate in a complete protection program involving the minor athletes themselves, their families, coaches and sport managers. Successful completion of the i-Protect program will grant the grassroots organization with the government-approved "i-Protect Seal" that will socially identify it as an organization with the child protection policies in place.

The i-Protect Platform will have a multiplier effect and foster synergies by creating a European-wide network that will be a decisive European added value in the fight against child malpractice in sport. This i-Protect Erasmus+ Project will reach the complete base of the sport pyramid and have a tremendous impact on the European sport culture by providing a holistic approach to child development and protection in sport.

In-line with the Erasmus+ Programme, the i-Protect Platform will help minimize the risk of children suffering violence and abuse in sport by providing empowering and learning tools for them and by involving all stakeholders in their entourage. The i-Protect platform will be developed in 5 main European languages (English, Spanish, French, German and Italian) and, after the Erasmus+ Project is finished, it will be made available for other European Member States wishing to integrate it within their sport structure. The i-Protect Erasmus+ Project includes a further development plan that will guarantee long-term sustainability and dissemination.

**Reference:** 590801-EPP-1-2017-1-ES-SPO-SCP

Project Title: European Sport Leadership Programme

Project Acronym: ESLP

Eligible Budget (€)	Grant Amount (€)	Co-financing
386.155,00	386.155,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/20	
Coordinator:	FUNDACION UNIVERSITARIA SAN ANTONIO	
	AVDA JERONIMOS UNIVERSI S/N UNIV CATOLICA S	
	ES 30107 MURC	AIA

Participa	ints		
CON	FUNDACION UNIVERSITARIA SAN ANTONIO	MURCIA	Spain
PAR	Pamukkale Universitesi	DENIZLI	Turkey
PAR	PANEPISTIMIO THESSALIAS	VOLOS	Greece
PAR	UNIVERSITA DEGLI STUDI DI ROMA FORO ITALICO	ROMA	Italy
PAR	UNIVERSITA TA MALTA	MSIDA	Malta

#### **European Sport Leadership Programme**

The primary objective of this programme proposal is to improve good governance in university sport, influencing how the aims for university sport are set and achieved to optimise and monitor performance. As part of this, the aims are to increase sports participation and to promote voluntary activity in sport, the latter being the ultimate aim of the Erasmus Sport + projects (European Commission [EC] 2016a, p. 222).

The programme aims to help meet the objective 'to promote and improve good governance in sport' using actions that are supported by the EC as detailed within the Erasmus + Programm Guide (EC, 2016a, p. 222-223):

1. To increase knowledge and awareness of sport and active recreation provision in each partner country;

2. To strengthen the cooperation between partner organisations in sport and active recreation;

 To improve the sharing of good practice in the governance of university sport and active recreation, influencing how the objectives for university sport are set and achieved to optimise and monitor performance;
 To raise awareness of, and outcomes from, the added value of sport and physical activity on the personal and professional development of students, specifically to help enhance graduate employability factors; and
 To encourage participation in sport and active recreation, particularly with those currently less active.

The programme outcomes would be relevant to all universities and target groups, where improving the governance of university sport, raising sports participation and improving graduate employability are important to all universities. As part of this, the programme would develop and implement a European Sport Leadership Programme (ESLP) that would both raise sports participation and work on the added value benefits of sport and active recreation at university. The added value benefits here would focus on improving graduate employability.

Reference: 590411-EPP-1-2017-1-ES-SPO-SSCP

Project Title: Outdoor Sports as a Universal Language for Learning

Project Acronym: FAN-OUT

Eligible Budget (€)	Grant Amount (€)	Co-financing
61.005,00	60.000,00	98,35 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	FUNDACION UNIV	/ERSIDAD
	AUTOVIA ZARAGOZ 510 CAMPUS DE LA S	
	ES 50830 VILLA	NUEVA DE GALLEGO

Participa	nts		
CON	FUNDACION UNIVERSIDAD SAN JORGE	VILLANUEVA DE GALLEGO ZARAGOZA	Spain
PAR	GOZO SPORTS BOARD	Victoria	Malta
PAR	UNIVERSITY OF ESSEX	COLCHESTER	United Kingdom

### **Outdoor Sports as a Universal Language for Learning**

FAN-OUT is an innovative proposal of learning in and through outdoor sports, considering sport as an universal language, in addition to be an excellent way to learn and develop skills, knowledge and attitudes.

In this sense this project consists in a double program of outdoor sports focus in: a) learning about another culture through its sports and traditional games and b) peer-learning in sport skills.

To accomplish the objectives, this two programs would be designed by a multidisciplinar team of teachers, lecturers and sport clubs managers and coaches.

Six international meetings are planned to design, prepare, implement and evaluate the actions. 10-12 years-old children are the objective of a innovative and transcultural project which has a demanding quality plan in order to be a pilot study replicable and expandable to other countries and partners.

Participants countries are Spain, Malta and United Kingdom, being partners two universities (Universidad San Jorge and Essex University), a sports club (Gozo Board Sports) and finally, a public school selected based on criteria of closeness, experience, relevance of sports and cultural projects as well as being a rural and agricultural school, where leisure and leisure opportunities are limited.

Expected results are an improved knowledge in teaching in and through sport, a best practices guide to expand the project national and internationally and an increase in participation in physical activities and sport for rural areas' children.

Reference	ce:	590440-EPP-1-201	7-1-ES-SPO-SSCP			
Project 1	Title:	Fencing for socia	l inclusion, fence f	or you		
Project A	Acronym:	Fence4u				
Eligible	Budget (€)	Grant Amount (€)	Co-financing			
32.7	95,00	32.795,00	100,00 %			
Project s	start:	1/01/18				
Project e	end:	31/12/18				
Coordina	ator:	CLUB ESGRIMA A C/ Benasal, n.9, 2°-6 ES 46011 Valence				
		https://www.faceboo	ok.com/agoraesgrima	1		
Participa	ants					
CON	CLUB ES	GRIMA AGORA			Valencia	Spain
PAR	FUNDAC	IA SZERMIERKI KLA	ASYCZNEJ ARAMIS	5	Kraków	Poland
PAR	GOTEBO	RGS HISTORISKA F	AKTSKOLA		Göteborg	Sweden

### Fencing for social inclusion, fence for you

Fencing is a combat sport that has been practiced since the XVth century, and transmits very strong values such as: discipline, group sense, will and emotions control, motivation, respect for the adversary, etc. from its basis. It gives many positive elements at physical and psychological level to the practitioner.

But, despite its great proven benefits, especially with people from different backgrounds, including disadvantaged contexts, and increasing self-esteem of practitioners.

Fence4u aims at promoting fencing sport by exchanging technical practices and experiences in social inclusion and equal opportunities. As a result, a guide containing the experiences learnt will be prepared and freely distributed. Fence4u will organise national and international workshops and talks on fencing, social inclusion and equal opportunities as well as a Final Conference to disseminate the project results.

Moreover, Fence4u intends to create an international network of fencing schools, associations and institutions working in the field of social inclusion and equal opportunities to improve the life of persons from disadvantaged backgrounds and/or at risk of social inclusion through fencing sport. From previous experience, fencing is a powerful tool to help and work with persons in that situation where fencing sport is the tool to gain self-confidence; self-control; perceptual, decisional and reaction mechanisms; persistence and perseverance, concentration etc. The project will bring a positive change in persons and will help to build a more equal society, where all persons can be integrated in.

Fence4u will not only be open to other fencing clubs in the participating countries (Spain, Sweden and Poland), but also to associations, public institutions and other stakeholders working in the field of sport, social inclusion and equal opportunities.

Reference: 590496-EPP-1-2017-1-ES-SPO-SSCP

Project Title: Sport and Social Inclusion: Future for Children.

Project Acronym: FUTURE+

Eligible Budget (€)	Grant Amount (€)	Co-financing
52.875,00	52.875,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	CLUB LLUITA OL MINA	IMPICA LA
	Carrer Garbi	
	ES 08930 Sant A	dria del Besos (Barce

Participa	Participants					
CON	CLUB LLUITA OLIMPICA LA MINA	Sant Adria del Besos (Barcelona)	Spain			
PAR	ASSOCIATION SPORTIVE MONTFERRANDAISE	CLERMONT FERRAND CEDEX 2	France			
PAR	CENTRO INTERNAZIONALE PER LA PROMOZIONE DELL'EDUCAZIONE E LO SVILUPPO ASSOCIAZIONE	Palermo	Italy			
PAR	CLUB DE GIMNASTICA LA MINA GERVASIO DEFERR	SANT ADRIA DEL BESOS	Spain			
PAR	EYROPAIKO INSTITOYTO TOPIKHS ANAPTYKSHS	THESSALONIKI	Greece			

### Sport and Social Inclusion: Future for Children.

FUTURE + aims to become a European-based project committed to enhancing young people's health and wellbeing living in underprivileged districts, via positive experiences in youth sport. Our goal is to promote, develop and share an evidence-based coach education programme that can help coaches foster quality motivation and make sport not only engaging, empowering, and enjoyable but also a tool of added value for social inclusion. The project aims at defining a common methodology to implement sports-based inclusion interventions to help children uncover their athletic talent, explore personal development, and find academic focus through a tightknit community of mentors, peers, and athletes.

Reference: 590521-EPP-1-2017-1-ES-SPO-SCP

Project Title: Corporate governance in sport organizations: a gendered approach

Project Acronym: GESPORT

Eligible Budget (€)	Grant Amount (€)	Co-financing
320.511,00	320.511,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	UNIVERSIDAD DE CALLE PEDRO CER	
	ES 50009 ZARA	GOZA
Participante		

Participants					
CON	UNIVERSIDAD DE ZARAGOZA	ZARAGOZA	Spain		
PAR	SAKARYA UNIVERSITESI	Sakarya	Turkey		
PAR	UNIVERSIDADE DO MINHO	BRAGA	Portugal		
PAR	UNIVERSITA DEGLI STUDI DI TERAMO	TERAMO	Italy		
PAR	UNIVERSITY OF LEICESTER	LEICESTER	United Kingdom		

### Corporate governance in sport organizations: a gendered approach

GESPORT project seeks to strengthen equality between men and women in decision-making spaces in sports organizations such as the board of directors. The primary objective of the project is to improve women's accessibility to the governing board of sports federations or associations of all sports under Erasmus + sports actions. Its results are expected to contribute to detecting possible measures to promote gender balance in corporate governance decision-making in sports organizations. By taking into account the experiences of female directors who have overcome the glass ceiling, or the glass cliff, this project aims to empower other women in their career advancement.

In the last decade, many countries have adopted different initiatives to enact gender equality and advance towards a more egalitarian, just and democratic society. Also, numerous codes of good governance have been published in many countries around the world with recommendations on good corporate governance for large organizations, especially for listed companies. However, in the field of sport, although the European expert group in good governance notes that it remains a priority for governments and stakeholders, studies are scarce, and the existing research shows the low participation of women in all spheres of decision-making. A better understanding of the representation of women on the boards of directors in European sporting organizations. Could identify what gender policies can be proposed and existing ones improved, both by the EU and by individual member countries, to increase women participation in leadership positions of sports organizations. Making visible the experiences of women, their roles on the boards of directors, the corporate governance practices in their sports organizations, and the problems and the limitations they face in their daily professional lives, can help other women to better manage their careers in the contexts where the decision-making process is generated.

Reference: 590565-EPP-1-2017-1-ES-SPO-SSCP

### Project Title: INclusion4ALL: sport as a tool for community inclusion

Project Acronym: IN4ALL

Eligible Budget (€)	Grant Amount (€)	Co-financing
50.515,00	50.515,00	100,00 %
Project start:	1/01/18	
Project end:	30/06/19	
Coordinator:	FUNDACIO PRIVA MONTILIVI	NDA
	C/ Indústria, 22	
	ES 17005 Girona	
	www.grupfrn.cat	
Participants		
CON FUNDACI	IO PRIVADA MONTIL	IVI

Participants					
CON	FUNDACIO PRIVADA MONTILIVI	Girona	Spain		
PAR	PRIMAVERA '85 COOPERATIVA SOCIALE	SOVIZZO VI	Italy		
PAR	ROTONDE	Brasschaat	Belgium		
PAR	ZAVOD APGA	MISLINJA	Slovenia		

#### INclusion4ALL: sport as a tool for community inclusion

The practice of sport is a fundamental part of individuals' socialization. It provides objective and subjective wellbeing in different areas, such as interpersonal relationships, social inclusion and emotional well-being, respect of human rights, self-determination and physical welfare.

Vulnerable groups, such as disable people, face more barriers and difficulties when accessing sports and leisure activities, what makes their participation very low (HEPA recommendation COM(2013) 603 final, European Disability Strategy 2010-2020 and EU physical activity guidelines 2008).

In this context, the project is aimed to foster interpersonal relationships and social inclusion, to increase awareness and knowledge about the current situation, to encourage the practise of sport and physical activity among vulnerable groups as a source of health and wellbeing. On the view of the participating organisations, all of them are targeted to support vulnerable groups and have sport and physical activity as an important tool to promote healthy lifestyles and wellbeing, foster interpersonal relationships and social inclusion. Sharing our activities and diverse approaches will increase awareness and knowledge about the current situation of sport and most vulnerable groups.

The expertise and different approach of each organization provides a cross-sectoral overview specifically for sport – health – tourism (sustainable and accessible transport) strands, but not only. The participation of volunteers, the implementation of physical activity in local community assets (e.g. sports clubs, public or private sports centres), as well as the connection of our organizations with other organizations has an important impact for the Education strand (expertise and people involved in each organization proves the importance of long-life training for physical educators, coaches, health professionals, …).

Reference: 590825-EPP-1-2017-1-ES-SPO-SCP

Project Title: European Sports Volunteering for Health Promotion, Social Inclusion and Equality through Sport for all.

Project Acronym: MOVE

Eligible Budget (€)	Grant Amount (€)	Co-financing	
351.715,00	351.715,00	100,00 %	
Project start:	1/01/18		
Project end:	31/12/20		
Coordinator:	UNIVERSIDAD DE LAS PALMAS DE GRAN CANARIA		
	C/ Juan de Quesada	30	

ES	35001	LAS PALMAS DE GRAN CANA	

Participa	Participants					
CON	UNIVERSIDAD DE LAS PALMAS DE GRAN CANARIA	LAS PALMAS DE GRAN CANARIA	Spain			
PAR	AGRUPAMENTO DE ESCOLAS JULIO DANTASLAGOS	Lagos	Portugal			
PAR	ARISTOTELIO PANEPISTIMIO THESSALONIKIS	THESSALONIKI	Greece			
PAR	ASSOCIAZIONE INTERNAZIONALE PER LA COOPERAZIONE E L'EDUCAZIONE NEL MONDO	ROMA	Italy			
PAR	ENGLISH FEDERATION OF DISABILITY SPORT	Loughborough	United Kingdom			
PAR	INSTITUTO INSULAR DE DEPORTES	Las Palmas de Gran Canaria	Spain			
PAR	LIETUVOS SPORTO UNIVERSITETAS	KAUNAS	Lithuania			
PAR	MINISTERSTVO NA MLADEZHTA I SPORTA	Sofia	Bulgaria			
PAR	MUNICIPALITY TRUDOVETS	Trudovets	Bulgaria			
PAR	UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT DIN BUCURESTI	BUCURESTI	Romania			

# European Sports Volunteering for Health Promotion, Social Inclusion and Equality through Sport for all.

The "European Sports Volunteering for Health Promotion, Social Inclusion and Equality through Sport for all" MOVE project aims to promote the integral health, equality, social inclusion and improve employability among young European people. To achieve these aims the project members will be using the Sport Volunteering to develop a safe, egalitarian and inclusive physical-sport practice. This is due to the great capacity of this activity to act as generator of health, including integration, social cohesion and participation.

MOVE responds to a common problem, since among other aspects, obesity and overweight are a major pandemic in the EU. Furthermore, the project responds to other issues such as growing inequality and youth unemployment.

The project will develop a series of intellectual outputs and multiplier sport events to promote sociability and health of the citizenship and new curricula for the new employment niches. Also will to promote the physical, mental and social health and the promotion of access and adherence to egalitarian physical and sport practices.

A new profile of Sport Volunteering to act as an agent of social change will take place. To achieve this aim, a European study will be carry out to determine the profile required for the new model of volunteer. This volunteer will receive a specific training plan that will help to improve their employability. In addition it will also help create a better sense of belonging to Europe and a sense of European citizenship.

In conclusion, the MOVE project seeks a healthier and just Europe where young people become the main agents of change all through physical and sports activities.

Reference: 590385-EPP-1-2017-1-ES-SPO-SSCP

Project Title: THE SPORT FOR ALL BEGINS

Project Acronym: S4ALL

Eligible Budget (€)	Grant Amount (€)	Co-financing
65.650,00	60.000,00	91,39 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	ASOCIACION LA	
	Av. America, 102 loca	al 2
	ES 08914 Badalo	na
	www.rotllana.cat	
Participants		
-		

i unucipi	T articipanto					
CON	ASOCIACION LA ROTLLANA	Badalona	Spain			
PAR	CLUB KORFBAL BADALONA	Badalona	Spain			
PAR	FUNDATIA SPECIAL OLYMPICS DIN ROMANIA	Cornetu	Romania			
PAR	TERRES EN MELEES	Toulouse	France			

### THE SPORT FOR ALL BEGINS

S4ALL, "The sport 4(for) all begins", is a small collaborative partnership between; Club Korfbal Badalona, Spain, Terres en Meleès, France, and Special Olympics Romania, coordinated by La Rotllana, Spain, that seeks to promote together the social inclusion through the sport activities using the non formal education methodology.

The project is based on the idea to put the "sport to the services of the citizens and their communities". For this reason, the project aims to teach and train the participants and their organizations to how to promote one vision of the sport participative and open, where sport activity is understood like a value of life. It is important to facilitate the access to the social opportunities to the risk groups: youngsters with social and economical handicaps, people with mental disability and to the refugees and immigrants.

The sport activities is a good tool for strengthen citizens committed to their society. That's why the project powers the capacitation and knowledges of educative work through the sport of the volunteers that are working like coaches, trainers, or sport educators. The training aims to develop socio-professional skills in the field of educational sport, improving their ability to give personal support to participants, lead groups, it teaches how to manage projects and work in international environments by the diversity. In turn, the project will enhance the integrating role and the vertebration of participating NGOs as local agents for inclusion and socialization through sport, increasing the impact of their actions on their environment.

Finally, the project seeks to promote international cooperation networks through sport, as another tool for growth in values and citizenship of the people, strengthening local communities, and increasing the feeling of positive European identity.

S4ALL, "The sport 4(for) all begins", will be replicated locally in each of the participating countries looking for a multiplier effect.

Reference: 590524-EPP-1-2017-1-ES-SPO-SCP

Project Title: SPORT AND ACADEMIC TALENT INTEGRATION THROUGH EXCHANGE PROGRAMMES IN HOCKEY

Project Acronym: STICK

Eligible B	udget (€)	Grant Amount (€)	Co-financing
372.2	51,00	372.251,00	100,00 %
Project st	art:	1/01/18	
Project er	nd:	31/12/19	
Coordinator:		ATLETIC TERRAS	SA HOCKEY
		Ctra. Castellar, Km 20	0,300
		ES 08220 Terras	sa
		www.athc.cat	
Participa	nts		
CON	ATLETIC <sup>-</sup>	TERRASSA HOCKE	Y CLUB
	DEECTON		П

CON	ATLETIC TERRASSA HOCKEY CLUB	Terrassa	Spain
PAR	BEESTON HOCKEY CLUB LTD	Nottingham	United Kingdom
PAR	DUBLIN CITY UNIVERSITY	DUBLIN	Ireland
PAR	ERASMUS UNIVERSITEIT ROTTERDAM	ROTTERDAM	Netherlands
PAR	HOCKEY CLUB ROTTERDAM	Rotterdam	Netherlands
PAR	KHC DRAGONS	Brasschaat	Belgium
PAR	PEMBROKE WANDERERS HOCKEY CLUB	Dublin	Ireland
PAR	THE NOTTINGHAM TRENT UNIVERSITY	NOTTINGHAM	United Kingdom
PAR	UNIVERSITAT AUTONOMA DE BARCELONA	CERDANYOLA BARCELONA	Spain
PAR	UNIVERSITEIT ANTWERPEN	ANTWERPEN	Belgium

## SPORT AND ACADEMIC TALENT INTEGRATION THROUGH EXCHANGE PROGRAMMES IN HOCKEY

Nowadays, students at European universities have to develop, not only academic skills, but also those skills and competences that will allow them to succeed in a global job market. Intercultural and language abilities are a must, and this is the reason why the European Union is supporting mobility programmes in order to facilitate stays abroad. Elite amateur sport men and women are not outside of this reality. They have to develop a dual career at the highest level: both, academic and sportive. If they want to be at the highest sport level, trainings and competitions are very demanding. At the same time they have to do their best at the university, as their labour future does not depend on the sport, but on their studies and competences.

Too often, these students have to renounce living a mobility experience because of the high sport demand. It also happens that some of them decide to put above their studies and then they leave their sport in order to live the international academic experience. Clubs and national federations loose then a talent, while they loose the opportunity to compete at the highest level. Others, they choose to live a sport mobility leaving aside the academic career, as the international Club where they are offered to play does not have a university with an agreement with their university.

This project proposal aims at the design of a sport-academic exchange scheme into the Erasmus+ Programme. Erasmus+ requirements and elite sports' requirements do not fit very well, and if universities and sport clubs work together, we a way to make possible that elite sport men and women do not have to choose between their academic and professional life and their sport life, enhancing their dual careers. The project is focused in Field Hockey as a pilot sport, but final results are expected are going to take into consideration all sports, mainly amateurs.

There will be two main results: a) Hockey/Academic Exchange Programme and b) Sport/Academic Exchange.

### Spain

Reference: 590355-EPP-1-2017-1-ES-SPO-SSCP

Project Title: SCHOOL TO MOVE - ITS COOL TO MOVE

Project Acronym: STM

Eligible Budget (€)	Grant Amount (€)	Co-financing
45.683,00	45.683,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:	DEPORTE PARA EDUCACION Y LA DES	
	C / Emilio Coll, nº 22	- casa 2
	ES 28224 Pozue	lo de Alarcon
	http://www.educaco	ndeporte.org/
Particinants		

i unticipe			
CON	DEPORTE PARA LA EDUCACION Y LA SALUD - DES	Pozuelo de Alarcon	Spain
PAR	ASOCIATIA JUDETEANA SPORTUL PENTRU TOTI SUCEAVA	SUCEAVA	Romania
PAR	BG BYDI AKTIVEN	PLOVDIV	Bulgaria
PAR	KOINONIKH SYNETAIRESTIKH PRASINES DIADROMES	THESSALONIKI	Greece
PAR	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia

#### SCHOOL TO MOVE - ITS COOL TO MOVE

In western society and in general there is a progressive increase in the sedentary habits of schoolchildren. The rates of overweight and childhood obesity have grown alarmingly in recent years. World Health Organization (WHO) says that in the European Region, 1 in 3 of 11 years all child is overweight or obese and by 2030, it is estimated that MORE THAN 50% of European population will have obesity.

Over 95 percent of young people are enrolled in schools in Europe and spend where they spend at least, 8 hours a day and without a strong contribution of schools, we are not likely to reverse the obesity epidemic.

All of the partners 5 partners of this project are civil society ONGs coming from Spain, Bulgari, Greece, Romany and Slovenia. Project "School to move, Its cool to move" proposes a practical and effective way to work together: being together.

At the end, the project will create the basements of a new European cooperation/network specifically composed by stakeholders coming from the civil society and exclusively dedicated to create, organise, extend and promote activities focused to fight childhood obesity by proposing to schools all over Europe events for the practice of all kind of physical activities and sports.

Partners will also establish an automatic system for the exchange of present and future good practices.

The Network will remain after the project and its main function will be to imporve , enlarge and update databases of regional and national events focused to foster sports and physical activities of children in schools. School to move project will propose the first guide to be increased each year through the created network with more structured, European coordinated and systematized action lines and educational activities focused on enhancing sports and healthy habits in all European schools.

### Spain

Reference: 590433-EPP-1-2017-1-ES-SPO-SCP

Project Title: Boosting social inclusion of children with motor disabilities through the practice of Wheelchair slalom

Project Acronym: WSlalom

Eligible Budget (€)	Grant Amount (€)	Co-financing
229.060,00	229.060,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	FEDERACIO ESP CATALANA DELS CEREBRALS	••••••
	Rambla Guipuscoa 2	23-25, 1 F
	ES 08018 Barce	lona
	www.fecncinternati	onal org



www.fecpcinternational.org

Participa	ants		
CON	FEDERACIO ESPORTIVA CATALANA DELS PARALITICS CEREBRALS	Barcelona	Spain
PAR	HRVATSKI PARAOLIMPIJSKI ODBOR	Zagreb	Croatia
PAR	ISTITUTO PER LA RICERCA SOCIALE SCARL	MILANO	Italy
PAR	PARA-SPORT AUSTRIA - OSTERREICHISCHER BEHINDERTENSPORTVERBAND	Wien	Austria
PAR	PCAND - PARALISIA CEREBRAL - ASSOCIACAO NACIONAL DE DESPORTO	Coimbra	Portugal

## Boosting social inclusion of children with motor disabilities through the practice of Wheelchair slalom

The overall objective of W-Slalom is to increase the social inclusion of children with motor disabilities, age 6 to 18, by promoting the Wheelchair Slalom sport as a way of enhancing their physical abilities and psychological benefits.

W-Slalom contributes to the objective of this call as it seeks to use sports in tackling the problem of social integration of children and adolescents with motor disabilities, by raising their awareness and that of other relevant stakeholders (sporting bodies, families, physical education teachers, psychologists, physiotherapists) about Wheelchair Slalom. Slalom is designed to create artificial problems: turns, changes of direction, ramps etc., which require speed, coordination and technique to finish the set course as quickly as possible and with as few mistakes as possible. Slalom is open to both manual and electric wheelchair users, it develops their physical potential and improves the use of their means of transport: the wheelchair. Both users of manual and motor wheelchairs can practice it and the reported benefits are numerous, from improvement on their overall physical abilities, mental state and social relations to improvement in moving around and managing their wheelchairs in every-day situations.

The specific objectives of the proposed project are:

1. To develop a training and awareness raising programme to promote Wheelchair Slalom among sporting bodies and other relevant stakeholders working with the target group;

2. Piloting Wheelchair Slalom sport in schools and sport organisations in Spain, Austria, Croatia and Portugal.

3. To increase the evidence-base on how the practice of Wheelchair Slalom contributes to social inclusion of children and adolescents with motor disabilities;

The partnership is composed of 5 organizations covering Austria, Croatia, Italy, Portugal and Spain.

### Turkey

Reference: 590769-EPP-1-2017-1-TR-SPO-SCP

Project Title: Development of Preschool Physical Activity Program for Strengthening of Grassroots Sports in EU

Project Acronym: MoveFun

Eligible B	udget (€)	Grant Amount (€)	Co-financing
263.1	75,00	263.175,00	100,00 %
Project st	art:	1/01/18	
Project er	nd:	31/12/19	
Coordina	tor:	SPOR GONULLUI DERNEGI	LERI
		Unalan Mah. Akcay S Blok	Sk. New City A4
			ar / Istanbul
		www.trsgd.org	
Participa	nts		
CON	SPOR GC	NULLULERI DERNE	EGI

CON	SPOR GONULLULERI DERNEGI	Istanbul	тигкеу
PAR	DETSKA GRADINA MECHO PUH	Kazanlak	Bulgaria
PAR	HACETTEPE UNIVERSITESI	CANKAYA ANKARA	Turkey
PAR	PLATON M.E.P.E	KATERINI	Greece
PAR	UNIVERSITA DEGLI STUDI DI PADOVA	PADOVA	Italy
PAR	UNIVERZITA KOMENSKEHO V BRATISLAVE	BRATISLAVA	Slovakia

## Development of Preschool Physical Activity Program for Strengthening of Grassroots Sports in EU

General objectives of the project "Development of Preschool Physical Activity Program for Strengthening of Grassroots Sports in EU" is to promote healthy sport activity among pre-school children and to contribute to the enhance of grassroots sports in EU countries through the development and implementation of enjoyful physical activity and sports programs for pre-school (1-6 year old) age groups in EU and Turkey.

Special aim of the project is to develop "Voluntary-Based Pre-School Physical Activity Program" model with the participation of sports scientists, pedagogues and related stakeholders and to implement and disseminate them in partner countries.

The pre-school physical activity program to be developed is focused on movement and fun. Therefore, the project motto is "Just Move Have Fun".

The project focuses on the following three European policy areas:

- Volunteering in Sport
- Pre-school education: Physical Activity and Health
- Grasroots Sport

The project duration is 24 months (start date: 01/09/2017; end date 31/08/2019)

WP-1: Development of "Pre-School Physical Activity Program" based on Fun and Movement

1.1. Literature Review and Review of Good Practices in the EU and World

- 1.2. Needs Analysis (Desk Works, Field Research
- 1.3. Collection of Expert Opinions and Evaluation of Findings
- 1.4. Developing the Program and Preparing the Report

WP-2: Pilot Scheme of the Program

- 2.1. Selecting of pilot regions
- 2.2. Creating a Volunteer Trainer Pool
- 2.3. Visibility Works of the Program
- 2.4. Training of Voluntary Trainers with regard to Program Content
- 2.5. Implementation of Publicity and Awareness Raising Seminars for Families, Childminder and Volunteers
- 2.6. Monitoring, Evaluation and Implementation of Pilot Schemeü
- 2.7. Announcement of the "Pre-School Physical Activity Program" to the public

WP-3: Reporting and Dissemination

O1: Needs Analysis Report

O2: Preschool Physical Activity Program

O3: Pilot Scheme Report

#### Turkey

PAR

**Reference:** 590465-EPP-1-2017-1-TR-SPO-SSCP SPORT AND PHYSICAL ACTIVITY AGAINST CHILDREN'S TECHNOLOGY **Project Title:** ADDICTION

Project Acronym: SPA/CTA

Eligible I	Budget (€)	Grant Amount (€)	Co-financing
41.8	30,00	41.830,00	100,00 %
Project s	start:	1/01/18	
Project e	end:	30/06/19	
Coordina	ator:	TURKIYE HERKE FEDERASYONU	S ICIN SPOR
		Ehlibeyt Mahallesi Te Eksioglu Is Merkezi	ekstilciler Caddesi
		TR 06520 ANKA	RA
		www.his.gov.tr	
Participa	ants		
Participa CON		HERKES ICIN SPO	R FEDERASYONU
	TURKIYE	HERKES ICIN SPO	

Romania

BUCURESTI

200.000 Number of members of sport organisations involved:

Institutul National de Cercetare pentru Sport

## SPORT AND PHYSICAL ACTIVITY AGAINST CHILDREN'S TECHNOLOGY ADDICTION

As a result of the developing technology, the sociological, psychological and physiological negative effects of the society, especially the children, after they move to a still life style rather than a moving lifestyle than the past, have been removed from the society, with the computer, tablets, internet and smart phone taking an important place in our lives.

To this end, it emphasizes the importance of a health promoting sport and a lifestyle, and together with the best practices of good practice that demonstrate the importance of sport for all and a lifelong lifestyle for human health, develop the best practices among the partner countries of the project.

For this purpose, in order for the society to adopt a more active lifestyle with sport in order to reach a goal of a healthier society by sharing the activities that the partner countries are doing for everyone, the partner countries should be able to participate easily and comprehensively, New methods, modules and tools will be developed to increase participation in the sport for all who can equally access with equal opportunity.

With the questionnaires to be made, awareness of sports culture will be created for everyone in the society and information will be exchanged between seminars and partners.

Four sport festivals will be held in the project to create sports and physicals activity awareness in children, where only the movement in which electronic devices are not involved takes place.

At the end of the project a final seminar will be held in which all partners participate.

Reference: 590659-EPP-1-2017-1-UK-SPO-SSCP

Project Title: Diverse Identities in Sport

Project Acronym: DIIS

Eligible Budget (€)	Grant Amount (€)	Co-financing	5
60.045,00	60.000,00	99,93 %	
Project start:	1/01/18		
Project end:	31/12/19		
Coordinator:	LEADERSHIP, EQ ACTIVE PARTICIF (LEAP) IN SPORT	PATION	
	SUITE B32 BALTIC ( WELLINGTON STRE		
	UK G2 6HJ GLA	SGOW	

Participa	ints		
CON	LEADERSHIP, EQUALITY AND ACTIVE PARTICIPATION (LEAP) IN SPORTS SCOTLAND	GLASGOW	United Kingdom
PAR	CIVIL MUVEK KOZMUVELODESI EGYESULET	Budapest	Hungary
PAR	FUSSBALL UND BEGEGNUNG EV	Berlin	Germany
PAR	RESURSEN TSENTSAR BILITIS	Sofia	Bulgaria

#### **Diverse Identities in Sport**

Diverse Identities in Sport is an original, exciting and dynamic multilateral European project which will raise awareness of innovative and inclusive approaches to increasing participation and equal access in sport of those excluded as a result of their gender identity or sexual orientation. This project will critically examine the access, participation and visibility of people within sport who identify in diverse ways, in particular looking at lesbian gay bisexual people, transgender people, intersex people, queer and non-binary and other gender nonconforming identities.

The project will involve people from the UK, Germany, Hungary and Bulgaria who have diverse identities who will work together as Action Panels to tell the stories of their relationship to sport. These stories will be collated into a new resource by one of the partners who is an expert in multimedia publishing, storytelling and documentary film-making – the resource will contribute towards principles of good practice. Activity Days in each of the participating countries will bring people with diverse identities together with professionals who work in the field of sport to explore innovative approaches to social inclusion which will also contribute to the good practice.

This resource and the good practice principles will be shared by professionals who operate in the field of sport at a final dissemination conference. This aims to ensure that they understand the benefits of the social inclusion of involving people with diverse identities in sport, the importance of equal opportunities as it relates to those with diverse identities, and have increased awareness of diverse identities.

The project will also empower Action Panel members to re-engage in their relationship with sport by promoting the uptake of voluntary activities in sport and by engaging them with a sports movement.

Reference: 590476-EPP-1-2017-1-UK-SPO-SCP

Project Title: Ecology of Dual Career - Exploring Dual Career Development Environments across Europe

Project Acronym: ECO-DC

Eligible Budget (€)	Grant Amount (€)	Co-financing		
372.542,00	372.542,00	100,00 %	3.44	
Project start:	1/01/18			
Project end:	31/12/19			
Coordinator:	LIVERPOOL JOH	N MOORES		
	RODNEY STREET 2 COURT	EGERTON		
	UK L3 5UX LIVE	RPOOL		

Participa	ints		
CON	LIVERPOOL JOHN MOORES UNIVERSITY	LIVERPOOL	United Kingdom
PAR	HOGSKOLAN I HALMSTAD	HALMSTAD	Sweden
PAR	JYVASKYLAN YLIOPISTO	JYVASKYLA	Finland
PAR	SYDDANSK UNIVERSITET	ODENSE M	Denmark
PAR	UNIVERSITAT AUTONOMA DE BARCELONA	CERDANYOLA BARCELONA	Spain
PAR	UNIVERZA V LJUBLJANI	LJUBLJANA	Slovenia
PAR	VRIJE UNIVERSITEIT BRUSSEL	BRUSSEL	Belgium

## Ecology of Dual Career - Exploring Dual Career Development Environments across Europe

It has been suggested that, in addition to individual attributes and knowledge, the environment athletes are in can also have an effect on their development (Henriksen & Stambulova, 2017; Henriksen, Stambulova, & Roessler, 2010a, 2010b, 2011). This research indicates that, independent of athletes having the pre-requisite key competencies to be successful, they may encounter challenges with the environment which they cannot control. As a result, to advance current knowledge and supplement the work which has already been carried out, the mission of the current work is to (1) develop a comprehensive understanding of the dual career development environments (DCDEs) across Europe, and (2) provide guidelines for the development and optimization of DCDEs supporting talented and elite athletes' in their pursuit of sporting and academic excellence.

To achieve the Project mission, there are four aims:

1. To identify and classify different types of DCDEs across Europe and define criteria of their effectiveness and efficiency.

2. To identify factors contributing to the effectiveness and efficiency of DCDEs through exploration of selected DCDEs in participating countries by exploration of their structure, dual career arrangements, organizational culture, and the role of dual career service providers.

To develop and test a DCDE monitoring tool (DCDEM) aimed at assisting stakeholders when checking the current status of their DCDE in relation to their structure, dual career arrangements, organizational culture, and the role of dual career service providers and helping them develop strategies to optimize their environments.
 To disseminate the project findings and provide implementation guidelines to national governing bodies, DCDE stakeholders, dual career service providers, and dual career researchers on the development and optimization of the DCDEs.

 Reference:
 590562-EPP-1-2017-1-UK-SPO-SCP

 Project Title:
 Promoting and Supporting Good Governance in the European Football Agents Industry

Project Acronym: GGFA

Eligible Budget (€)	Grant Amount (€)	Co-financing		
211.769,00	211.769,00	100,00 %		- 5
Project start:	1/01/18		5	
Project end:	31/12/19			
Coordinator:	EDGE HILL UNIVE ST HELENS ROAD	ERSITY		
	UK L39 4QP OR	MSKIRK		

Participants				
CON	EDGE HILL UNIVERSITY	ORMSKIRK	United Kingdom	
PAR	DEUTSCHE SPORTHOCHSCHULE KOLN	KOLN	Germany	
PAR	PRAVI FAKULTET SVEUCILISTA U RIJECI	Rijeka	Croatia	
PAR	UMEA UNIVERSITET	UMEA	Sweden	
PAR	UNIVERSIDAD CARLOS III DE MADRID	GETAFE (MADRID)	Spain	

### Promoting and Supporting Good Governance in the European Football Agents Industry

The focus of this proposal is to undertake evidence based research in order to promote and support good governance in the context of the regulation of football players' agents (now referred to as 'intermediaries') in the EU. Our research will result in meaningful policy impact by informing how private actors (the football stakeholders) and public actors (national and EU level policymakers) will approach the issue of agent regulation in the future. By extension, our research will inform the approach taken by other sports to the question of player agent regulation.

The issue of good governance is relevant due to longstanding concerns regarding the operation of the player agent industry. As acknowledged by successive EU documents, these concerns tend to be of an ethical and legal nature including financial crime and the exploitation of young players. These issues threaten the fairness of sporting competitions and the integrity of sportspeople. The issue is of particular current relevance given recent changes to the way in which football agents are regulated. In response to concerns that the then current regulations were not working effectively, in 2015, FIFA introduced the Regulations on Working With Intermediaries replacing the previous Player Agent Regulations. The repealed regulations placed qualitative requirements on access to the profession of an agent, such as acquiring a license following an examination. In contrast, the post-2015 system has dispensed with this licensing system, opening up access to the profession, and thereby causing some good governance concerns regarding standards of professionalism. At the same time, the new regulations have further shifted the regulatory emphasis from FIFA to the national associations, which necessitates an enquiry into the functioning of the market including the consistency, enforcement, and compatibility of national association regulations with EU law.

Reference: 590847-EPP-1-2017-1-UK-SPO-SSCP

Project Title: Narrowing the Margins

Project Acronym: NTM

Eligible Budget (€)	Grant Amount (€)	Co-financing
60.130,00	60.000,00	99,78 %
Project start:	1/01/18	
Project end:	31/12/19	
Coordinator:	LEADERSHIP, EQ ACTIVE PARTICIF (LEAP) IN SPORT	PATION
	SUITE B32 BALTIC ( WELLINGTON STRE	<i>'</i>
	UK G2 6HJ GLA	SGOW

Participants				
CON	LEADERSHIP, EQUALITY AND ACTIVE PARTICIPATION (LEAP) IN SPORTS SCOTLAND	GLASGOW	United Kingdom	
PAR	PARIS 2018	BAGNOLET	France	
PAR	RESURSEN TSENTSAR BILITIS	Sofia	Bulgaria	
PAR	SAPLINQ	Zlaté Moravce	Slovakia	
PAR	SEITENWECHSEL - SPORTVEREIN FUR FRAUENLESBENTRANS INTER UND MADCHEN EV	Berlin	Germany	

#### **Narrowing the Margins**

Narrowing the Margins is a challenging and innovative multilateral European project which will tackle the inclusion of those who are so far into the margins of sport they are touching the edges. Many people who are lesbian, gay, bisexual, transgender or intersex are already experiencing exclusion from sport, and for those who also have additional exclusions such as disability, age, ethnicity, refugee status, social class or levels of poverty and income, equal access to physical activity or sporting opportunities is problematic.

This project will involve collaboration with partners from the UK, France, Germany, Slovakia and Bulgaria.

The premise of the project is to:

• use the opportunities of major sporting competitions which engage high numbers of inactive people, as a means of reaching those in the furthest sporting margins

• use non-formal methodologies as a way to encourage and sustain access and participation in voluntary sport activities

• embed sport as a tool within non-formal approaches

• create a solution-focused synergy between partners whose expertise vary between sport, games, youth and community work and equality

This project will consist of awareness raising activities which encourage social inclusion and equal opportunities in sport, will produce a toolkit of how to use non-formal learning approaches within equality in sport work, and will conclude with a conference where the toolkit will be launched.

Reference: 590844-EPP-1-2017-1-UK-SPO-SSCP

Project Title: Physical Literacy

Project Acronym: PHYLIT

Eligible Budget (€)	Grant Amount (€)	Co-financing
50.254,00	50.254,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/18	
Coordinator:	THE YOUTH SPO CHARITABLE TRU	
	Sportpark, 3 Oakwoo	d Drive
	UK LE11 3QF Lo	bughborough
	https://www.youths	porttrust.org/youth-
Participante		

Participants				
CON	THE YOUTH SPORT UK CHARITABLE TRUST	Loughborough	United Kingdom	
PAR	EUROPEAN PHYSICAL EDUCATION ASSOCIATION	GLARUS	Switzerland	
PAR	FACULDADE DE MOTRICIDADE HUMANA	CRUZ QUEBRADA LISBOA	Portugal	
PAR	SPORTNA UNIJA SLOVENIJE - ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO	LJUBLJANA	Slovenia	
PAR	SYNDICAT NATIONAL DE L'EDUCATION PHYSIQUE DE L'ENSEIGNEMENT PUBLIC	paris	France	

#### **Physical Literacy**

The project will build a case for introducing a key competency of 'Physical Literacy' (PL) into the European Council Framework for Key Competences for Lifelong Learning, currently undergoing a public consultation and review. For the initial purposes of this project, we will use Margaret Whitehead's widely accepted definition of PL as "the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life."

Five project partners will establish that physical literacy is key to successful lifelong learning, and plays a crucial role in supporting European Union policy around the societal role of sport, promoting health enhancing physical activity (HEPA) and building human capital.

The project will meet the Erasmus objectives of promoting social inclusion and equal opportunities and will foster synergy between sport, education and health stakeholders.

The process adopted will enable partners to develop, transfer and implement innovative practice both within and beyond the organisations involved.

The project will produce:

• an evidence base and advocacy materials to influence policy makers to consider a key competency for 'Physical Literacy' in the Lifelong Learning Framework

• a framework for identifying the essential components of physical literacy and their contributions to individual and societal change within the Physical Education, school sport and physical activity settings

• a self-assessment tool to support practitioners in reflecting on their current practice in providing a high quality physical literacy offer

 best practice guidance to support practitioners in improving their current practice and its impact on young people

Reference:

590824-EPP-1-2017-1-UK-SPO-SCP

Project Title: Research-Embedded Strategic Plan for Anti-Doping Education: Clean Sport Alliance Initiative for Tackling Doping

Project Acronym: RESPECT

Eligible Budget (€)	Grant Amount (€)	Co-financing
388.028,00	388.028,00	100,00 %
Project start:	1/01/18	
Project end:	31/12/20	
Coordinator:	LEEDS BECKETT Old Broadcasting Ho	
	UK LS2 9EN Lee	eds



Participants				
CON	LEEDS BECKETT UNIVERSITY	Leeds	United Kingdom	
PAR	KINGSTON UNIVERSITY HIGHER EDUCATION CORPORATION	KINGSTON UPON THAMES	United Kingdom	
PAR	SLOVENSKA ANTIDOPING ORGANIZACIJA, ZASEBNI ZAVOD ZA PREPRECEVANJE DOPINGA V SPORTU LJUBLJANA	LJUBLJANA	Slovenia	
PAR	SPORT IRELAND	DUBLIN	Ireland	
PAR	STICHTING ANTI DOPING AUTORITEIT NEDERLAND	CAPELLE AAN DEN IJSSEL	Netherlands	
PAR	STIFTUNG NATIONALE ANTI-DOPING-AGENTUR DEUTSCHLAND	Bonn	Germany	
PAR	THE UNIVERSITY OF BIRMINGHAM	BIRMINGHAM	United Kingdom	
PAR	UNITED KINGDOM ANTI-DOPING LIMITED	London	United Kingdom	

# Research-Embedded Strategic Plan for Anti-Doping Education: Clean Sport Alliance Initiative for Tackling Doping

Recognising that doping remains an important threat across all levels of sport participation, the RESPECT project (Research-Embedded Strategic Plan for Anti-Doping Education: Clean Sport Alliance Initiative for Tackling Doping) aims to empower the anti-doping community through cooperative actions that bridge the gap between research, policy and practice. In the past 15 years, doping behaviour research and anti-doping education have come a long way but these efforts remain largely isolated and uncoordinated. It is imperative that we now activate a collaborative doping prevention agenda and shift the focus away from stopping the bad (doping) to promoting and helping the good (clean athlete). Instead of trying to understand what drives some athletes to dope, anti-doping research should concentrate on what drives clean athletes to remain so. At a time when the media is perpetuating the belief that doping is widespread, the voices of clean athletes need to be heard and this has become a priority for National Anti-Doping Organisations across the EU, who serve to protect the right of athletes to clean sport in their own countries, and abroad. Furthermore, the project is based on the principle that policy and initiatives should be evidence-informed and athlete-centred. RESPECT will instigate change and capitalise on the power of the collective athlete voice. It will activate athletes to come to the forefront of the campaign for clean sport by presenting them with the opportunity for their voice to be heard across Europe. Accordingly, the RESPECT project features an international athlete forum focused on the meaning of clean sport to athletes in the 21st century; it will culminate in a 10-Year Research-Embedded Strategic Plan for Anti-Doping Education (Clean Sport Plan 2030) and an internet-based Clean Sport Knowledge Exchange Platform that will enhance the European sporting community's capacity to combat doping and strengthen the integrity of sport.